Wake Specialty Physicians Adds Two Practices

WSP - Garner Primary Care to Open July 9

WakeMed welcomes Wake Specialty Physicians (WSP) - Garner Primary Care, our eighth primary care practice in the area. At Garner Primary Care, Bradley H. Evans, MD, and Ryan P. Murray, MS, MD, will focus on the diagnosis and treatment of a broad spectrum of illnesses in adults and children. Services include, but are not limited to, adolescent medicine, chronic disease management, dermatology, physical exams, vaccinations, sports medicine, women’s health care, pediatrics (newborn and up) and gynecology. Their goal is to give patients an understanding of wellness and disease prevention to help them achieve a healthier lifestyle.

The practice will be open Monday through Friday, 8 am to 5 pm, and is accepting new patients and most managed care plans.

WSP - Garner Primary Care
834 Timber Drive, Garner, NC 27529
Appointments: 919-235-6400

Dr. Timothy Hart Joins WSP - Pulmonology on August 1

WakeMed is pleased to announce that Timothy Hart, MD, will join Wake Specialty Physicians (WSP) - Pulmonology as of August 1, giving the practice a new office on Sunnybrook Road in Raleigh. The Cary Office of WSP - Pulmonology is located on Asheville Avenue, behind Cary Hospital, with Sangeeta Joshi, MD, and Sanjay Patel, MD, MPH.

The practice is open Monday through Thursday, 8:30 am to 5 pm, and Friday, 8:30 am to 3 pm, and is accepting new patients.

WSP-Pulmonology - Raleigh Office
123 Sunnybrook Road, Suite 140
Raleigh, NC 27610
Appointments: 919-250-0580

Dr. Hart has been a vital part of WakeMed for many years, and we are excited to have him as an official part of the WakeMed family. He is a board-certified pulmonologist with 28 years of experience in pulmonary and critical care medicine. He is also active in the evaluation and treatment of patients with sleep disorders, and has served in various roles as a physician leader at WakeMed.

WakeMed Raleigh Medical Park Now Open

WakeMed Raleigh Medical Park is the newest addition to the Raleigh Campus. The 87,000-square foot facility houses the Diagnostic Center, as well as the Capital City Surgery Center (CCSC). The Diagnostic Center will offer outpatient imaging, lab services, and pre-anesthesia testing. The CCSC is a joint venture between WakeMed and community surgeons and plans to open this summer.

Chris Wilson Named Executive Director, Patient and Family Experience

Chris Wilson, MBA, CMPE, joined WakeMed as executive director, Patient and Family Experience on June 18. In this role, he oversees all aspects of WakeMed’s Service Excellence initiatives. Wilson will work closely with multiple departments to develop system-wide service improvement initiatives, strategies for education, and continued efforts that will continuously improve the patient and family experience in support of WakeMed’s mission. Wilson reports to Tom Gettiner, executive vice president and chief operating officer, who commented, “We are excited for Chris to take on this important new role, as it will focus heavily on leading the development and implementation of service improvement systems, enhancing the WakeMed experience.” Wilson comes to WakeMed with more than 10 years of leadership, coaching, operations, and change management experience at Cone Health in Greensboro.

“The Fonz” Makes It A Happy Day at WakeMed

On May 22, Henry Winkler spoke with WakeMed Rehabilitation patients, caregivers and staff about his personal connection to upper limb spasticity and the Open Arms Campaign. This national educational campaign helps raise awareness about upper limb spasticity and reaches people affected by the condition.

Best known for his role as The Fonz on the popular TV sitcom, “Happy Days,” Winkler took on the role of caregiver after his mother suffered a stroke. As a result of her stroke, his mother developed upper limb spasticity, a debilitating condition that affects one million Americans following a stroke. It also affects patients who have problems with their brain or spinal cord associated with cerebral palsy or multiple sclerosis.

