

# OPEN ENROLLMENT IS UNDERWAY!

Benefits Open Enrollment ends Friday, November 3. Be sure to log into The HUB and review and update your benefit elections for 2024. As a reminder, for 2024, all benefit deductions are changing to deductions taken per-pay-period (26 times per year), rather than twice per month (24 times per year).

NEWS FOR EMPLOYEES AND FRIENDS OF WAKEMED

OCTOBER 2023

# MICROSCOPE



## WakeMed Honored as Leader in Diversity, Inclusion

WakeMed has been named a 2023 Leader in Diversity by the *Triangle Business Journal*. This is the sixth time WakeMed received this award, which recognizes the accomplishments of Triangle businesses, individuals and nonprofits as they work to weave a diverse foundational fabric into the heart of the local community. WakeMed was one of 10 organizations and 13 individuals to be recognized this year.

Inclusion, respect and equality have always been central to WakeMed's values and our mission of caring for all people, serving the underserved and advocating for those who have no advocate. Today, WakeMed supports an active, staff-led Diversity & Inclusion Council, honors members of the armed forces, celebrates Diversity & Inclusion Awareness month, provides services for multiple faith traditions and offers ongoing educational opportunities. WakeMed is also involved in numerous community partnerships, the Raleigh Chamber/Triangle Diversity & Inclusion task force, the "52 Shades of Success" series, and numerous events that celebrate our diverse community.

Several programs and initiatives implemented over the past year demonstrate our commitment to building on this legacy of providing outstanding care to all:

 <p><b>WakeMed</b> Center for Community Health</p> <p>The <b>WakeMed Center for Community Health</b> opened in October 2022, bringing many collaborative, community-based population health programs together under one roof to support a healthier community.</p>	 <p><b>YOUR WHOLE HEALTH</b> WakeMed</p> <p>Continued expansion of <b>Your Whole Health</b>, a social determinants of health screening that helps caregivers identify and address the environmental and social factors impacting our patients' well-being.</p>	 <p><b>BEYOND our walls</b></p> <p><b>HEALTH EQUITY</b></p> <p>The new <b>Health Equity</b> curriculum gets underway this month with 40 providers and staff members participating in a year-long training program focused on racial equity and equity for additional historically marginalized groups.</p>	 <p><b>VOICES OF SERIES</b></p> <p>Continued expansion of the "Voices Of" series, coordinated by Spiritual Care, which highlights employees from different religious backgrounds to celebrate the diverse religious voices of the WakeMed community.</p>	 <p><b>The Diversity &amp; Inclusion Council's Advocacy &amp; Policy Committee</b> led an effort to install more inclusive signage on public single stall bathrooms that did not require gendered language.</p>
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Want to get involved? For more information about Diversity & Inclusion at WakeMed, and opportunities to get involved, please see the Diversity & Inclusion page on MyWakeMed or email [diversity@wakemed.org](mailto:diversity@wakemed.org).



## CONSTRUCTION BEGINS AT PEAK REHABILITATION HOSPITAL

Leaders from Duke Health, WakeMed and Lifepoint Health gathered in late September for a ceremonial groundbreaking on a new inpatient rehabilitation hospital in Apex, NC. Peak Rehabilitation Hospital is a tri-venture among the three organizations and will open in late 2024.

The 62,000-square-foot facility will function as a stand-alone hospital with 52 beds, all private rooms, and feature multidisciplinary therapy gymnasiums outfitted with the latest therapeutic technologies, outdoor courtyards and other spaces designed to help patients return to activities of daily living. The facility will be structurally designed to meet the needs of patients receiving acute inpatient rehabilitation care for stroke, amputation and other injuries and disorders.

"Duke Health and WakeMed represent the best in health and healing, and we have long discussed ways to expand access to high-quality inpatient rehab care by utilizing our combined expertise and resources to help patients recover and rejoin the community after a serious illness or injury," said **Donald Gintzig**, WakeMed president & CEO.



Here at WakeMed, we believe that our employees are truly the heart and soul of our organization. The commitment, dedication and compassion demonstrated by our WakeMed family is unparalleled.

There are many ways we can express appreciation for a job well done – and we recently introduced a new one: **Wake Way to Go!**

Wake Way to Go! is an easy-to-use website where staff can view and receive ecards in recognition of outstanding performance, service milestones, birthdays and more. Wake Way to Go! is powered by Point Recognition software, which is also the platform we have used for Service Awards recognition for several years.

