Patient Instructions

Semen Analysis Checklist:

- Semen Specimen (May be collected at the WakeMed Raleigh Medical Park. If collected at another location, not on the WakeMed Campus, please see below for delivery instructions.)
- Completed Physician's Order Form (WakeMed Form # SP-017)
- Completed Collection Information Section below

**Please note instructions, locations and hours vary slightly for Fertility and Post Vasectomy collection**

Semen Analysis Collection and Transport Instructions:

1. REFRAIN from sexual intercourse and masturbation for a period of 2-7 days prior to the collection of the semen specimen.
2. Your physician or WakeMed Lab personnel will provide a sterile cup for collection. Print your NAME and DATE OF BIRTH on the cup.
3. Collect the complete sample by MASTURBATION in the container. Avoid the use of lubricants. Coitus interruptus (intercourse stopped before ejaculation), oral collection and specimens collected in condoms are unacceptable. Write the TIME of collection on the container.
4. During transport, keep the sample protected from extreme temperatures and light.
   - **Fertility** – Deliver the sample WITHIN ONE (1) HOUR of collection directly to the Raleigh Medical Park Laboratory. Any delay will cause living sperm to die and give an inaccurate assessment of the semen.
   - **Post Vasectomy** – Deliver the sample WITHIN TWO (2) HOURS of collection directly to the laboratory of choice.
5. Complete the collection information form below.
6. Submit your physician order form with billing information (WakeMed Form #SP-017).
7. Results will be faxed to the referring physician and they will contact you for discussion of the results.

Collection Information for Semen Analysis – REQUIRED:

<table>
<thead>
<tr>
<th>Patient’s Name</th>
<th>Date of Birth</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Last Name)</td>
<td>(First Name)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Days of Abstinence</th>
<th>Wife’s Name</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Date &amp; Time of Collection</th>
<th>Collection by Masturbation (circle one)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Date)</td>
<td>YES</td>
</tr>
</tbody>
</table>

Collection or Transport Problems

LOCATIONS:

Raleigh Medical Park
23 Sunnybrook Road
Raleigh, NC 27610

Fertility & Post Vasectomy

Hours: 7am – 5:00pm M-F
Except Holidays

If collected Off Site, bring sample to the Lab Window at the Raleigh Medical Park
Phone: (919) 350-8238
Fax: (919) 350-7811

For On Site collection, report to Patient Registration at the Raleigh Medical Park
Phone: (919) 350-4185
Fax: (919) 350-9608

Cary Hospital
1900 Kildaire Farm Rd
Cary, NC 27511

The Outpatient Lab is located on the Main Floor in the Atrium to the Right as you enter the Main Entrance.

Post Vasectomy ONLY

Hours: 6am-6:00pm M-F
Except Holidays

Phone: (919) 350-2370
Fax: (919) 350-2375

WakeMed North
10000 Falls of Neuse Rd
Raleigh, NC 27614

Outpatient Lab, Ground Floor

Post Vasectomy ONLY

Hours: 8am – 4:30pm M-F
Except Holidays

Phone: (919) 350-1350
Fax: (919) 350-1355

Pathology Laboratory Outreach Services
Your Community Resource for the Practice of Medicine

Revised: 4/21/15