WakeMed Physician Practices Offer Lower Co-Pays for WakeMed Employees

Did you know that WakeMed’s network of community physicians has grown to nearly 200 exceptional physicians and specialists throughout the Triangle? During the past year, we’ve added new physicians and locations to primary care, urgent care, pulmonaryology, cardiology, cardiovascular surgery, bariatric surgery, general surgery, orthopaedics and more. With dozens of locations, our network includes physicians in Raleigh, north Raleigh, Brier Creek, Wakefield, Cary, Knightdale, Apex, Holly Springs and Garner.

The benefit for employees is knowing that these physicians offer the highest level of care as part of the WakeMed network. And this year, for the first time, employees who choose WakeMed physicians can enjoy reduced co-pays.

Cost comparison of office visits (including surgery performed in physician’s office)

<table>
<thead>
<tr>
<th>WakeMed Physicians</th>
<th>Other-in-Network</th>
<th>Out-of-Network</th>
</tr>
</thead>
<tbody>
<tr>
<td>BCBSNC PPO Select Plan</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primary Care</td>
<td>$20 co-pay per visit</td>
<td></td>
</tr>
<tr>
<td>Specialist</td>
<td>$45 co-pay per visit</td>
<td></td>
</tr>
<tr>
<td>CT, MRI, NMR, Pot Scan</td>
<td>$45 co-pay per visit</td>
<td></td>
</tr>
<tr>
<td>Urgent Care Clinic</td>
<td>$30 co-pay per visit</td>
<td></td>
</tr>
<tr>
<td>BCBSNC PPO Premier Plan</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primary Care</td>
<td>$15 co-pay per visit</td>
<td></td>
</tr>
<tr>
<td>Specialist</td>
<td>$35 co-pay per visit</td>
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<tr>
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<td>$35 co-pay per visit</td>
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</tbody>
</table>

While our medical benefit plans offer the flexibility for employees to choose any physician in the community, this new plan does offer lower co-pays for using WakeMed physicians. Therefore, all employees are encouraged to support our own physicians and use the excellent resources we have within our system.

(continued on page 2)

New Wellness Program to Offer Employees $500 Premium Incentive in 2013

WakeMed has offered many wellness options to employees over the years. Beginning in 2012, all wellness options, such as Healthworks Fitness & Wellness Center, Weight Watchers at Work and The Produce Box, will be aligned with our new Wellness Matters program. Through Wellness Matters, we are renewing our commitment to wellness with voluntary biometric screenings and an individual Health Assessment tool. Employees who participate in 2012 will receive a health insurance credit in 2013.

By promoting WakeMed’s many health- and wellness-related resources and initiatives, Wellness Matters is designed to encourage a culture of wellness throughout our organization. It is also intended to lead to measurable results in the cost of our health insurance plan in the future. The program will be expanded in 2014 and beyond.

Biometric Screenings & Health Assessments

In 2012, employees enrolled in WakeMed’s Blue Cross and Blue Shield of North Carolina (BCBSNC) health plan as of February 1, 2012, will have the opportunity to participate in a Biometric Screening and BCBSNC Health Assessment. The Biometric Screening includes blood pressure, height, weight, waist circumference and a full lipid (choles- terol) panel with glucose. The Health Assessment is an online questionnaire allowing employees to track personal health over time while identifying risk factors for early intervention. Covered dependents will not be eligible for the wellness premium credit this year, but future plans for the program may include covered dependents as well as employees who are not covered by our health insurance plan.

WakeMed Corporate & Community Health staff, who are conducting the screenings, the WakeMed Lab and WakeMed’s health plan administrator, BCBSNC, will have access to the screening results. No other WakeMed employee, including those in Human Resources, will have access to screening results. As with all protected health information, these results are protected under the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

Matters

Introducing WakeMed’s new Wellness Matters program, part of our employee benefits package. Look for this logo on all communications about Wellness Matters, as well as Benefits in general, and don’t miss out on needed information!

Benefits of Participation

In addition to establishing a baseline for your current health status, and identifying risk factors and possible adverse health conditions, the screenings and Health Assessment tool will help you take control of your personal health care. Participating employees will receive a premium credit of $500 on their 2013 health plan rate. This credit will be applied on a pay period basis, pro-rated through the 2013 calendar year. A rate increase is anticipated in 2013 (amount not yet determined), but the $500 credit can help offset any future rate increases.

