

BELIEVE IN  
THE POWER OF  
*food*

# MENU

**VEGETARIAN**

## HOURS

6:00 am - 8:00 pm  
monday - sunday

## TO PLACE YOUR ORDER

you can reach a patient  
dining operator at  
extension 03033 or  
919-350-3033



morrison  
healthcare



# BREAKFAST

## FEATURES

CLASSIC AMERICAN BREAKFAST  
SCRAMBLED EGG, BREAKFAST POTATOES

CONTINENTAL BREAKFAST  
BLUEBERRY MUFFIN, GRAPES, STRAWBERRIES,  
HONEYDEW, CANTALOUPE

GARDEN AVOCADO TOAST  
AVOCADO, HARD-BOILED EGG, RADISH, MULTI-GRAIN

FRUIT & HONEY YOGURT CRUNCH  
GREEK YOGURT, GRANOLA, BERRIES, HONEY

LEMON BLUEBERRY PANCAKE  
SCRATCH PANCAKE, BLUEBERRIES

NITTY GRITTY BOWL  
CHEESE GRITS, SCRAMBLED EGG, CHEDDAR, SCALLIONS

## FAVORITES

APPLE CINNAMON  
CREAM OF WHEAT

BREAKFAST POTATOES  
CINNAMON FRENCH  
TOAST  
CURRIED TOFU  
SCRAMBLE

GRITS

OATMEAL

BUTTERMILK PANCAKES  
VEGGIE SAUSAGE PATTY

## FRUIT + BAKERY

CORN MUFFIN  
BLUEBERRY MUFFIN  
CHOCOLATE  
CHIP MUFFIN  
SEASONAL FRUIT

## COLD CEREALS

CHEERIOS  
CORN FLAKES  
RICE KRISPIES  
TOTAL RAISIN BRAN

# BEVERAGES

COFFEE  
regular | decaf

TEA

HOT  
COCOA

MILK  
skim  
2%

JUICE  
apple  
grape  
orange  
prune

# SOUPS

TOMATO BASIL

SEASONAL SPECIAL

# GREENS

BERRY FIELDS

FETA, STRAWBERRIES, BLUEBERRIES, CANDIED PECANS, SPRING MIX

CAESAR

PARMESAN, TOMATO, CROUTONS, ROMAINE

# HANDHELDS

SERVED WITH HOUSEMADE CHIPS OR SEASONAL FRUIT

CAPRESE MELT

MOZZARELLA, BASIL, TOMATO, PESTO, SOURDOUGH

GRILLED CHEESE

DELUXE IMPOSSIBLE BURGER

GRILLED BURGER, LETTUCE, TOMATO, ONION, BRIOCHE

IMPOSSIBLE MEDITERRANEAN VEGGIE WRAP

HUMMUS, FETA, CUCUMBER, RED PEPPER, TOMATO, TORTILLA

# CHEF SPECIALS

**SUN**

SESAME GINGER TOFU

EDAMAME FRIED RICE, HIBACHI VEGETABLES

**MON**

SMOKEHOUSE BBQ TOFU

MAC & CHEESE, RED CABBAGE  
SLAW, HONEY-KISSED CORNBREAD

**TUE**

IMPOSSIBLE BURGER PATTY

ROSEMARY POLENTA, CARAMELIZED  
CARROTS & PEARL ONIONS

**WED**

VEGGIE BURGER

SMASHED POTATOES, RANCH BROCCOLI,  
GRAVY

**THU**

LASAGNA ROLL-UP

SAUTÉED ZUCCHINI

**FRI**

HERB SALMON

BAKED SALMON, CHEESE GRITS, SAUTÉED  
SPINACH

**SAT**

MEDITERRANEAN VEGGIE WRAP

STEAMED BROCCOLI

# ENTRÉES

HERB SALMON

CURRIED TOFU SCRAMBLE

## SIDES

SIDE SALAD | KETTLE CHIPS | FRENCH FRIES  
GREEN BEANS | CARROTS  
RICE | MASHED POTATOES | MAC & CHEESE

## DESSERTS

BANANA PUDDING PARFAIT  
MINI APPLE PIE  
SUGAR COOKIE  
PEANUT BUTTER BROWNIE BITE  
CHOCOLATE CHIP COOKIE