North Hospital Receives LEED Gold Certification

WakeMed North Family Health & Women’s Hospital has received the prestigious level of Leadership in Energy and Environmental Design (LEED) gold certification. LEED is the most widely used green building rating system in the world and it provides a framework to create healthy, efficiently designed, and cost-saving green buildings. North Hospital is the 9th hospital in the United States and 15th in the world to achieve the LEED Healthcare Gold rating – which was first established in 2009.

“The commitment to this effort by our design and construction partners was reflected by the use of innovative design and building techniques with the end goal to promote a healthier and healing environment for our patients, families, staff and physicians,” commented Tom Cavender, vice president, Construction & Design.

North Hospital’s journey to LEED started in 2010 with the inception of the hospital design, which included design principles, utility system strategies and building materials that reflect a commitment to environmental stewardship. “I am proud that WakeMed had the vision to incorporate so many sustainable and efficient building processes into North Hospital. These features come together to create a natural, healing environment that enhances the experience of our patients,” commented Sheri De Shazo, RN, senior vice president & administrator, North Hospital.

North Hospital has been recognized as a LEED project by the United States Green Building Council (USGBC). The LEED certification process includes a comprehensive review of all aspects of the design and construction of a building, including energy efficiency, water conservation, indoor air quality, and use of recycled materials. The certification process is conducted by a third-party verifier who ensures that the project meets the LEED requirements.

WakeMed MyChart is our online patient portal, which gives all WakeMed patients access to many parts of their medical record and an easy and efficient way to communicate with their health care providers. We have been working hard to add new features and information to MyChart with a goal of making it even more valuable for our patients.

Since many WakeMed employees are also WakeMed patients, we encourage you to take advantage of this useful tool and take a more active role in your health care. Plus, as an experienced MyChart user, you will feel more confident speaking to your patients about how MyChart can help them in their journey to better health.

This year, we have a system-wide goal of having 30 percent of our patients activate their MyChart accounts. If you are a WakeMed patient and have not activated your MyChart account yet, now is the time to do it! This goal is tied to our aspirational goal of Healthy Community and will help improve access and efficiency across the system. Right now, we have achieved 25 percent activation. By working together and encouraging all patients to sign up for MyChart, you can help us meet our goal.

Some things you may not realize you can do in MyChart include: make and manage appointments, search our health education library, update insurance and demographic information, register with your WakeMed Physician Practices appointment and link your fitness device to track activity and diet.

MyChart.WakeMed.org

We are also looking for ways to make MyChart more useful for patients and make your workflow more efficient. If you identify an opportunity to improve patient education, access or communication in your department using WakeMed MyChart, please let us know by emailing MyChart@WakeMed.org.

Ver in Espanol!

Much of MyChart has been translated into Spanish and we are adding new translated sections daily. To see content in Spanish, click “Ver en Espanol” in the upper right hand corner after logging into your MyChart account.
February is Heart Month and we have been celebrating all month long! WakeMed staff proudly wore red on Friday, February 2, as part of National Wear Red Day to raise awareness of heart disease and stroke. The following day, at the annual American Heart Association’s Go Red for Women Day at Crabtree Valley Mall, WakeMed provided health screenings and education. Throughout the month we also shared tips and advice for living life ‘young at heart’ on the radio, in the News & Observer and our social media channels. We also launched our latest series of TV commercials featuring the ‘Heart Guy’ – look for them to continue throughout the spring.

Simple Steps for Heart Health!

In honor of Heart Month, we asked WakeMed physicians and staff what steps they take to stay heart healthy. You may be inspired to try a few of these things yourself!

“I scuba dive any chance I get!!! I have a weight lifting trainer three days a week and try to exercise on the elliptical at home every chance I get!”
– Chantal Howard, RN, VP Nursing, Raleigh Campus

“I Zumba to stay heart healthy.”