“The condition is often painful,” said Patrick O’Brien, MD, medical director of WakeMed Rehabilitation Hospital. “A lesion on the brain or spinal cord can cause muscles in the arm to contract, become tight and stiffen.”

The good news is that treatment options are available. WakeMed gives a thumbs up to Henry Winkler and the Open Arms Campaign!
Brier Creek Healthplex GOES “GREEN”

The Brier Creek Healthplex, which is owned and managed by Duke Realty, attained the Leadership in Energy and Environmental Design® (LEED) certification. LEED, a building rating system developed by the U.S. Green Building Council, evaluates six different areas of environmental and energy significance: sustainable sites; water efficiency; energy and atmosphere; materials and resources; indoor environmental quality; and innovation in design.

Medical buildings are known to have at least double the energy requirements of standard buildings due to their 24/7 operations, high water usage, and strict regulation over air quality. Yet, the WakeMed Brier Creek Healthplex was able to achieve a 12 percent improvement in energy efficiency over standard buildings. The exceptional green features include:

- Improved insulation in the walls, roof and windows
- Energy-conserving interior and exterior light fixtures
- A condensing heater that uses 96 percent of its fuel energy to heat domestic water
- The building was constructed with 10 percent recycled materials from regional and local sources
- Half of the wood used in the building is from certified, responsibly managed forests
- Between 80 percent and 90 percent of construction waste was recycled
- Water-efficient systems have reduced interior water use by 22 percent and exterior use by 50 percent
- A combination of regionally appropriate landscaping and drip irrigation significantly conserves water

“Our collaboration with Duke Realty in attaining this certification reinforces our focus toward sustainability in our community,” said Tom Cavender, vice president of Facilities & Construction. “We are proud of the efforts made by the entire team to further these important environmental measures and make our facility a showcase of sustainability.”

Outpatient Units Honored for Patient Satisfaction Excellence

Four WakeMed outpatient departments were recognized by Professional Research Consultants (PRC) for achieving overall patient satisfaction in 2011. Since 2006, PRC and WakeMed have been partners in conducting ongoing patient surveys to determine and track patients’ perceptions of the care they received. PRC’s 5-Star and 4-Star Awards are based on the percentage of patients who rate their hospital experience as “Excellent.” Awards received include:

5-STAR AWARD

Apex Healthplex - Radiology Outpatient Services, Wake Specialty Physicians - Falls Pointe Medical Group (Primary Outpatient Clinic), Apex Healthplex - Emergency Department, and Mobile Critical Care Services received PRC’s 2012 5-Star Award for scoring in the top ten percent of PRC’s national client database.

4-STAR AWARD

Cary Hospital - Outpatient Services and North Healthplex - Outpatient Services received the 2012 PRC 4-Star Award for scoring in the top 25 percent of PRC’s national client database.

“We continuously strive for the highest ratings in service excellence,” says Oral Wise, director of Ambulatory Services. “PRC recognizes the need to provide the utmost quality of care and compassion to our patients every day. Receiving 4- and 5-star Awards from PRC is a wonderful way to reward our staff.”

Do you ever feel rushed, distracted, hurried? Thinking too many things at once, afraid you will forget something? Ask a question only to find out someone had just addressed that very topic? More and more people find themselves feeling this way in today’s technologically sophisticated world. And it is not only a source of stress, fatigue, and inability to sleep, but also a patient safety issue.

Google executive Eric Schmidt even mentioned this in his recent commencement address at Boston University... “Take one hour a day, and turn that thing off.” He wasn’t suggesting we be anti-technology, but rather, anti-rule-by-technology.

When we are distracted, not truly present in what we are doing, we may make a mistake, such as getting the wrong medication, without even realizing. We may hurriedly fail to take key steps that assure we are doing the right thing to the right patient at the right time.

This is one reason I am so inspired that The Volunteers at WakeMed Raleigh Campus provide grant support for the development of “respite rooms” on nursing units. These small retreats from the hectic environments we work in can provide the opportunity to relax, refresh, re-center, and it may only take a few moments.

