

ALWAYS AVAILABLE

BREAKFAST

- CEREALS
APPLE CINNAMON CREAM OF WHEAT
GRITS
- FRUIT & YOGURT
VANILLA YOGURT
PEARS | PEACHES | MIXED BERRIES
APPLESAUCE

- ENTRÉE
PUREE WAFFLE
PUREE EGGS
PUREE SAUSAGE
COUNTRY GRAVY

LUNCH & DINNER

- ENTRÉE
PUREE CHICKEN
PUREE ROAST BEEF
PUREE PORK
PUREE TURKEY
PUREE BEEF PATTY
- SIDES
MASHED POTATOES | PUREE RICE
PUREE PASTA | PUREE CARROTS
PUREE GREEN BEANS
CHICKEN GRAVY | DEMI GLACE

- DESSERT
PUDDING: VANILLA OR CHOCOLATE
ICE CREAM: VANILLA OR CHOCOLATE
GELATIN: STRAWBERRY OR ORANGE

BEVERAGES

- COFFEE
- TEA
ICED | HOT
- HOT
COCOA
- MILK
SKIM | 2%
- JUICE
APPLE | GRAPE
ORANGE





YOUR DIET, LIKE YOUR MEDICATION, IS AN IMPORTANT PART OF YOUR TREATMENT AND MAY SPEED YOUR RECOVERY. YOU WILL RECEIVE THE DIET ORDERED BY YOUR DOCTOR, WHO MAY TRANSITION YOUR DIET THROUGH YOUR STAY.

DAILY SPECIALS

SUNDAY

BREAKFAST
PUREE SCRAMBLED EGGS
PUREE SAUSAGE, PUREE WAFFLE

LUNCH
PUREE ROAST BEEF
DEMI GLACE, PUREE PASTA, PUREE BROCCOLI

DINNER
PUREE CHICKEN
MASHED POTATOES, PUREE CARROTS

MONDAY

BREAKFAST
PUREE SCRAMBLED EGGS
PUREE SAUSAGE, PUREE WAFFLE

LUNCH
PUREE ROAST PORK
PUREE PASTA, PUREE CARROT

DINNER
PUREE CHICKEN
GRAVY, PUREE CARROTS

TUESDAY

BREAKFAST
PUREE SCRAMBLED EGGS
PUREE SAUSAGE, PUREE WAFFLE

LUNCH
PUREE ROAST BEEF
DEMI GLACE, MASHED POTATOES, PUREE GREEN BEANS

DINNER
PUREE TURKEY
MASHED POTATOES, PUREE GREEN BEANS

WEDNESDAY

BREAKFAST
PUREE SCRAMBLED EGGS
PUREE SAUSAGE, PUREE WAFFLE

LUNCH
PUREE CHICKEN
CHICKEN GRAVY, MASHED POTATOES, PUREE BROCCOLI

DINNER
PUREE BEEF
MASHED POTATOES, PUREE BROCCOLI

THURSDAY

BREAKFAST
PUREE SCRAMBLED EGGS
PUREE SAUSAGE, PUREE WAFFLE

LUNCH
PUREE ROAST BEEF
MASHED POTATOES, PUREE CARROTS

DINNER
PUREE CHICKEN
CHICKEN GRAVY, MASHED POTATOES, PUREE GREEN BEANS

FRIDAY

BREAKFAST
PUREE SCRAMBLED EGGS
PUREE SAUSAGE, PUREE WAFFLE

LUNCH
PUREE CHICKEN
CHICKEN GRAVY, MASHED POTATOES, PUREE GREEN BEANS

DINNER
PUREE ROAST BEEF
MASHED POTATOES, PUREE CARROTS

SATURDAY

BREAKFAST
PUREE SCRAMBLED EGGS
PUREE SAUSAGE, PUREE WAFFLE

LUNCH
PUREE CHICKEN
MASHED POTATOES, PUREE GREEN BEANS

DINNER
PUREE ROAST BEEF
MASHED POTATOES, PUREE CARROTS