“Hiking is a favorite outdoor activity that gets my heart pumping. I also enjoy participating in fitness bootcamps for an extra boost when I need it!”
– Jason Mitchell, NP, WakeMed Physician Practices – Primary Care – Brier Creek

“To stay heart healthy, I avoid adding salt to my food and I always choose the low sodium choice if I have the option.”
– Jennifer Richards, RN, SA MIC

“I try to exercise daily by jogging, walking the dog or chasing the kids around.”
– Gabriel Winberry, MD, WakeMed Physician Practices – Pediatric Gastroenterology

A History of Outstanding Heart Care!

WakeMed has long been a leader in cardiovascular care – and on March 2 we will celebrate two heart-centered milestones!

50 Years of Open Heart Surgery
WakeMed began its esteemed tradition of providing high-quality and highly advanced heart care during WakeMed’s first decade. The first open-heart surgery was performed at WakeMed (then known as Wake Memorial) on March 2, 1968, by Raymond Kornegay, MD, and James Davis, MD – making WakeMed the second community hospital in the state to perform open heart surgeries. The procedure took about seven hours and the patient spent 10 days in the hospital before being discharged. This successful procedure laid the groundwork for our continued leadership, led by outstanding cardiologists including Charles Helton, MD, R. Merrill Hunter, MD and many others.

Heart Center Turns 20
The current WakeMed Heart Center opened its doors to patients on March 2, 1998. The new state-of-the-art facility brought together all testing and diagnostic services for heart patients including cardiac cath labs and cardiovascular testing as well as dedicated parking and access to the Heart Center Inn. Twenty years later, patients and families continue to enjoy exceptional care and conveniences found in the Heart Center.
Don’t Forget Your Biometric Screening

Biometric Screenings are ongoing through April 5

Things to remember:
• Know the time and location of your screening and bring your ID badge.
• Allow approximately 20 minutes, start to finish.
• The screening includes height, weight, waist circumference, blood pressure and a basic lipid panel (cholesterol) with blood glucose.
• Employees may bring current blood work results to the screening (to use, it must have been conducted after January 1, 2018, and must include full lipid panel and a total glucose).

The WakeMed Employee Pharmacy has a convenient location at Raleigh Campus and courier/inter-office mail to all other facilities; 90-day prescriptions can also be mailed to your home! You can transfer prescriptions and request refills easily by using the forms posted on the Pharmacy section of the WakeMedWeb. To learn more, contact the Employee Pharmacy at ext. 02200.*The WakeMed medical plan only covers 90-day prescriptions at the WakeMed Employee Pharmacy? Check out the table below to see how you could save with a 90-day prescription filled at the WakeMed Employee Pharmacy.

<table>
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</tr>
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<tbody>
<tr>
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<td>$5</td>
<td>25% up to $45</td>
<td>25% up to $85</td>
</tr>
<tr>
<td>90-day supply</td>
<td>$10 (save $5)</td>
<td>5% up to $110 (save up to $25)</td>
<td>25% up to $200 (save up to $55)</td>
</tr>
</tbody>
</table>

Do You Take a Daily Medication?
Save Time and Money with the WakeMed Pharmacy!

Did you know that most daily medications (such as blood pressure, cholesterol, thyroid or diabetes medication) can be filled as a 90-day prescription* instead of 30-day – and that you could save time and money by filling these prescriptions at the WakeMed Employee Pharmacy? Check out the table below to see how you could save with a 90-day prescription filled at the WakeMed Employee Pharmacy.

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Now Open! Pediatric Specialty Care at Apex Healthplex

WakeMed’s newest Pediatric Multi-Specialty Practice opened this month at Apex Healthplex. The practice brings five pediatric specialties – cardiology, surgery, endocrinology, gastroenterology and weight management – together under one roof. All practices are currently accepting new patients – more information can be found online at wakemedphysicians.org.