To start, leaders have the ability to send ecards to members of their team – direct and indirect reports. When you receive a card, you will get an email from [no-reply@pointrecognition.com](mailto:no-reply@pointrecognition.com) inviting you to visit Wake Way to Go! to view the card. Please note that these emails are secure, and it is safe to click the links, but you can also access the portal directly from the homepage of MyWakeMed.

Wake Way to Go! also includes individual and team "walls" where you can view all sent and received cards and leave a comment to congratulate your colleagues! We hope you will take a few minutes to check out this new recognition portal and be on the lookout for ecards from your leadership team. Visit MyWakeMed for more details.



## COMING SOON! WAKEMED WENDELL HEALTHPLEX

Construction continues on WakeMed Wendell Healthplex, which will open to the community in early 2024. The facility will be home to WakeMed's eighth emergency department. Located on Wendell Valley Boulevard, the building will feature a 12-bed emergency department as well as outpatient lab and imaging services.

# Health Equity Curriculum Launches



NEW PROGRAM FOCUSES ON UNDERSTANDING, ADDRESSING HEALTH EQUITIES IN WAKE COUNTY

This month, WakeMed launched a new, health equity program focusing on racial equity and historically marginalized groups. The Health Equity curriculum is intended to shine a light on the health inequities that impact our community and provide opportunities for participants to work together to identify strategies to address them.

Two cohorts will take part in the pilot program, which utilizes a customized curriculum titled “Beyond Our Walls.” The cohorts include physicians, APPs, and clinical and nonclinical staff throughout our system. During the 12-month program, the 40 participants will go through a journey of gaining knowledge to taking action to close the gap on health disparities in our community. In the future, trained health equity scholars will lead subsequent cohorts through the curriculum and assist in the sustainability of this health equity work, expanding the reach of this important educational resource.

“WakeMed has always taken pride in providing excellent care to each and every patient.

Health care and our community have changed dramatically in the last 60 years – and the disparities in access to care and health outcomes for marginalized patient populations only continue to grow,” explains **Theresa Amerson, MD**, chief medical officer, Population Health. “The Health Equity Scholars program is one example of how WakeMed is committed to furthering our mission by providing equitable care to all. We must not only address the existing health disparities in our community, but also examine our own care outcomes and implement solutions to help all patients achieve optimal health and well-being.”

WakeMed’s Health Equity curriculum is funded in part by the WakeMed Foundation and the John Rex Endowment, and is a collaboration between Population Health and Organizational Development and Diversity & Inclusion. To learn more, contact any of the program coordinators: **Theresa Amerson, MD**; **Rasheeda Monroe, MD**, director of Health Equity Scholars; or **Phil Echols, EDD**, Diversity & Inclusion.



## WAKEMED FOUNDATION

For almost 30 years, the WakeMed Foundation has been committed to investing in the people and services of WakeMed to build healing environments, support innovation and growing the skills of our caregivers. The mission of the WakeMed Foundation is to be the philanthropic partner of WakeMed and – with the help of generous donors – support the health and well-being of our community. The WakeMed Foundation recently announced the recipients of their large awards for 2023. These awards touch nearly every service line and every facility across the WakeMed system and represent an investment of more than \$6 million. Here is a brief overview of some of the programs being made possible with the philanthropic support of the WakeMed Foundation.

In addition to these programs, the Foundation also recently awarded the hospital system \$200,000 for continued education support as well as urgent and emergent needs. A new process for funding allocation is being developed, with more information to come in the coming months.

### GROWING SKILLED CAREGIVERS

#### NEW FUNDING INITIATIVES

- ▶ **Virtual Inpatient Nursing:** Virtual inpatient nursing provides support, guidance and mentoring to help novice nurses meet the complex and dynamic needs of hospitalized patients. The program will allow staff, providers, patients and families to engage in real-time, two-way audio and video communications at the patient’s bedside. Foundation funding will be used to purchase software and equipment to support the introduction of this program in select units across the system.

#### CONTINUED FUNDING INITIATIVES

- ▶ **Educational Assistance:** Support for a wide variety of educational opportunities including the Helton Scholars, Helton Awardees, the Megan Champ Morgan Scholarship Fund and other programs.
- ▶ **Diversity Training and Health Equity Curriculum:** An ongoing, comprehensive education and action series for leaders and front-line clinicians (see article above).
- ▶ **Clinical Innovators & Investigators:** Funding will be used to foster and support research efforts across the system.

