The following Home Health staff were accepted onto the Society of Critical Care Medicine (SCCM) registry in the year 2010:

- **Doreen Rodriquez**, RN; and
- **Terri Luke**, RN; and
- **Eric Weaver**, RN; and
- **Jeffery Taylor**, RN, (2 East Medicine - Cary Hospital)
- **Andrea Duren**, RN, (6B Orthopaedics & Oncology)
- **Cubbage Mazzella**, RN (Pharmacy) obtained certification.
- **Richards Mamy**, RN, (Women’s & Children’s Services Administration)
- **Mary Jo Gurule**, RN (Quality & Patient Safety)
- **Mary Jane Mack**, RN, (WakeMed Foundation)

New Phlebotomy Program

With the opening of the new phlebotomy tower on the Raleigh Campus, 3C Cardiovascular Intermediate Care (ICU) nurses wanted to develop their phlebotomy skills to improve patient care. “Often, blood draws are time-sensitive to a patient’s treatment,” said Toot Whalen, manager of Phlebotomy. “Let us not have to send the patient back to the room. As the current process proceeds we’re running late and sending patients back to rooms.”

“When a blood sample is unattainable, the patient has to be back in a hurry. We obviously want to avoid this as much as to enhance patient satisfaction,” added Whalen.

To train emerging staff, board and teach developed an introduction to Phlebotomy Concepts course, a four-hour class that teaches participants about drawing a blood sample, including identifying, labelling, the order of the draw and how to draw. After completing this course, participants must round with Phlebotomy staff and complete 30 successful venipunctures on patients. All Phlebotomy nurses and technician have been trained, and monitoring and feedback on our own staff has been given. The program has been so successful that other teams have gone head-to-head with each Ralphie Campus phlebotomy unit that needs to develop the training and asked for the program. Via Learning Link (course code 212-0001) “The course has been very successful with this program,” said Whalen. “Having the training, the test has not overlooked any sample. We have a very good test, and we are as much from this program.”

The course is 8 hours long, taught by The Joint Commission as Wake County’s only Stroke Center. At Raleigh Campus, Cary Hospital, North Healthplex and WakeMed Health and Hospitals Center in Wake County employees who contributed to this publication.

The Public Relations department thanks all of the employees who contributed to this publication.

We’d like to thank you for your support of the Piggy Bank Challenge.

The Children’s Hospital Foundation Program is a unique program that allows you to support your child’s healthcare needs through donations for the campaign.

Piggy Bank Challenge

Campus Police & Public Safety and Quality & Safety assisted families to reach their goal of $300 for their family. Please help recognize their contributions to our organization.

Patients and families at Raleigh and Cary Hospital can participate in our annual Merck recognition dinner, staff and volunteer recognition program. The following people were recognized for their outstanding service:

- **Ken Andrews**, RN, Clinical Coordinator - Catholic View, North Healthplex
- **Tina Capo**, RN, Clinical Coordinator - Women’s Health, WakeMed
- **Tina Waves**, RN, Clinical Coordinator - NICU, Women’s & Children’s Services Administration

The 2010 WakeMed Employees Giveaway Committee thanks the employees and volunteers throughout the year for their participation in this year’s campaign. Whether you made a contribution or participated in the March of Dimes, Basket Auction or Piggy Bank Gala, you are helping to create a strong community that shares our mission of caring and compassion for those whom we help.

Photos: Sherry White

WakeMed Raleigh Campus Campus Courtyard - Monday, December 6, 8:30 to 11:30 am, Raleigh Campus

WakeMed Raleigh Campus - Monday, December 3, 8:30 to 11:30 am, Raleigh Campus

WakeMed Raleigh Campus - Monday, December 10, 8 am at the Andrews Center

WakeMed Raleigh Campus - Monday, December 17, 8:45 am at the Andrews Center

WakeMed Raleigh Campus - Monday, December 20, 8 am at the Andrews Center

WakeMed Raleigh Campus – Tuesday, December 21, 7:30 am to 10 am, Raleigh Campus

WakeMed Raleigh Campus – Wednesday, December 22, 7:30 am to 10 am, Raleigh Campus

WakeMed Raleigh Campus – Wednesday, December 29, 7:30 am to 10 am, Raleigh Campus

WakeMed Raleigh Campus – Thursday, December 30, 7:30 am to 10 am, Raleigh Campus
Advocate practice nurses are crucial to the healthcare system. Before becoming a Certified Registered Nurse Anesthetist (CRNA), you must be willing to pursue a doctorate in nursing and eventually become a nurse anesthetist. For more information, please contact Jill Whade, RN, at jill.whade@wakemed.org.