Pictured right, hundreds of community members came out on February 10 to meet our doctors and celebrate the practice opening with Breakfast with Twinkle, a teddy bear clinic, face painting, games, dancing and more!

Pediatric Practice Gets a Fresh Look

The WakeMed Pediatric Practices – Pediatrics team has been working hard over the last year to brighten up their practice at Raleigh Campus. The team recently hosted a reception to thank and recognize the volunteers who contributed their time and talent to this project. Thanks to their hard work, what was once a standard waiting room is now a vibrant and lively space, with an aquarium, donated by Gil and Michelle VanDykhuizen of Aquatic Creations Group, and hand-painted artwork by Maddie and Ainsley Smith. The waiting area also features a “Reading Wall” with books for kids of all ages. Reading volunteers donate their time every week to read with young patients before appointments – providing a great way to pass the time and a chance to promote early literacy. Plus, after every well-visit, patients get to choose an age-appropriate book to take home.

Welcome New Physician

Quara Ain, MD
Hospitalists

Welcome New Advanced Practice Providers

Taylor Green, PA
Wake Orthopaedics
Kelly Squires, NP
Pediatric Weight Management
Alan Wheeler, PA
Wake Orthopaedics
Jen Van Hoose, NP
WakeMed Heart & Vascular Physicians
Kimberly Cronshaw, PA
Primary Care – Downtown Raleigh
Shonna McLean, NP
OB-GYN

Rhonda Zillmer Named Medication Safety Officer

Rhonda Zillmer, PharmD, has been named the system-wide medication safety officer. Since joining WakeMed in 2003, Zillmer has served in various roles throughout the Department of Pharmacy, including as the clinical pharmacy pediatric specialist and pediatric pharmacy clinical supervisor. Most recently, she was the Pharmacy manager for North Hospital. In her new role, Zillmer will be responsible for identifying opportunities to improve medication safety, designing solutions for system failures, and implementing process improvements that support the highest-quality medication management system.

As part of our commitment to patient safety, our Raleigh Campus surgical safety leadership coordinated several education events for physicians and staff in January. Over 300 people attended the events, which featured Dr. Bill Berry, a renowned expert on improving surgical safety, patients before appointments – providing a great way to pass the time and a chance to promote early literacy. Plus, after every well-visit, patients get to choose an age-appropriate book to take home.

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WakeMed’s Good Catch Program encourages staff to positively impact patient safety by speaking up, reporting good catches and sharing their experiences. If you have made a good catch, share it by clicking the “Report a Good Catch” link on the WakeMedWeb.

Eric Labain (Pathology) made a Good Catch that ensured timely care was provided to a 14-month-old who was suspected of ingesting Sterno. Poison control recommended that Ethylene glycol and Methanol levels be drawn for an accurate prognosis. Because we cannot perform these tests at WakeMed, the ethylene glycol tests were sent via stat courier to UNC and Methanol sent to Lab Corp. Lab Corp testing does not offer stat testing, so the methanol results would not be available for at least 12 hours. When UNC’s results came back, Eric investigated and found that the Methanol test could be added on to the sample already at their lab. The results came back within two hours – which meant the patient received the care they needed much sooner.

Kristen Whitten (Pathology – Transfusion Services) was reviewing a blood order that requested two units of red blood cells for a patient. Kristen recognized that the patient had normal hemoglobin and hematocrit levels, so she called the unit and spoke with the patient’s nurse to find out more about the situation. After double checking the order, it was confirmed that the doctor had placed the blood order on the wrong patient.

BLOOD CONNECTION Unveils New Bloodmobile!
The Blood Connection has a new bloodmobile that will be out and about in Wake County. The Blood Connection is WakeMed’s blood product vendor – so the donations collected by this new bloodmobile benefit our patients. Pictured in the photo are (left to right) Donald Gintzig, president & CEO, Delisa English, The Blood Connection CEO, Valerie Barlow, executive director clinical services, Rebecca Coward, Pathology Lab, Christine Sillings, MD, Raleigh Pathology Laboratory Associates, Denise Warren, EVP & chief operating officer, Michael Weinstein, MD, Raleigh Pathology Laboratory Associates, Tracy Bridges and Brian Madden, The Blood Connection.