Right now respite rooms have been introduced at Cary Hospital on 2 West CVIC and 3 West Medical/Surgical, and on the Raleigh Campus on 5C Medicine, 5KU, Adult and Children’s Emergency Departments, and others are planned for 6C Surgery & Trauma, 5B NIC and 5A MIC.

Back to SAFETY Basics

EMERGENCY NUMBERS

- The WakeMed emergency numbers are ext. 02222 and ext. 03333. Dial 911 when you are at a parking location (WakeMed-leased) site. The Campus Police non-emergency number is ext. 08171. For general dialing, dial ext. 0600.
- Know the emergency numbers for your site and use the number only when an urgent response is needed. Never call the emergency line to inquire whether or not an event is a drill.
- Be prepared to give your name, location, and a description of the situation.

EMERGENCY TELEPHONES

- Emergency telephones are located in many departments and units and are to be used when there is an interruption with the “normal” telephone system. In addition, emergency services sites, the phones should be used to call 911 in emergencies – they are programmed to indicate the building’s address to the 911 center.
- Be prepared to give your name, location, and a description of the situation.
- Managers: Confirm the location of the closest emergency phone, notify your staff, add the phone to the emergency equipment checklist, and assign someone to perform phone checks.

911 AREA CODE

- Since the requirement of dialing 919 went into effect, the 911 Call Center has received over 3,000 erroneous calls. When the 911 Center receives a call and the caller hangs up, the dispatcher will call back. If they are unable to make contact, a law enforcement officer is sent to assess the situation. This has occurred at WakeMed on a number of occasions. If you accidentally dial 911, stay on the line so you can tell the operator whether or not it is an emergency. You will not be penalized.

CLINICAL DEPARTMENTS WITH IN-WALL OXYGEN

- In an emergency where oxygen must be turned off, the charge nurse is the authorized person to turn off the oxygen in the affected area.
- Clinical managers: Confirm that charge nurses receive training on the how, when and where for the oxygen shut-off process.

ACCESS CONTROL

In Security Restricted Departments

- WakeMed badges should only be used to gain access to a department for official business. It is not acceptable to use a badge to shortcut through a department, to help others gain entry or when you want to visit family or friends in an access-controlled department. In those cases, you need to follow the access-controlled department’s normal visitor procedures.
- Should someone follow you into a secured area (“tailgating”), politely confirm who the person is and their reason for business in the area. Walk the person to the charge person in the area and “hand off” the individual to the charge person. Should the person disregard you or appear confrontational, when it is safe to do so, notify Campus Police.
- When an area is under construction/renovation, never enter unless you are on official business and have been authorized by the project manager. Barriers should never be disregarded or compromised.

For just $23 per week, WakeMed employees can receive fresh local produce delivered right to their doors. Employees at the Raleigh Campus and at Cary Hospital can receive deliveries at work. Questions can be directed to either Eva Stancil at 919-539-7592 or Cheinise Crump at ext. 08144.
Did you know that The Volunteers at WakeMed have sponsored a health career program since 1974. The program is called Health Career Pathfinders (HCP) and helps build character and citizenship through community service. The HCP at the Raleigh Campus has received numerous awards and recognition since its inception. The Volunteers at Cary Hospital HCP has sponsored a program since 2007. Young men and women, ages 14 to 20 meet twice a month, from October through April, to explore career opportunities in the health care field. Approximately 35 to 50 teenagers participate in the group each year. Leadership of the group consists of an advisor and one or two co-advisors, reporting to the Volunteer Services department.

Advisors recruit speakers and arrange tours of health care areas, a community service endeavor and an end-of-year party. The advisors also serve as role models for participants. The co-advisors attend meetings to give the members leadership.

Volunteer Services lends support by sending out reminder letters to the members and scheduling meeting rooms, and assisting with scheduling meetings.

Many of the Health Career Pathfinders have returned to WakeMed as health care professionals.

