

MICROSCOPE

WakeMed, Atrium Health Announce Plan to Create Strategic Combination

WakeMed and Atrium Health have announced plans to form a strategic combination, which would allow the organizations to deliver even greater impact through their complementary strengths.

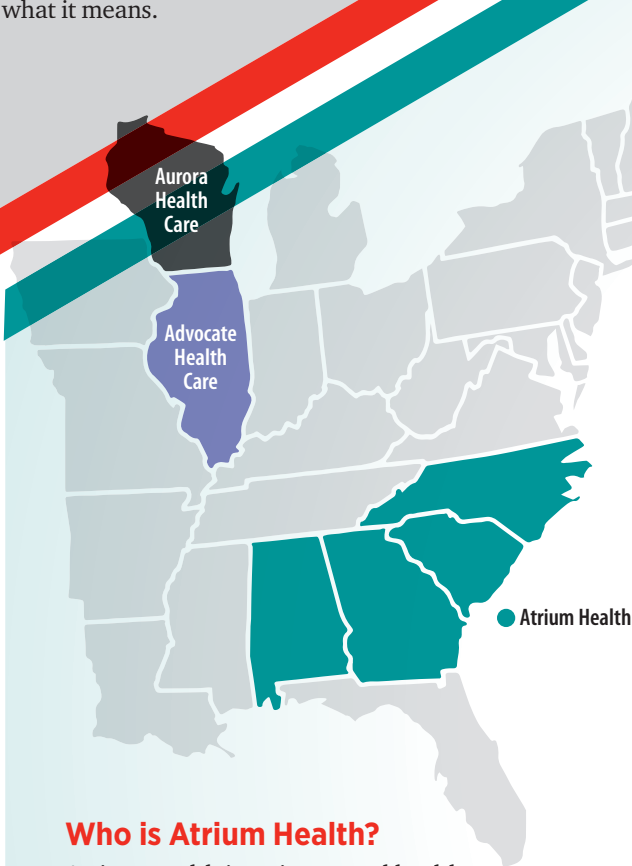
Forming a strategic combination means our two organizations have made a deliberate choice to come together; not because either one is struggling, but because we recognize that by working together, we can do more for our patients, our communities and our teams than either of us could alone.

“At the core, WakeMed and Atrium Health combining is about doing more together than we could do alone. Uniting WakeMed and Atrium Health will enhance access to care, accelerate our combined ability to keep pace with healthcare transformation and address critical healthcare needs – while upholding our shared, mission-driven commitments to provide care for all.”

Donald Gintzig, WakeMed President & CEO

This announcement is the first step in what is intended to be a long-term relationship between these two organizations. As we move forward toward finalizing the strategic combination and bringing the two organizations together, we are committed to keeping our team informed and engaged.

Here are some key facts and information all WakeMed employees, patients and community members should know about this agreement and what it means.



Who is Atrium Health?

Atrium Health is an integrated health care and academic system based in Charlotte.

- **Mission:** Improve health, elevate hope and advance healing for all
- **Purpose:** From discovery to everyday moments, we’re redefining care – for you, for us, FOR ALL
- Over 71,000 teammates, including 4,100 physicians and 1,500 APPs
- Academic core anchored by Wake Forest University School of Medicine
- Flagship hospital is Carolinas Medical Center, which includes Levine Children’s Hospital, Levine Cancer Institute and Sanger Heart & Vascular Institute
- Levine Children’s Hospital is the region’s only *U.S. News & World Report* Best Children’s Hospital, ranked in seven pediatric specialties
- Part of Advocate Health
 - Third-largest nonprofit, integrated health system in the U.S.
 - Spans 69 hospitals and more than 1,100 care locations across eight states
 - Invests more than \$6.2 billion annually to improve community health

This combination positions WakeMed and Atrium Health to work together to further elevate the quality of healthcare across the communities we serve and address critical healthcare needs – all while continuing to focus on their shared mission-driven commitments to the patients and communities they serve. Together, we will:

- **Advance shared missions** of caring for all by expanding access to care for 1 million people across the communities we serve
- **Create jobs and accelerate economic growth** through one of the largest-ever healthcare investments in Wake County
- **Transform mental health services** and improve outcomes by creating the state’s largest non-profit mental healthcare network
- **Expand community partnerships** to strengthen health and safety net programs and address gaps in care
- **Ignite health innovation, research and education** through an expanded innovation corridor and the state’s largest healthcare workforce training program

To learn more about how this strategic ombination will benefit our community, scan this code.



