

# Farmers Market Chopped Vegetable Salad

## SALAD INGREDIENTS

- 4 cups mixed greens (mesclun, baby spinach, or arugula)
- 1/4 cup chopped carrots
- 1 diced tomato
- 1 diced fennel bulb
- 1 diced cucumber
- 1/2 diced red onion
- 1/4 cup roasted pumpkin seeds

## AVOCADO DRESSING INGREDIENTS

- 1 avocado
- 1 cup Greek yogurt
- Juice of 2 lemons
- 1 tablespoon minced fresh dill
- 2 tablespoons minced fresh basil
- Salt & pepper to taste



## DIRECTIONS

1. Place ingredients for avocado dressing into food processor and blend until smooth.
2. Toss all of the chopped vegetables in a bowl, then drizzle with avocado dressing.
3. Garnish with roasted pumpkin seeds.