



Sew Much Love

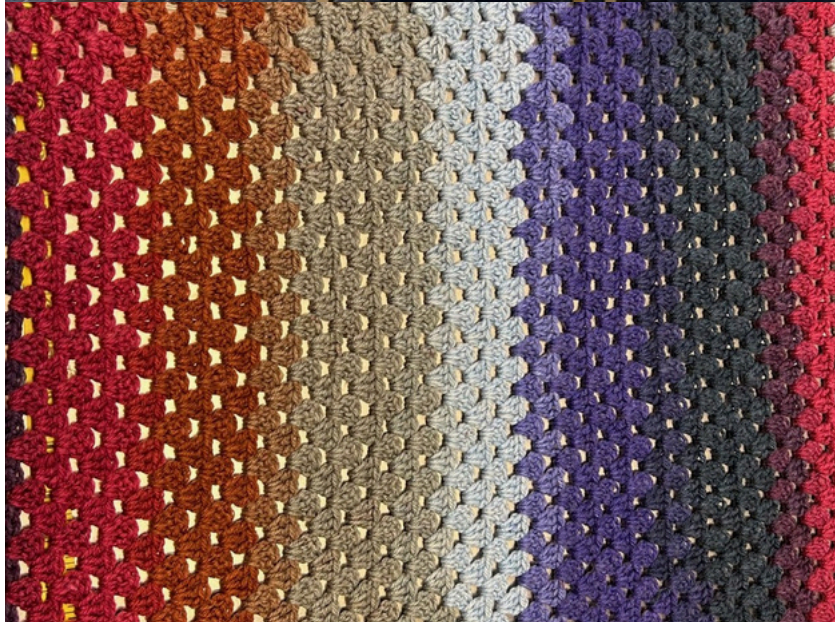
Winter 2025 Edition

WakeMed 

A WakeMed Volunteer Group

Volunteer Spotlight!

The Carolina Preserve Yarn Spinners have been donating crocheted and knitted items to WakeMed Hospitals for over 12 years. We thank you so much for your dedication and service to WakeMed!





Sew Much Love

You are making a difference!



Cancer Care Requests Update

Thanks to our amazing sewing community, we are stocked up on Cancer Hats. We can always use adult sized blankets. We appreciate your donations to WakeMed.





A collage of five images showcasing different textile crafts. The top-left image shows a quilt with a grid of colorful hearts on a white background. The top-right image displays a quilt with a zebra print and other animal patterns. The bottom-left image features a crocheted geometric pattern in white and black. The bottom-right image shows a crocheted rainbow square with concentric squares. The bottom-center image is a crocheted geometric pattern in white and black.



Sew
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Love

More Beautiful
Creations!





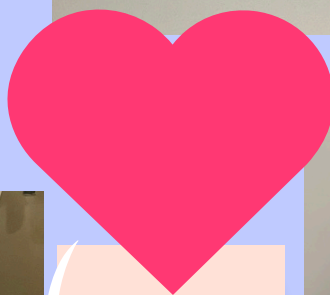
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We are Grateful!

A Special Thank you to the talented WakeMed Sewing Community!



A lovely patient enjoying a new blanket

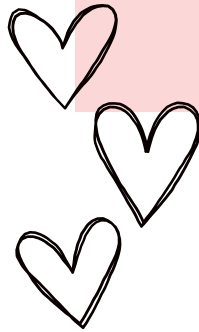


Some of our sweet Holiday creations!