### FOSTERING INNOVATIVE PROGRAMS

#### NEW FUNDING INITIATIVES

- ▶ **Streamlined Health Record Access:** Compiling a comprehensive and accurate record of a patient’s medical history, including services obtained outside of WakeMed, is incredibly challenging. This funding will support implementation of the Bamboo Health platform, which utilizes a robust nationwide network of electronic health record systems to provide a more comprehensive view of patient medical history and engagement.
- ▶ **Cancer Care Support:** As our Cancer Care offerings grow, so do the needs of our patients. Funding will support comfort services for patients receiving outpatient cancer care, as well as mammogram outreach for uninsured community members.

#### CONTINUED FUNDING INITIATIVES

- ▶ **Community Health Initiatives:** WakeMed continues to expand access and patient well-being through the Your Whole Health social determinants of health screening program, patient assistance programs (travel vouchers, prescription assistance, NARCAN take-home kits and much more), Spiritual Care services at the Center for Community Health and other programs.
- ▶ **Patient Engagement:** Continued support for software that supports two-way communication with patients and puts access to their health care in the palm of their hand.
- ▶ **Tobacco Cessation Program:** Ongoing funding for Quit With WakeMed, which supports patients on their journey to quit tobacco.

### SUPPORTING OUR MISSION THROUGH PHILANTHROPY

## FY 2024 LARGE AWARDS

### BUILDING HEALING ENVIRONMENTS

#### NEW FUNDING INITIATIVES

- ▶ **Cary NICU Renovations:** The Cary Hospital Neonatal Intensive Care Unit is the only one in the system with open bays. Funding will be used to support renovations and the conversion of the unit to private rooms, which will enhance the family experience.

#### CONTINUED FUNDING INITIATIVES

- ▶ **Mobile Mammography Service:** Support to upfit a mobile mammography unit, which will enable WakeMed to improve convenience and access to this life-saving screening across the community.
- ▶ **Mobile Nuclear Medicine Unit:** Adding a Mobile Nuclear Medicine unit will enable WakeMed to bring evaluation of cardiac blood flow and organ function to convenient locations.

The Foundation has also provided funds to specific service lines and departments that can be allocated in support of patient needs, employee education, innovations or innovative equipment purchases. These areas include WakeMed Rehabilitation, WakeMed Children’s, Spiritual Care and Mental Health & Well-Being.

### How Funding Is Allocated

Funding requests are submitted by unit/department leadership and are reviewed by WakeMed’s executive leadership team and the WakeMed Foundation Board of Directors. Projects must align with the system’s goals and priorities to be considered.

For 2024, the Large Award Request for Proposals (RFP) window runs from December 1, 2023, through February 1, 2024. Proposals selected for further consideration will be required to submit a full A3 by March 15, 2024. For more information about the application and review process, please feel free to reach out to [foundation@wakemed.org](mailto:foundation@wakemed.org).

WakeMed  
Foundation



## Stacy Wilson Receives National Recognition



The National Board for Certification in Occupational Therapy, Inc. (NBCOT®) has awarded **Stacy Wilson**, OT, manager, (Acute Rehab Services – Cary Hospital & North Hospital) a 2023 NBCOT Impact Award. Wilson is

one of four individuals in the country to receive this award, which recognizes occupational therapy practitioners who demonstrate exceptional professional commitment through dedication, hard work, and outstanding OT skills.

Wilson was recognized for his work in advancing inclusive and equitable care for all people, populations and communities. A member of the WakeMed Diversity & Inclusion Council, Wilson has spent his career creating opportunities to make occupational therapy more accessible for individuals from marginalized backgrounds. Wilson is a cofounder of the nonprofit Coalition of Occupational Therapy Advocates for Diversity (COTAD), and an online forum now called the Black-Male Registered Occupational Therapy Healthcare Professionals Assistants and Students (B.R.O.T.H.A.S.), which provides a platform for Black male occupational practitioners and students to connect. Wilson also developed the Increasing Diversity in Occupational Therapy Scholarship at UNC-Chapel Hill, which provides financial support to students who commit to spreading awareness of the OT field to underrepresented groups and has co-authored several publications related to diversity and inclusion.

Congratulations, Stacy, on this well-deserved recognition!

