Greetings WakeMed Volunteers! We hope this newsletter finds you doing well and in good spirits. We greatly appreciate the time and attention you have given our Wake Way to Excellence initiative these past few months. The topics of Respect for People, Communication, and Teamwork have given us a chance to reflect and truly consider what these important elements mean to us as we work together in delivering the best care possible to our patients and families.

As we move forward with our last topic, Commitment and Accountability, please continue to be mindful of how this applies to us and our mission. These behaviors, alongside our continuous improvement efforts, will enable us to meet the aspirational goals outlined in our strategic plan. You are an integral part of our team and we appreciate your efforts!
Updates from the Director continued

If you are still missing a training or need a copy of the trainings please contact Catherine Allen at 919-350-8293 for the Raleigh Campus or Zee Smith at 919-350-2363 for the Cary Hospital during normal business hours.

As we look forward to another wonderful summer in North Carolina, please be mindful of your health and well-being. The importance of sunscreen (SPF 15 or higher), hats, sunglasses, and other such protection cannot be overstated this time of year. It can be easy to get caught up in summer activities and forget these; but they are key in keeping you safe from the harmful effects of the sun. According to the Center for Disease Control, the hours between 10 am and 4 pm are the most hazardous for UV exposure. With a little preparation, you can enjoy the outdoors without any overexposure or negative effects. Be sure to plan ahead and enjoy your summer!

We would also like to congratulate Natalie Leary on receiving the quarterly employee Bravo award. The Bravo award is given to a Volunteer Services staff member for going above and beyond the call of duty.

Sincerely,
Chris Gage, MBA,CAVS
Director, Guest Retail and Volunteer Services
919-350-8005
Meet the Staff of Volunteer Services

Chris Gage, Director
Guest Retail / Volunteer Services
919-350-8005
cgage@wakemed.org

Jackie Kennedy, Manager
Volunteer Services
919-350-8601
j kennedy@wakemed.org

Natalie Leary, Specialist
Raleigh Campus
919-350-8066
nleary@wakemed.org

Angie Smith, Specialist
Cary Hospital
919-350-4008
angismith@wakemed.org

Catherine Allen, Representative
Raleigh Campus
919-350-8293
caallen@wakemed.org

Zee Smith, Representative
Cary Hospital
919-350-2363
zesmith@wakemed.org
Volunteer Services Update continued

May was Pet Appreciation month. We were honored to share with you our very first edition of “The Paw” newsletter. Thank you all for making this publication a great success. We would like to share some of the comments from your fellow volunteers.

“That is very nice. It must have been a (long) labor of love because I can see a lot of work went into it. Nicely done! Thanks for sharing.”
Denise G.

“I absolutely loved this!!!! I wanted to make my Midori a therapy dog, but will have to wait and see if she has the personality. I tend to think not- but I did not choose her - she was chosen for me and I love her anyway. My heartfelt thanks and love to all of those with therapy pets.”
Elaine H.

“Thanks for sharing this with me. You know me and dogs or maybe you don’t. I am a dog freak and have been all my life. This is such an important volunteer job and ministry. Thank you for acknowledging those volunteers who participate in this program. I’d love to do this too but I have naughty dogs.”
Patti K.

“What a great newsletter, Zee, and a special tribute to these furry volunteers. I just love when they stop by the Information Desk. Thanks for honoring them and their owners.”
Luci L.

“Thanks Cathy, I am going to try to send this to my good friends with furry children. After all, our pets are our children to.”
Laura

Dress Code Reminder

Although warm weather is upon us and you may be tempted to dress a bit more casually, remember that following the dress code allows you to be safe and comfortable while volunteering; and in dressing appropriately, you give a professional representation of yourself and WakeMed.

For your safety, wear closed-toe shoes. Tennis shoes or comfortable walking shoes are suggested. If your service requires walking, low heels and soft soles are recommended. All volunteers should wear socks or nylons. Clogs, sandals, and opened-toe shoes are not safe in our working environment.

Perfumes, colognes or scented lotions are discouraged as a general rule and should not be worn in patient care areas. Personal cleanliness is imperative.

Always wear your photo ID while in the hospital. The ID should be worn on the right chest where it may be clearly seen.

Nails should be moderate length and clean. Acrylic nails are not permissible in patient contact areas or food service areas.

Hats should not be worn and jewelry should be limited.

**No denim, leggings, jeggings, shorts, skorts or leather should be worn.**

All volunteers are required to wear their vests; or for juniors polo shirt, while on duty.
Volunteer Services Update continued

The Importance of Recording Volunteer Hours

As you all know, keeping and reporting an accurate record of your volunteer hours is important. Why record your hours of service?