Linking wellness incentives to health insurance premiums is becoming common practice, since it is the best way to reward employees for good personal health behaviors. While this is a change for WakeMed, we are not the first to move in this direction.

WakeMed’s Wellness Matters program is designed to positively impact the overall health of our workforce. As a health care organization, WakeMed prides itself on delivering the highest quality of care to our patients, and the same focus should be directed to our own health as well. With the new premium credit established through Wellness Matters, employees will be rewarded for a commitment to their own personal health.

How Do I Participate?

Communication about the screenings, Health Assessment and premium credit incentive begins this month and will continue over the next several months. Employee education sessions will also be held throughout the system.

(continued on page 4)

WakeMed Opens Sixth Emergency Department At Brier Creek Healthplex

On January 9, WakeMed opened its sixth emergency department (ED) in Wake County – at the new WakeMed Brier Creek Healthplex. This 50,000-square-foot facility features a 24/7 full-service, stand-alone ED and has 12 private treatment rooms. All WakeMed EDs are staffed by the same group of board-certified physicians from Wake Emergency Physicians, PA, and all offer access to laboratory and imaging services, including CT and X-ray for both ED patients and outpatient visits.

The Brier Creek facility is WakeMed’s third 24/7 full-service, stand-alone ED and has 12 private treatment rooms. All WakeMed EDs are staffed by the same group of board-certified physicians from Wake Emergency Physicians, PA, and all offer access to laboratory and imaging services, including CT and X-ray for both ED patients and outpatient visits.

WakeMed Brier Creek Healthplex

8001 T.W. Alexander Drive
Raleigh, NC 27617
919-350-9600

WAKEMED PHYSICIANS OTHER-IN-NETWORK OUT-OF-NETWORK

Brier Creek facility is designed to encourage a culture of wellness throughout our community.

(continued on page 2)

she said. “Brier Creek has experienced rapid growth, and we are pleased to bring needed health care resources to the community.”

The Brier Creek facility is WakeMed’s third 24/7 full-service, stand-alone ED and has 12 private treatment rooms. All WakeMed EDs are staffed by the same group of board-certified physicians from Wake Emergency Physicians, PA, and all offer access to laboratory and imaging services, including CT and X-ray for both ED patients and outpatient visits.

The Brier Creek facility is owned and managed by Duke Realty and sits on 12 acres, allowing for future development. Serving northwest Raleigh and Wake County, the Brier Creek Healthplex ED will initially employ 74 full-time staff members. The Certificate of Need application for the facility was granted in September 2009 for $36 million. WakeMed’s total investment in the project was $14 million.

WakeMed Brier Creek Healthplex

8001 T.W. Alexander Drive
Just off Highway 70
Raleigh, NC 27617
919-350-9600

(continued on page 2)
Employees are also encouraged to take charge of their health in 2012. As our organization focuses on wellness, building relationships with physicians is one of the best ways our employees can maintain their own health as well as the health of their family members. Please review the chart below – cut it out and take it home – for a comprehensive list of WakeMed practices, or visit www.wakemedphysicians.com for a full overview of all practices, providers and locations.

New Computer Training Options
FROM STAFF DEVELOPMENT & TRAINING
Staff Development & Training (SD&T) is now offering new computer training options that are more convenient and more accessible for all employees, across all WakeMed campuses and facilities.

All Training Manuals Now Online
Visit Learning Link for a variety of detailed training manuals on topics including Point Point, Microsoft Word and Excel, Outlook and Windows. Manuals and practice exercises can be downloaded for viewing or printing. Just search your desired topic in the “Search” field on the homepage.

Free Online Tutorials
Microsoft tutorials and other self-paced online training options are available on the following websites:
- http://www.gcflearnfree.org/topics

Computer Lab Hours
During Computer Lab hours, a computer expert will be available for consult in Classroom A4 on the Ground Floor of the Medical Office Building (Raleigh Campus) for two hours every other week. Simply walk in for assistance with your files, projects, Learning Link mandates or any other questions you may have. Computers are provided. Visit the SD&T page on the WakeMedWeb and click Computer Training for dates/times, or call SD&T at ext. 08306. Appointments are available by calling ext. 08306.