Key Terms of the Agreement

The Strategic Combination agreement has been thoughtfully crafted to ensure alignment in goals and objectives. Some key terms of the agreement that staff should understand:

- WakeMed will continue operating as a community hospital providing care for all, with local leadership and governance.
- WakeMed will become fully integrated with Atrium Health. Integration will be gradual and thoughtful, with input from staff across the organization.
- Leadership will be responsible for day-to-day operations best managed at a local level (for example, safety, quality, access, patient experience).
- WakeMed will maintain 501c3 non-profit designation and retain respective operating licenses, Medicare provider numbers, accreditations and credentialed Medical Staffs.
- The WakeMed Board of Directors will continue to be a 14-member, volunteer Board with the majority of appointments made by Wake County.
- WakeMed and Atrium Health will work to create an integrated health system that shares foundational elements of each culture and adopt best practices from each organization.
- As WakeMed is integrated into Atrium Health, employee years of service will be honored and benefit harmonization efforts will take place, with a focus on providing strong, competitive and equitable offerings for every member of our team.
- The closing of this transaction will not result in any layoffs.

“WakeMed is a mission driven organization. Providing the highest quality of care for all we serve regardless of means and circumstance is the lens through which all decisions are made. A strategic combination with Atrium Health is the clearest path we have found to ensure our mission endures well into the future. Our shared commitment to compassionate service, community well-being and, most importantly, care for all, forms the cornerstone of our mission's future.”

Thad McDonald, MD, Chair, WakeMed Board of Directors

An Investment in Our Future

As part of this agreement, Atrium Health has committed a \$2 billion investment in WakeMed over the next 10 years. This will help fund:

- The redevelopment and expansion of the aging **Raleigh Campus** facilities with additional inpatient beds and modern infrastructure to meet growing community needs, while advancing the Wake III Health and Education District.
- Expanding **Cary Hospital and North Hospital facilities** by adding much needed inpatient beds and clinical services.
- Further development of inpatient and outpatient services at the **WakeMed Garner Whole Health Campus**.
- Building **two new Healthplex locations** in Rolesville and Fuquay-Varina with stand-alone emergency departments and easily accessible outpatient services.

What Happens Now?

While this is a very exciting step forward for WakeMed – and our WakeMed family – there are no immediate changes taking place. Some key milestones in the next 6-9 months include:

- **County Commissioners Vote** – The Wake County Board of Commissioners will vote on an amendment to the original 1997 Transfer Agreement and articles of incorporation. This vote is necessary to approve the strategic combination.
- **Regulatory Approvals** – Agreements of this type require regulatory review and approval. This process will take several months, following Board of Commissioner approval.
- **Integration Planning & Implementation** – Following all necessary approvals, an integration team will create the roadmap for how we can best come together, building upon the strengths and legacies of both organizations. Integration will take several years to complete.



WakeMed celebrated **Earth Day** the Wake Way by once again cleaning out desks, workstations and filing cabinets to securely shred items that were no longer needed. Congratulations to Emergency Department – Raleigh Campus for recycling the most paper (by weight) at Raleigh Campus – they brought over 325 pounds of unneeded documents to the courtyard! Facilities Services was the winning team at Cary Hospital, with 831 pounds of documents shredded. In total, over 2,375 pounds of documents were shredded at these events!



The WakeMed Foundation hosted its second annual **Clays for a Cause** tournament on April 24 at Rose Hill Farm. With the support of 51 teams and 204 participants, the tournament raised \$64,970, almost doubling 2025! Congratulations to our winning teams, including Falcon Engineering (back course) and Barbour's Towing (front course).



Cary Hospital hosted the Cary Chamber of Commerce's 2026 **Leadership Cary** group in April. In addition to valuable presentations and facility tours, the participants had a chance to learn about the specialized services and advanced technology available within the Cary Hospital Medical District. Thank you to our staff for making this such an informative day for these future Cary community leaders!



On May 1, we welcomed 150+ high school students for an inside look at careers in WakeMed at the annual **Navigating Health Care Careers Conference**. From exploring Imaging Services and the Lab to getting hands-on with the tools and technology used in WakeMed Surgical Services, participants experienced what it is truly like to be part of our team. Through programs like this, WakeMed is committed to opening doors, building awareness and helping students navigate meaningful careers in healthcare.



FUN AT WAKEMED CHILDREN'S

WakeMed's young patients and their families (and our staff!) have enjoyed many special visitors this spring! Thank you to Scottie's Building Services for bringing the superhero fun, the 501st Carolina Garrison for celebrating Star Wars Day (May 4) with us, and the Carolina Ballet and others for visiting WakeMed Children's!



