



helpful resources

Websites

Comfort Zone Camp: Grief Camp – www.comfortzonecamp.org

The Dougy Center- National Center for Grieving Children and Families – www.dougy.org

The National Alliance for Grieving Children – childrengrieve.org

Transitions Grief Care – transitionslifecare.org/griefcare

“When Families Grieve”- Sesame Workshop – www.pbs.org/parents/whenfamiliesgrieve

Children’s Books by Age

Ages 3-5

Brown, Laurie & Marc, *When Dinosaurs Die*, Boston: Little, Brown and Co. 1996

Buscaglia, Leo, *The Fall of Freddie the Leaf*, NJ: Stack, Charles B. 1982

Durant, Alan, *Always and Forever*, Picture Corgi, 2013

Goldman, Linda, *Lucy Lets Go*, Centering Corp, 2014

Greenlee, Sharon, *When Someone Dies*, Centering Corp, 1998

Gryte, Marilyn. *No New Baby: for Siblings Who Have a Brother or Sister Die before Birth*. Centering Corporation, 1999.

Harris, Robert H., *Goodbye Mousie*, NY: Simon and Schuster, 2001

Johnson, Marv and Joy, *Where’s Jess*, Centering Corp, 1982

Karst, Patrice, *The Invisible String*, CA: DeVors & Company, 2000

Lewis, Beverly, *What is Heaven Like?* MN: Bethany House Publishers, 2006

Mellonie, B & Ingpen, R. *Lifetimes: A Beautiful Way to Explain Death*, NY: Bantam, 1983

Mills, Joyce C, *Gentle Willow*, NY: Magination Press, 2004

Stickney, Doris, *Waterbugs and Dragonflies*, PA: Pilgram Press, 1997

Thomas, Pat, *I Miss You: A First Look at Death*, Barrons Educational Series, 2001

Varley, Susan, *Badger’s Parting Gifts*, Harper Collins, 1992

Vorst, Judith, *The Tenth Good Thing About Barney*, NY: Atheneum, 1987

Ages 6-12

Brown, Laurie & Marc, *When Dinosaurs Die*, Boston: Little, Brown and Co. 1996

Buscaglia, Leo, *The Fall of Freddie the Leaf*, NJ: Stack, Charles B. 1982

Goldman, Linda, *Great Answers to Difficult Questions*, Jessica Kingsley Pub, 2009

Greenlee, Sharon, *When Someone Dies*, Centering Corp, 1998

Grollman, Earl, *A Complete Book About Death For Kids*, Centering Corp, 2006

Hanson, Warren, *The Next Place*, Waldman House, 1997

Harris, Robert H., *Goodbye Mousie*, NY: Simon and Schuster, 2001

Heegaard, Marge, *When Someone Very Special Dies*, MN: Woodland Press, 1996

Hess, Zoey, *The Birthday of An Angel*, Longtale Pub, 2015

Johnson, Marv and Joy, *Where’s Jess*, Centering Corp, 1982

Karst, Patrice, *The Invisible String*, CA: DeVors \$ Company, 2000

Lewis Beverly, *What is Heaven Like?* MN: Bethany House Publishers, 2006

Maxwell, Mel, *The Coat I Wear*, I Am Somewhat Ltd, 2014

Mills, Joyce C., *Gentle Willow*, NY: Magination Press, 2004

Mundy, Michaelene, *Sad Isn’t Bad*, IN: One Caring Place, 1998

Munoz, Marisol, *Since My Brother Died: Desde Que Murio Mi Hermano*, Centering Corp, 2000

Oliver, Sam, *A Fish Named Ed*, Fideli Publishing, Inc, 2008

Palmer, Pat, *I Wish I Could Hold Your Hand*, CA: Impact Publishers, 1994

Rugg, Sharon, *Memories Live Forever*, GA: Rising Sun Center, 1996

Silverstein, Shel, *The Giving Tree*, Harper Collins, 2004

Stickney, Doris, *Waterbugs and Dragonflies*, PA: Pilgram Press, 1997

Thomas, Pat, *I Miss You: A First Look at Death*, Barrons Educational Series, 2001