## Garner Healthplex CT Named Lung Cancer Screening Center

Garner Healthplex CT services has been recognized as a Lung Cancer Screening Center by the American College of Radiology (ACR). Garner Healthplex is the first facility in our system to receive this designation.

The ACR Lung Cancer Screening Center designation is a voluntary program that recognizes facilities for their commitment to practice safe, effective diagnostic care for individuals at the highest risk for lung cancer. Receiving this designation signifies that a facility provides valuable screening services to the community at the highest standards.



In order to receive this elite distinction, facilities must be accredited by the ACR in CT in the chest module and undergo a rigorous assessment of its lung cancer screening protocol and infrastructure. Procedures must also be in place for follow-up patient care, such as counseling and smoking cessation programs.

Congratulations to our Garner CT team on this accreditation!

# THREE CHEERS FOR WAKEMED!

**Exceptional People.  
Exceptional Care.**



## WakeMed Named Raleigh's Best!



WakeMed was proud to receive eight "Raleigh's Best 2023" awards from the *News & Observer* this month. The awards were voted

on by *News & Observer* readers and members of the community. WakeMed and our physician practices won "Gold" in the following categories:

- > **Best Place to have a Baby:** WakeMed Raleigh Campus
- > **Best In-Home Healthcare Services:** WakeMed Home Health
- > **Best Physicians Group – Cardiology:** WakeMed Heart & Vascular
- > **Best Physicians Group – Primary Care:** WakeMed Primary Care
- > **Best Physicians Group – Orthopedics:** Wake Orthopaedics

Several other service areas and practices received "Silver" and "Bronze" awards. See MyWakeMed for the full list.



## WakeMed Receives WebMD Choice Awards

WakeMed was recently honored with several WebMD Choice Awards, which recognize best-in-class health systems based on the preferences of patients and providers in their local market.

The WebMD® Patient Choice Award and Medscape® Provider Choice Awards are given to health care organizations who achieve the top 30% of patient or provider preferences, respectively. The intention of the award program is to empower consumers and providers to find best-in-class health care in their specific region.

For 2023-2024 WakeMed received:

### WebMD® Patient Choice

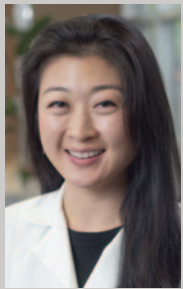
- > Cardiology – North Carolina
- > Cardiology – Raleigh-Durham
- > Angioplasty – North Carolina
- > Coronary Bypass – North Carolina
- > Pacemaker or Defibrillator Placement – North Carolina
- > Stent Placement – North Carolina
- > Orthopedics – Piedmont Triad
- > Hip Replacement – North Carolina

### Medscape® Provider Choice

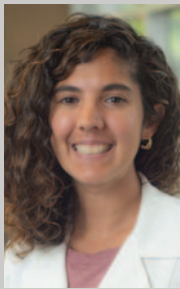
- > Cardiology – North Carolina
- > Choice Cardiology – Raleigh-Durham

## NEWS FROM WakeMed Physician Practices

### Welcome New Physicians



**Audrey Chang, MD**  
OB-GYN



**Alexis Hess, MD**  
Surgery & Trauma



**Saurav Pokharel, MD**  
Hospital Medicine



**Corianne Rogers, MD**  
Plastic Surgery & Reconstructive Medicine



**Thomas Rusher, MD**  
Critical Care & Pulmonology



**Andrew Wyker, DO**  
Hospital Medicine – Raleigh Campus

### Welcome New Advanced Practice Providers

**Mary Elizabeth Armstrong, NP**  
Neonatology

**Alisha Davenport, NP**  
MyCare 365

**Christina Freile, PA**  
Urology

**Jenna Gross, NP**  
Neonatology

**Lakshbir Kaur, NP**  
Neonatology

**Monikah Kelly, NP**  
MyCare 365

**Jacob Lansberry, PA**  
Wake Orthopaedics

**Sarah Miller, NP**  
Primary Care

**Isaac Nuamah, NP**  
MyCare 365

**Kayla Sasser, PA**  
Urgent Care

**Leah Shin, PA**  
Gastroenterology

**Michelle Sines, NP**  
Neonatology

**Kelly Smith, NP**  
Neonatology

**Jenny Song, PA**  
MyCare 365

**Amy Thompson, PA**  
Heart & Vascular – Cardiology

**Rebecca White, PA**  
OB-GYN

**Joy Zaccaria, PA**  
Oncology

### Now Open!

#### WakeMed Internal Medicine – Raleigh

WakeMed Internal Medicine – Raleigh offers primary care and internal medicine services to patients, age 18 and older. Located at WakeMed Raleigh Campus (near Patient Registration), the practice is welcoming new patients and offers same-day sick visits as well as routine primary care.

