

BREAKFAST

FEATURES

CLASSIC AMERICAN BREAKFAST SCRAMBLED EGG, BACON, BREAKFAST POTATOES

CONTINENTAL BREAKFAST

ENGLISH MUFFIN, GRAPES, STRAWBERRIES, HONEYDEW, CANTALOUPE

GARDEN AVOCADO TOAST

AVOCADO, HARD-BOILED EGG, RADISH, MULTI-GRAIN

LEMON BLUEBERRY PANCAKE

SCRATCH PANCAKE, BLUEBERRIES

NITTY GRITTY BOWL

CHEESE GRITS, SCRAMBLED EGG, BACON, CHEDDAR, SCALLIONS

FAVORITES

APPLE CINNAMON CREAM OF WHEAT

BACON

BREAKFAST POTATOES CINNAMON FRENCH

TOAST

GRITS OATMEAL

BUTTERMILK PANCAKES

SAUSAGE LINK

TURKEY SAUSAGE PATTY

VEGGIE SAUSAGE PATTY

FRUIT + BAKERY

BANANA MUFFIN

BLUEBERRY MUFFIN

CRANBERRY
ORANGE MUFFIN

SEASONAL FRUIT

COLD CEREALS

CHEERIOS

CORN FLAKES

RICE KRISPIES

TOTAL RAISIN BRAN

BEVERAGES

COFFFF

regular | decaf

TEA

HOT COCOA

MILK skim

2%

JUICE apple

grape orange

prune

SOUPS

CHICKEN NOODLE

TOMATO BASIL

SEASONAL SPECIAL

GREENS

BERRY FIELDS

FETA, STRAWBERRIES, BLUEBERRIES, CANDIED PECANS, SPRING MIX

CLASSIC COBB

TURKEY, BACON, CHOPPED EGG, BLUE CHEESE, OLIVE, TOAMTO, ROMAINE

CHICKEN CAESAR

GRILLED CHICKEN, PARMESAN, TOMATO, CROUTONS, ROMAINE

HARVEST CHICKEN SALAD

HOUSEMADE CHICKEN SALAD, PICKLED ONION, MANDARINS, ALMONDS, **SPINACH**

HANDHELDS SERVED WITH HOUSEMADE CHIPS OR SEASONAL FRUIT

CLASSIC CHICKEN SALAD

HOUSEMADE CHICKEN SALAD, LETTUCE, TOMATO, MULTI-GRAIN

CLASSIC BLT

BACON, LETTUCE, TOMATO, BASIL MAYO, SOURDOUGH

CAPRESE MELT

MOZZARELLA, BASIL, TOMATO, PESTO, SOURDOUGH

THE ITALIAN

HAM, SALAMI, PEPPERONI, PROVOLONE, ARUGULA, TOMATO, ONION, MUSTARD, BAGUETTE

GRILLED CHEESE

DELUXE HAMBURGER

GRILLED BURGER, LETTUCE, TOMATO, ONION, BRIOCHE

DELUXE IMPOSSIBLE BURGER

GRILLED IMPOSSIBLE BURGER, LETTUCE, TOMATO, ONION, BRIOCHE

GRILLED CHICKEN SANDWICH

GRILLED CHICKEN, LETTUCE, TOMATO, ONION, BRIOCHE

MEDITERRANEAN VEGGIE WRAP

HUMMUS, FETA, CUCUMBER, RED PEPPER, TOMATO,

CHEF SPECIALS

SUN SESAME GINGER CHICKEN & RICE

SESAME GINGER GLAZED CHICKEN, EDAMAME FRIED RICE, HIBACHI VEGETABLES

SMOKEHOUSE BBQ PORK MON

PULLED PORK, MAC & CHEESE, RED CABBAGE SLAW

TUE BEEF BURGUNDY

BRAISED BEEF, HERB CITRUS CRUNCH, ROSEMARY POLENTA, CARAMELIZED

CARROTS & PEARL ONIONS

WED

HOMESTYLE MEATLOAF

SMASHED POTATOES, RANCH BROCCOLI.

GRAVY

LASAGNA ROLL-UP THU

HEARTY MEAT SAUCE, SAUTÉED ZUCCHINI

HERB SALMON FRI

BAKED SALMON, CHEESE GRITS, SAUTÉED SPINACH

SAT CHICKEN POT PIE

CHICKEN, PEAS, GREEN BEANS, CREAMY SAUCE, PUFF PASTRY, STEAMED BROCCOLI

ENTRÉES

ROTISSERIE CHICKEN QUARTER **GRILLED CHICKEN BREAST** HERB SALMON

SIDE SALAD | KETTLE CHIPS | FRENCH FRIES GREEN BEANS | CARROTS RICE | MASHED POTATOES | MAC & CHEESE

DESSERTS

VANILLA WAFERS GRAHAM CRACKERS SUGAR-FREE JELLO PUDDING OR ICE CREAM