Liability
Documenting volunteer time can help protect volunteers and the nonprofit. Requiring volunteers to log activity creates a record that may become important evidence in defending the nonprofit or volunteers from allegations of misconduct.

Accountability
When we talk about accountability, we are looking at when you are here and what area(s) you are working in. In the case of our Sewing volunteers, the Volunteer Services Department is tracking not only the number of hours of service; but also, if you are an independent sewer, belong to a particular sewing group, or multiple sewing groups.

Acknowledgement
Allows the Volunteer Service Department to acknowledge the service of hours and most importantly it allows us to recognize - You!

Verification
Able to provide service for references, school or tax purposes.

Metrics
To enable the Volunteer Services staff to better organize and tabulate volunteer data, and in turn help us provide a more in-depth and accurate reporting of volunteer activity to hospital administration. Collecting volunteer hours is key insight into the needs of our community. Volunteer hours quantify the success of our programs and provides a “snapshot” of what is being accomplished.

Exit Comments

Kesha Gates - Day Surgery. “Volunteering at WakeMed has been a great experience. I met some amazing people. Everyone was nice, willing to help and just all around a good environment to work or volunteer in. I will definitely consider coming back when or should my schedule permit.”

Racheal Delange - Food Nutrition Services. “Can't wait to volunteer again in the fall.”

Laura Hall - WakeMed North Hearing and Screening. “My placement was no longer using volunteers and I was offered a position doing the same work. Thank you for the opportunity.”

Abbie Green - Guest Ambassador. “Senior year and college demands have been extensive - I was very torn letting go of WakeMed!”

Sumera Ansari - WPP Office Support Physician Practice. “Volunteering at WakeMed was a wonderful experience.”

Seif Seif - Guest Ambassador. “I loved it! I gained meaningful experience and it was a very engaging process in terms of social communication aspects.”

Anne Shelton - Patient Registration Desk. “I enjoyed my time and the people at WakeMed. Thank you so much for the opportunity to volunteer.”

Ebenezer Shyngle - “By volunteering in Patient Relations, CED and AED, my understanding and the appreciation of healthcare has been dramatically enhanced. Because of my experience here at WakeMed, I shall continue to volunteer in my new location.”
Browning joined WakeMed last summer from Parkview Health in Fort Wayne, Ind. and has helped WakeMed make great progress in a number of key areas during his tenure here.

“Not only has Mike helped WakeMed achieve a positive operating margin during challenging financial times, he has strengthened the entire WakeMed management team’s financial expertise through his approachable and collaborative leadership style,” continues Gintzig. “Thanks in part to Mike’s leadership, we have a stronger culture of partnership than ever between our finance, executive and department leadership teams. This collaborative approach will ensure WakeMed’s continued success as we achieve our mission of improving the health and well-being of our community.”

A transition plan has not yet been finalized and details will be shared as they become available. Browning will be closely involved in the process and has agreed to remain available as a consultant beyond August as needed to ensure a seamless transition.
It is amazing how easy it is to miss the little things in life. We all juggle so much especially this time of year. Sometimes I/we just need to stop and exhale, just be, just observe, just enjoy the moment.

Summertime generally brings vacations, additional time with family, and new locations to explore. Those instances stop me from my never-ending to-do list that create these opportunities. Granted the list doesn’t go away, but when I return to it, I feel more focused, observant of the world around me and refreshed in spirit. My husband and I just returned from a short trip celebrating our anniversary so I must still be in that frame of mind.

I was at WakeMed Raleigh campus attending a meeting and experienced such a moment, on my way from one task to another. In the hallway, our CEO Donald Gintzig was probably doing the same; on the way from one task to another. However, he stopped to ask a patron if they needed help finding their way. I observed that he not only listened but took the time to escort her to her destination, helping her find her way. I felt the corners of my mouth smile as I thought, ‘that is the impression that all patrons have here, our WakeMed family has that culture’. I have always heard ‘first impressions last a lifetime’ and ‘you never get a second chance to make a first impression’. Here was the merging of ‘not losing site of the bigger picture/vision’ while completing daily tasks. I can imagine how her frustration level must have fallen a little, how in a small sense she felt cared for and how there may have been a few moments that she didn’t have to spend finding her way and could focus on how to care for the individual who she was going to see. All of that created, because of the standards we at WakeMed have chosen.

So I remind us all to be diligent and take those moments to stop and exhale . . . our vision won’t be the only thing to improve.