WakeMed Internal Medicine – Raleigh accepts Medicaid, Medicaid Managed Care and all other insurance companies that WakeMed contracts with.

#### WakeMed Internal Medicine – Raleigh

3000 New Bern Ave.  
Raleigh, NC 27610  
919-235-1015

### Welcome WakeMed Infectious Diseases

This month the WakeMed Physician Practices network expanded to include infectious diseases with the addition of the dedicated team at Raleigh Infectious Diseases Associates, PA. Now known as WakeMed Infectious Diseases – Raleigh, the practice provides comprehensive evaluation, diagnosis and treatment of a range of infectious diseases, as well as an office-based infusion program.

**WakeMed Infectious Diseases**  
2304 Wesvill Court, Suite 240  
Raleigh, NC 27607  
919-571-1567

### Three Years of MyCare 365 Primary & Urgent Care

It's been three years since WakeMed introduced the innovative MyCare 365 Primary and Urgent Care model – offering convenient access to primary and urgent care services all in one location. MyCare 365 has grown by leaps and bounds in the past three years – with more growth on the horizon. Today the MyCare 365 network includes:

- > 8 practices
- > 43 providers
- > 59 clinical and support staff
- > 107,470+ patient visits

Several more MyCare 365 locations are under development and will open in the coming months to better serve our community.



September was Peripheral Arterial Disease (PAD) Awareness Month and the WakeMed Heart & Vascular – Vascular Surgery – Midtown team took the opportunity to show off their white compression socks while bringing attention to this disease that affects more than 8 million Americans ages 40 and older. Common risk factors for PAD include a history of smoking, kidney problems, diabetes, overweight/obesity, or having high blood pressure or cholesterol.



Four brain injury survivor's and their loved ones attended a panel with the WakeMed Rehabilitation Hospital to discuss their traumatic brain injury stories and the journey of healing. WakeMed's Brain Injury Rehabilitation System (BIRS) is the area's largest and most comprehensive brain injury program, serving over 200 brain injury survivors a year.



Congratulations to the recent graduates of the Respiratory Care New Graduate Program: **Megan Holder, Blair Kite, Madi Page, Katie Talton, Amber Stancil, and Kieanna Baker**. The 10-week program provides new graduates with hands-on training and educational lectures and presentations from WakeMed providers and staff members. Participants come away better prepared to handle various scenarios they may experience in caring for our patients.



Fall is community event season and WakeMed was well-represented at a number of walks and other activities. Team WakeMed was a top fundraising team for the annual Triangle Heart Walk, with over 540 participants this year!

During Sepsis Awareness Month in September, **Erlinda Laska and Johnny Barney** (both of Quality Analytics) attended the North Hospital Med-Surg blitz to provide sepsis-related education to clinical staff.



Wake Orthopaedics trauma specialists **Tim Harris, MD, and John Neal, MD**, recently hosted an AO Foundation Operating Room Personnel educational event to teach operating room (OR) staff the fundamentals and current concepts of fracture care in relation to peri-operative nursing and planning. After educational lectures by Drs. Neal and Harris, participants practiced their skills and learned about the implants used at WakeMed in a lab setting. As AO Foundation educators, Harris and Neal are committed to helping OR staff stay current on orthopaedic injury care and the technology WakeMed providers use.



Have news to share?  
Send it to microscope  
@wakemed.org

**MEN'S HEALTH NIGHT**

WakeMed's popular Men's Health Night returned this fall after a three-year break due to COVID-19. Hundreds of community members turned out to take advantage of free health screenings, participate in health seminars and receive educational information. Attendees also had a chance to test their swing on a golf simulator, receive a chair massage, meet some of the WakeMed providers and staff, and enjoy healthy tailgate snacks, and more!



**FUN-TEMBER**

Staff across the system enjoyed taking a break for some FUN during FUN-tember! In addition to on-site events with yard games and snacks, hundreds of employees participated in virtual bingo and daily trivia – racking up some great prizes along the way!