BCaRT Cancer Awareness Month

Nurses make up almost 50 percent of the healthcare workforce, and the largest group of nurses are women. This year, we are focusing on women’s health awareness and cancers that affect women. Nurses play a critical role in patient education, prevention, and early detection and treatment of cancer.

Quality Care

Charity Golf Outing Benefits Cary Hospital & WakeMed's Kids' Workshops

The 12th annual Charity Golf Outing was held at Pinehurst Resort on November 19. Proceeds from the event will be used to support the Foundation’s Teen Leadership program and Kids’ Workshops. The event was a great success, with $15,000 raised for the Foundation. Thank you to all who made it possible! For more information, please contact Jill Whade, RN, at jill.whade@wakemed.org.

At the National Magnet Conference

Top photo: Laurie Bedford, RN, (3C, Medicine); Michelle Leonard, RN, (Nursing Administration).
Bottom photo: Tracy Fillipakos, RN, (CVICU), Piercey; and Jennifer Myers, RN, (Women’s Pavilion & Birthplace - Raleigh).

For more information on how to document your nursing innovations, contact Betty Wood, PhD, RN, chief nurse, (Nursing Research & Development). This email address is for nurses only.

At the National Magnet Conference

MaryAnn Wilcox, RN, BSN, MNS (Nursing Administration)

Nursing Grand Rounds

A Forum for Learning and Innovation

November 12, 2010

Mara C. Kline, RN, BSN, MNS, (Nursing Administration)

The 12th annual Staff Nurse Council poster session will be held on Thursday, December 16, 2010, from 7:30-9:30 am, at Cary Hospital. This event is an opportunity for nurses to showcase their work to their colleagues through nursing Grand Rounds. 

The setting will be a guest speaker and a free lunch will be served. 

(continued on page 2)
WakeMed 2010 Circle of Excellence

Please join us in congratulating this year’s recipients and celebrating WakeMed’s highest award.

Quality Outcomes
Kimberly Abshire
Women’s Pavilion Birthplace - Lanier Pavilion
As a lead encourager, Kimberly advocates for bringing hope and love through her simple acts of kindness. She delivers sage advice about the importance of quality outcomes to her peers, nurses and today’s sickest patients.

Nancy L. Jeng, RN, BSN, MBA
Clinical Analyst
With an forefront of clinical and operational initiatives that impact rapid patient care, serving as a lead in patient care, and serving in Adult and Pediatric Cardiac PICU and Cardiac Surgery services, Nancy helped develop strategic initiatives, performed competency assessments and developed nursing documentation training.

Amir P. Patel, MS, NREMT-P, EFC
Center for Innovation Learning
Amir’s passion for learning has positively impacted his use of simulation in clinical education. He is a certified Respiratory Therapist and has been recognized for his professional performance during interhospital transfers.

Beth Rudisill, MH, LCSW, CCM
Rehab Administration
As the Director of Rehabilitation Services, she is an active participant in the community’s health promotion activities and is a valuable resource for patients and families.

Alex Cough
Food & Nutrition Services
Alex has served as the主席 during the transition of the on-campus cafeteria to a full-service restaurant. His dedication to the quality of the food and service has been a key factor in making the cafeteria a success.

Robin Carver, RN, BSN, CiC
Emergency Department - Cary Hospital
Robin is a talented leader who actively promotes heart failure programs, and a staff nurse. She serves as a clinical liaison between the patient and the emergency department, working to ensure that the patient receives the best care possible.

Laurel Ammons, RN, BSN, CWOCN
Food & Nutrition Services - Cary Hospital
Laurel identified a way to reduce hospital-acquired pressure ulcers, resulting in a significant reduction in hospital acquired complications.

Barbara Biddle, MS, RN
Clinical Analysis
Barbara’s focus on the process of improving patient care delivery has resulted in measurable improvements in patient outcomes.

Kristen Lawatsch, PharmD
Clinical Analysis
Kristen’s leadership in the Strategic Planning Committee has resulted in improved communication and collaboration throughout the organization.

