Research NK2

a. Provide one example, with supporting evidence, of how clinical nurses disseminated the organization’s completed nursing research study to internal audiences.  
   Note: Internal audiences includes individuals employed by the applicant organization.  
   Note: Must be a different study than presented in NK1. AND

b. Provide one examples with supporting evidence, of how clinical nurses disseminated the organization’s completed nursing research study to external audiences.  
   Note: External audiences include individuals outside of the applicant organization.  
   Note: Must be a different study than presented in NK1

Example b: “The Effectiveness of the Nurse Discharge Educator on Postpartum Women’s Perceptions of Readiness for Discharge” – Clinical Nurse Dissemination of Research to an External Audience

Clinical Nurse
Clinical Nurse Lorraine Wilson, DNP, RN, 4C Women’s Pavilion, was the principal investigator for the research study, “The Effectiveness of the Nurse Discharge Educator on Postpartum Women’s Perceptions of Readiness for Discharge.” The purpose of the study was to evaluate the effectiveness of having a designated nurse provide discharge education to improve postpartum women’s perception of discharge readiness. The study received expedited approval from the WakeMed Health & Hospitals Institutional Review Board (IRB) on December 22, 2015. The study was conducted in February 2016 and completed and closed on December 21, 2016. (Evidence NK2b-1, IRB Approval Letter and IRBNet Site)

WakeMed Nursing Research Study
Sixty postpartum women’s readiness for discharge was evaluated using the Readiness for Discharge Scale tool, comparing 30 women who received standard care to 30 women who received education from a nurse discharge educator. The tool had four subscale categories of personal status, coping ability, knowledge and expected support. Clinical nurses assisted with providing the standard care, and two nurses served as discharge educators. (Evidence NK2b-2, Participant Letter)

The findings of the study support the role of the nurse discharge educator to positively influence postpartum women’s knowledge, coping ability and expected support, thereby improving their perceived readiness for discharge. This study helped with the implementation of the new discharge educator role, which was filed by two nurses in April 2016.

Dissemination to External Audience
The North Carolina Nurses Association (NCNA) holds a Doctorate of Nursing Practice (DNP) Education Symposium at which nurses from across the state present research findings to other nurses, hospital leaders and other members of the healthcare team. Wilson's abstract was selected by the DNP Education Symposium Selection Committee for a podium presentation. (Evidence NK2b-3, Acceptance Letter as Podium Presenter)

On November 10, 2017, Wilson gave a podium presentation of her research study at the NCNA 2017 DNP Education Symposium, which was attended by approximately 75 nurses. She discussed the role of the nurse discharge educator and its positive effect on postpartum women’s readiness for discharge. (Evidence NK2b-4, NCNA DNP Education Symposium: Our Many Faces of the DNP Prepared Nurse) (Evidence NK2b-5, Effectiveness of the Nurse Discharge Educator on Postpartum Women’s Perception of Readiness for Discharge PowerPoint)