Have news to share?

Send it to

microscope

@wakemed.org

INVESTING IN SAFETY New Tech to Protect Staff & Patients



A more humane device than the taser, the Generated Low Output Voltage Emitter (G.L.O.V.E.) is just that – a glove our officers wear that emits a low level of electricity to de-escalate and distract a combative person during law enforcement action. As a wearable, the G.L.O.V.E. is unassuming. The company reports that it lowers injury rates by 40%. Officers will pilot the G.L.O.V.E. at Garner Healthplex.

The G.L.O.V.E.



There are approximately 1,500 security cameras system-wide. Facilities and Campus Police & Public Safety are beginning to replace current cameras with new ones that have a weapon detection system built into them. An offsite team can then confirm if weapons are on our properties and report to WakeMed’s police force.

New Cameras



Garner Healthplex and Brier Creek Healthplex will be pilot sites for personal panic alarm testing, utilizing devices developed and distributed by Securitas.

Personal Panic Alarms



Healthplex EDs and Lab and Imaging departments will be alerted by strobe light if an incident is occurring in the facility.

Strobe Alarm



A team is currently working on a flag in Epic to alert care team members if a patient may have challenging behaviors. Watch for more about this in the coming months.

Indicator in Epic



Cameras in parking areas of our hospitals and healthplexes scan license plates for potential stolen vehicles and persons of interest.

Cameras on License Plates



New Helton Awardee Teams Pursue Nursing, Rehab and Professional Certifications

WakeMed Foundation’s Helton Endowment Committee has awarded nine teams with funding to acquire new certifications and skills that enhance care for patients and families. Since 2012, the Helton Awardee program has provided funding for hundreds of WakeMed employees who acquired new certifications through team-based education. The team leaders and the new certification they seek are as follows:

- ▶ **Serena Burdick**, RN, (2 East Medicine – Cary Hospital) is leading a team of nurses pursuing medical surgical nurse certifications.
- ▶ **Erica Cook**, CNS, (Clinical Nursing Resource Specialist) and **Grace Patel**, RN, (3A CVIC) are co-leading a team seeking cardiac vascular nurse certifications.
- ▶ **Lynn Hammer** (Home Health) leads two teams. One is for current physical therapists (PTs) to become LSVT BIG® therapists to help patients with Parkinson’s and other mobility disorders enhance their balance, movement amplitude and motor control. Another is for PTs and PT assistants to become certified lymphedema therapists through the Academy of Lymphatic Studies.
- ▶ **Portia Walton** (Therapeutic Recreation) is leading a group to become Drums Alive® instructors so they can incorporate the evidence-based program to improve physical, mental and emotional rehabilitation in both group and one-on-one sessions.
- ▶ **Theresa Marositz**, RN, (Mother-Baby – Raleigh Campus) is leading two labor and delivery nurse teams. One team is seeking maternal newborn nurse certification. Another group is working toward low-risk neonatal nurse certification.
- ▶ 6B Orthopaedics leaders **Karen York**, RN, **Taylor Adkins**, RN, and **Raven Thatcher**, RN, are leading a team seeking orthopaedic nurse certification to build on the quality of services recognized by The Joint Commission in awarding WakeMed the Gold Seal of Approval for Advanced Total Joint Certification in Total Hip and Knee Replacement Surgery.
- ▶ **Noel Hammond**, RN, (Information Services) is leading a group of specialists within Clinical Informatics & Training to earn project management professional certifications.



Happy 2nd Birthday, WakeBrook!

On May 13, the team at WakeMed Mental Health & Well-Being Hospital – WakeBrook celebrated two years of serving patients with complex mental health issues. The team has:

- ▶ Served 2,400 patients in the 28-bed facility
- ▶ Gathered 4,380 times for family style meals
- ▶ Led 10,192 therapeutic group sessions
- ▶ Completed nearly 2 million safety rounds





Did you know that WakeMed Children’s – Pediatric Primary Care now has locations in Cary, Clayton, Fuquay-Varina, Morrisville, Raleigh and Wake Forest?

Our growing team of pediatricians and Advance Practice Providers offer easy access and high-quality care that is both close to home and aligned with WakeMed Children’s vast array of specialty care services. Choosing WakeMed Children’s – Pediatric Primary Care for your family means you are part of an integrated system of care that includes everything from pediatric urgent care and emergency medicine to specialty care practices and Wake County’s first and only Children’s Hospital.

