

Adult Outpatient Pre-Anesthesia Worksheet

Instructions:		CBC	BMP	Na/K	Glucose	INR	ECG
1. Check all conditions in first column and note which tests are indicated 2. Place "X" in the bottom row of each column where a test is indicated 3. Transcribe indicated tests to orderset 4. X* = Test to be done on date of surgery							
5. For BMP or Na/K: normal results good for 3 months (except for diuretic use, normal results good for 2 weeks; all patients with ESRD require Na/K on date of surgery either as iSTAT or BMP) 6. For CBC: normal results good for 3 months 7. For ECG: normal or unchanged ECG good for 2 years							
Disease Processes							
Hypertension							X
Cardiovascular disease (CAD, arrhythmia, CHF, PVD)		X	X				X
Cardiac symptoms (recent chest pain, palpitations, syncope)							X
Cerebrovascular disease (CVA, TIA)							X
Diabetes mellitus			X		X*		X
Pulmonary disease (COPD, pulm fibrosis, pulm embolism)		X					
Obstructive sleep apnea							X
ESRD, chronic renal insufficiency, dialysis		X	X	X*			X
Hepatic disease (i.e. cirrhosis)		X	X			X	
Hematologic disease (i.e. anemia, bone marrow disease, HIV)		X					
Chemotherapy within last six months		X					
Major trauma within 3 months		X					
Morbid obesity (BMI > 40)			X				X
Malnutrition (BMI < 17)		X	X				
EtOH abuse		X					
Medications							
Diuretic or ACE Inhibitor/ARB				X			
Coumadin/warfarin		X				X*	
Oral steroids (within last seven days)					X*		
Oral steroids (chronic, > 2 weeks duration)				X			
Procedure-Specific							
Endoscopy	May substitute POC Hgb/Hct for CBC, and POC Na/K/BG for BMP						
Procedures requiring type and screen		X					
TURP, prostatectomy		X	X				
Partial or complete nephrectomy		X	X				
Hysteroscopy		X		X			
Procedure posted for hospital admission (OPA)		X					
Total knee replacement		X					
Age > 50 for all patients admitted after surgery (excluding obs)							X
Age > 65 years for ALL PATIENTS							X
TESTS NEEDED							

Type and Screen Guidelines	
Cardiothoracic	All cases, patients undergoing pectus surgery (Nuss bar placement or removal, or Ravitch procedure)
ENT	Neck dissection, laryngectomy, glossectomy, thyroidectomy
General	Colorectal, gastrectomy, gastric bypass, mastectomy, pancreatoduodenectomy/Whipple, splenectomy, Nissen/hiatal hernia
Gynecology	D&E (missed abortion), hysterectomy, myomectomy, laparotomy (planned open)
Neurosurgery	Craniotomy, lumbar and thoracic spinal fusion, anterior or posterior cervical fusion (> 2 levels)
Orthopedic	Total hip replacement, TKR if Hx positive RBC antibody (for DOS), lumbar/thoracic spinal fusion, above/below knee amputation
Plastics	Major flap procedures
Urology	Nephrectomy (complete or partial), prostatectomy (open or robotic), cystectomy (bladder removal)
Vascular	All vascular except dialysis access (AV fistula or graft), above or below knee amputation