Webinar Wednesdays
Each week, SD&T will offer a webinar on a Microsoft “hot topic.” Examples include formatting bullet points, creating Word tables, Excel data entry tips and tricks, creating pivot tables in Excel, using your Outlook calendar and mailbox clean-up. Webinars are free of charge and can be accessed through Learning Link from your work or home computer. Each webinar lasts for approximately 45 minutes, with a Q&A session at the end.

Pre-register via Learning Link. Share your suggestions for webinar topics by calling SD&T at ext. 08306 or e-mailing sregistration@wakemed.org.

For more information, contact SD&T at ext. 08306 or sregistration@wakemed.org.

New Renal Therapy Machines on Raleigh Campus
WakeMed recently purchased new Continuous Renal Replacement Therapy (CRRT) machines for the critical care units on the Raleigh Campus. CRRT is used as an adjunct to or replacement for the kidneys when they are not functioning well, especially when the patient is too critically ill to tolerate traditional hemodialysis.

All staff of the adult intensive care units (ICUs) as well as the Pediatric Intensive Care Unit (PICU) trained to use this critical therapy during a two-week education blitz, November 28 through December 9. In all, 287 nurses attended a basic bedside user class, and 80 of those attended an advanced user class. The first patient was started on the new machine on December 12 on PICU. Cary Hospital is also planning to implement this new technology in the near future.

Above: Jessica Sharp, RN, and Kelley Reep, RN, (both of CVICU) use a new Continuous Renal Replacement Therapy machine at the bedside.

Patient- and Family-Centered Care
What is Patient- and Family-Centered Care and what does it have to do with patient safety and good health care?

Over the past several years, we have learned a lot about opportunities to improve health and health care delivery. Certain preventable errors occur even today — errors like giving a patient a medication to which they are allergic. Some patients are readmitted after being hospitalized because of worsening health, and sometimes this occurs because they didn’t understand the instructions for their care or weren’t able to carry them out. These lapses in care can become serious for the patient, and they add needless excess costs to the health care system.

So, how do we optimize care and prevent such lapses? Certainly smart systems and technology can help, but probably the most important action we can take is to better actively work with patients and their family members, collaborating in their care.

The concept is simple, but for too long, we as health care professionals have viewed ourselves as the experts, while viewing patients as passive participants. In reality, patients and their families often know more than any of us about their circumstances, capabilities, resources, desires and beliefs, and if we do not tend to these, we incorrectly assume that we have done the best for our patients. Enter Patient- and Family-Centered Care, a redefining of the relationship between health care providers, patients and their families into one of mutual respect and collaboration.

We will discuss more about these concepts in the near future. But each and every one of us can make a simple shift today in this important direction. I urge every one of us to slow down with our patients and families — take the time to listen, encourage their input and foster a tone of mutual respect. We will find that we not only improve the care and health of our patients, but we will also find our work more satisfying. For more information, visit the website of the Institute for Patient- and Family-Centered Care at http://www.ipfcc.org.
**THE HOLIDAYS 2011**

**Holiday Fitness Challenge**
Healthworks Fitness & Wellness staff challenged members to team up to stay in shape over the holidays. Staff member Jasetta Perkins (left) poses with Challenge Team winners Shelaca Boone (Pharmacy), Amanda Otho (Pharmacy) and Dennis Williams (Administration). Veta Hamm (Physical Therapy) (not pictured) was also on the team.

**TRIM THE TREE WITH TWINKLE**
After the Love Light ceremony, WakeMed hosted the Trim the Tree with Twinkle community holiday event held in the Raleigh Campus courtyard. Children made holiday crafts, enjoyed yummy treats and sat on Santa’s lap. Twinkle, the WakeMed Children’s mascot, had as much fun as the kids!

**SOMETIMES THE BEST “PIECE” OF PAPER COMES FROM OUR HCPs**

**Dessert & Punch Socials**
Holiday dessert and punch socials were hosted in December by Human Resources at various WakeMed sites across the system. The socials gave employees and volunteers the opportunity to continue the WakeMed tradition of giving through donations to the BackPack Buddies Food Drive. BackPack Buddies is a program of the Inter-Faith Food Shuttle designed to provide children from food-insecure homes with weekend meals during the school year. Thanks to everyone who generously donated to this food drive, and a happy and healthy New Year to all!