Jennifer Purcell, CNA 1
Rehabilitation Services
Jennifer brings a unique perspective to her role as Rehabilitation Services Coordinators, helping to improve the quality of care for patients and their families.

Jennifer Koo, MS
Surgical Services
Jennifer is a leader in the field of surgical services, working to improve patient outcomes and reduce complications.

Janine M. Jones, RN, MBA
Emergency Department - Cary Hospital
Janine is a role model for emergency nurses, working to improve patient outcomes and reduce complications.

Laura Linda, RN, DON
Food & Nutrition Services - Cary Hospital
Laura is a leader in the field of nutrition services, working to improve patient outcomes and reduce complications.

Rajendra S. Naik, MD
Emergency Department - Cary Hospital
Rajendra is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Linda Zdanowicz, RN
Food & Nutrition Services - Cary Hospital
Linda is a leader in the field of nutrition services, working to improve patient outcomes and reduce complications.

Sharon Fitzgerald
Emergency Department - Cary Hospital
Sharon is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Jeannine Bolfor, RN
Emergency Department - Cary Hospital
Jeannine is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

David A. Lusk
Emergency Department - Cary Hospital
David is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Michelle Joffe, RN
Emergency Department - Cary Hospital
Michelle is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Inspired Service
Leigh Annemos, RN, BSN, CNOC
Obstetric Services
Leigh Annemos has a unique way of making patients feel comfortable and relaxed. She is always available to her patients and families, ensuring that they are comfortable and well cared for.

Darwin Bennett, RN
Emergency Department - Cary Hospital
Darwin is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Tania Yanai
Emergency Department - Cary Hospital
Tania is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Shelley Gooch
Emergency Department - Cary Hospital
Shelley is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Raulo Gomez
Emergency Department - Cary Hospital
Raulo is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Tariq Qureshi, MD, NCI
International Nephrology Unit
Tariq has been instrumental in improving patient outcomes and reducing complications.

Suzanne Gatens, BSN, RN, NCI
Nursing Education Unit
Suzanne has been instrumental in improving patient outcomes and reducing complications.

Basil Voorhis, RN
Rehabilitation Services
Basil is a leader in the field of rehabilitation, working to improve patient outcomes and reduce complications.

Robert McGuire
Nursing Education Unit
Robert is a leader in the field of nursing education, working to improve patient outcomes and reduce complications.

Michele Dietz
Emergency Department - Cary Hospital
Michele is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

+Kevin McFarlin
Emergency Department - Cary Hospital
Kevin is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Carolyn Hunt, RN, BSN
Imaging Services
Carolyn has been instrumental in improving patient outcomes and reducing complications.

Kristin Stroop, RN
Nursing Education Unit
Kristin has been instrumental in improving patient outcomes and reducing complications.

Joan Novotny, RN, BSN, CNOR
Surgery Services
Joan is a leader in the field of surgery, working to improve patient outcomes and reduce complications.

Amanda Guglielmo, BSN, RN
Geriatric Behavioral Health Services
Amanda is a leader in the field of geriatric behavioral health services, working to improve patient outcomes and reduce complications.

Daphne Riddle
Emergency Department - Cary Hospital
Daphne is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Jennifer Gray, RN, BSN, MSN
Nursing Education Unit
Jennifer is a leader in the field of nursing education, working to improve patient outcomes and reduce complications.

Linda A. Jones, RN
Obstetric Services
Linda is a leader in the field of obstetric services, working to improve patient outcomes and reduce complications.

Carrie Holman
Nursing Education Unit
Carrie is a leader in the field of nursing education, working to improve patient outcomes and reduce complications.

Evelyn Wells
Emergency Department - Cary Hospital
Evelyn provides excellent patient care through education and collaboration with the Care Transformation Sequence.

Jennifer Beach
Emergency Department - Cary Hospital
Jennifer is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Jesus Rios
Emergency Department - Cary Hospital
Jesus is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Raulo Gomez
Emergency Department - Cary Hospital
Raulo is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Tammi Hendrix
Staffing Services
Tammi is a leader in the field of staffing services, working to improve patient outcomes and reduce complications.

Barbara Gower
Emergency Department - Cary Hospital
Barbara is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Andrea Nelson
Clinical Analysis
Andrea is a leader in the field of clinical analysis, working to improve patient outcomes and reduce complications.

