WakeMed Surgical Services
Preanesthesia Testing Guidelines for Surgeon Offices

All patients having surgery at WakeMed require either a preanesthesia assessment and testing (PAT) telephone call or PAT Clinic visit prior to the day of surgery to allow for thorough preoperative evaluation, diagnostic testing and education.

PAT Clinic Visit will be scheduled at the time of surgery scheduling for patients meeting any of the following criteria:
1. Medical problems that warrant further evaluation or special preparation – based on PAT Triage Questionnaire or surgeon clinical judgment.
2. Patients to be admitted as an inpatient to the hospital postoperatively

PAT Telephone Interview will be performed for the following patients:
1. All patients under the age of 13
2. Patients having cataract surgery
3. Patients in nursing, rehab or correctional facilities
4. Patients who do not meet other criteria for a PAT Clinic visit

If, during a telephone PAT interview, the patient is found to require a PAT Clinic Visit, then the clinic appointment will be scheduled with the patient at that time and your office will be notified.

If a patient with known medical problems does not attend a scheduled PAT clinic appointment, your office will be contacted to reschedule the patient.

PAT Triage Questionnaire

<table>
<thead>
<tr>
<th>Question</th>
<th>Y</th>
<th>N</th>
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<tbody>
<tr>
<td>1. Do you have heart problems (chest pain, heart attack, heart (coronary) stents, heart failure, valve problems, bypass surgery, irregular heartbeat, aneurysm) or a history of stroke?</td>
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<td>2. Do you have breathing problems (COPD, emphysema, chronic bronchitis) or use oxygen at home?</td>
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<td>3. Do you have a pacemaker or defibrillator?</td>
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<td>4. Do you have kidney failure requiring any type of dialysis?</td>
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<td>5. Do you take blood thinners other than Aspirin (i.e. Coumadin, Pradaxa, Plavix, Effient)?</td>
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Patients answering ‘YES’ to any of questions 1-5 require a PAT Clinic appointment

6. Do you have high blood pressure?                                       
7. Do you use insulin for diabetes?                                       
8. Do you have sleep apnea?                                               
9. Do you find it difficult to climb a full flight of stairs without stopping to rest?

Patients answering ‘YES’ to two or more of questions 6-9 require a PAT Clinic appointment

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