Zero Co-pay Primary Care for WakeMed Medical Plan Members

New this year – zero co-pay for primary care visits for WakeMed Medical Plan members and eligible dependents. This applies to pediatric primary care and adult primary care.

If your family is in search of a Primary Care Home for your child, WakeMed Children’s is currently accepting patients and welcomes the opportunity to serve the needs of your growing family. Visit wakemed.org or go to the WakeMed All Access App to meet our care teams and schedule an appointment.

NEWS FROM WakeMed Physician Practices

Welcome New Physician



Megan Salter, MD, PhD
Primary Care

Welcome New Advanced Practice Providers

- Melissa Atwell, PA
Plastic & Reconstructive Surgery
- Benjamin Coil, PA
Heart & Vascular
- Andrea Penny, NP
MyCare 365
- Chelsea Stoutenburg, PA
Heart & Vascular
- Monica Williams, NP
OB-GYN
- Holly Wells, NNP
Neonatology

WakeMed Recognized for Top Maternity Care

For the fifth consecutive year, *Newsweek* has named WakeMed Raleigh Campus, WakeMed Cary Hospital and WakeMed North Hospital to its list of America’s Best Maternity Hospitals. According to a national ranking by *Newsweek* based on data from Statista, WakeMed is among the leading maternity care hospitals in the U.S. The distinction recognizes WakeMed as a proven leader in providing the highest level of quality care for all birthing people and their babies. *Newsweek’s* 2026 list of America’s Best Maternity Hospitals spotlights the nation’s leading 460 hospitals with maternity services that have fully met Statista’s standards for maternity care on evidence-based, nationally standardized metrics.

Money Magazine Names WakeMed a Top Hospital for Pediatric Care

WakeMed has been named one of the nation’s top hospitals for pediatric care by *Money* magazine. WakeMed is one of only three hospitals in North Carolina to make the list. After evaluating thousands of hospitals nationwide, *Money’s* 2026 list recognizes 75 hospitals with the highest overall rankings, based on factors including CMS ratings, quality of care, price transparency, collective pediatric expertise and more. The 75 top-performing hospitals earned either a four- or five-star rating from the Centers for Medicare & Medicaid Services (CMS) and have designated facilities staffed by experienced pediatric specialists.

WakeMed is home to the WakeMed Children’s Hospital, the only pediatric inpatient care provider in Wake County. Additionally, WakeMed provides comprehensive pediatric services for children and their families, including Wake County’s only dedicated Children’s Emergency Department, advanced surgical procedures and pediatric and neonatal intensive care as well as pediatric inpatient and outpatient rehabilitation.

WakeMed OB-GYN on a National Stage



Jenna Beckham, MD, MSPH, (OB-GYN), was invited to present WakeMed’s work on implementing an EHR-embedded postpartum hemorrhage toolkit to strengthen early risk recognition and standardize response across obstetric units to a national audience at the American Hospital Association’s recent Research & Educational Trust National Accelerator Event in Chicago. The team’s work was also selected as a case study for The National Accelerator. Since implementation in 2022, our hospitals have seen sustained reductions in obstetric hemorrhage, fewer severe postpartum hemorrhage events and stronger alignment around a standardized, team-based response. It’s an outstanding example of how embedding safety tools into routine workflows can drive reliable improvement without adding complexity.

Spring 2026 Leapfrog Hospital Safety Grades

The latest round of Hospital Safety Grades were released May 6 by The Leapfrog Group. Raleigh Campus again received an A grade, Cary Hospital and North Hospital both received B grades. All three hospitals had received A grades in the fall 2025 scores. Remarkably, Raleigh Campus has received an A grade for the last nine reporting cycles.

The spring Leapfrog Hospital Safety Grades are based on performance against 20+ measures of errors, injuries and infections, as well as the systems hospitals have in place to prevent them. All three of WakeMed’s hospitals scored above the Leapfrog mean (average) in nearly all measures. Reporting periods for graded measures vary from 2021 through 2025.

Congratulations, Outstanding Preceptor Award Winners



Ashley Mielcarek (far left) and Antoinette Nery Bonilla (far right) were two of the three recipients of the Outstanding Preceptor Awards.