**Corporate Center Holiday Social**
1. Chenise Crump and Anthony Newkirk (both of Human Resources)
2. Business Center Holiday Social
3. Operations Center Holiday Social
4. Denton Arledge, vice president and chief information officer, (left) chats with employees.
5. Sherry King and Michi Moses (both of Information Services)
6. Raleigh Campus Holiday Social
7. Bluey Holzshu (Imaging Services - Administration) and Georgia Suniel, vice president of Operations & Logistics, serve up the punch.
8. A jolly group of Raleigh Campus employees, including Marcia de Gadei (far left), Clara Niero (second from left) and Silvano Sinisterra (second from right) (all of Environmental Services)
9. Janice Dyer, RN, and Deanna White, RN, (both of Imaging Services)
10. Janna Hildebran (Respiratory Care Services)
11. Employee Appreciation Oral Wise, director of Ambulatory Services; Carolyn Keap, RN, vice president of Ambulatory Services; and Lisa Wilson, RN, and Malodie Goswick, RN (both of Emergency Department - North Healthplex) provide complimentary gift wrapping for the employees of North Healthplex as part of an employee appreciation effort.

**PARTIES**

**PARADES**

**Holiday Express**
Deb Laughery, vice president of Public Relations, (fifth from left), helps cut the ribbon at this community event held at Pullen Park in Raleigh. The event was sponsored in part by WakeMed.

**Employee Appreciation**

**Riding the WakeMed Floats**
Above: Raleigh Campus staff, family, friends, Twinkle the WakeMed Children’s mascot and Swoops the Carolina RailHawks mascot ride the Raleigh Christmas Parade float.

Right: Staff from Apex Healthplex along with family members, friends and Twinkle, the WakeMed Children’s mascot, ride the Apex Christmas Parade float.

**Riding the Raleigh Campus Float**

Above: Raleigh Campus staff, family, friends, Twinkle the WakeMed Children’s mascot and Swoops the Carolina RailHawks mascot ride the Raleigh Christmas Parade float.

Right: Staff from Apex Healthplex along with family members, friends and Twinkle, the WakeMed Children’s mascot, ride the Apex Christmas Parade float.

**Riding the Apex Healthplex Float**
Outpatient Lab & Pre-Admission Testing Combine at Cary Hospital

Cary Hospital’s Outpatient Lab and Surgical Services Pre-Admission Testing (PAT) services were recently moved to a newly renovated Outpatient Assessment Area located off the hospital’s main entrance, in the former Outpatient Lab space. Outpatients who need pre-procedure lab work, anesthesia consults and other work-ups before surgical procedures will now need to visit only one area instead of multiple departments, thus reducing patient wait times and enhancing patient privacy and reinforcing the feeling that all Cary Hospital staff and departments are working together and organizing efforts for patient care.

“Now that we are all in one working area together, there is more of a team camaraderie and an enhanced ability to support each other,” said Debbie Puliafico, supervisor, (Pathology Labs - Cary Hospital). “The patients are a lot happier too. They no longer have to go back and forth for their care. We, as staff, now go to the patient.”

Other new methods of security and privacy have also been implemented, including a badge reader at the Lab entrance so only authorized staff can enter, and curtains and doors in the procedure area for patient privacy.

Andrea Jarrell, manager, (Pathology Labs - Core Lab - Cary Hospital) described how Volunteer Services and Patient Registration helped streamline patient flow by implementing the Q-Flow system, unique to Cary Hospital, within the Outpatient Assessment Area. Q-Flow is a method by which patients are assigned a number and letter, and they are only called by their number and letter when it is their turn. The Outpatient Lab also uses this number/letter combination to call and identify patients.

Wow, What an Employee!

Melodie Gosswick, RN, and Pati Nuss, RN, (both of Emergency Department - North Hospital) were members of the North Carolina delegation at the Emergency Nurses Association (ENA) General Assembly, held in Tampa in September 2011. At the November state meeting of the North Carolina ENA, the Cardinal Chapter was awarded the State Chapter Achievement Award. The 2011 Cardinal Chapter leaders were Gosswick, 2011 president, Nuss, 2011 president-elect; and Leaunora Powell, RN, (Adult Emergency Department), secretary/treasurer.

Erin Allender, PharmacD, and Jemma Minton (Pharmacy, & Purchasing) were honored for having one of the top five research posters, out of over 100, at the 2011 American Society of Health-Systems Pharmacists Convention. Their poster highlighted a 2011 Pharmacy Road To Excellence initiative examining the cost savings potential by implementing a novel aliquot process for bivalirudin (Angiografix) in the heart catheterization lab. Allender and Minton were also interviewed by Pharmacy News and recognized by the new Practitioner Forum Executive Committee.