Save the Date! Upcoming Blood Drives
Raleigh Campus
Andrews Center
October 10
Cary Hospital
Conference Center
October 4
North Hospital
Conference Center
October 3
Dr. Parsons Receives Robotic Fellowship

Alden Parsons, MD, (WakeMed Heart & Vascular Physicians) has been awarded the Women in Thoracic Surgery (WITS) Intuitive Robotic Fellowship. The fellowship provides opportunities for female thoracic surgeons to train in advanced robotics with another female thoracic surgeon. As part of the fellowship, Dr. Parsons will travel to Allegheny General Hospital to train with Lana Schumacher, MD, a robotics general surgeon. Dr. Schumacher will then visit WakeMed to serve as proctor for Dr. Parsons’ initial robotic case. “Dr. Parsons was one of only two surgeons chosen from across the United States. Her selection for this fellowship is recognition of the professional skills she has demonstrated in her surgical practice at WakeMed,” commented Chuck Harr, MD, thoracic surgeon and chief medical officer, Raleigh Campus. “Skills she develops in this fellowship will enhance the performance of the entire thoracic, surgery and pulmonary medicine teams as we strive to become the preferred provider of lung health for Wake County and the surrounding region.”

Sixteen Units Recognized for Falls Prevention

Congratulations to the following departments who were ‘falls free’ for the first quarter of Fiscal Year 2018. We applaud your hard work and dedication to falls prevention – keep up the great work!

- Acute Neuro Care
- Cardiac Care Unit B
- Heart Center Pre- and Post-Procedure Area
- Medical ICU
- NICU
- STICU
- Acute Neuro Care
- Children's Emergency Department
- Imaging – Raleigh Campus
- Heart & Vascular Unit – Cary Hospital
- Imaging – Cary Hospital
- 2 West MSIC – Cary Hospital
- Special Care Nursery – Cary Hospital
- Mother/Baby – North Hospital
- Special Care Nursery – North Hospital
- Emergency Department – Apex Healthplex
- Imaging – North Hospital

FY2018 Aspirational Goal Metrics

The Board of Directors and Strategic Leadership Team (SLT) recently established revised metrics and targets that we will use to track progress toward our 10 Aspirational Goals for Fiscal Year 2018. The metrics were chosen because they are specific and measurable and can be reported on regularly.

It is important for all staff to be familiar with these metrics as they will provide a framework for specific, department-level tactics and policies. An overview of these metrics – and how we are currently performing – is below, but we encourage you to speak to your manager about these metrics and learn what initiatives are ongoing in your area to support them.