On May 6, Workforce Development hosted the Spring Apprentice and Student Scholar Breakfast, bringing together students and staff from across the system, along with educational partners. The event celebrated more than 50 apprentices and student scholars, and recognized the dedicated teams that continue to invest in the next generation of healthcare professionals. The apprenticeship programs currently include Medical Assisting, Surgical Technology, Imaging (CT, MRI, Ultrasound, Mammography, and Radiography), Medical Laboratory Technology, Pharmacy Technology and Cardiovascular (CV) Testing, with EMT and Respiratory Therapy programs launching this summer. These programs succeed thanks to the dedication, time and commitment of staff members who support and mentor

learners each day.

During the celebration, three Most Outstanding Preceptors were recognized. Nominated by students, these individuals demonstrate exceptional mentorship, leadership, and service to apprentices and student scholars. This year’s Outstanding Preceptor recipients are:

- ▶ **Yolanda Morales**, Medical Assistant (OB-GYN – Cary), not pictured
- ▶ **Antoinette Nery Bonilla**, Medical Laboratory Scientist II (Pathology Labs – Garner Healthplex)
- ▶ **Ashley Mielcarek**, Team Lead (CV Testing – Raleigh Campus)

Thank you to those who work with and support our students. Your contributions play a critical role in shaping the future of healthcare and making a lasting impact on the lives of learners.

Exceptional
People.
Exceptional
Care.



Celebrating WakeMed Nurses *with Distinction!*

May is National Nurses Month and the 2026 theme is “The Power of Nurses.” WakeMed nurses are certainly powerful people! They made WakeMed the first health system in North Carolina to earn Magnet® *with Distinction* honors.

What Is Magnet *with Distinction*?

Magnet *with Distinction* is an elite recognition awarded to hospitals and health systems that exceed the highest standards of nursing excellence and patient care within the American Nurses Credentialing Center (ANCC) Magnet Recognition Program.

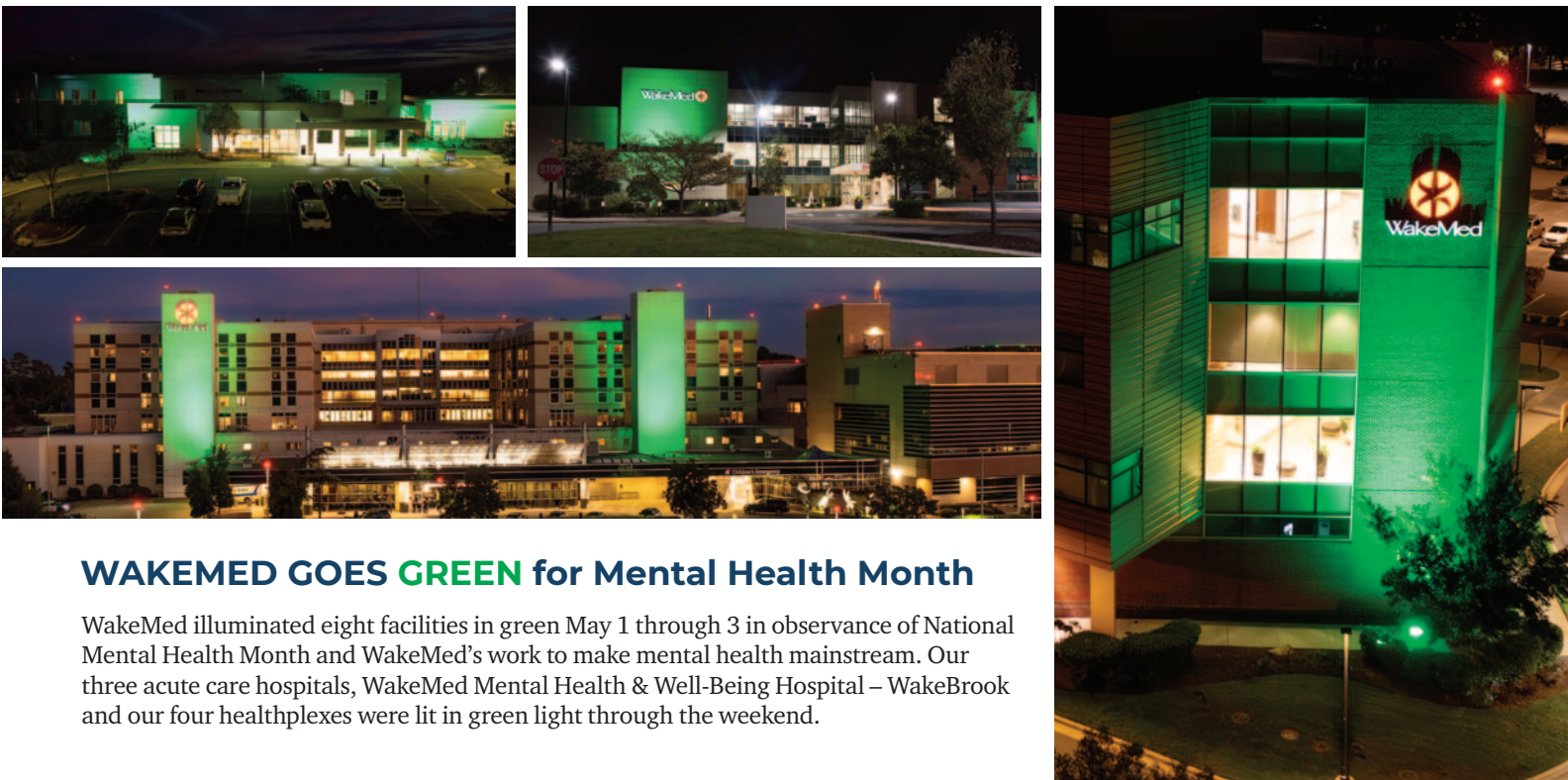
In 2025, WakeMed was the first health system in North Carolina to receive Magnet *with Distinction* honors and is among just four in the state. At this writing, only 87 hospitals worldwide have achieved Magnet *with Distinction* recognition.