# WITH APPRECIATION FROM OUR PATIENTS

We're pleased that patients and their families take the time to share their stories about the excellent care they received at WakeMed. Their stories, when shared as WakeMed Voices blog posts and articles for our various magazines and publications, help us educate the public about the outstanding compassion and care available right here in Wake County. They also give us the opportunity to recognize caregivers for their expertise.

*"I've had really great doctors and caregivers throughout everything, so I love my whole WakeMed team."*

Charlene

*"Dr. Chappell really helped me a lot through this surgery. He did an amazing job and I'm thankful."*

Aidan

*"I thought, 'This guy was not just a doctor; he really cared about me.' My wife and I felt certain WakeMed was where we were supposed to go. If I could do a luxury vacation anywhere, it would be WakeMed. The food was delicious. The nurses were kind. The physical therapist teased me about speeding down the hall. I did not encounter a single person who did not treat me like family."*

Rex

*"The nurses were so amazing. My doctor made me feel comfortable and empowered. I was able to have a doula. At WakeMed North Hospital, they listened to me. I felt supported and heard. I definitely recommend Supportive Birth Services at WakeMed North."*

Asia

## Send Us Your Stories

WakeMed would like to share more patient stories like these with the public and staff. If you have a patient/family that had an outstanding experience at WakeMed and would like to share their story, please ask them to send their story at [info@wakemed.org](mailto:info@wakemed.org) or simply contact your Marketing & Communications service line specialist.



## Charlene

When 28-year-old Charlene was facing a cancer diagnosis and subsequent treatment, the entire WakeMed team of cancer care providers and nurses surrounded her with compassion and care – from obstetrics &

gynecology, to hereditary cancer testing by a WakeMed geneticist, to Imaging Services, and Hematology & Medical Oncology, including their nurse navigation and infusion services. Charlene's story isn't over, but she rests assured she is in great hands.



## Aidan

When 156-pound football player Aidan was hit in the shoulder by a 240-pound lineman, he suffered a dislocated shoulder – and much more. Wake Orthopaedics' **Ronald Summers, MD**, and the Imaging team found a

labral tear and sent him to shoulder specialist **Jonathan Chappell, MD**. After surgery and intensive physical therapy, Aidan is now playing baseball and swimming butterfly.



## Rex

To someone like Rex, who was previously diagnosed with a mitral valve issue, the occasional irregular heartbeat was no surprise. But when Rex's heart began beating fast and wild with no signs of

stopping, he knew it was time to seek care. Thanks to our amazing Heart & Vascular team, cardiothoracic surgeon **Bryon Boulton, MD, FACS**, was able to repair – rather than replace – his mitral valve. His wife enjoyed the comfort of being close to him by staying in the Heart Center Inn.



## Asia

Asia's fears about the birthing experience were real. After all, her first birthing experience ended in a caesarian section – something she did not want to repeat. The Labor & Delivery team at North Hospital made sure Asia

could safely follow her plan to bring a beautiful daughter into the world.



## EAST CAROLINA ANESTHESIA ASSOCIATES

On October 1, 2023, WakeMed welcomed a new anesthesia services partner. East Carolina Anesthesia Associates (ECAA) is now providing professional anesthesia services for all surgeries and procedures performed at WakeMed's inpatient facilities.

Founded in 1978, ECAA is a physician-owned and managed organization that provides anesthesia services to hospitals, surgery centers, doctor's offices and pain clinics throughout North Carolina and southeast Virginia. Among their current partners are ECU Health (formerly Vidant Health), CaroMont Regional Medical Center (located in Gastonia), UNC Health Caldwell and Frye Regional Medical Center (both located in Hickory), and several ambulatory surgery centers in Wake County, including WakeMed Surgery Center – Cary.

ECAA shares WakeMed's commitment to quality improvement and will become fully involved and integrated into our Clinical Transformation and Wake Way 2 Excellence journeys, as well as committees and other clinical and operational initiatives that support our strategic plan – particularly in the areas of patient safety and quality, innovation and service excellence.

Please help us welcome the ECAA providers and team to WakeMed!