Respectfully Submitted,
Sharon LaRusch
Hello all,

It is an exciting time to be on The Volunteer Board of Directors! The Hospital Entrance Handicap Accessibility improvement project has been completed for Cary Hospital. It was our pleasure to be able to fund such an important patient and family centered project. This will enable easier access for those in wheelchairs and walkers; as well as, enable easier loading at discharge.

We have had three new prospective board members attend board meetings; to help them understand our processes and aid in their decision to submit their name for consideration as new board members. We have been fortunate to retain three existing board members for three year terms. Of course, this is all contingent on the voting process of the Cary Hospital volunteer community. Thank you for sharing your feedback by voting!

Vicki Whitley, Executive Director of Nursing, recently presented information about the Magnet nursing excellence award. WakeMed Health & Hospitals received the highly sought after Magnet status this past year. This is a coveted status for all hospital systems in the country and we are very proud of this distinction.

The Volunteer Board of Directors has been reviewing the bylaws that govern how we conduct business. Minor changes have been suggested to the board and we plan to vote on this in the July board meeting.

The 2016 Blossoms for Life campaign is on track to meet their goal and is in fact ahead of last year. Please let myself or any of our board members know if you have any questions about this important campaign. In closing, I would like to wish all volunteers a happy and healthy summer. Looking forward to working with all of you in the coming year!

Respectfully Submitted,
Joe Esmond
It was evident from the moment I stepped into the room that I was in the presence of greatness. I had the privilege of meeting the lovely women of the Wake Forest Chapter of Threads of Love. The set-up was running like a well-oiled machine. Each woman had a task and was committed to seeing her task through to completion. As I mingled within the group, everyone was quick to give credit and acknowledgement to others in the group. The common question was, “Have you talked to so and so? You should definitely talk to such and such?”

Ms. Beverly is kind enough to open the doors to the facility while Shirley tracks and submits the hours. Maura communicates with St. Catherine’s and Charlotte hand selects gorgeous fabrics. Lita delivers the handmade beauties to WakeMed and Marge takes the huggables home to stuff them. These are just a few of the women working together to contribute huggables, baby blankets and so much more for our smallest patients at WakeMed.

This chapter started over 15 years ago when Marge was reading *Family Circle*. She enjoyed doing crafts, but was intrigued to read about Threads of Love. Threads of Love is a group with members across the globe. The Wake Forest chapter started with eight members and it continues to grow and maintain growth. So diligent, the group donates the scrap pieces of their fabric to make dog beds. Ladies, thank you for all that you do! It was a delight to see you at work.

Sincerely,
Natalie Leary
Volunteer Services Specialist
I am a rising senior at Wake Forest University and have lived in Apex, NC for the majority of my life. I’m an Economics major, but I have also completed pre-medical coursework and am currently applying to medical school. I take the MCAT on June 18th, so chances are that I will be much less stressed by the time you read this!

I began volunteering at WakeMed Cary Hospital in July 2015 because I wanted to serve my community and gain some exposure to a hospital setting. I currently volunteer with the Hospital Elder Life Program (H.E.L.P), where I help prevent delirium incidence in patients over 70 years old by keeping them company, making sure they are oriented, and assisting them with eating. I love my job because I hear some incredible stories from these individuals and get to chat about old movies and music, subjects that do not interest many other people my age.

My work over the summers at WakeMed has inspired me to volunteer in Winston-Salem while I’m at school. I work from 6 pm to midnight on Fridays in the Emergency Room at Novant Hospital and also triage patients at the Community Care Center of Forsyth County, a free health clinic. When I’m not volunteering, I’m a pretty busy actor and have had the chance to perform in nine of Wake Forest’s Mainstage productions including The Importance of Being Earnest, Our Town, and Waiting for Godot. Other hobbies of mine include disc golf, working on my ’84 Monte Carlo, and collecting vinyl records.

I would like to thank Angie, Zee, and Linda so much for their support and guidance throughout the process of volunteering, and I look forward to continuing to work at such a special place!

Thank you!
Our Thoughts . . .

Our Sympathies to:

**WakeMed Raleigh Campus**
Ashley Trexler - loss of a family member

**WakeMed Cary Hospital**
Angie Smith - loss of a family member
Anne Joyner - loss of a family member
Gayathri Sureshkumar - loss of a family member
Paulette Cherubin - loss of a family member
Zina King - loss of two family members

Thinking of you

**WakeMed Raleigh Campus**
Bill Bell
Janet Campbell
John Agurs
Lawson Adams
Lynn Lashley
Mike Fuchs
Patricia Hobbs
Reda Kabbany

**WakeMed Cary Hospital**
Audrey Addo
Brandon Loung
Cal Parks
Janis Farnsworth
Jeff Schmitt
John Grau
Gay Foreman
Heidi Fielder
Patti Keeley
Robert Gelinas
Ruth Cornwell
Shana Ly

If you would like for us to add your special remembrance, anniversary, births, etc., please call your Volunteer Services department.  
WakeMed Raleigh Campus  919-350-8293  
WakeMed Cary Hospital  919-350-2363
Our Thoughts . . .