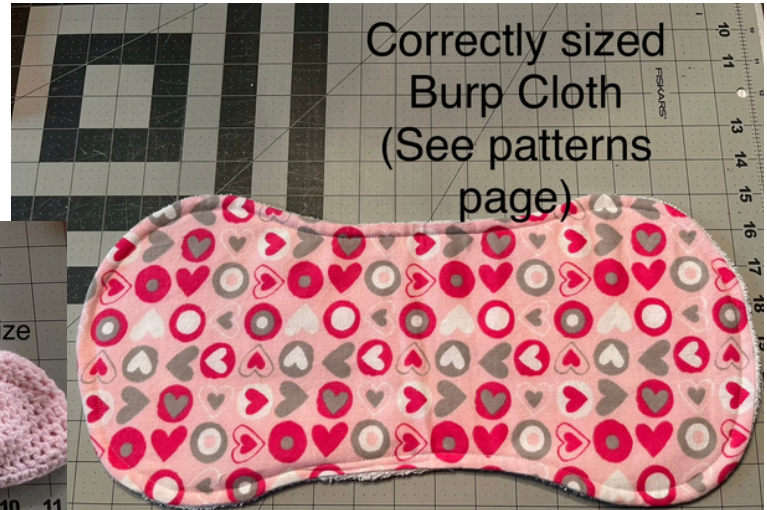
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DO'S AND DON'TS
PLEASE AND THANK
YOU

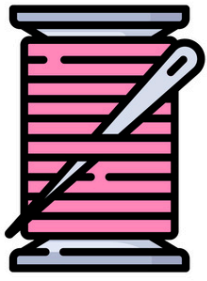


SMOKE FREE



Please sew in a smoke free environment. Also wash the items and avoid pet hair. Please use the correct pattern for all sewing items. Close your seams and make sharp cuts appropriately. We appreciate your help and couldn't serve the WakeMed patients without you!





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We Love our Sewers

WOULD YOU LIKE TO JOIN US?

BENEFITS OF BECOMING A COMMUNITY SEWING VOLUNTEER

Join more than 500 sewing volunteers who through their contributions allow our volunteers and nursing staff to provide patients and families with blankets, baby hats, huggables and more!

- Recognition of volunteer service hours.
- Receive the quarterly newsletter Heartbeat.
- Recognition during National Volunteer Week.
- Receive the quarterly newsletter Sew Much Love.
- Reimbursement of sewing items purchased.
(When funds are available.)

Are you currently donating but not registered as a volunteer? Visit our Website for more Sewing Information!

<https://www.wakemed.org/volunteer/community-sewing-volunteer>

250 Developmental hearts

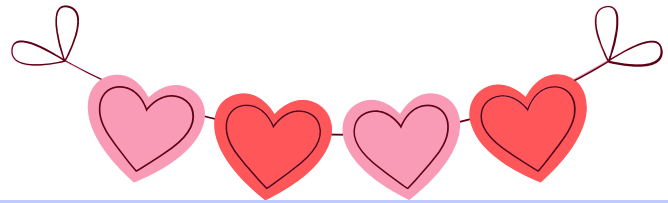


For NICU made by Donna S.



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Most Requested



- Adult Sized Blankets
- Small Crocheted or Hand-sewn Huggables
- Baby Burp Cloths - peanut shape 17 inches long, 6 inches across the middle and 8 inches at either end. Please use absorbent terry cloth for the backing
- Seasonal Blankets - Spring and Summer Themed
- Seasonal Amigurumi Huggables
- Seasonal Baby Hats 13" circumference and 5" in height (Please Use Baby Yarn Size 3 or 4)
- Veteran's Blankets for Cary only
- Drop off Days for Cary are Tuesday and Thursday
- Drop off Day for Raleigh is Wednesday

Thank You

Please look for an updated donation's list on the WakeMed website. Look over this carefully as some items will be removed and others will have their sizes changed. We appreciate everyone's willingness to create items that are on this list.





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LOOKING AHEAD

XOXO

We are always looking for Spring and Summer themed comfort items, Adult Quilts as well as Huggables and Baby Blankets!

**Sew Much Love Group
Member Contact
Information:**

Michele Boyce
No27problem@gmail.com

Amy Krieger
amykrieger@att.net

Denise Rohr
dbrohr@gmail.com

Karen Gainey
klgainey458@gmail.com

**WakeMed Staff Liaisons:
Volunteer Representatives**

Raleigh:
Pennie Graham
pegraham@wakemed.org
919-350-8293

Cary:
Suzanne Disher
sdisher@wakemed.org
919-350-2363



WakeMed 
Department of Volunteer Services
3000 New Bern Avenue
Raleigh, NC 27610-4465