The ANCC introduced Magnet *with Distinction* recognition in 2022 to honor hospitals that surpass the rigorous requirements of standard Magnet recognition. Fewer than 10% of U.S. hospitals are recognized as Magnet, making the “*with Distinction*” designation an elite level of healthcare quality and service performance. It signifies that these outstanding hospitals demonstrate exceptional nursing practices, patient outcomes and engagement.

Significance

For patients, Magnet *with Distinction* signals superior care, improved safety and better outcomes. For nurses, it represents a workplace that fosters professional growth, autonomy, and engagement. For the healthcare industry, it sets a benchmark for nursing leadership and organizational excellence.

Magnet *with Distinction* is the highest nursing recognition. It celebrates hospitals that exceed rigorous Magnet standards, reflecting commitment to continuous improvement, evidence-based practice and exceptional patient care and service. Magnet *with Distinction* hospitals – like WakeMed Raleigh Campus, WakeMed Cary Hospital and WakeMed North Hospital – serve as global models of excellence for healthcare organizations.



WAKEMED GOES GREEN for Mental Health Month

WakeMed illuminated eight facilities in green May 1 through 3 in observance of National Mental Health Month and WakeMed’s work to make mental health mainstream. Our three acute care hospitals, WakeMed Mental Health & Well-Being Hospital – WakeBrook and our four healthplexes were lit in green light through the weekend.

YOUR
MENTAL
health
IS A
PRIORITY

It’s time to free our community of the stigma surrounding mental health and everyone can help. Talk about it. Have open conversations about mental health and check in with family, friends and coworkers to see how they are doing. WakeMed reminds everyone that help is always available by calling or texting 988. You are not alone. You are loved.



HonorBridge & WakeMed: Saving and Transforming Lives

At 10:08 am April 1, physicians, APPs, leaders and staff gathered at WakeMed’s three acute care hospitals for the annual Pause to Give Life service. The event includes a flag-raising to honor donors, their families, those who are waiting and recipients who received the gift of life and celebrate what Donate Life Month means. The time 10:08 signifies that one donor can save eight lives. HonorBridge representatives work with our staff to obtain organ, eye and tissue from donors who passed away at a WakeMed hospital or Healthplex. In 2025, 50 donors resulted in 162 lifesaving transplants and 28 organs went to research. WakeMed was best in the HonorBridge service area for vented referrals, tissue conversion and donor volume. Please continue to encourage family and friends to register as donors. It can truly mean the gift of life.



Annual Mandatory Training Due June 30!

WakeMed’s annual mandatory package, WM-MAN, will be assigned to all employees (hired on or before Dec. 31, 2025) via WakeMedU on Monday, June 1, and must be completed by June 30. Failure to complete required education by original due date will result in employees being ineligible for any potential WakeShare and 2027 merit increases.

WakeMedU Learner Home

Recent enhancements to WakeMedU include the option to create a personalized Skills Profile – empowering you to clearly identify, prioritize and take ownership of your growth and development areas. WakeMedU’s AI-powered features will use your Skills Profile to recommend personalized learning and training opportunities – supporting your individual development journey every step of the way. To get started, search “Skills Profile” in WakeMedU to find the tip sheet with step-by-step setup instructions.

