

WakeMed Multimodal Pain Management Order Set

Multimodal Pain Management

- Scheduled options
- PRN mild pain
- PRN moderate pain
- PRN severe pain
- Patient NPO or Intubated
- IV PCA
- Bowel Program
- Consult Pain

Scheduled options

Avoid ketorolac if Clcr <30, recent MI or CVA, or high risk from bleeding (e.g. intracranial hemorrhage, epidural hematoma)
Avoid gabapentin if patient has altered mentation

- acetaminophen (Tylenol) 1000 mg PO q6h x 7d
1,000 mg, Oral, Every 6 hours, for 7 days
- acetaminophen (Tylenol) 500 mg PO q6h x 7d **<50 kg or liver disease**
500 mg, Oral, Every 6 hours, for 7 days
- ibuprofen (Motrin) 600 mg PO q6h x 7d
600 mg, Oral, Every 6 hours, for 7 days
- ibuprofen (Motrin) 400 mg PO tid x 7d **<50 kg or Clcr 30-60**
400 mg, Oral, 3 times daily, for 7 days
- ketorolac (Toradol) 15 mg IV q6h x 24h
15 mg, Intravenous, Every 6 hours, for 24 hours
- gabapentin (Neurontin) 300 mg PO tid x 7d
300 mg, Oral, 3 times daily, for 7 days
- gabapentin (Neurontin) 100 mg PO tid x 7d **>65 yo or Clcr<30**
100 mg, Oral, 3 times daily, for 7 days
- methocarbamol (Robaxin) 500 mg PO q6h x 7d
500 mg, Oral, Every 6 hours, for 7 days
- lidocaine patch 4% daily x 7d
1 patch, Transdermal, Daily, for 7 days
- cool compress q6hr PRN pain
Routine, Continuous

PRN mild pain

Do not order PRN medication that is also ordered scheduled (due to dose limit)

- acetaminophen (Tylenol) 1000 mg PO q6h PRN
1,000 mg, Oral, Every 6 hours PRN, mild pain, fever
- ibuprofen (Motrin) 600 mg PO q6h PRN
600 mg, Oral, Every 6 hours PRN, mild pain, fever

PRN moderate pain

- oxycodone 2.5 mg PO q6h PRN ****low dose e.g. >65 yo****
2.5 mg, Oral, Every 6 hours PRN, moderate pain
- oxycodone 5 mg PO q4h PRN ****standard dose****
5 mg, Oral, Every 4 hours PRN, moderate pain
- oxycodone 10 mg PO q4h PRN ****high dose****
10 mg, Oral, Every 4 hours PRN, moderate pain

PRN severe pain

- morphine 1-2 mg IV q2h PRN ****>65 yo****
1-2 mg, Intravenous, Every 2 hour PRN, severe pain
- morphine 2-4 mg IV q2h PRN
2-4 mg, Intravenous, Every 2 hour PRN, severe pain
- hydromorphone (Dilaudid) 0.25-0.5 mg IV q2h PRN ****>65 yo****
0.25-0.5 mg, Intravenous, Every 2 hour PRN, severe pain
- hydromorphone (Dilaudid) 0.5-1 mg IV q2h PRN
0.5-1 mg, Intravenous, Every 2 hour PRN, severe pain

Patient NPO or Intubated

Avoid ketorolac if Clcr <30, recent MI or CVA, or high risk from bleeding (e.g. intracranial hemorrhage, epidural hematoma)

- acetaminophen (Tylenol) 650 mg PR q6h x 24h
650 mg, Rectal, Every 6 hours, for 24 hours
- acetaminophen (Tylenol) oral solution per tube PRN
650 mg, Tube, Every 4 hours PRN, mild-moderate pain or fever
- gabapentin (Neurontin) oral solution
- ketorolac (Toradol) 15 mg IV q6h x 24h
15 mg, Intravenous, Every 6 hours, for 24 hours
- opioid

IV PCA


Opioid

Default opiate is morphine, may change to hydromorphone or fentanyl if desired. Enter dosing if non-standard.
Basal rate option not recommended unless patient is opioid tolerant.

morphine PCA infusion
Intravenous, PCA, Starting today at 1900, For 5 days
PCA Demand Dose: Continuous Rate: Lockout Time:
PCA Demand Dose: 0.015 mg/kg (Per PCA Dosing Table)
Continuous Rate: 0
PCA Lockout: 8 min
Maximum MEDD: Unknown for this order

HYDRomorphone (DILAUDID) PCA infusion
Intravenous, Starting 8/25/21, PCA Demand Dose: Continuous Rate: Lockout Time:

fentaNYL PCA infusion
Intravenous, Starting 8/25/21, PCA Demand Dose: Continuous Rate: Lockout Time:

 Bowel Program

docusate (Colace) 100 mg PO bid
100 mg, Oral, 2 times daily

senna (Senokot) 17.2 mg PO bid
2 tablet, Oral, 2 times daily

polyethylene glycol (Miralax) 17g PO daily
17 g, Oral, Daily


bisacodyl (Dulcolax) 10 mg PR daily PRN
10 mg, Rectal, Daily PRN, constipation

Consult Pain: Who: Carolina Rehab; How: Rapid Connect Message ✔ Accept ✖ Cancel

P

Who:

How:

 Reason for Consult:

Reply:

Process Inst.: This consult service is NOT AVAILABLE after hours or on weekends; consults placed after 4pm via RapidConnect will be HELD until 8am, and consults placed on Sat or Sun will be HELD until Mon.