

# Adult Outpatient Pre-Anesthesia Worksheet

<b>Instructions:</b> 1. Check all conditions in first column and note which tests are indicated 2. Place "X" in the bottom row of each column where a test is indicated 3. Transcribe indicated tests to orderset 4. X* = Test to be done on date of surgery. May substitute POC Hgb/Hct for CBC, and POC Na/K/BG for BMP	5. For Labs: normal results good for 6 months Exception: Total Knees/Hips 3 months 6. For ECG: normal or unchanged ECG good for 3 years
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	CBC	BMP	K	Glucose	INR	ECG
<b>Disease Processes</b>						
Hypertension						X
Cardiovascular disease (CAD, arrhythmia, CHF, PVD)	X	X				X
Cardiac symptoms (recent chest pain, palpitations, syncope)						X
Cerebrovascular disease (CVA, TIA)						X
Diabetes mellitus		X		X*		X
Pulmonary disease (COPD, pulm fibrosis, pulm embolism)	X					
Obstructive sleep apnea						X
ESRD, chronic renal insufficiency, dialysis	X	X	X*			X
Hepatic disease (i.e. cirrhosis)	X	X			X	
Hematologic disease (i.e. anemia, bone marrow disease, HIV)	X					
Chemotherapy within last six months	X					
Major trauma within 3 months	X					
Morbid obesity (BMI > 50)		X				X
Malnutrition (BMI < 17)	X	X				
EtOH abuse	X					
<b>Medications</b>						
Coumadin/warfarin	X				X*	
Oral steroids (within last seven days)				X*		
<b>Procedure-Specific</b>						
Procedures requiring type and screen	X					
TURP, prostatectomy	X	X				
Partial or complete nephrectomy	X	X				
Cataracts/Radiology No EKG or Labs except X* Glucose for Diabetics				X*		
Endoscopy Suite Procedures (No EKG or labs except for DOS X* as indicated)						
Total Knee, Hip, Shoulder Replacement	X					
<b>TESTS NEEDED</b>						

Type and Screen Guidelines	
Cardiothoracic	All cases, patients undergoing pectus surgery (Nuss bar removal, or Ravitch procedure)
ENT	Neck dissection, laryngectomy, glossectomy, thyroidectomy
General	Colorectal, gastrectomy, gastric bypass, mastectomy, pancreatoduodenectomy/Whipple, splenectomy, Nissen/hiatal hernia
Gynecology	D&E (missed abortion), hysterectomy, myomectomy, laparotomy (planned open)
Neurosurgery	Craniotomy
Orthopedic	Total hip replacement, TKR if Hx positive RBC antibody (for DOS), above knee amputation, total shoulder (reverse/revision)
Plastics	Major flap procedures
Spine	Lumbar and thoracic spinal fusion, anterior or posterior cervical fusion (> 2 levels)
Urology	Nephrectomy (complete or partial), prostatectomy (open or robotic), cystectomy (bladder removal)
Vascular	All vascular except dialysis access (AV fistula or graft), above knee amputation