Steven L. Clayton
Patient Safety Risk Management
Steven is a leader in the field of patient safety risk management, working to improve patient outcomes and reduce complications.

Debbie Thompson, PT
Outpatient Rehabilitation
Debbie Thompson is a leader in the field of physical therapy, working to improve patient outcomes and reduce complications.

Sally Custer
Emergency Department - Cary Hospital
Sally is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Andrea Nelson
Clinical Analysis
Andrea is a leader in the field of clinical analysis, working to improve patient outcomes and reduce complications.

Linda Williams
Surgery Services
Linda is a leader in the field of surgery, working to improve patient outcomes and reduce complications.

Sharon Lu
Red Cross Blood Donor Services
Sharon is a leader in the field of blood donor services, working to improve patient outcomes and reduce complications.

Renee Williams
Emergency Department - Cary Hospital
Renee is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Lisa Jenkins
Emergency Department - Cary Hospital
Lisa is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Michele Dietz
Emergency Department - Cary Hospital
Michele is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Nancy L. Jeng, RN, BSN, MBA
Clinical Analyst
Nancy’s leadership has resulted in measurable improvements in patient outcomes.

Amir P. Patel, MS, NREMT-P, EFC
Center for Innovation Learning
Amir’s passion for learning has positively impacted his use of simulation in clinical education.

Dania M. Ells
Nursing Education
Dania has been instrumental in improving patient outcomes and reducing complications.

Theresa Stephens
Human Resources – Operations
Theresa has been instrumental in improving patient outcomes and reducing complications.

Renee Williams
Emergency Department - Cary Hospital
Renee is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Sharon Lu
Red Cross Blood Donor Services
Sharon is a leader in the field of blood donor services, working to improve patient outcomes and reduce complications.

Kristin Cusano, RMA
Stethoscope Medical & Professional Services
Kristin is a leader in the field of medical and professional services, working to improve patient outcomes and reduce complications.

Jeanne Sanborn
Emergency Department - Cary Hospital
Jeanne is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Joey Jordan
Emergency Department - Cary Hospital
Joey is a leader in the field of emergency medicine, working to improve patient outcomes and reduce complications.

Cindy Widen
Diabetes Education
Cindy is a leader in the field of diabetes education, working to improve patient outcomes and reduce complications.
**CNO Nursing Forums**

*Keeping Current on Nursing at WakeMed*

Mary Ann Wilcox, MS, RN, CNA-C, BC, chief nursing officer (CNO), meets with staff nurses several times a year to share information about the current state of nursing at WakeMed, and to answer nurses’ questions. These symposiums are occasions for WakeMed nurses to stay informed of developments in their fields, and for leaders to share new ideas, offering opportunities to enhance the work environment and patient care. This month, Ms. Wilcox and the CNO Council will meet to share experiences and ideas, and to address nurses’ questions.

**Certified Nurse Midwives**

CNMs provide care for women throughout their pregnancy, including labor, delivery, and the postpartum period. They can prescribe medications, order lab tests, provide health education, develop patient care plans and perform physical exams. The CNMs are available to work in collaboration with a physician.

**The WakeMed Nurse**

As it is their professional responsibility to communicate openly with nursing leadership about opportunities for improvement on our unit, innovations that impact care and nurses that affect our work environment. It is expected that with the CNO Council we will continue to improve as we move forward.

**Family Room**

The Ronald McDonald Family Room opens for PICU patient families. We are open daily, 7:30 am to 8:30 pm. 3.0 contact hours available.

**Family Council**

An effective unit council must be collaborative and inclusive. Collaboration and inclusiveness are key unit principles, and the unit council must work with others to ensure the best outcomes for patient care.

**Food & Nutrition Services**

The Food & Nutrition Services team welcomes new talent as Katie Wight joins as our coordinator. We look forward to their contributions to the unit’s success and to the excellent food service we provide to our patients and visitors.

**Share holder**

Super Club Days will be held at WakeMed Cary Hospital, the WakeMed Foundation, the Upper Room and the Ronald McDonald Family Room.