Sara Gizzi, RN, BSN, OCN, was appointed to the National Council State Boards of Nursing.

Amy Birling (Healthwork) participated in the ACES-CE exam and is recognized by the American College of Sports Medicine as a certified clinical exercise specialist.

Kathy Johnson, RN, (2 West ICU - Cary Hospital) achieved her CRN certification.

Helen Andrews (2 West MSC- Cary Hospital) obtained her NA II license.

Joanne DiBert (Rehab Case Management) was inducted into the National MS Society’s Programs & Services Volunteer Hall of Fame. This award recognizes DiBert’s hard work, both locally and nationally, in the fight against MS.

Teresa Cramer, RN, (Staffing Resources) received her CDRN.

Kristin Haggerty (Health Information Management) was promoted to supervisor.

Kimberly Hicks, RN, and Thomas Morris, RN, (Both of Clinical Administration) each earned their Healthcare Accreditation Certified Professional certifications.

Vickie Left (Rehab Case Management) earned her Certified Case Manager (CCM) credential.

Carol White, RN, BC, (Adult Diabetes Management Program) earned her Certified Diabetes Educator (CDE) certification.

Harriet Gordon-Best, RN, (Observation 2) recently passed the Medical-Surgical certification test.

Canes and Wolfpack Visit WakeMed Children’s

In December, several players from the Carolina Hurricanes and players from the North Carolina State University (N.C. State) men’s basketball team visited WakeMed Children’s, including the Children’s Emergency Department (CED), to help spread some holiday cheer and spend time visiting with patients.

Above: Canes stop for a picture with CED staff. The players are also shown with a pediatric patient in the CED. They are (top to bottom, l to r), Bryan Allen, Alexei Ponomarovsky, Eric Staal and Jarrod Spake.

Bottom left: N.C. State Wolfpack basketball players are shown with a pediatric patient in the Children’s Hospital.

February 14
Cameron Village
Cameron Village and WakeMed Heart Center are partnering to increase awareness among women about heart disease. Receive a heartfelt gift by taking your same-day receipts totaling $250 or more to Buckley Marie Jewelry & Gifts, bevello, or Hallmark in Cameron Village. PLIUS, receive a certificate for a free total & HDL cholesterol test and blood pressure check—available by appointment at a WakeMed location near you. Pick up a heart healthy information card from participating stores or visit wakemed.org/love.
Stupendous Service!

Volunteers provide almost 150,000 hours of active service in FY 2011

Many thanks to The Volunteers at WakeMed Raleigh Campus and The Volunteers at WakeMed Cary Hospital for their contributions of time and talents during fiscal year 2011. During the past year, the 959 active volunteers at Raleigh Campus contributed 53,030 hours of service during the past year. More than 42 departments throughout the Health system benefited from the volunteers’ helping hands and open hearts.

At Cary Hospital, the 668 active volunteers contributed 53,030 hours of service during the past year. More than 42 departments throughout the Health system benefited from the volunteers’ helping hands and open hearts.

Above: Volunteer Audrey Addo surveys a patient about her experience at WakeMed.

How to Access the Women’s Pavilion & Birthplace - Raleigh

All visitors to the Women’s Pavilion & Birthplace - Raleigh (NPBL) need to use the A/B elevators. Guests to the NPBL will be given access to A/B, Labor & Delivery, 4C Mother/Baby and the NICU through the Campus Police & Public Safety station/officer located in the solarium. The C elevators and the service elevators near Observation Unit 3 will be card access only to the Fourth Floor.

Retirement Savings Plan for Employees

Great Changes to 403(b) Plan Effective January 1, 2012

All employees will receive an automatic three percent employer contribution based upon wages earned each pay period, regardless of whether or not they currently contribute to the Retirement Savings Plan (RSP). Vesting rules and governmental limitations apply, just as they do with current RSP contributions.

The automatic three percent employer contribution is in addition to any match an employee may be receiving on their voluntary RSP contribution and will be spread among current investment elections. Current beneficiary designations will also apply to the new funds.

