WakeMed Cary Hospital, the only full-service hospital in Cary, North Carolina, brings advanced medical care and technology to one of the top-rated places to live in the nation. A 95,000 square-foot expansion completed in 2008 nearly doubled Cary Hospital’s capacity. Today, Cary Hospital houses 156 inpatient beds – 76 more than its original 80.

24/7 Emergency Departments
Our growing community has immediate access to full-service emergency departments (EDs) at WakeMed Cary Hospital and WakeMed Apex Healthplex (operated as an extension of Cary Hospital). Our chest pain program is nationally accredited by the Society of Chest Pain Centers, and the hospital is designated as a national Certified Primary Stroke Center. These designations reinforce our ability to provide rapid diagnosis and care for patients experiencing signs of a heart attack or stroke. Cary Hospital and Apex Healthplex staff members are specialty trained and dedicated to providing medical services for patients of all ages suffering from major and minor emergent health problems. Our emergency services are also backed by Wake County’s only designated Level I trauma center at WakeMed’s Raleigh Campus.

Operative Services
With nine operating rooms, two minor-procedure rooms, and cystoscopy and endoscopy suites, Cary Hospital offers comprehensive operative services. When possible, surgeons use laparoscopic techniques and da Vinci robotic surgical technology, which offer significant benefits, such as surgical precision and decreased pain, blood loss and recovery time.

Surgical Specialties
- Ear, nose & throat
- Spinal
- Obstetrics & gynecology
- General
- Plastic
- Orthopaedics
- Podiatry
- Ophthalmology
- Urology
- Vascular
- Neurology

Day Surgery
Our Day Surgery department is one of the busiest ambulatory surgery programs in the Triangle. Patients register, prepare for surgery, recover and are discharged all in the same day, which means exceptional care and convenience for our patients.
Women’s Pavilion & Birthplace
Cary Hospital’s Women’s Pavilion & Birthplace is the first and only place in Cary to have a baby. Our caring and expert staff welcomes more than 2,500 babies into the world each year. The care we provide is flexible and family centered. Our facility offers:

- 10 spacious labor, delivery and recovery suites
- 26 postpartum and women’s care rooms
- 2 operating rooms for Cesarean deliveries
- An 8-bed Level III Neonatal Special Care Nursery
- 5 triage rooms

After the birthing experience, new moms are moved to private rooms. These rooms feature home-like amenities, including showers or tubs with whirlpool jets, rocking chairs, small refrigerators, TVs, movies, and a couch/hideaway bed for a support person to spend the night. A Coaches Corner is located down the hall from the patient rooms. It offers an ice machine, microwave oven and vending. New moms have access to the Mother’s Choice Menu Service to order meals and beverages.

Some newborns need a higher level of care. A Level III Neonatal Special Care Nursery is available and staffed by nurses and specialty-trained caregivers for babies who need extra help.

Expert obstetricians/gynecologists, neonatologists, pediatricians, family practitioners, anesthesiologists, midwives, neonatal nurse practitioners and nurses provide superior care and compassion for new moms and their babies.

Mammography, Bone Densitometry, Ultrasound
A diagnostic center housing radiology services specific to women is also located in the Women’s Pavilion & Birthplace. The center offers a private, comfortable setting for imaging and testing services.

Imaging Services
Advanced imaging technology, an expert staff and immediate access to comprehensive inpatient and outpatient radiology services are available at Cary Hospital. Our full range of services includes:

- Computed tomography, including a 64-slice CT scanner
- X-ray
- Digital diagnostic and screening mammography
- Stereotactic biopsy
- Nuclear medicine studies
- Ultrasound
- Magnetic resonance imaging (MRI)
- Full-body bone densitometry
- Web-based picture archiving and communication system to speed the delivery of results

Imaging Services are in two convenient locations at Cary Hospital – near the Main Entrance at the end of the Atrium Lobby and in the Women’s Pavilion & Birthplace.

Laboratory Services
The Pathology Laboratory at WakeMed Cary Hospital offers a full range of laboratory services, including an information hotline providing 24/7 lab information to patients and providers. Our laboratory is accredited with distinction by the College of American Pathologists and is fully accredited by the American Association of Blood Banks.