<table>
<thead>
<tr>
<th>Aspirational Goal</th>
<th>Metric</th>
<th>2018 Target</th>
<th>2017 Results</th>
<th>Direction of Improvement</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Quality</strong></td>
<td>Leapfrog Group scores</td>
<td>Raleigh: A, Cary: A</td>
<td>Raleigh: B, Cary: A</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Leapfrog survey score*</td>
<td>72.00%</td>
<td>70.00%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Serious preventable harm events (rate per 1k adjusted patient days)</td>
<td>0.10</td>
<td>0.29</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>CAUTI cases (cumulative for the fiscal year)</td>
<td>67</td>
<td>82</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>CLABSI cases (cumulative for the fiscal year)</td>
<td>36</td>
<td>48</td>
<td>▲</td>
</tr>
<tr>
<td><strong>Value Leader</strong></td>
<td>Total operating expense per adjusted discharge</td>
<td>$12,176</td>
<td>$11,667</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Medicare readmission rate for acute myocardial infarction (AMI)</td>
<td>4.80%</td>
<td>5.21%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Medicare readmission rate for total joint replacement (hip and knee)</td>
<td>4.00%</td>
<td>4.17%</td>
<td>▲</td>
</tr>
<tr>
<td><strong>Culture of Safety</strong></td>
<td>Patient falls with injury*</td>
<td>87</td>
<td>109</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Overall perception of safety on AHRQ Survey*</td>
<td>69</td>
<td>67</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Lost work days due to workplace injury</td>
<td>83</td>
<td>85</td>
<td>▲</td>
</tr>
<tr>
<td><strong>Extraordinary Team</strong></td>
<td>Employer of Choice percentile ranking on employee engagement survey</td>
<td>95.00%</td>
<td>95.20%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Employer of Choice percentile ranking on physician engagement survey</td>
<td>90.00%</td>
<td>85.20%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Staff turnover rate</td>
<td>10.50%</td>
<td>10.93%</td>
<td>▲</td>
</tr>
<tr>
<td><strong>Healthy Community</strong></td>
<td>Annual savings tied to Community Case Management program</td>
<td>$1,500,000</td>
<td>$6,070,000</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Percent of deliveries via C-section</td>
<td>21.50%</td>
<td>21.65%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>MyChart activation by patients*</td>
<td>30.00%</td>
<td>25.00%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Healthy Planet populations¹</td>
<td>5</td>
<td>4</td>
<td>▲</td>
</tr>
<tr>
<td><strong>Wake Way</strong></td>
<td>Quality of Doctor rated “Excellent” on PRC survey**</td>
<td>55.00%</td>
<td>44.68%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Overall HCAHPS Rating (percent of 9 and 10 scored)*</td>
<td>74.00%</td>
<td>73.40%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Departments earning PRC 5-Star Awards</td>
<td>10</td>
<td>10</td>
<td>▲</td>
</tr>
<tr>
<td><strong>Innovation</strong></td>
<td>Investments in innovation</td>
<td>5</td>
<td>6</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Employees involved in WW2E work</td>
<td>1,560</td>
<td>1,186</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Staff provided formal training in the WW2E tenets and behaviors</td>
<td>450</td>
<td>262</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>EPIC dashboard measures (CAUTI, CLABSI, Falls &amp; MyChart activation and utilization) that have been validated*</td>
<td>100.00%</td>
<td>N/A</td>
<td>▲</td>
</tr>
<tr>
<td><strong>Preferred Partner</strong></td>
<td>Annual donations to WakeMed Foundation</td>
<td>$2,961,000</td>
<td>$3,929,605</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>WakeMed staff on community Boards of Directors</td>
<td>140</td>
<td>142</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Annual cash donations to non-profits that support our mission</td>
<td>$350,000</td>
<td>$417,000</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Primary care provider market share</td>
<td>28.00%</td>
<td>26.54%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>MDs/Apps who state on engagement survey that administration listens to them</td>
<td>82.00%</td>
<td>80.50%</td>
<td>▲</td>
</tr>
<tr>
<td><strong>Financial Health</strong></td>
<td>Operating cash flow margin</td>
<td>9.03%</td>
<td>12.18%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Cash to total debt ratio</td>
<td>127.00%</td>
<td>117.10%</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Operating revenue per adjusted discharges</td>
<td>$13,385</td>
<td>$13,274</td>
<td>▲</td>
</tr>
<tr>
<td><strong>Highest Ethics &amp; Standards</strong></td>
<td>Ethical employer rating on physician engagement surveys</td>
<td>88.00</td>
<td>86.58</td>
<td>▲</td>
</tr>
<tr>
<td></td>
<td>Ethical employer rating on employee engagement surveys</td>
<td>84.00</td>
<td>82.81</td>
<td>▲</td>
</tr>
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</table>

* Indicates new metric
** Average annual percentiles are determined by comparing WakeMed patient responses to other PRC client patient responses.
Microscope

Microscope is a monthly newsletter written by and for the employees of WakeMed. Our goal is to provide employees and friends of WakeMed with the most up-to-date news on all of the hospital system’s activities. The Marketing & Communications department thanks all of the employees who contributed to this publication.