**Congratulations**

Judy & David Rea on their 52<sup>nd</sup> wedding anniversary on April 19<sup>th</sup>

Donna & Greg Doherty on their 43<sup>rd</sup> wedding anniversary on May 5<sup>th</sup>

Bob & Cheryl Gelinas on their 24<sup>th</sup> wedding anniversary on May 16<sup>th</sup>

John & Linda Lang on their 37<sup>th</sup> wedding anniversary on May 27<sup>th</sup>

John & Donna Grau on their 33<sup>rd</sup> wedding anniversary on June 2<sup>nd</sup>

Mary & Jim Burrus on their 54<sup>th</sup> wedding anniversary on June 3<sup>rd</sup>

Bunny & Roger Thompson on their 45<sup>th</sup> wedding anniversary on June 11<sup>th</sup>

LaRue & Larry Wayne on their 57<sup>th</sup> wedding anniversary on June 11<sup>th</sup>

Lois & Ted Dziedzic on their 45<sup>th</sup> wedding anniversary on June 12<sup>th</sup>

Ruth & Bill Cornwall on their 58<sup>th</sup> wedding anniversary on June 14<sup>th</sup>

Linda & John Tuffey on their 55<sup>th</sup> wedding anniversary on June 16<sup>th</sup>

Priti & Rajen Doshi on their 26<sup>th</sup> wedding anniversary on June 17<sup>th</sup>

Katie & Daniel Mis on their 32<sup>nd</sup> wedding anniversary on June 22<sup>nd</sup>

Darrell & Arlene Anderson on their 59<sup>th</sup> wedding anniversary on June 26<sup>th</sup>

Gail & Ken Boyd on their 46<sup>th</sup> wedding anniversary on June 28<sup>th</sup>

Congratulations to our very own Zee Smith, Volunteer Services Representative on her upcoming nuptials on July 9, 2016 to James Graham.

If you would like for us to add your special remembrance, anniversary, births, etc., please call your Volunteer Services department.

WakeMed Raleigh Campus  WakeMed Cary Hospital
919-350-8293        919-350-2363
Fundraisers: Thank you to the following

<table>
<thead>
<tr>
<th>WakeMed Raleigh Campus</th>
<th>WakeMed Cary Hospital</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ann Brown</td>
<td>Beth Turner</td>
</tr>
<tr>
<td>Pat Taylor</td>
<td>Denise Galloway</td>
</tr>
<tr>
<td>Timothy Lee</td>
<td>Lois Dziedzic</td>
</tr>
<tr>
<td>Valerie Perry</td>
<td>Nancy Riefenhauser</td>
</tr>
<tr>
<td></td>
<td>Seems Singh</td>
</tr>
<tr>
<td></td>
<td>Susan Alvey</td>
</tr>
<tr>
<td></td>
<td>Thom McFadden</td>
</tr>
</tbody>
</table>

Who assisted with The Volunteers at WakeMed Raleigh for the Books are Fun sale on April 27, 2016.

Also a special thanks to Dana Freeman and Anita Boonen for agreeing to help with the fundraiser. Thank you for being flexible and available!

Over 150 employees visited the sale and we sold $8,043.00 in merchandise and raised $1,308.95 in profits.

Who assisted with The Volunteers at WakeMed Cary Hospital for the Books are Fun Sale on April 6, 2016.

Over 70 employees visited the sale and we sold $3,686.16 in merchandise and raised $510.61 in profits.
Donations

WakeMed Raleigh Campus &
WakeMed Cary Hospital

The Volunteer Services departments at Raleigh Campus & Cary Hospital offer magazines, word puzzles, books and other select reading material to our patients. Donations of gently used or new magazines, novels (romance, mystery, westerns) and word puzzle books will be greatly appreciated.

Criteria:

- **Magazines** – Must be current. Monthly publications published within the past 3 months are acceptable. Weekly publications or news related magazines should be no more than two months old. Gifts of a magazine subscription in English or Spanish are accepted. If you are donating magazines that have been delivered to your home, the mailing address or any other personal identifying information should be marked out or removed before delivering to the hospital.

- **Books** – Paperbacks are preferred. They must be clean and odor free (no musty or moldy smell). Books must fall into the category of light reading. Experience tells us when a person is sick they most often stick with materials that are easy to read that do not require intense concentration.