Employees not currently participating in the RSP are encouraged to meet with a VALIC representative to establish an account; otherwise, one will be established for them with the automatic three percent employer contribution defaulting into the Wellington Fund. As a result, all employees will become participants in the RSP, receiving quarterly statements and a free annual “Insights” portfolio investment review. Additional fund options have been added to allow selection of investments based upon years until retirement to help make the investment choice process easier.

What does this mean for you?

You will have more savings for your future.

• Free money! WakeMed is providing this additional three percent on top of your salary and other benefits. It will be deposited to your VALIC account each pay period beginning January 12, 2012.

You will have the opportunity to grow your retirement nest-egg at a faster rate.

• Your investment elections determine how your account grows over time.

• You will see the automatic three percent employer contribution as a separate item on your quarterly statements.

You will not be taxed on the money until you take it out at retirement.

Vesting rules and governmental limitations regarding maximum contributions apply to all contributions.

• Employee contributions: 100 percent immediate vesting

• Employer contributions: Vesting based upon service/hours

Example of how this change affects your retirement savings:

My earnings for January 12, 2012, pay period = $1010.55

I will automatically receive three percent (of $1010.55) in my RSP = $30.31

This contribution represents a WakeMed investment in our employees of more than $13 million annually. For details and investment elections, contact the VALIC RSP representative at ext. 57620.

Management News

Susan Jackson Promoted to Executive Director, Network Development, WakeMed Physician Practices

Susan Jackson was promoted to executive director of Network Development, a new position within the WakeMed Physician Practices division. In this role, Jackson is responsible for planning, organizing and directing practice acquisitions, locally and regionally. She also manages the integration of all practices into the WakeMed system and oversees performance improvement, quality, service excellence and compliance divisions for the entire physician network. Overseeing daily operations in each of these areas, as well as short- and long-term planning, Jackson serves as the liaison between WakeMed Physician Practices and senior administration. She facilitates operational improvements with regard to human resource processes, systems integration and business functions within the network.

Jackson has been with WakeMed since 1991, serving in various roles within the Education Division (Center for Innovative Learning, Staff & Workforce Development and Nursing Education), Healthworks and Corporate & Community Health, prior to joining WakeMed Physician Practices in 2009.

New Additions & Attachments

Gleny Gambill, CPNP (WakeMed Faculty Physicians - Neonatology) married Chris Hall on October 29.

Sinta Feju, RN, O East Medicine - Cary Hospital welcomed daughter Kyra Elizabeth on November 8.

Beth Kennedy, RN, (Mobile Critical Care Services) and Chris Jordan were married on November 11.

Mike Miller, RN, (MICU) welcomed son Aidan Michael on November 11.

Holly Jacobs, RN, (MICU) and husband Ron welcomed daughter Krista Ashlynn on November 22.

Sara Harry, LPN, (WakeMed Faculty Physicians - ENT/Head & Neck Surgery) married Britt Marshand on December 3.

Mc Call, RN, (Nouro ICU) was recently married to Liz.

Mobile Critical Care Services Supervisor Recognized

Vincent Miliano, RN, (Mobile Critical Care Services) (center) received the Patriot Award in December from the Employer Support of the Guard and Reserve (ESGR) for his support of the guard and reserve. He was nominated by Michael Heidbreder (Mobile Critical Care Services). Miliano is Heidbreder’s supervisor.

The ESGR is a Department of Defense agency that seeks to promote a culture in which all employers support and value the military service of their employees. They recognize outstanding support, increase awareness of the law and resolve conflicts through mediation. Pictured are Heidbreder, Miliano and an ESGR representative during an award presentation for Miliano on the Raleigh Campus help desk.

Helton Family Foundation Achieves Fundraising Goal for Neonatal Intensive Care Unit

The WakeMed Foundation announces Wm. Charles Helton, MD, of Carolina Cardiovascular Surgical Associates, and the Helton Family Foundation pledged a $5 million contribution to the $20 million Just For Kids Campaign (FKK). This donation is the largest single gift in the Foundation’s history and one of the largest ever made to a hospital in Wake County.

Now nearly complete, the $20 million FKK provided $8.5 million toward the WakeMed Children’s Hospital, the first and only children’s hospital in Wake County, which opened in January 2010. The FKK has also raised money to support the expansion and renovation of WakeMed’s Level IV Neonatal Intensive Care Unit (NICU), the only Level IV NICU in Wake County, and other comprehensive pediatric services. The NICU is in the process of being expanded from 36 to 40 beds and enhancing its facility.