We welcome comments and suggestions on this publication and its content. Call (919) 350-8120, e-mail microscope@wakemed.org, or write Microscope, WakeMed Marketing & Communications, 3000 New Bern Avenue, Raleigh, NC 27610.

Kate Wilkes, Editor
WakeMed Employee, Photos

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WakeMed

WakeMed Health & Hospitals
3000 New Bern Avenue
Raleigh, NC 27610

ADDRESS SERVICE REQUESTED

To help you plan ahead, this calendar lists upcoming system-wide events, training classes and community events. For details and fee information, visit the WakeMedWeb. Send calendar submissions to Public Relations or email microscope@wakemed.org.

Wake AHEC
Do You Understand Me? Effective Communication and Cultural Competence in Working with Individuals who are Deaf – March 19, Andrews Center
Behavioral Treatment of Chronic Pain – March 19, Cary Hospital
Pain, Addiction and the Law 2018 – March 24, The William and Ida Friday Center, Chapel Hill
Cognitive Behavior Therapy: Theory and Techniques – March 29, Andrews Center
Integrating Healthy Lifestyle – April 3, Andrews Center
FASID: Beyond Diagnosis – April 4, Live Webinar
Cognitive Behavior Therapy: The Application of CBT Techniques to Specific Disorders – April 9, Andrews Center
The St. Joseph’s Pediatric Feeding and Swallowing Approach: Learn and Practice – April 12 & 13, Hilton North Raleigh/Midtown
Cultivating Mental Health: Hope and Healing – April 13, The Catholic Community of St. Thomas More, Chapel Hill
Creatively Engaging Children and Adolescents in Groups – April 18, Andrews Center
Perinatal Mental Health: Postpartum Support International (PSI) Training – April 19 & 20, Andrews Center
Solving Your Tough Cases: Essential Musculoskeletal Assessment for Physicians and Advanced Practice Providers – April 21, Duke Physical Therapy & Occupational Therapy, Hillsborough, NC
2018 NC Vascular Technologists Conference – April 21 & 22, Wesley Long Hospital, Greensboro
16th Annual Triangle Breastfeeding Alliance Conference: Optimizing Outcomes in Challenging Situations – April 26, Andrews Center

BRIEFING ROOM – Complex Incidents – March 15 & 16, 8 am to 5 pm, Raleigh, details and registration, email JanisBrown@WakeMed.org
State Medical Assistance Team 800 (SMAT-800) Initial Training Course – March 24 & 25, 8:30 am to 5 pm, CapRAC Garner, details and registration, email SHarrison@WakeMed.org
CapRAC SMAT-800 Western Shelter Overview – March 19, 6 to 9 pm, CapRAC Garner, details and registration, email SHarrison@WakeMed.org

Maximizing Organizational Resiliency: Continuity of Operations for Public Entities – March 15 & 16, 8 am to 5 pm, Raleigh, details and registration, email JanisBrown@WakeMed.org

CAPRAC TRAINING OPPORTUNITIES

SHINE: Spinal Cord/Head Injury/Neuro Extravaganza
March 22 & 23 Andrews Center
The 2018 WakeMed SHINE Conference offers evidence-based information for health care providers caring for patients with neurological and neurosurgical conditions from onset through the continuum of care to rehabilitation. Registration and additional details are available at www.wakemed.org/SHINE.confERENCE.

Stepping Into the Future: 2018 Pediatric & Neonatal Conference
April 11 & 12 Andrews Center
Presented by WakeMed Children’s and Nursing Education, this conference is designed for health care providers who care for pediatric patients in acute care settings, including NICU, pediatrics, PICU, and the ED. Registration and additional details are available at www.wakemed.org/pediatric-neonatal-conference.