- Due to, and out of respect for, the diversity of our customer base, reading material of a religious nature cannot be distributed and therefore cannot be accepted.

- New or gently used children’s books (6 months – 5 years of age) are requested.

There is an urgent need at the Raleigh Campus for Spanish, African American, and men’s magazines. There is also a need for crayons (large or small) and coloring pencils.

Donations can be delivered to Volunteer Services during regular business hours Monday - Friday, 8 am – 4:30 pm.

Abbie Granger
Donations of toys

Geanneau Moma
Donations of toys

Jonathan Nicotera
Donations of toys
Sewing Contributions

The efforts of our talented sewing volunteers benefit WakeMed Health & Hospitals by providing us with beautiful handmade items made especially for our patients – young, old, big and small. These gifts, made with such love and attention to detail, add a dimension of care and comfort that is second to none.

WakeMed Raleigh Campus

Cary Senior Center
Deb Pederson
From Ewe to You
Glenda Poulter
Heart2Heart Ministry
Janet Jennings
Lynn Kauffman
Merrilyn Allen
NRCC
Pam Hammond
Pearl Fowler
Project Linus
Resurrection Lutheran Church
Rosemarie Ilmberger
Shirleen Allen
Slip Stitch Sisterhood
Southern Wake Quilters
The Comfort Project
Threads of Love
Wanda Graham
Wendy Lamm

WakeMed Cary Hospital

Ann Esterich
Ann Foster Group
Aubrey Knier
Carolina Preserve Yarn Spinners
Cindy Larsen
Colonial Baptist Church
Cornerstone Presbyterian
Garner "On the Mend"
Grace Adams
Holly Springs Comfort Circle
Holly Springs Newcomers
Loretta Consiglio
Marilyn Mitchell
Pam Ayars
Spring Arbor
Susan Tapp
Vivian Collins
Windsor Point
# Calendar of Events

## WakeMed Raleigh Campus

### Volunteer Board Meetings

No Raleigh Campus Board meeting for the month of July.

- **Tuesday, August 9, 2016**  
  Conference Dining Room, 10 am - 12 pm

- **Tuesday, September 13, 2016**  
  Conference Dining Room, 10 am - 12 pm

### 1st Uniform Sale

- **Wednesday, August 10, 2016**  
  Andrew Center, 7 am - 4 pm

Volunteer help is needed  
Please call 919-350-8066 to sign up.

### WakeMed Raleigh Campus Tour Dates

- **Tuesday, July 12, 2016**  
  Volunteer Services, 1 pm

- **Tuesday, August 9, 2016**  
  Volunteer Services, 1 pm

- **Tuesday, September 13, 2016**  
  Volunteers Services, 1 pm

To register, please call 919-350-8293

## WakeMed Cary Hospital

### Volunteer Board Meetings

- **Wednesday, July 27, 2016**  
  Conference Center, 10 am - 12 pm

- **Wednesday, August 24, 2016**  
  Conference Center, 10 am - 12 pm

- **Wednesday, September 28, 2016**  
  Conference Center, 10 am - 12 pm

### 1st Uniform Sale

- **Friday, August 26, 2016**  
  Conference Center, 7 am - 4 pm

Volunteer help is needed  
Please call 919-350-2363 to sign up.

### WakeMed Cary Hospital Tour Dates

- **Monday, July 11, 2016**  
  Volunteer Services, 10 am

- **Thursday, July 28, 2016**  
  Volunteer Services, 6 pm

- **Thursday, August 11, 2016**  
  Volunteer Services, 10 am

- **Monday, August 22, 2016**  
  Volunteer Services, 6 pm

- **Monday, September 12, 2016**  
  Volunteer Services, 10 am

- **Thursday, September 29, 2016**  
  Volunteer Services, 6 pm

To register, please call 919-350-2363
### WakeMed Raleigh Campus

#### WPP - Pediatric Clinic

**Diversionary Activities**
- Monday or Friday
  - 9:30 am - 11:30 am
- Tuesday, Wednesday or Thursday
  - 9:30 am - 11:30 am
  - or 1 pm - 3 pm

Volunteers are needed to entertain and play with the children while they are waiting for their appointments. Volunteers most successful in this position are those comfortable taking the initiative, able to interact with patients and their parents, and enjoy a slower paced volunteer opportunity.

#### Patient Relations

- **Bilingual Volunteers Needed!**
- Monday - Friday
  - 8 am - 4 pm, 2 - 4 hour shifts available

Volunteers to enhance customer service and satisfaction by visiting patients and gathering feedback from them to assist in improving services and making a stressful visit less demanding. Ability to move freely about facility, excellent communication skills, with good problem solving abilities. Must be able to write legibly.

