#### **ALWAYS AVAILABLE**

#### **BREAKFAST**

**CEREALS** 

CHEERIOS | CORN FLAKES RICE KRISPIES | TOTAL RAISIN BRAN

APPLE CINNAMON CREAM OF WHEAT OATMEAL | GRITS

**BAKERY** 

ENGLISH MUFFIN WHITE OR WHEAT TOAST

#### **FRUIT**

FRUIT & HONEY YOGURT CRUNCH SEASONAL FRUIT CUP | PEACHES

GRILL

BREAKFAST POTATOES CINNAMON FRENCH TOAST BUTTERMILK PANCAKES SCRAMBLED EGGS TURKEY SAUSAGE PATTY

#### LUNCH & DINNER

SOUP

CHICKEN NOODLE SEASONAL SPECIAL

SALAD

**BERRY FIELDS,** FETA, STRAWBERRIES, BLUEBERRIES, CANDIED PECANS, SPRING MIX

**CHICKEN CAESAR,** GRILLED CHICKEN, PARMESAN, TOMATO, CROUTONS, ROMAINE

**CHICKEN SALAD** 

**SANDWICH** 

BISTRO TURKEY, TURKEY, SWISS, LETTUCE, TOMATO, MAYO, WHOLE WHEAT

**CLASSIC CHICKEN SALAD**, HOUSEMADE CHICKEN SALAD, LETTUCE, TOMATO, MULTI-GRAIN

#### **GRILL**

DELUXE HAMBURGER, WHOLE WHEAT BUN
GRILLED CHICKEN SANDWICH, GRILLED
CHICKEN, LETTUCE, TOMATO, ONION, BRIOCHE
GRILLED CHICKEN BREAST | SALMON

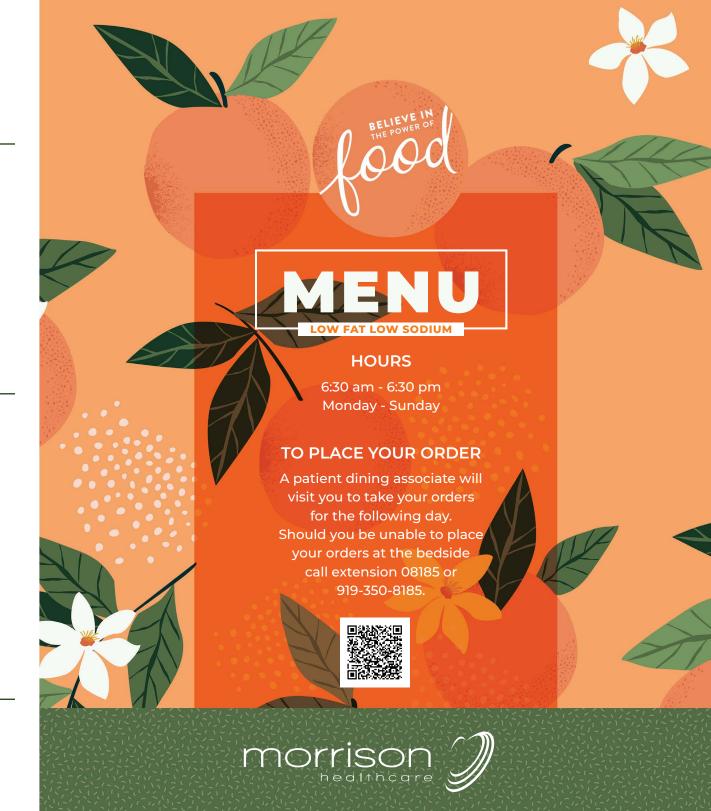
#### **DESSERT**

PUDDING: VANILLA OR CHOCOLATE GELATIN: STRAWBERRY OR ORANGE VANILLA WAFERS

#### BEVERAGES

COFFEE

TEA ICED | HOT HOT COCOA MILK SKIM | 2% JUICE APPLE | GRAPE ORANGE





YOUR DIET, LIKE YOUR MEDICATION, IS AN IMPORTANT PART OF YOUR TREATMENT AND MAY SPEED YOUR RECOVERY.
YOU WILL RECEIVE THE DIET ORDERED BY YOUR DOCTOR, WHO MAY TRANSITION YOUR DIET THROUGH YOUR STAY.

#### **DAILY SPECIALS**

#### SUNDAY

BREAKFAST
CLASSIC AMERICAN
BREAKFAST
SCRAMBLED EGG, BREAKFAST
POTATOES

### LUNCH ITALIAN MEATBALLS ROTINI, MARINARA, ITALIAN CHOPPED SIDE SALAD

## DINNER ROASTED CHICKEN THIGH EDAMAME FRIED RICE, HIBACHI VEGETABLES

#### LUNCH

TOASTED ENGLISH MUFFIN SCRAMBLED EGG

**BREAKFAST** 

MONDAY

# SMOKEHOUSE BBQ PORK PULLED PORK, BROCCOLI RICE CASSEROLE, RED CABBAGE SLAW, HONEY-KISSED CORNBREAD

#### DINNER

CAJUN CHICKEN PASTA
BLACKENED CHICKEN,
ROTINI, PEPPERS & ONIONS,
MUSHROOMS, WHITE WINE
CREAM SAUCE

#### WEDNESDAY

### BREAKFAST NITTY GRITTY BOWL

GRITS, SCRAMBLED EGG, TURKEY SAUSAGE PATTY, SCALLIONS

## LUNCH TOMATO BASIL CHICKEN ROTINI, ITALIAN SAUTÉED ZUCCHINI, PARMESAN

## DINNER HOMESTYLE MEATLOAF SMASHED POTATOES, RANCH BROCCOLI, GRAVY

#### **THURSDAY**

# BREAKFAST BREAKFAST SKILLET HOMESTYLE POTATOES, PEPPERS & ONIONS, SCRAMBLED EGG.

### ROTISSERIE CHICKEN WHITE RICE, BROCCOLI & CAULIFLOWER

# WILD MUSHROOM RISOTTO & GRILLED CHICKEN SHITTAKE MUSHROOM RISOTTO, SOY GINGER

#### FRIDAY

TURKEY SAUSAGE PATTY

### BREAKFAST FRENCH TOAST CINNAMON VANILLA, SCRAMBLED EGGS

### CARIBBEAN CHICKEN YELLOW RICE, BLACK BEANS, CARIBBEAN FRUIT SALSA

## BEEF BURGUNDY BRAISED BEEF, HERB CITRUS CRUNCH, ROSEMARY POLENTA, CARAMELIZED CARROTS & PEARL ONIONS

#### TUESDAY

### BREAKFAST SCRAMBLED EGGS RED POTATO HASH, TURKEY SAUSAGE PATTY

### LUNCH BEEF STROGANOFF BUTTERED EGG NOODLES, CARAMELIZED CARROTS

## DINNER ROASTED CHICKEN BREAST GRAVY, CORNBREAD STUFFING, HERB GREEN BEANS

#### SATURDAY

# BREAKFAST SPINACH & PARMESAN EGG BITE CHEESY SPINACH EGG BITE, RED POTATO HASH, TURKEY SAUSAGE PATTY

## LUNCH SOUTHWESTERN CHICKEN BREAST STEAMED BROCCOLI, RICE PILAF WITH MUSHROOMS

#### LASAGNA ROLL UP HEARTY MEAT SAUCE, SAUTÉED ZUCCHINI