If you are interested in helping mentor tomorrow's health care profession- als by assisting as an HCP advisor, please contact Marie Johnson at mjjohnson@wakemed.org or ext. 08066.
Early in June, the Raleigh Campus, Cary Hospital, and North Healthplex hosted Wellness Fairs. This was an opportunity for all employees to explore wellness resources, sit in on health-related educational sessions, take the BCBSNC Online Health Assessment, and ask wellness-related questions. Groups such as the YMCA, WakeMed Spiritual Care, Raleigh Parks & Recreation, Weight Watchers, WakeMed Diabetes Education, and WakeMed Physician Practices were represented. In addition, sessions offered were as informative as Nutrition 101 and as entertaining as a Zumba party!

The extensive wellness program, Wellness Matters, represents WakeMed’s care for the health and well-being of our employees and their families.

EyeMed Vision Benefit Improvement

Effective June 1, 2012, we have improved the EyeMed vision benefit by adding savings on retinal imaging. Retinal imaging enables eye care professionals to document potential signs of many eye diseases including glaucoma, diabetic retinopathy, age-related macular degeneration, hypertension, and high cholesterol. Early detection of these conditions is an important step in successful treatment.

In addition to the detection of eye conditions, retinal imaging provides a historical baseline of eye health. Retinal images can be compared year-to-year to help identify any eye changes. EyeMed also offers a Web site, EyeSiteOnWellness.com, which includes a library of helpful information about vision care.

Coming Soon to a Cafeteria Near You!

This summer, selected WakeMed benefit plan representatives will be available in our cafeterias to respond to questions you may have about your benefits, how claims are processed, accessing a provider, how to get a new ID card, online information, etc. Watch for WakeMed Weekly announcements with schedules and locations for these casual information gathering opportunities, and get to know your WakeMed benefits better!

Wellness Matters – Premium Credits in 2013

You’ve completed your biometric screening and your online Health Assessment. Congratulations! Beginning with the first payroll deduction in January, 2013, you are qualified for the Wellness Matters premium credit which will be reflected on your 2013 paychecks as a reduced premium for the medical plan.

We are off to a great start! Almost 52 percent of our eligible employees completed the screenings. As a result of the questions asked, the Frequently Asked Questions document has been updated and is available on the WakeMedWeb, benefits page.

Throughout this process, we will continue to share results. One of the things already learned is that many of you were unaware of your health screening stats prior to this screening. Having that baseline is helpful in many behavior choices going forward.

Note: If you did not participate and/or did not complete both the screening and the Health Assessment, the premium credit will not be applied.

Dependent Audit in Benefit Plans

If you are a new employee or are just adding a new spouse or baby to your current benefit plan coverage, please pay close attention! WakeMed verifies ALL dependents covered by our plans. This means that whenever a dependent is added, the employee must provide proof that a dependent is indeed eligible within 45 days of receiving a written notice requesting this verification. The notice will come from our vendor, AON/Hewitt, who conducts the audit and reviews all documentation. So if you see a letter from AON/Hewitt in the mail, please open and read.

We conduct these audits to ensure that we are covering only eligible persons on our group plans. Providing coverage to someone who is not eligible increases the expense of the plan for everyone. In fact, adding someone to group coverage who is not eligible can be considered fraud. Please see the Employee Benefits Handbook for a list of all eligible dependents.

There are serious consequences for failing to provide dependent documentation in a timely fashion. Not responding will result in the dependent being removed from coverage. We do not want any eligible dependent to be removed from coverage, but anyone adding a dependent to coverage in our plans must comply with the requirements. Various types of documentation may be required depending on the type of dependent. For example, when adding a newborn, an original birth certificate will be required. There are times that a birth certificate may not yet have been received from the state’s vital records office, and if not, contacting AON/Hewitt to request an extension of time to obtain the record is prudent. For details, please go to the WakeMedWeb, Benefits page, and open the link “Dependent Eligibility Audit.” If you have any questions regarding the dependent audit, please email the Benefits department at benefits@wakemed.org or call us at ext. 08143.

