

BELIEVE IN
THE POWER OF
food

MENU

LOW FAT-LOW SODIUM

HOURS

6:00 am - 8:00 pm
monday - sunday

TO PLACE YOUR ORDER

you can reach a patient
dining operator at
extension 03033 or
919-350-3033



morrison
healthcare



BREAKFAST

FEATURES

CLASSIC AMERICAN BREAKFAST

SCRAMBLED EGG, TURKEY SAUSAGE PATTY, BREAKFAST POTATOES

CONTINENTAL BREAKFAST

BLUEBERRY MUFFIN, GRAPES, STRAWBERRIES, HONEYDEW, CANTALOUPE

GARDEN AVOCADO TOAST

AVOCADO, HARD-BOILED EGG, RADISH, MULTI-GRAIN

FRUIT & HONEY YOGURT CRUNCH

GREEK YOGURT, GRANOLA, BERRIES, HONEY

LEMON BLUEBERRY PANCAKE

SCRATCH PANCAKE, BLUEBERRIES

NITTY GRITTY BOWL

CHEESE GRITS, SCRAMBLED EGG, TURKEY SAUSAGE PATTY, CHEDDAR, SCALLIONS

FAVORITES

APPLE CINNAMON

CREAM OF WHEAT

BREAKFAST POTATOES

CINNAMON FRENCH

TOAST

GRITS

OATMEAL

BUTTERMILK PANCAKES

SAUSAGE LINK

TURKEY SAUSAGE PATTY

VEGGIE SAUSAGE PATTY

FRUIT + BAKERY

BANANA MUFFIN

BLUEBERRY MUFFIN

CRANBERRY

ORANGE MUFFIN

SEASONAL FRUIT

COLD CEREALS

CHEERIOS

CORN FLAKES

RICE KRISPIES

TOTAL RAISIN BRAN

BEVERAGES

COFFEE

regular | decaf

TEA

HOT

COCOA

MILK

skim

2%

JUICE

apple

grape

orange

prune

SOUPS

CHICKEN NOODLE

TOMATO BASIL

SEASONAL SPECIAL

GREENS

BERRY FIELDS

FETA, STRAWBERRIES, BLUEBERRIES,
CANDIED PECANS, SPRING MIX

CHICKEN CAESAR

GRILLED CHICKEN, PARMESAN,
TOMATO, CROUTONS, ROMAINE

HARVEST CHICKEN SALAD

HOUSEMADE CHICKEN SALAD, PICKLED
ONION, MANDARINS, ALMONDS,
SPINACH

HANDHELDS

SERVED WITH HOUSEMADE CHIPS OR SEASONAL FRUIT

CLASSIC CHICKEN SALAD

HOUSEMADE CHICKEN SALAD, LETTUCE,
TOMATO, MULTI-GRAIN

CAPRESE MELT

MOZZARELLA, BASIL, TOMATO, PESTO, SOURDOUGH

GRILLED CHEESE

DELUXE HAMBURGER

GRILLED BURGER, LETTUCE, TOMATO, ONION, BRIOCHE

DELUXE IMPOSSIBLE BURGER

GRILLED IMPOSSIBLE BURGER, LETTUCE, TOMATO, ONION,
BRIOCHE

GRILLED CHICKEN SANDWICH

GRILLED CHICKEN, LETTUCE, TOMATO,
ONION, BRIOCHE

CHEF SPECIALS

SUN

SESAME GINGER CHICKEN & RICE

SESAME GINGER GLAZED CHICKEN,
EDAMAME FRIED RICE, HIBACHI VEGETABLES

MON

SMOKEHOUSE BBQ PORK

PULLED PORK, RED CABBAGE
SLAW, HONEY-KISSED CORNBREAD

TUE

BEEF BURGUNDY

BRAISED BEEF, HERB CITRUS CRUNCH,
ROSEMARY POLENTA, CARAMELIZED
CARROTS & PEARL ONIONS

WED

HOMESTYLE MEATLOAF

SMASHED POTATOES, RANCH BROCCOLI,
GRAVY

THU

LASAGNA ROLL-UP

HEARTY MEAT SAUCE, SAUTÉED ZUCCHINI

FRI

HERB SALMON

BAKED SALMON, CHEESE GRITS, SAUTÉED
SPINACH

SAT

CHICKEN POT PIE

CHICKEN, PEAS, GREEN BEANS, CREAMY
SAUCE, PUFF PASTRY, STEAMED BROCCOLI

ENTRÉES

GRILLED CHICKEN BREAST

HERB SALMON

SIDES

SIDE SALAD | FRENCH FRIES

GREEN BEANS | CARROTS

RICE | MASHED POTATOES | MAC & CHEESE

DESSERTS

BANANA PUDDING PARFAIT

MINI APPLE PIE

SUGAR COOKIE

PEANUT BUTTER BROWNIE BITE

CHOCOLATE CHIP COOKIE