Volunteer Sales
The Volunteers at WakeMed Cary Hospital along with representatives from Dillard’s, will host a sale on Wednesday, April 4 from 7 am to 4 pm in the Cary Hospital Conference Center. Payroll deduction will be available for employees (ID badge required). Cash and credit cards are also accepted for all shoppers.

CapRAC Training Opportunities
ICS-400 Advanced Incident Command system for Command and General Staff – Complex Incidents – March 15 & 16, 8 am to 4 pm, CapRAC Garner, details and registration, email JanisBrown@WakeMed.org
Capital Medical Reserve Corps Orientation – March 27, 6 to 9 pm, CapRAC Garner, details and registration, email NiThorpe@WakeMed.org

Wakemed Foundation Appreciation Gala
FEATURING

AND THE SUNSHINE BAND

wakemed.org/foundation
919-350-7656

CALANDAR OF EVENTS

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WakeMed Employees
Andrews Cente

April 14, 2018
RALEIGH CONVENTION CENTER
WAKEMED FOUNDATION APPRECIATION GALA

ADOPT A CHILDREN'S CHILDREN'S

March 22 & 23
Andrews Center

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Organizational Development
Professional Development
Impacting Others through Your Behavior – March 9, 8:30 am to 12:30 pm, MOB 1; March 29, 8:30 am to 12:30 pm, MOB 1 (LL Code: PPDISC)
People See things Differently – March 13, 8:30 am to 12:30 pm, MOB 2; April 11, 8:30 am to 12:30 pm, MOB 2 & 3 (LL Code: PDMFT)
Effective Communication – April 25, 8:30 am to 12:30 pm, MOB 1; April 26, 8:30 am to 12:30 pm, MOB 2 & 3 (LL Code: PDMFT)
Speed of Trust – March 1, 8:30 am to 12:30 pm, MOB 3 (LL Code: PISO1)

Leadership Development
Coaching for Success and Improvement – March 13, 8:30 am to 3:30 pm, MOB 1; April 26, 8:30 am to 3:30 pm, MOB 1 (LL Code: LDCSI)
Foundations of Leadership – March 20, 8:30 am to 3:30 pm, MOB 3; April 5, 8:30 am to 3:30 pm, MOB 1 (LL Code: LDCSI)
Leading at the Speed of Trust – March 30, 8:30 am to 3:30 pm, MOB 1 (LL Code: LDFT)

Wake AHEC
Do You Understand Me? Effective Communication and Cultural Competence in Working with Individuals who are Deaf – March 19, Andrews Center
Behavioral Treatment of Chronic Pain – March 19, Cary Hospital
Pain, Addiction and the Law 2018 – March 24, The William and Ida Friday Center, Chapel Hill
Cognitive Behavior Therapy: Theory and Techniques – March 29, Andrews Center
Integrating Healthy Lifestyle – April 3, Andrews Center
FASID: Beyond Diagnosis – April 4, Live Webinar
Cognitive Behavior Therapy: The Application of CBT Techniques to Specific Disorders – April 9, Andrews Center
The St. Joseph’s Pediatric Feeding and Swallowing Approach: Learn and Practice – April 12 & 13, Hilton North Raleigh/Midtown
Cultivating Mental Health: Hope and Healing – April 13, The Catholic Community of St. Thomas More, Chapel Hill
Creatively Engaging Children and Adolescents in Groups – April 18, Andrews Center
Perinatal Mental Health: Postpartum Support International (PSI) Training – April 19 & 20, Andrews Center
Solving Your Tough Cases: Essential Musculoskeletal Assessment for Physicians and Advanced Practice Providers – April 21, Duke Physical Therapy & Occupational Therapy, Hillsborough, NC
2018 NC Vascular Technologists Conference – April 21 & 22, Wesley Long Hospital, Greensboro
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