In celebration of National Bike to Work Day on May 18, WakeMed Wellness’ Bob Nelson (Human Resources) and staff members jumped on their bicycles and hit the greenway for a nine-mile morning ride to the Raleigh Campus. Great way to start the day, team! L to R: Jonathan DeMai (Information Services); Kate Lawrence, RN, (WakeMed Faculty Physicians - Vascular Practice Clinic); Matt Cumbee (Pathology Labs); Ceira Gowers (CV Testing - EKG); Rosie Bowers (CV Testing - EKG); and Debbie Sartori (Claims & Billing).

Heads-up

2012 Health Care Flexible Spending Account Participants

Health care reform has made it necessary to reduce the maximum amount permitted in the Healthcare Flexible Spending Account (FSA) in 2013. Currently, participants may elect up to $2,500 in the FSA. Beginning with the 2013 plan year, the maximum will be $2,500 – a significant reduction in allowable expenses for this plan. Please consider this change while planning expenses for 2013. Further reminders will be provided during Benefits Open Enrollment this fall.
Dear Nursing Colleagues,

The American Nurses Association theme for National Nurses Week, May 6 - 12, was Nurses: Advocating, Leading, Caring. We were particularly grateful to note the direct link between this theme and WakeMed Nursing’s Mission, Vision and Values. In case you’ve not looked at them in a while, they are framed and on each nursing unit. Take a look… You’ll be proud! Along these lines of caring, advocacy and leadership, we recently had the opportunity to recognize 13 WakeMed DAISY Award recipients at our first annual DAISY reception. The DAISY Award was created by a California family when the nurses who cared for their son displayed “superhuman work.” Established in 2000, DAISY came to WakeMed in 2011. Selections are made monthly by the Nursing Recognition Committee. To date, 450 nominations have been received, and 85 percent have been from grateful patients and families. While it is difficult to select any one excerpt, we wanted to share a few:

“My nurse went above and beyond to help my brother and his family with his final journey, giving him the dignity he so longed for.”

“She seemed to anticipate my needs before my request; she was compassionate and understanding of my pain. I have had many experiences in hospitals; she was by far the best nurse I have ever had.”

Another nurse discovered that an 8-year-old patient had never had a bicycle. After coordinating with the child’s grandmother, she delivered a bicycle and helmet to the patient’s home. The little girl exclaimed, “This is a dream come true!”

You told us via the Nursing Engagement Survey that we are doing much better at recognizing the contributions of bedside nurses. The DAISY Award is just one more way in which WakeMed recognizes nurses for providing excellent care. I hope you will help continue this momentum of honoring your peers through the DAISY Award, encouraging patients and families to do the same.

Another way we provide positive recognition is through the highly attended and greatly enjoyed Nursing Excellence Award Ceremonies held at Raleigh Campus and Cary Hospital each May. Recognizing Nursing Excellence, the DAISY Award and our commitment to our own Mission, Vision and Values are just a few ways in which we are setting a new standard in the art and science of nursing care and caring.

Cindy Boily
RN, MSN, NEA-BC
Senior Vice President &
Chief Nursing Officer

Thank You Nurses & Support Staff
2012 Nursing Excellence Awards

WakeMed honored recipients of the Professional Nursing Excellence and Support Excellence Awards during National Nurses Week, May 6-12, with ceremonies on the Raleigh Campus and at Cary Hospital. These annual award ceremonies are held to recognize nurses and support staff nominated by their peers for the superior work they do above and beyond their daily responsibilities.

At the Raleigh Campus ceremony, Nursing also honored Wm. Charles Helton, MD, (right) of Wake Specialty Physicians - Carolina Cardiovascular Surgical Associates, for creating the Helton Scholarship Endowment Fund. The fund was created after Dr. Helton donated $1 million to the WakeMed Foundation to establish an endowment for nursing education. He also committed an additional $500,000 in the form of a challenge grant to encourage others to contribute and increase the endowment to $2 million. This year, approximately 60 of WakeMed’s medical/surgical nurses and 15 of our pediatric nurses received specialty certifications due to Dr. Helton’s generous contributions to nursing education at WakeMed.