We are pleased to share that the **WakeMed Drug Take-Back program** has expanded with an additional bin now available in the Medical Park of Cary (210 Ashville Avenue). Medication take-back bins are the safest, most effective way to dispose of most types of prescription or over-the-counter medications. WakeMed currently has four take-back bins located in convenient, easily accessible locations:

- > **Raleigh Campus** – Ground Floor E-tower lobby
- > **Cary Hospital** – Visitor Lobby
- > **North Hospital** – Visitor Lobby
- > **Medical Park of Cary** – Lobby of Outpatient Pharmacy

All medication dropped in any of the WakeMed Drug Take-Back bins will be destroyed and discarded. All deposits to the bins are completely anonymous.

## WOW, WHAT AN EMPLOYEE!

Mother-Baby – Raleigh Campus congratulates their team members who earned national newborn nursing certification (RNC-MNN): **Casey Herring, RN**; **Ayanna Mills, RN**; **Emilie Thorne, RN**; **Allison Hartsfield, RN**; and **Kim Hunter, RN**.

**Tracy Denton, MBA, BSRT**, (Respiratory Care Services – Raleigh Campus) was promoted to adult respiratory educator.

**Dawson Jones** (Talent Acquisition) recently received associate professional human resources (aPHR) certification.

**Shannon Posthumus, RN**; **Lakeisha Reason, RN**; and **Nan Kim, RN**, (all of Mother-Baby – Raleigh Campus) earned bachelor's degrees in nursing (BSN).

**Amberly Hensley, BSN, RN**, (3C Nursing Rehab) completed the testing for neuroscience certification through the American Association for Neuroscience Nursing.

**John Perry, MD**, vice president (Medical Education) and **Sherry Wang, MD**, (Internal Medicine Residency Program) upcoming chief resident, participated in the NC Chief Resident Summit at the North Carolina Medical Society.

**Carlos Marshall, Katherine Goodwin, Laurie-ann Marsch, Linda Adkins, Rebecca Coward, Kylie Hoton, and Scott Wallace** (all of Transfusion Services – Raleigh Campus) attended the 51st North Carolina Association of Blood Bankers annual meeting in September. Congratulations to Carlos Marshall, who received the Elizabeth "Kizzy" Moore Gabriel Scholarship to attend the meeting.

**Mark Piehl, MD**, (Pediatric Intensivists) presented "Innovation in Trauma Transfusion: New Techniques for Bringing Blood Closer to the Point of Injury," at the North Carolina Association of Blood Bankers annual meeting in September.

## COMINGS & GOINGS

Urgent Care – Kildaire welcomes **Tiffany O'Neal**.

Urgent Care – Oberlin welcomes **Jasmine Jones, RN**.

Primary Care – Oberlin welcomes **Sara Miller, NP**, and **Kenny Redden, MA**.

Home Health welcomes **Michea Grace, NA**, and **Jennifer DeSilver, PT**.

eICU welcomes **Cissy Johnson, BSN, RN**, who transitioned from CTICU.

Mother Baby – Raleigh Campus welcomes **Taylor Herring, RN**; **Cheryl Snowden, RN**; **Ashley Sosa, NA**; **Katie Pires, NA**; **Alicia Leiva-Solomon, RN**; **Janelle Bowdle, CAN**; **Morgan Townley, RN**; **Kelly Bryan, RN**; and **Mary Mikeska, NA**.

6C Surgery & Trauma welcomes **Anna Gillespie, NA**; **Carrie Hoffman, NA**; **Gail Blair, RN**; and **Stuartt Nusbaum, RN**.

2E CVICU welcomes **Stephanie Mooij, RN**.

Lactation Services – Raleigh Campus welcomes **Rebecca Philbin, RN**.

1A Clinical Evaluation Area welcomes **Angie Avery, NA**, and **Jessica Parker, NA**.

Quality Analytics welcomes **Emily Haupt, BSN, RN**, as a quality documentation specialist.

5C MSIC welcomes **Tori Boyette, NA**; **Hailey Daniels, NA**; **Taye Brown, NA**; **Zina Weston, NA**; **Mindy Webb, RN**; **Stella Nduka, RN**; **Monique Curtis, RN**; **Erica Williams, RN**; and **Blessing Uwa, RN**.

Clinical Administrators welcome **Toni Burno, BSN, RN**; **Rachel Kelly-Brown, MSN, RN**; **Maria Belza, BSN, RN**; and **Shantay Harris, MSN, RN**.

