

Instructions for Making an Adult Blanket for a WakeMed Patient

Supplies Needed

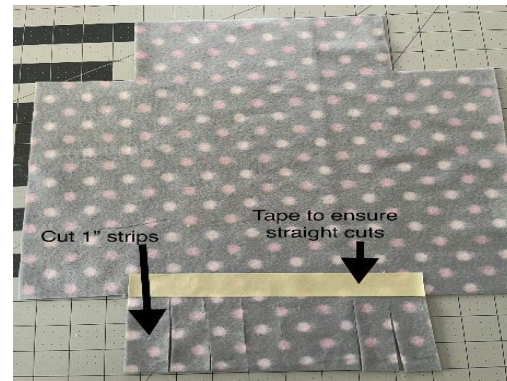
- 2 yards of fleece - thin fleece is not recommended
- sharp scissors
- ruler or masking tape

Instructions for one layer fleece blanket:

1. Cut off the selvage on the edge of the fleece. The selvage sometimes has words printed on it, can be a different texture and/or colors. Trim straight and in a smooth line.
2. Cut a 5 in square out of each corner of the fleece.



3. Using a ruler or a strip of masking tape as a guide from each corner to the other. Cut a straight line up 5 inches to the ruler or masking tape at 1 inch apart. This will make your fringe. Repeat on each side of the blanket.



4. Begin tying overhand knots in the 1" strips. Tie a knot in the middle of each fringe. You would tie in a knot as you are tying off a balloon. Do not knot too tightly at the base of the fringe or two pieces of fringe together. Goal is to have blanket lay flat.



5. Once you are done with making your blankets, contact WakeMed Volunteer Service office to drop them off. Contact the Raleigh office at 919.350.8293 or the Cary office at 919.350.2363.