In 2008, Dr. Helton donated $1 million to the WakeMed Foundation to establish an endowment for nursing education. He has a cardiac surgeon with Carolina Cardiovascular Surgical Associates since 1978. The practice recently joined WakeMed Physician Practices and is now known as Wake Specialty Physicians - Carolina Cardiovascular Surgical Associates.
Commemorative Statue Unveiled

This past December, Cary Hospital celebrated its 20th anniversary with a special holiday social for employees, held in the Conference Center, and a ceremony to unveil a commemorative statue in front of the main entrance of the hospital. The statue is named Healing Heart and was created by local artist Paris Alexander.

Dr. Bill Atkinson, president and CEO, (right) offered remarks during the ceremony, along with David Cooper, senior vice president and administrator of Cary Hospital. Diane Cox, Cary Hospital staff chaplain, (above) dedicated the impressive statue in front of a crowd of proud employees.

Today, at 20 years old, Cary Hospital continues to be an asset to Cary and the surrounding western Wake County communities. The hospital now has 156 inpatient beds, nearly 1,200 employees and a Medical Staff of more than 700 physicians. Within the last year alone, Cary Hospital’s:

- Emergency Department saw more than 41,600 patients.
- Women’s Pavilion & Birthplace delivered more than 2,470 babies.
- Surgical Services department performed more than 9,700 procedures.
- In-patient discharges totaled more than 10,500.

WakeMed congratulates the entire Cary Hospital family for a successful year 20 and forward to many more years of serving the Cary and western Wake County communities.

New Purchasing Policy Goes Into Effect February 1

As part of the Road to Excellence initiative, the Management Staff Application for Capital & Non-Capital Purchases policy and the Management Staff Approval Authority for Contracts & Agreements policy are being combined into one new policy entitled Purchasing Policy & Authorization Limits. This new policy will go into effect on February 1, and will give guidance on authorized purchase methods. Management Staff received further information on this new policy in their January Management Staff meeting, and it is a link to the new policy will be posted on the homepage of the WakeMedWeb around mid-January. If you have any questions, contact Kevin Schmidt (Supply Chain) at ext. 00416 or Susan Cashwell (Accounts Payable) at ext. 00502.

UNIFORM SALE

Sponsored by The Volunteers at WakeMed Raleigh Campus - Uniforms 20 - Wednesday, February 8, from 9:30 to 11:30 am in the Cary Hospital Center. A portion of the proceeds will be donated to The Volunteers to support patient and family programs and services.

SHOE & ACCESSORY SALE

Sponsored by The Volunteers at WakeMed Cary Hospital – Tuesday, February 14, from 9:00 to 11:00 am in the Cary Hospital Center. A portion of the proceeds will be donated to The Volunteers to support patient and family programs and services.

STAFF DEVELOPMENT & TRAINING

Enroll in any of the listed classes at Learning Link or ask your manager/supervisor to e-mail SDP@RegistrationWakeMed.org with your name and employee number, and course name, date(s) and time(s). For information, visit the WakeMedWeb or call ext. 08306. Please note: Some classes have preliminary requirements.

Patient Diversity: A Consumer’s Perspective

Wednesday, February 1, 8:30 to 10:30 am, Raleigh Campus, Medical Office Building, SD&T Classroom #1 (Code=MDDP) Employee Selection and Orientation - Thursday, February 2 & 5, 8:30 am to 1:30 pm, Raleigh Campus, Medical Office Building, SD&T Classroom #3 (Code=MD05)

Critical Thinking: Through Situational Awareness

Thursday, February 23, 8:30 am to 12:30 pm, Raleigh Campus, Medical Office Building, SD&T Classroom #1 (Code=MDDA)

Employee Development - Webinar - Why Can’t We All Get Along! - A Discussion of Generational Challenges in the Workplace - Thursday, January 26, 11:30 am to 12:30 pm (Code=SDNC)

In-Patient Discharges totaled more than 10,500.

WakeMed congratulates the entire Cary Hospital family for a successful year alone, Cary Hospital’s:

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WakeMed congratulates the entire Cary Hospital family for a successful year alone, Cary Hospital’s:

- Emergency Department saw more than 41,600 patients.
- Women’s Pavilion & Birthplace delivered more than 2,470 babies.
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