### WakeMed Cary Hospital

#### Gift Shop

- Tuesday - 6 pm - 8 pm
- Wednesday - 4 pm - 6 pm
- Friday - 6 pm - 8 pm

Volunteers assisting with the Gift Shop primarily assist customers with the checking out process. In addition, volunteers also put out new merchandise and light cleaning.

#### Garner Emergency Department

- Monday - 6 pm - 9 pm
- Wednesday - 1 pm - 3 pm
- Sunday - 3 pm - 6 pm

The purpose of the volunteer placement in the Emergency Department is to provide non-medical support, comfort and assistance to staff, patients and families.

#### Mammography

- Tuesday, Thursday or Friday
  - 11 am - 2 pm

The Mammography volunteer duties include greeting patients, ensuring patients have registered at the information desk in the atrium, assisting patients with the completion of forms, escorting patients to the changing area.

#### Friendly Face Cart

- Monday, Tuesday, and Friday
  - 1 pm – 3 pm

The purpose of the volunteer placement in the Friendly Face Cart area is to visit patient rooms and waiting areas to support the emotional and diversional needs of patients through visits and distribution of books, magazines, and other materials.
# Happy Birthday!
## WakeMed Volunteers

### Raleigh Campus

#### April
- Harriet Nausch, 4/1
- Nick Navarro, 4/1
- Hannah Moyles, 4/2
- Peg Fuchs, 4/4
- Bettie Taylor, 4/4
- Emma Voigt, 4/4
- Tashia Brooks, 4/9
- Rebal Goetz, 4/9
- Sara Kirk, 4/9
- Jesus Vargas, 4/9
- Kimani Hicks, 4/11
- Kayleigh Andres, 4/12
- Margaret Haigler, 4/12
- Vernon Burkhart, 4/13
- Florence Grummer, 4/13
- Amanda Krzywinski, 4/14
- Alyssa Chronister-Baines, 4/15
- Georgetta Paskoff, 4/15
- Sean Weber, 4/16
- Dolores Darby, 4/17
- Carol Kunkel, 4/18
- Maya Martinez, 4/20
- Kim Nguyen, 4/20
- Pearl Cunningham, 4/21
- Linda Grimes, 4/22
- Brenda Yarbrough, 4/23
- Patsy Hunt, 4/24
- Lilian Sauerwein, 4/25
- Wade Burnett, 4/26
- Qadra Elmi, 4/27
- Elizabeth Thier, 4/27
- Hunter Whittington, 4/27
- Lisa Wanda, 4/28
- Teresa Buchholz, 4/29
- Elizabeth Dittmar, 4/30
- Linda Lapp, 4/30

#### May
- Tara Herrschaft, 5/1
- Maryann Archer, 5/2
- Omana Divakaran, 5/3
- Jasmine Taft, 5/3
- Rosemary Driver, 5/5
- Joan Bird, 5/6
- Wendy Norman, 5/6
- Sarah Stephenson, 5/6
- Hannah Lugiano, 5/7
- John Agurs, 5/9
- Michele Murell, 5/9
- Perry Barnhill, 5/10
- Suzanne Bass, 5/10
- Kaitlyn Lester, 5/12
- Jennifer Poole, 5/12
- Reid Craft, 5/13
- Alison Brush, 5/14
- Laura Jackson, 5/14
- Alma Gill, 5/15
- Judith Jefferson, 5/15
- Rosemarie Sholl, 5/15
- Betty Whitley, 5/15
- David Cottengim, 5/18
- Evelyn Washington, 5/18
- Shreya Nakkala, 5/19
- Susan Mitchell, 5/20
- Ellen Plumblee, 5/20
- Ruby Hart, 5/21
- Erika Gass, 5/25
- Hieu - Trung Hoang, 5/27
- Johnsie Jefferys, 5/27
- Glinda Robinson, 5/27
- Mohammad Koubaitary, 5/28
- Tina Brady, 5/30

