

ALWAYS AVAILABLE

BREAKFAST

CEREALS

CHEERIOS | CORN FLAKES
RICE KRISPIES | TOTAL RAISIN BRAN

APPLE CINNAMON CREAM OF WHEAT
OATMEAL

BAKERY

ENGLISH MUFFIN
WHITE OR WHEAT TOAST

FRUIT

ASSORTED YOGURTS
SEASONAL FRUIT CUP | PEACHES

GRILL

CINNAMON FRENCH TOAST
BUTTERMILK PANCAKES
SCRAMBLED EGGS
TURKEY SAUSAGE

LUNCH & DINNER

SOUP

CHICKEN NOODLE | SEASONAL SPECIAL

SALAD

BERRY FIELDS, FETA, STRAWBERRIES,
BLUEBERRIES, CANDIED PECANS, SPRING MIX

CHICKEN CAESAR, GRILLED CHICKEN,
PARMESAN, CROUTONS, ROMAINE

SANDWICH

TURKEY, TURKEY, WHOLE WHEAT
CHICKEN SALAD CUP

GRILL

DELUXE HAMBURGER, GRILLED BURGER,
BRIOCHE

GRILLED CHICKEN SANDWICH, GRILLED
CHICKEN, BRIOCHE

GRILLED CHICKEN BREAST
SALMON

DESSERT

PUDDING: VANILLA OR CHOCOLATE
ICE CREAM: VANILLA OR CHOCOLATE
GELATIN: STRAWBERRY OR ORANGE
VANILLA WAFERS

BEVERAGES

COFFEE

TEA
ICED | HOT

HOT
COCOA

MILK
SKIM | 2%

JUICE
APPLE | GRAPE
ORANGE

BELIEVE IN
THE POWER OF
food

MENU

RENAL

HOURS

6:30 am - 6:30 pm
Monday - Sunday

TO PLACE YOUR ORDER

A patient dining associate will
visit you to take your orders
for the following day.
Should you be unable to place
your orders at the bedside
call extension 08185 or
919-350-8185.





YOUR DIET, LIKE YOUR MEDICATION, IS AN IMPORTANT PART OF YOUR TREATMENT AND MAY SPEED YOUR RECOVERY. YOU WILL RECEIVE THE DIET ORDERED BY YOUR DOCTOR, WHO MAY TRANSITION YOUR DIET THROUGH YOUR STAY.

DAILY SPECIALS

SUNDAY

BREAKFAST
BAGEL & CREAM
CHEESE
SCRAMBLED EGG

LUNCH
ITALIAN MEATBALLS
ROTINI, ALFREDO SAUCE,
ITALIAN CHOPPED SIDE SALAD

DINNER
ROASTED CHICKEN
THIGH
EDAMAME FRIED RICE,
HIBACHI VEGETABLES

MONDAY

BREAKFAST
TOASTED ENGLISH
MUFFIN
SCRAMBLED EGG

LUNCH
SMOKEHOUSE
BBQ PORK
PULLED PORK, BROCCOLI RICE
CASSEROLE, RED CABBAGE
SLAW, HONEY-KISSED
CORNBREAD

DINNER
CAJUN CHICKEN PASTA
BLACKENED CHICKEN,
SAUSAGE, ROTINI, PEPPERS &
ONIONS, MUSHROOMS, WHITE
WINE CREAM SAUCE

TUESDAY

BREAKFAST
APPLE CINNAMON
CREAM OF WHEAT
SCRAMBLED EGG, TURKEY
SAUSAGE PATTY

LUNCH
BEEF STROGANOFF
BUTTERED EGG NOODLES,
LEMON PEPPER GREEN BEANS

DINNER
ROASTED CHICKEN
BREAST
GRAVY, CORNBREAD STUFFING,
HERB GREEN BEANS

WEDNESDAY

BREAKFAST
NITTY GRITTY
BOWL
GRITS, SCRAMBLED EGG,
SCALLIONS

LUNCH
CHICKEN ALFREDO
ROTINI, ITALIAN SAUTÉED
ZUCCHINI, PARMESAN

DINNER
HOMESTYLE
MEATLOAF
WHITE RICE, BROCCOLI, GRAVY

THURSDAY

BREAKFAST
TOASTED ENGLISH
MUFFIN
SCRAMBLED EGG

LUNCH
ROTISSERIE CHICKEN
RICE, LEMON PEPPER GREEN
BEANS

DINNER
WILD MUSHROOM
RISOTTO & GRILLED
CHICKEN
SHITTAKE MUSHROOM RISOTTO,
SOY GINGER

FRIDAY

BREAKFAST
FRENCH TOAST
CINNAMON VANILLA,
SCRAMBLED EGG

LUNCH
CARIBBEAN CHICKEN
YELLOW RICE, FRESH GREEN
BEANS

DINNER
BEEF BURGUNDY
BRAISED BEEF, HERB CITRUS
CRUNCH, ROSEMARY POLENTA,
CARAMELIZED CARROTS &
PEARL ONIONS

SATURDAY

BREAKFAST
TOASTED ENGLISH
MUFFIN
SCRAMBLED EGG, APPLE
CINNAMON CREAM OF WHEAT

LUNCH
CHICKEN POT PIE
PEAS, GREEN BEANS, CREAMY
SAUCE, PIE CRUST, STEAMED
BROCCOLI

DINNER
SOUTHWESTERN
CHICKEN BREAST
SAUTÉED ZUCCHINI