Traisman, Enid Samuel, *A Child Remembers*, Centering Corp, 1994

Varley, Susan, *Badger’s Parting Gifts*, Harper Collins, 1992

Zotovitch, Katherine, *Good Grief for Kids*, Journal Keepers, 2000

Ages 12 – 18

- Burpo, Todd, *Heaven is For Real*, TN: Thomas Nelson, Inc. 2010
- Buscaglia, Leo, *The Fall of Freddie the Leaf*, NJ: Stack, Charles B. 1982
- Coerr, Eleanor, *Sadako and the Thousand Paper Cranes*, Puffin, 2004
- Dower, Laura, *I Will Remember You*, NY: Scholastics Paperbacks, 2001
- Fitzgerald, Helen, *The Grieving Teen: A Guide for Teenagers and their Friends*, Fireside, 2000
- Gootman, Marilyn, *When a Friend Dies*, MN: Free Spirit Publishing, 1994
- Gravelle, Karen, *Teenagers Face To Face with Bereavement*, NJ: Messner, 1989
- Green, John, *The Fault in Our Stars*, NY: Penguin Corp, 2012
- Grollman, Earl, *Straight Talk About Death For Teenagers*, MA: Beacon Press, 1993
- Hipp, Earl, *Help for the Hard Times*, Hazelden, 1995
- Miller, James E. *What Will Help Me?/How Can I Help?* IN: Willowgreen Publisher, 2000
- Richter, Elizabeth, *Losing Someone You Love*, NY: Putnam Sons, 1986
- Schwiebert, Pat, et al. *Tear Soup: a Recipe for Healing after Loss*. GriefWatch, 2017
- Scrivani, Mark, *When Death Walks In*, NE: Centering Corporation, 1991
- Smith, Doris, *A Taste of Blackberries*, Harper Collins, 2004
- Traisman, Enid, *Fire in My Heart, Ice in My Veins*, NE: Centering Corporation, 1992
- Walton, Charlie, *When There Are No Words*, GA: Pathfinder Publisher, 1999
- Welshons, John, *Awakening From Grief: Finding The Way Back to Joy*, New World Library, 2011
- Wheeler, Jenny, *Weird is Normal When Teenagers Grieve*, Quality of Life Pub., 2010
- Wolfelt, Alan, *Healing Your Grieving Heart for Teens*, CO: Companion Press, 2001

Books for Caregivers

General grief books for caregivers

- Amatuzio, Janis. *Forever Ours a Forensic Pathologist's Perspective on Immortality and Living, a Collection of Real-Life Stories*. Midwest Forensic Pathology, 2002.
- Golden, Thomas R. *Swallowed by a Snake: the Gift of the Masculine Side of Healing*. Golden Healing Pub., 2008.
- Lord, Janice Harris. *No Time for Goodbyes: Coping with Sorrow, Anger, and Injustice after a Tragic Death*. Pathfinder, 2001.
- Mccracken, Anne. *Broken Heart Still Beats - After Your Child Dies*. Hazelden Information & Education, 2000.
- Rosof, Barbara D. *The Worst Loss: How Families Heal from the Death of a Child*. Owl Books, 1995.
- Wolfelt, Alan. *Healing a Parent's Grieving Heart: 100 Practical Ideas after Your Child Dies*. Companion Press, 2002.
- Wolfelt, Alan. *The Journey through Grief: Reflections on Healing*. Center for Loss and Life Transition, 2003.

For grandparents:

- Bennett, Nina. *Forgotten Tears: a Grandmother's Journey through Grief*. Booklocker.com, 2005.
- Gerner, Margaret H., and Glenda Dietrich. *For Bereaved Grandparents*. Centering Corp., 2004.

Caregivers with grieving children/teens

- Grollman, Earl A., *Talking about Death: a Dialogue between Parent and Child*. Beacon Press, 2011.
- Huntley, Theresa. *Helping Children Grieve: When Someone They Love Dies*. Augsburg Fortress, 2002.
- Kroen, William C., and Pamela Espeland. *Helping Children Cope with the Loss of a Loved One: a Guide for Grownups*. Free Spirit Pub., 1996.
- Wolfelt, Alan D. *Healing the Grieving Child's Heart: 100 Practical Ideas for Families, Friends & Caregivers*. Companion Press, 2000.
- Wolfelt, Alan D. *Healing a Teen's Grieving Heart*. Companion, 2001.

Caregivers dealing with child suicide:

- Wroblewski, Adina, et al. *Suicide of a Child: for Parents Whose Child Has Completed Suicide*. Centering Corp., 1993.