#### June
- Nia Lee, 6/1
- Donna Daniels, 6/2
- Colette Hudgins, 6/2
- Yasmine Hossamy, 6/3
- Ruth Yeh, 6/3
- Patricia McKeever, 6/4
- Joshua Holland, 6/5
- Nadia Toma, 6/5
- Moriah Zarzar, 6/5
- Diane Lewis, 6/7
- Jean Dansak, 6/8
- Molly Gallion, 6/8
- Davide Bruno, 6/11
- Sharief Saleh, 6/13
- Deborah Lambert, 6/14
- Yu-Ann Chen, 6/15
- Natalie Collier, 6/17
- Eduardo Hernandez, 6/17
- Hannah Carroll, 6/18
- Patricia Hobbs, 6/18
- John Longa, 6/18
- Sherman Driver, 6/19
- Jessica Poole, 6/21
- Joyce Serra, 6/22
- Pamela Thompson, 6/22
- Linda Fowler, 6/23
- Kathy Begun, 6/24
- Linda Butler, 6/26
- Cecile Noel, 6/26
- Chad Flowers, 6/27
- Dwight Henderson, 6/27
- Laura Miller, 6/27
- Lynn Scott, 6/27
- Nnennaya Asi, 6/28
- Pearl Fowler, 6/28
- Franklin Johnson, 6/28
- John Langham, 6/28
Happy Birthday!
WakeMed Volunteers

Cary Hospital

April
Mariama Jabati, 4/2
Sheela George, 4/3
Arjun Keshava, 4/5
Brendon Flannery, 4/5
Ruth Cornwell, 4/5
Banu Krishnamurthy, 4/5
Lorraine Dibble, 4/8
Robert Rafferty, 4/11
Teresa Koeppen, 4/11
Connie Pymento, 4/12
Jane Bird, 4/14
Nancy Messina, 4/14
Deborah Swift, 4/15
Carol Holihan, 4/15
Vivian Collins, 4/15
Luanne Jeffery, 4/15
Andree' Genez, 4/16
Jane Warner, 4/18
Jeannie Smith, 4/21
Harriet Kelner, 4/22
Ezan Chaudhry, 4/22
Manmeet Bhinder, 4/23
Brenda Yarbrough, 4/23
Fran Blumenkrantz, 4/23
Jeffrey Dworkin, 4/24
Jim Ryals, 4/25
Vera Stepanova, 4/26
Bev Carey, 4/27
Brian Wong, 4/28
Jocelyn Brumley, 4/28
Linda Tuffey, 4/28
Hailey Heeley, 4/29
Barbara Scher, 4/29
Heidi Fiedler, 4/30

May
Doris Brown, 5/2
Tanmay Joshi, 5/3
Jane McNutt, 5/3
Alberta Freund, 5/3
Gayle Keen, 5/4
Kaitlin Dowling, 5/5
Margaret Rapp, 5/5
Christine Roath, 5/6
Pujan Patel, 5/7
Kiya Amerson, 5/7
Sharifan Hamadeesa, 5/8
Victoria Chan, 5/8
Jillian Klemm, 5/10
Barbara Williams, 5/10
Charles Schabel, 5/10
Annie Holloway, 5/11
Loretta Consiglio, 5/13
Rachel Keeter, 5/14
Sandra Boyd-Pelzel, 5/14
Bethel Bullock, 5/15
Priti Doshi, 5/16
Erin Nortonen, 5/16
Joan Morelen, 5/17
Bertha Boswell, 5/18
Aileen Webster, 5/19
Helen Cotton, 5/21
David Moore, 5/22
Cheryl Quinn, 5/24
Charlyn Dougherty, 5/25
Janice Coates, 5/26
Gayathri Sureshkumar, 5/28
Cheryl Brugler, 5/29
Brenna Burgess, 5/30
Allison Jones, 5/30
Julie Auble, 5/31

June
Deric Gentry, 6/1
Cecelia Roundy, 6/1
Cathy Kasten, 6/2
Calvin Parks, 6/3
Yasmin Khan, 6/4
Elvira Knoll, 6/5
Evon Elaine Sanders, 6/5
Margaret Pearce, 6/7
David Greybill, 6/8
Shiela Braun, 6/8
Susan Streeter, 6/9
Joann Martin, 6/10
Jacqueline Winston, 6/11
Elizabeth Lake, 6/13
Joann Chambliss, 6/14
Gaye Forman, 6/14
Charlotte Ward, 6/14
Johanna Brenner, 6/14
Kevin Gaffney, 6/15
Debbie Berland, 6/16
Maryellen Massenburg, 6/17
Susan Gould, 6/18
Jayanthi Satagopan, 6/18
Ann Buenconsejo, 6/19
Diane Boyer, 6/21
Constance Sinha, 6/23
Brianna Wilcher, 6/24
Rana Asfour, 6/24
Brian Graner, 6/25
Bettty Howes, 6/26
George Sessoms, 6/26
Michael Bleyer, 6/28
Cheryl Thompson, 6/28
John Langham, 6/28
Paulette Cherubin, 6/29
Judith Rea, 6/29
Jan Koret, 6/29
Maria Minchella, 6/30
Lynne Benson, 6/30
Welcome New Volunteers