Raleigh Campus Reception
Award winners posed for photos with Cindy Boily, RN, MSN, NEA-BC, senior vice president & chief nursing officer.

Cindy Boily, RN, MSN, NEA-BC, senior vice president & chief nursing officer:

Above: Michelle Davis, RN, (PICU) speaks at the Raleigh Campus ceremony as she holds up a pin she received after passing her specialty certification exam. She was one of 15 WakeMed pediatric staff nurses who was sponsored by Dr. Helton’s fund.

Cary Hospital Reception
Award winners posed for photos with Gail Sturtevant, RN, executive director of Nursing at Cary Hospital, and Cindy Boily, RN, MSN, NEA-BC, senior vice president & chief nursing officer.

Top right: Support Excellence award winner Annie McCollum, RN, and Nancy Gough, RN, (both of NICU)

Center left: Nursing Excellence award winners Gail Sturtevant, RN, and Lance Sanders, RN (Emergency Department - Apex Healthplex)

Right: Nursing Excellence award winner Lynn Duren, RN, (Women’s Pavilion & Birthplace - Cary)

(continued on page 6)
**2012 Professional Nursing Excellence Award Winners**

- Tracey Burrows, RN, (2 East Medicine - Cary Hospital)
- Charlene Carbano, RN, (Emergency Department - Apex Healthplex)
- Kim Clark, RN, (2 West CVIC - Cary Hospital)
- Linda Cobb, RN, (Surgical Services - North Healthplex)
- Gabrielle “Abby” Cole, RN, (3 Neir Intermediate Care - Cary)
- Daniel Corbin, RN, (6A CVIC - Cary Hospital)
- Michelle Howerton, RN, (2 West Jovito Hombrebueno - Cary Hospital)
- Cindy Jackson, RN, (6C Surgery & Trauma - North Healthplex)
- Jennifer Flora, RN, (10D Thoracic - North Healthplex)
- Jo Dewell, RN, (6 West CVIC - Cary Hospital)
- Jon Dewell, RN, (6C Surgery & Trauma - North Healthplex)
- Janice Neff, RN, (Emergency Department - Cary Hospital)
- Janice Neff, RN, (Emergency Department - Cary Hospital)
- Victoria Sipes, RN, (Emergency Department - Apex Healthplex)
- Michelle Pilecki, RN, (Special Care Nursery - Cary Hospital)
- Troy Moorman, RN, (Emergency Department - Apex Healthplex)
- Jamie Yates, RN, (Emergency Department - Apex Healthplex)
- Randy Metzler, RN, (3E CVIC - Cary Hospital)

**2012 Support Excellence Award Winners**

- Mary Anderson, NA I, (Emergency Department - Cary Hospital)
- Sandra Barnhardt, RN, NA II, (Observation Unit 2 - Cary Hospital)
- Leah Brown, RN, (Emergency Department - Apex Healthplex)
- Patricia Browne, MSH, (CMC -Cary Hospital)
- Tara Brown, RN, (Observation Services - Cary Hospital)
- George Bock, RN (Operative Services - Cary Hospital)
- Megan Marallo, RN, (Emergency Department - Cary Hospital)
- Amanda Mathews, RN, (Staffing Resources - Cary Hospital)
- Helen McAdams, RN, (Emergency Department - Cary Hospital)
- Annie Collum, RN, (3CIC)
- Jamie Wilson, RN, (MPDC)
- Michelle Kimonis, RN, (3CIC)
- Tiffany Lam, RN, (3A CVIC)
- Elizabeth Leach, RN, (Zebulon/Wendell Outpatient & Skilled Nursing Facility)
- Carrie Linke, RN, (Occupational Therapy)
- Donna Viands, RN, (3E CVIC - Cary Hospital)
- Mike Aldridge, RN, (3E CVIC - Cary Hospital)
- Tony Monoran, NA I, (Cath Care Unit - Cary Hospital)
- Rebecca Roy, RN, (3A CVIC - Cary Hospital)
- Ana Contreras, RN, (6 West CVIC - Cary Hospital)
- Vanessa Stallings-Miller, RN, (Environmental Services)
- Carrie Stone, RN, (3E CVIC - Cary Hospital)
- Pamela Wassilchak, RN, (Operative Services - Cary Hospital)
- Judith Wilkinson, RN, (3E CVIC - Cary Hospital)
- Wanda Hildreth, RN, (Women’s Pavilion & Birthplace - Raleigh)

