

Adult Outpatient Pre-Anesthesia Worksheet

Instructions:

1. Check all conditions in first column and note which tests are indicated
2. Place "X" in the bottom row of each column where a test is indicated
3. Transcribe indicated tests to orderset
4. X* = Test to be done on date of surgery. May substitute POC Hgb/Hct for CBC, and POC Na/K/BG for BMP
5. For Labs: normal results good for 6 months
6. For ECG: normal or unchanged ECG good for 3 years

	CBC	BMP	K	Glucose	INR	ECG
Disease Processes						
Hypertension						X
Cardiovascular disease (CAD, arrhythmia, CHF, PVD)	X	X				X
Cardiac symptoms (recent chest pain, palpitations, syncope)						X
Cerebrovascular disease (CVA, TIA)						X
Diabetes mellitus		X		X*		X
Pulmonary disease (COPD, pulm fibrosis, pulm embolism)	X					
Obstructive sleep apnea						X
ESRD, chronic renal insufficiency, dialysis	X	X	X*			X
Hepatic disease (i.e. cirrhosis)	X	X			X	
Hematologic disease (i.e. anemia, bone marrow disease, HIV)	X					
Chemotherapy within last six months	X					
Major trauma within 3 months	X					
Morbid obesity (BMI > 50)		X				X
Malnutrition (BMI < 17)	X	X				
EtOH abuse	X					
Medications						
Coumadin/warfarin	X				X*	
Oral steroids (within last seven days)				X*		
Procedure-Specific						
Procedures requiring type and screen	X					
TURP, prostatectomy	X	X				
Partial or complete nephrectomy	X	X				
Cataracts/Radiology/Endoscopy Suite Procedures (NO EKG or Labs required except for diabetics)				X*		
TESTS NEEDED						

Type and Screen Guidelines	
Cardiothoracic	All cases, patients undergoing pectus surgery (Nuss bar removal, or Ravitch procedure)
ENT	Neck dissection, laryngectomy, glossectomy, thyroidectomy
General	Colorectal, gastrectomy, gastric bypass, mastectomy, pancreatoduodenectomy/Whipple, splenectomy, Nissen/hiatal hernia
Gynecology	D&E (missed abortion), hysterectomy, myomectomy, laparotomy (planned open)
Neurosurgery	Craniotomy
Orthopedic	Total hip replacement, TKR if Hx positive RBC antibody (for DOS), above knee amputation, total shoulder (reverse/revision)
Plastics	Major flap procedures
Spine	Lumbar and thoracic spinal fusion, anterior or posterior cervical fusion (> 2 levels)
Urology	Nephrectomy (complete or partial), prostatectomy (open or robotic), cystectomy (bladder removal)
Vascular	All vascular except dialysis access (AV fistula or graft), above knee amputation

