

PRIMARY CARE? URGENT CARE? EMERGENCY DEPARTMENT?

KNOW WHERE TO GO

Sometimes, it's obvious when you need to go to the emergency department, but other times, it can be more difficult to tell. Here are some options of where you can get care, based on your specific needs. Luckily, you have the whole WakeMed network for support.

Primary Care Providers

Most primary care providers leave room in their schedule for "sick" visits from their regular patients. If it's after hours, or your primary care provider is unavailable, you should visit an Urgent Care office.

- Call your Primary Care provider to schedule a sick visit or visit wakemed.org to schedule an appointment.
- Locations: Apex, Brier Creek, Cary Parkway, Downtown Raleigh, Forestville Crossing, Fuquay-Varina, Garner, Holly Springs, Cary, Knightdale, North Raleigh, Oberlin Rd, Wake Forest, West Cary

No Primary Care provider? No problem. You can easily establish a provider with WakeMed Primary Care.

To be seen at one of our convenient locations, call 919-350-9100 or schedule online at wakemed.org.

Conditions That Are Typically Treated in Primary Care

- Asthma attacks (minor), bronchitis
- Colds, cough, flu, fevers
- Dehydration
- Ear infection
- Migraines
- Minor burns, cuts/lacerations
- Nausea
- Pink eye
- Sore throat
- Sprain or strain
- Allergic reaction

Urgent Care Options

Virtual Urgent Care

- To be seen, download the App or visit virtualurgentcare.wakemed.org/login
- Self-pay



MyCare 365:

Walk-in Primary & Urgent Care

- Monday – Friday, 8 am to 8 pm
- Saturday & Sunday, 8 am to 4 pm
- Locations: Clayton, Wake Forest, Zebulon

WakeMed Urgent Care:

Walk-in Urgent Care

- 7 days a week, 8 am to 8 pm
- Locations: Cary, Oberlin Road, Forestville Crossing, Fuquay-Varina, Garner
- *Also offering Virtual Visits*

WakeMed Children's PM Pediatrics: Urgent Care just for kids

- Locations: Morrisville, Cary and North Raleigh

Conditions That Are Typically Treated in Urgent Care

- Sinus infections
- Cold, flu symptoms
- Minor cuts, burns, rashes
- Animal/insect bites
- Sprains and minor bone fractures
- Ear and eye infections
- Sore throat
- Minor injuries

Emergency Departments

Conditions That Are Typically Treated in the Emergency Department

- Chest pain
- Stroke
- Severe allergic reaction
- Serious trauma or injury
- Deep cuts or bleeding that won't stop
- Large bone fractures
- Problems related to pregnancy
- Severe burns
- Difficulty breathing
- Loss of consciousness
- Seizures
- Abdominal pain
- Poisoning: In North Carolina, call the Carolinas Poison Control Center at 800-848-6946. Calling the National Poison Control Center at 800- 222-1222 connects callers to the nearest poison control center.

For a list of accepted insurance plans, please visit wakemed.org

WakeMed 



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