**2012 Honor Award Winners**

- Jennifer Foote (Emergency Department - North Healthplex)
- Troy Moorman (Operative Services - Cary Hospital)
- Jennifer Foote (Emergency Department - North Healthplex)
- Annie Collum, RN, (3CIC)
- Michelle Kimonis, RN, (3CIC)
- Michelle Pilecki, RN, (Special Care Nursery - Cary Hospital)
- Troy Moorman, RN, (Emergency Department - Apex Healthplex)
- Jamie Yates, RN, (Emergency Department - Apex Healthplex)
- Randy Metzler, RN, (3E CVIC - Cary Hospital)

**Letter of Recognition**

- Jennifer Foote (Emergency Department - North Healthplex)
- Troy Moorman (Operative Services - Cary Hospital)
This May, Nursing Education hosted its second annual Sharing Clinical Excellence event, an opportunity for nurses and clinical staff to learn about the great work being done by their colleagues and to view some of the 41 posters that their colleagues presented at local, state and national conferences in the past year. Presentations were held on the Raleigh Campus and at Cary Hospital, and nurses earned contact hours for attending to learn more about each project.

Photos top to bottom:
Jessica Carroll, RN, (Observation Unit - Cary Hospital) presents a poster on the value of nursing certification.
Linda Fish, RN, (SC Medicine) presents a poster on nurse-driven Foley removal protocol.
Carla Johnson, RN, presents Neuro Nurses Better Brain on behalf of the Neuro ICU.
Suzette Overton, RN, presents a poster on pain management on behalf of the Observation Unit at Cary Hospital.
Amy Barnes, RN, (Adult Emergency Department) presents a poster about the Green Team.

WakeMed Invests in Advanced Home Care
In June, WakeMed invested in Advanced Home Care (AHC), a hospital-affiliated, not-for-profit agency that offers health care that patients need in the home, including: skilled home health services, respiratory therapy, infusion therapy, enteral feeding, and durable medical equipment services. This venture in AHC will position WakeMed for growth in the home health market in Wake County and beyond. The services that AHC provides will help WakeMed manage complex patients at home which, in turn, reduces rehospitalization rates, complication rates, and unnecessary emergency department visits. AHC’s extensive and innovative offerings will allow WakeMed’s Home Health department to enhance and grow in the ever-changing home health care arena.

This new partnership will have no affect on WakeMed Home Health, as this new partnership will have no affect on WakeMed Home Health, as this new partnership will have no affect on WakeMed Home Health, as this new partnership will have no affect on WakeMed Home Health, as this new partnership will have no affect on WakeMed Home Health, as this new partnership will have no affect on WakeMed Home Health, as this new partnership will have no affect on WakeMed Home Health.

Quality Wound, Ostomy, Continence Care Conference at WakeMed
On April 27, the Wound Ostomy Continence Nurse Team from Raleigh Campus and Cary Hospital hosted the Quality Wound, Ostomy, Continence Care Conference at the Cary Hospi
tal Conference Center. The conference was offered to WakeMed nurses who are currently, or who are planning to become, part of the Interscience Skin Care Resource Team. The goal was to ensure all members of the team have the same level of knowledge when it comes to basic wound and ostomy care, hence the conference theme “Building on Basics.” Topics covered were pressure ulcer staging, leg ulcers, wound documentation and incontinence-associated dermatitis. Hands-on workshops highlighted negative pressure therapy, ostomy care and advanced wound care products. In all, 34 nurses attended the event and participated in the conference in the fall as well as making it an annual offering.