## ADDITIONS & ATTACHMENTS

**Shayla Frederick** (Primary Care – Downtown Raleigh) welcomed a son, **Kamari**, on August 6.

# MICROSCOPE

Microscope is a monthly newsletter written by and for the employees of WakeMed. Our goal is to provide employees and friends of WakeMed with the most up-to-date news on all of the hospital system's activities. The Marketing & Communications department thanks all of the employees who contributed to this publication.

We welcome comments and suggestions on this publication and its content. Call (919) 350-8120, e-mail [microscope@wakemed.org](mailto:microscope@wakemed.org), or write Microscope, WakeMed Marketing & Communications, 3000 New Bern Avenue, Raleigh, NC 27610.

Kate Wilkes Editor  
WakeMed Employees, Photos

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WakeMed Health & Hospitals  
3000 New Bern Avenue  
Raleigh, NC 27610

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ADDRESS SERVICE REQUESTED



Raleigh Radiology and WakeMed leaders joined in for the grand opening of our newest outpatient imaging location at the corner of Falls of Neuse Road and Millbrook Road. This is the fifth joint venture location for WakeMed and Raleigh Radiology – others are in Wake Forest, Clayton, Oberlin and Holly Springs, with additional locations to come!



Meet the recipients of the 2023 Pyramid Society Awards and learn about their outstanding accomplishments in the next issue of *Microscope*!

## Follow us!

Want to learn more about what's happening at WakeMed? Follow us on social media or download the WakeMed App!



@WakeMedHospitals



@WakeMed



WakeMed & WakeMed Children's



WakeMed App

## CALENDAR OF EVENTS

### Corporate & Community Health Education Classes for Staff

Corporate & Community Health presents live monthly health classes virtually via Webex. The classes are led by a registered dietitian and cover a variety of topics related to nutrition and health. These classes are open and complimentary to all WakeMed employees. Visit MyWakeMed or the WakeMed Weekly for details on how to join.

#### November 2 & 8: Mindful Eating

Learn about how and why our thoughts and feelings are so intertwined with eating, as well as tips that may help you to more fully enjoy meals, improve your health, and your relationship with food.

#### December 7 & 13: Wellness Goal setting for 2024

In this class, learn about why New Year's resolutions may have previously failed, and how to change both your mindset and your goals to make more sustainable, long-lasting changes.

### Veterans Day Services

Friday, November 10

WakeMed will once again host Veterans Day recognition events at Raleigh Campus, Cary Hospital and North Hospital. Employees are welcome to attend as we honor and recognize all those who have served our country in the armed forces. Services will begin at 11 am at the following locations:

- > Raleigh Campus – Andrews Center
- > Cary Hospital – Main entrance flagpole
- > North Hospital – Main entrance flagpole

### Cyber Security Awareness & Phishing Training

December 1

WakeMed takes privacy and security seriously. This training will help staff members identify key elements of questionable emails and offer guidance when confronted with similar situations. The session will also cover general cybersecurity advice to help keep individuals safe both here at WakeMed and in their personal lives. Join us to improve your cybersecurity awareness. Register on WakeMedU.

### Wake AHEC Events

- > **From the Past to the Present: Behavioral Health's Time has Come** – Oct. 26
- > **33rd Annual Art of Breastfeeding Conference - Improving Breastfeeding Outcomes: Current Evidence and Practical Approaches** – Nov. 1
- > **Falls Risk Assessment and Intervention for Older Adults: An IPE Approach** – Nov. 3

For a complete list of Wake AHEC continuing education events:  
[www.wakeahec.org/courses-and-events](http://www.wakeahec.org/courses-and-events)

### Save the Date: Belk In-Store Shopping Event

December 3  
Crabtree Valley Mall

Hosted by The Volunteers at WakeMed Raleigh Campus & North Hospital and Cary Hospital

Payroll deduction will be available for employees who are already enrolled in the payroll deduction program — on-site enrollment in payroll deduction will not be available. Belk will contribute a portion of the proceeds to The Volunteers in support of the great patient and staff programs they make possible at WakeMed.

### Love to Sing? Join the WakeMed Chorus

The WakeMed Chorus is looking for singers to add to the group – all singers with choral experience are welcome. Members need to be comfortable with a capella singing. The chorus performs at several special events during the holiday season. Rehearsals are held at Raleigh Campus; but if there is interest to form and lead a group at Cary Hospital or North Hospital, there would be support for both options. For more information, contact Deidra Thompson.