**Raleigh Campus**

Natalie Baba  
Sequoya Boseman  
Alec Duncan  
Lisa Ferracane  
Joseph Gibbs  
Anmol Sharma  
Janet Wherry  
Kristina Abarca  
Sara Barrett  
Geraldine Bivens  
Katy Britton  
Lindsey Burnette  
Caroline Coble  
Frankie Denton  
Elvis Farr  
Jordan Godwin  
Louis Gozan  
Sue Harrell  
Tevin Harris  
Dwight Henderson  
Shaifali Kaul  
Hope Kelly  
J'net Kirkpatrick  
Brittany Lawhorn  
Roslyn Leon  
Kaitlyn Lester  
Karen Lizama  
Tricia Maldonado  
Catherine Mason  
Brittany McKoy  
Henry Miller  
Erica Occena  
Kristin Olson  
Mario Orellana  
Krishna Patel  
Yolonda Perry  
Candace Petty  
Sarah Pirrotta  
Rohith Raman  
Jennifer Reiner  
Joan Robertson  
Andrew Saad  
Jacqueline Schaefer  
Lauren Schaffer  
Krystal Smith  
Uma Sriram  
Kierra St.Julien  
Sarah Stewart  
Mianmian Sun  
Mutsa Tsveta  
Maizee VanMeter  
Luvenia Waters  
Kathleen Widelski  
Olivia Williams  
Brittany Winstead

**Cary Hospital**

Dana Alqudwah  
Christine Baird  
Susan Barbati  
Henry Barrett III  
Lily Bender  
Karen Bernstein  
Neethu Bipin  
Edwin Bradley  
Braeuster  
Jamie Carbon  
Brittani Clayton  
Maria Cruickshank  
Kaitlin Dowling  
Henry Dudek  
Dania Farawi  
Brendon Flannery  
Zachary Gillespie  
Phyllis Gould  
Robert Gould  
Brian Graner  
Anthony Grecco  
Hailey Heeley  
Valerie Hues  
Linda Hughes  
Allison Jones  
Barbara King  
Aubrey Knier

Amanda Magno  
Neha Majety  
Emmanuelle Malka  
Sonia Manocha  
Katherine Murphy  
Rebekah Oxendine  
Nilima Palande  
Ishita Pothiwal  
Naeha Prabhu  
Shaina Richardson  
Jode Ritsema  
Elizabeth Russell  
Hannah Sexton  
Humza Sheikh  
Mary Sholtis  
Amber Sheikh  
Deborah Sullivan  
Kevin Wang  
Nicole Warnick  
Jessica Wea
WE NEED YOUR EMAIL ADDRESS!

Email Update Form:
________________________________________
Name
________________________________________
Email Address

PLEASE REMEMBER TO ADD US TO YOUR CONTACT LISTS!

Mail to:  WakeMed Raleigh Campus, Volunteer Services – 3000 New Bern Avenue, Raleigh, NC 27610
Or
WakeMed Cary Hospital, Volunteer Services – 1900 Kildaire Farm Road, Cary, NC 27518

KEEP MAILING ME THE HEARTBEAT!

Complete the form below & return to your Volunteer Services department

I prefer to continue to receive the HeartBeat by US Mail

________________________________________
Name

Mail to:  WakeMed Raleigh Campus, Volunteer Services – 3000 New Bern Avenue, Raleigh, NC 27610
Or
WakeMed Cary Hospital, Volunteer Services – 1900 Kildaire Farm Road, Cary, NC 27518

BLOSSOMS FOR LIFE CONTRIBUTION OPPORTUNITY

A special program developed by The Volunteers at WakeMed Cary Hospital, Blossoms for Life is a unique way to say thank you for care you have received, to remember a loved one, to celebrate the birth of a child, to celebrate an anniversary or to recognize special people & events. Recognition of the Blossoms for Life donors, memorials & honoraria are on display in the Cary Hospital Conference Center. All gifts received by Blossoms for Life are used to fund programs & services throughout the hospital. If you are interested in making a contribution, please complete the form below & return to the Volunteer Services department at Cary Hospital.

BLOSSOMS FOR LIFE CONTRIBUTION OPPORTUNITY

Donor Name

________________________________________
Address

AMOUNT OF DONATION: _______________ In Memory/Honor of: ____________________________

Acknowledgment to be sent to: ____________________________
________________________________________
Name
Address

Please make your check payable to: The Volunteers at WakeMed Cary Hospital

Mail to:  The Volunteers at WakeMed Cary Hospital, 1900 Kildaire Farm Road, Cary, NC 27518

All contributions are tax deductible to the fullest extent that the law allows.