**Upcoming Events**

- **Ladies Day at Cary Hospital**
- **WakeMed Docs Walk the Catwalk for Saks’ Key to the Cure**
- **Health Fair**
- **Family Luncheon**
- **Parts Council Meetings**

**COMINGS & GOINGS**

- **Renee Carter**, RN, (Diabetes Management), left WakeMed and moves to another opportunity.
- **Melissa Schwend**, RN, (Nutritional & Health Education), left WakeMed and moves to another opportunity.
- **Karla Sanders**, Nurse Practitioner, left WakeMed to begin a nursing job in the community.
- **Luanna Anderson**, RN, left WakeMed to begin another nursing job.
- **Jennifer Pennington**, RN, left WakeMed to begin another nursing job.
- **Anita Waters**, RN, left WakeMed to begin another nursing job.

**UPDATES**

- **PicU Patient Families**
- **Children Can’t Wait Web site**
- **Raleigh Pediatric Associates**
- **Women’s Pavilion & Birthplace - Cary**
- **Wake AHEC**
- **CTICU**
- **6B Orthopaedics & Oncology**
- **Women’s Pavilion & Birthplace - Raleigh**
- **WakeMed Family Room**
- **Family Council**
- **WakeMed Docs Walk the Catwalk for Saks’ Key to the Cure**

**PLANS TO COME**

- **Nurse Practitioner**
- **Mental Health**
- **Social Work**
- **Lackland Medical Center**

**Attending**

- **Drew Mims**, Orthopaedics & Oncology
- **Shawn Thompson**, Orthopaedics & Oncology
- **Linda Pinckney**, Orthopaedics & Oncology
- **Kathy Sanders**, Orthopaedics & Oncology
- **Kathy Sturgeon**, Orthopaedics & Oncology

**Upcoming WEBINAR**

- **Sleep Health**
- **Nursing Leadership**
- **Patient Safety**
- **Infection Control**
- **Quality Improvement**

**Research**

- **WakeMed Docs Walk the Catwalk for Saks’ Key to the Cure**
- **Meet Holding**
- **Family Luncheon**
- **Parts Council Meetings**
- **Upcoming Events**

**HERS IN HEALTH**

- **Medications and the Elderly**
- **Medications and the Elderly**

**Library**

- **WakeMed Docs Walk the Catwalk for Saks’ Key to the Cure**
- **Meet Holding**
- **Family Luncheon**
- **Parts Council Meetings**
- **Upcoming Events**

**WakeMed Docs Walk the Catwalk for Saks’ Key to the Cure**

This October, WakeMed partnered with Saks Fifth Avenue Raleigh for Key to the Cure, a campaign to help fight women’s cancers.

During the weekend of October 21-24, Saks donated 20 percent of all proceeds from all WakeMed Services at Saks. On Friday, October 22, the Raleigh staff was joined by local oncology nurses along with other local sponsors, hosted a Tea for Two and a Fashion Show. The Care Fashion Show presented by Jill Greene, RN, with special assistance from Joe McDonald, MD, with about 30 participants in attendance. 

The theme for this year’s Fashion Show was “Wear It with a Purpose.” The event was held for all WakeMed nurses and family members who attended the event on the 22nd floor of Saks to benefit (Nancy’s House).

The Key to the Cure weekend also included a Health Day at Saks where shoppers shared information on health topics and a Health Screening Day that included cholesterol, blood pressure and bone density screenings. Both days were open to the public, and several key events were planned to help local residents better understand that prevention is key to living a longer, healthier life.

**WakeMed Woman’s Pavilion & Birthplace - Cary**

WakeMed Woman’s Pavilion & Birthplace - Raleigh was honored with the first annual Excellence in Nursing Award. The award was given to the WakeMed Woman’s Pavilion & Birthplace - Cary team for its commitment to excellence.

**WakeMed Foundation**

The WakeMed Foundation received a $55,000 grant from the second annual Schulz Rautman Charitable Trust.

**WakeMed Family Room**

During October, Raleigh dwellers received a special invitation to help support the families who enjoy the Ronald McDonald Family Room.

**Super Club RACES**

The Super Club RACES is available online.

**WakeMed Family Room**

The Ronald McDonald Family Room opened for RXF patient families.

**WakeMed Foundation, the Upper Room and the Ronald McDonald Family Room**

**WakeMed Docs Walk the Catwalk for Saks’ Key to the Cure**

The WakeMed Docs Walk the Catwalk for Saks’ Key to the Cure event took place over the weekend of October 21-24.

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