An outpatient lab is conveniently located in the hospital’s Atrium Lobby. Blood draws and specimen collections are performed in the outpatient lab. Specimens brought in by patients and health care professionals may be dropped off there. Outpatient lab hours are 6 am to 6 pm on weekdays and 9 am to 1 pm on weekends and holidays. A pathologist is available on-site.
Medical Staff
The WakeMed Cary Hospital Medical Staff is more than 770 providers strong. Specialists in cardiology, endocrinology, family practice, internal medicine, neurology, obstetrics & gynecology, pulmonology, oncology, intensive care, otolaryngology, infectious disease and urology conveniently serve patients at Cary Hospital.

Also on the Cary Hospital Medical Staff are hospitalists, physicians who only see hospitalized patients. Hospitalized patients benefit from the round-the-clock care they receive from hospitalists, who relay information directly to patients’ primary care physicians.

Cardiopulmonary Services
Specialists in Cary Hospital Cardiopulmonary Services offer a comprehensive array of procedures in the department’s nationally accredited echo and vascular laboratory. Services include cardiac imaging, nuclear cardiology, transesophageal cardiac imaging, stress tests, cardioversion, renal ultrasound, pulmonary function testing, EKGs, EEGs, EMGs and sleep studies.

The latest technology is used in the Cardiac Catheterization Laboratory to diagnose and treat heart conditions. Services include:
• Pacemaker placement
• Diagnostic catheterization and preparation for cardiac intervention
• Defibrillator implantation
• Electrophysiology studies
• Specialized invasive vascular studies and interventions

Our facility, staff and physicians are a convenient extension of the prestigious WakeMed Heart Center in Raleigh. The busiest heart center in North Carolina, WakeMed Heart Center offers the latest in cardiac and vascular intervention and open heart surgery.

Inpatient Care
Cary Hospital is a full-service hospital with 156 inpatient beds. Compassionate, expert care is the trademark of WakeMed physicians and staff members. Our inpatient units include:
• 72 general, Medical/Surgical beds in two units
• A 20-bed Cardiovascular Intermediate Care Unit
• Eight Medical/Surgical Intermediate Care (specialty IV infusions, bedside monitoring) beds
• A 12-bed Intensive Care Unit
• 10 acute Neuro Care beds
• 19 observation beds for patients staying fewer than 24 hours
• A 12-bed Chest Pain Center

Inpatient Physical Rehabilitation
In many cases, the sooner rehabilitation begins the more successful the patient’s recovery. The Cary Hospital Rehabilitation team offers inpatient physical, occupational and speech therapies for patients recovering from surgery, injuries, stroke and other medical issues.
Community Outreach & Activities
Disease and injury prevention is vital to enjoying a healthy, long life and creating a healthy community. That’s why WakeMed Cary Hospital staff and physicians focus much of their energy on health education outside the hospital. With this in mind, WakeMed brings many of its specialists to a number of community events in the area to give residents easy access to important health screenings and information. Look for us at these and other community events and locations near you.
- Cary Family YMCA and Kraft YMCA events
- SAS Championship
- Town of Cary Spring Daze
- WakeMed Soccer Park
- Koka Booth Amphitheater
- Bond Park Community Center

Education
Classes, seminars and events for women and families round out our continuum of care. They are scheduled throughout the year in our conference center. Visit wakemed.org for the list of events at Cary Hospital and other WakeMed facilities.

Volunteers
Not only is Cary Hospital a part of the community, but the community is part of Cary Hospital as well. Our volunteers are an integral part of our health care team. Volunteers perform many jobs and valuable services that make WakeMed Cary Hospital a friendly place.

Our volunteers actively raise funds for various health education projects that benefit our patients. They also proudly represent Cary Hospital at many area events.

We hope you will join us in thanking our ladies and gentlemen in pink smocks and red coats or vests for their service and dedication to WakeMed Cary Hospital.

WakeMed Cary Hospital At A Glance
Acute Care Beds 156
Employees 1,000+
Physicians and Accredited Physician Extenders 770

Operating Statistics (FY 2009)
Discharges 10,002
Moms Delivered 2,407
Emergency Department Visits 43,790
Surgeries 10,806

How To Reach Us
Main Hospital 919-350-2300
Patient Information 919-350-2400
Emergency Services 919-350-2442
Women’s Pavilion & Birthplace 919-350-2523
Human Resources 919-350-8141
Volunteer Services 919-350-2363
Medical Staff Services 919-350-2158
Doctor Choice Physician Referral Service 919-350-8900
Community Outreach Events & Education 919-350-7827