WakeMed employees volunteered at the Celebrate Fuquay-Varina festival held on June 2 in downtown Fuquay-Varina. WakeMed helps sponsor the festival, a combination of live entertainment, children and youth activities, classic cars, fabulous food and an arts and crafts show. Above, Shelby Elkins, RN, (Rehab Nursing) applies a Twinkle tattoo to a young participant. A huge thank-you goes to the volunteers who made this year’s event a success.

Celebrating Fuquay-Varina!
Healthy Changes at Hunter Elementary School

Thanks to Carrie Dove-Smith, MD, (WakeMed Faculty Physicians - Pediatrics)

On May 30, Advocates for Health in Action (AHA) announced the 2012 Brains and Bodies Award recipients for Wake County elementary and middle schools. This award is given to schools that strive to improve the health of students and staff. Hunter Elementary School was the recipient of the Silver award for their efforts to increase physical activity and nutrition opportunities.

This award would not have been possible without the help of WakeMed Faculty Physicians pediatrician Dr. Dove-Smith (pictured above at left). A wellness committee, a walking club, the Healthy Hunter Challenge, and eight physical activity events were all spearheaded by Dr. Dove-Smith’s volunteer work and dedication to Hunter.

Congratulations, Joanna!

In June, Joanna Burgess, RN (Clinical Nursing Resource Services - Cary Hospital) was awarded the National Great Comebacks® Award and will serve as a spokesperson for the organization. Great Comebacks was designed to raise awareness of quality-of-life issues for people with Crohn’s disease, ulcerative colitis, colorectal cancer or other diseases that lead to ostomy surgery. Burgess survived bladder cancer as a child, but suffered side effects as an adult. In 2000, she co-founded a lymphedema clinic in Chapel Hill and became a patient advocate for people living with lymphedema. Through all of her medical challenges, Joanna’s positive attitude and desire to help others kept her going. Congratulations, Joanna, WakeMed is proud to have you!

**May 2012**

**Skills Scholarship Recipients**

Congratulations to the following employees who were awarded skills scholarships from the WakeMed Foundation in May. For more information on applying for a skills scholarship, visit the WakeMed Foundation page on the WakeMedWeb [under Departments].

- **Derek Ray Bailey**
  - (Mobile Critical Care Services)
- **Lisa Bradford**, RN
  - (Children’s Emergency Department)
- **Annie James Brito**, RN
  - (Adult Acute Care)
- **Janet Early**, RN
  - (Cath Lab - Cary Hospital)
- **Justin Kott**, RN
  - (2 West CVIC - Cary Hospital)
- **Elaine Marinello**, RN
  - (Nursing Education)
- **Jodi McLean**, RN
  - (Wound & Ostomy Services)
- **Kelly Radford**, RN
  - (Cath Lab - Cary Hospital)
- **Claudia Rivera**, RN
  - (Children’s Emergency Department)
- **Karla Will**, RN
  - (Chest Pain Unit)
- **Laura Zink**, RN
  - (Wound & Ostomy Services)

**Volunteer Orientation**

**Sorority Sisters Weekend**

Calling All Nurses

Are you interested in sitting on the Research and Innovation Council? The Research and Innovation Council is looking for members from each division of nursing across the system to sit on the Council for a two-year term. The purpose of this Council is to promote nursing research and evidenced-based practice and innovation in nursing practice. The Council will assist in creating a culture of inquiry throughout WakeMed through education and projects. The first meeting is May 18, 9 am, at the Cary Hospital Conference Center. Contact Dot Eldreth at ext. 02396 to join.