WHAT AN EMPLOYEE!

Kelly Thompson-Brazill, DNP, (Cardiothoracic Surgery) finished her year as Nursing Section Chair for the Society of Critical Care Medicine (SCCM) and was awarded a 2026 Presidential Citation. She also moderated a roundtable discussion and gave two podium presentations at SCCM’s Annual Congress in Chicago.

Rehab Admissions congratulates **Abby Precht** on her promotion to supervisor.

Congratulations to **Kristy Whitley**, BSN, RN, and **Kimberly Dail**, BSN, RN (both of Cardiac Rehab), and **Brielle Reyes**, DNP (Heart & Vascular), for being recognized as ECU’s 2025 Preceptors of the Year.

Robert Way (Emergency Communications) was promoted to manager.

COMINGS & GOINGS



OneCall Outpatient Scheduling wishes **Maryline Crumel**, top, a happy retirement after 41 years of service.

Happy retirement to **Vicki Whitley**, BSN, RN, bottom, executive director of Ambulatory Services, who retired after more than 20 years of dedicated service to WakeMed.

Emergency Communications wishes **Lauren McMahon** well as she departs WakeMed.



6C Surgery & Trauma welcomes **Maria Guzman Merino**, LPN.

Patient Case Management welcomes **Jordana Cogle**, RN, and **Danielle Farr**.

3B CVIC welcomes **Karron Strickland**, RN; **Brendan Marshburn**, RN; **Garima Pokhrel**, RN, and **Addie Albright**.

2E CVICU welcomes **Whitney Miles**, RN, and **Taylor Peaden**, RN.

Invasive Cardiology welcomes **Joe Repper**, RN; **Tracy Rattanabandith** and **Erin McEachern**. Additionally, they welcome their new scholar, **Jeanne Nash**.

STICU welcomes **Sabrina Lopez Zapata**, RN; **Taylor Douglas**, RN; **Joycelin Uyadi**, RN; **Claire Simutis**, RN, and **Kali DeSantiago**, RN.

Congratulations to **Abbey Cobb**, RN, on her recent transition to the STICU supervisor/educator role.

IN MEMORIAM



Kathleen Askew (Imaging Services) passed away on May 16, 2026. Kathy was a member of the WakeMed family for more than 42 years, most recently serving patients at our Brier Creek and Wendell Healthplexes. Kathy touched the hearts of many people and will be missed. Please join us in keeping her family, loved ones and colleagues in your thoughts during this difficult time.

WAKEMED HEART & VASCULAR FIRSTS



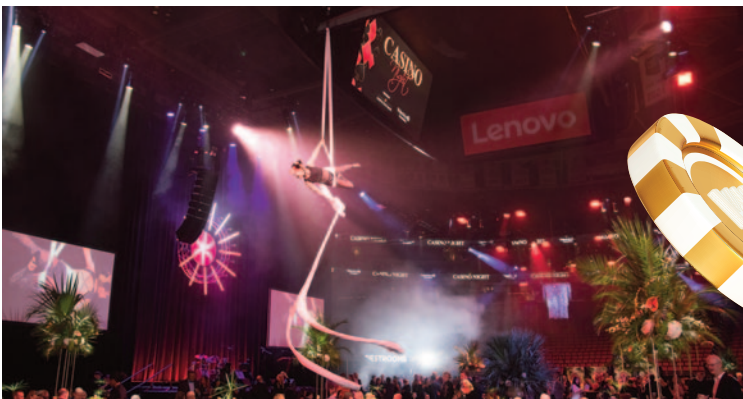
New Surgical Option to Improve High Blood Pressure

Pratik Desai, MD, (Heart & Vascular – Cary Cardiology) completed WakeMed’s first renal denervation procedure using the Recor Paradise system at Cary Hospital on April 24. This procedure is for patients with high blood pressure (hypertension) that remains uncontrolled despite multiple medications, which is a leading cause of cardiovascular issues, including heart failure, stroke, coronary heart disease and more. The Paradise ultrasound renal denervation system treats hypertension by ablating the nerves around the renal arteries, disrupting the overactive sympathetic nerves that can cause hypertension. This case marks the beginning of what will hopefully be an important and impactful addition to our hypertension treatment capabilities here at WakeMed. Congratulations to Dr. Desai and the Cary Hospital Cath/EP Lab on this recent WakeMed first!



Minimally Invasive Procedure for Mitral Valve Regurgitation

Andrew Sampson, MD, (Heart & Vascular – Structural Heart), far left, and **Bryon Boulton**, MD, (Heart & Vascular – Cardiovascular Surgery) recently performed a transcatheter valve repair procedure using the PASCAL Precision Transcatheter Valve Repair System. This was the first time this system has been used in the Raleigh area. The PASCAL Precision system is a minimally invasive procedure used to treat degenerative mitral valve regurgitation in patients who are not candidates for open heart surgery. Degenerative mitral regurgitation is when the leaflets of the heart’s mitral valve do not close properly, causing blood to leak backward. During this procedure, the Pascal implant brings the leaflets together to prevent the backflow of blood which improves cardiac output and symptoms such as shortness of breath, fatigue and swelling.



CASINO Night

Hundreds of guests joined the WakeMed Foundation for its Casino Night and Society Soiree at the Lenovo Center in April. From the energy in the room to the generosity on display, the evening was a true celebration of community, courage and compassion. Thanks to the many donors, volunteers and sponsors, WakeMed is moving closer to a future where exceptional care is available to all, including progress toward the Courage to Confront Crisis Campaign for the new WakeMed Mental Health & Well-Being Hospital, which has now reached \$36M of its \$50M goal.



MICROSCOPE

Microscope is a monthly newsletter written by and for the employees of WakeMed. Our goal is to provide employees and friends of WakeMed with the most up-to-date news on all of the hospital system's activities. The Marketing & Communications department thanks all of the employees who contributed to this publication.

We welcome comments and suggestions on this publication and its content. Call (919) 350-8120, e-mail microscope@wakemed.org, or write Microscope, WakeMed Marketing & Communications, 3000 New Bern Avenue, Raleigh, NC 27610.

Kate Wilkes Editor
WakeMed Employees, Photos

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Tuesdays, May 5 – August 11
10 am to 2 pm
The Courtyard



Follow us TO WELLNESS!



WakeMed & WakeMed Children's



@WakeMedHospitals



@WakeMed

CALENDAR OF EVENTS



JUNE BLOOD DRIVES

Wednesday, June 10

- Raleigh Campus – 7:30 am to 5 pm
- Cary Hospital – 7:30 am to 5 pm
- Operations Center – 9:30 am to noon
- Garner Healthplex – 2 to 6 pm

Thursday, June 11

- Raleigh Campus – 7:30 am to 2:30 pm
- North Hospital – 8 am to noon
- Apex Healthplex – 2 to 6 pm

ONE TEAM. MANY VOICES.

May is Asian American & Pacific Islander Heritage Month

Did you know? There are about 100 distinct languages among the different ethnic groups from Asia, the Indian subcontinent and the Pacific Islands! Asian American and Pacific Islander (AAPI) Heritage Month celebrates the culture, accomplishments and contributions of the AAPI community. Consider how you might take some time to learn more about AAPI heritage. For more information and resources, visit the Diversity & Inclusion intranet page.

Juneteenth Recognition Ceremony

June 19 at 10 am
Raleigh Campus Courtyard & Cary Hospital Main Entrance

This observance is a reminder of our history, hopefulness and our bright future. For more information and resources, visit the Diversity & Inclusion intranet page.

PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Invest in yourself with WakeMed Organizational Development! Check out the courses below to build skills in communication, teamwork, respect and accountability – key Wake Way Every Day behaviors that drive success. To register for these courses and to view future course offerings, visit WakeMedU today.

- **Unconscious Bias:** June 23
- **Navigating Difficult Conversations:** June 25
- **EmpowerEd Bites session: Bridging the Generational Gap:** June 26

Caregivers Connection Group: Understanding the Continuum of Care

Friday, June 12, Noon to 1 pm

This virtual session will explore what families should know about different care environments, including assisted living, skilled nursing and home health. See WakeMedU for details/registration.

EMPLOYEE WELL-BEING

The Scoop on Nutrition

Join a Corporate and Community Health registered dietitian in a 30-minute detailed dive into a wide variety of nutrition topics. See MyWakeMed for times and details to join the discussion.

The Food-Mood Connection June 3, 16 & 18

In June's class, discover how the foods you eat can boost your mood, support emotional well-being, and help you feel your best every day.

WAKE AHEC

- **Emergent Topics in Pediatric and Adolescent Medicine** – May 29
- **Level Up! Men's Health Edition 2026** – June 6
- **Navigating the Complex World of Autism Spectrum Disorder for Children and Adolescents of Color** – June 18

For a complete list of events, visit wakeahec.org/courses-and-events.