

  
**WakeMed**  
**Quick Response Guide**  
**Personal Preparedness Resource Information**  
**Emergency Supply Kit for Work**

**Put together an Emergency Disaster Supply Kit for Work**

If road conditions are unsafe for travel, you may need to come in before your scheduled shift so you can report to duty as scheduled or you may not be able to return home between shifts. It is recommended that you plan for three days of supplies as you will likely need to remain on site. Suggested items for the work kit include:

	Needed medications
	Extra pair of eye glasses or contact lenses, if needed
	Battery operated clock with an alarm
	Flashlight and extra batteries
	Favorite snacks
	Several sets of uniforms and/or clothing that are professional and appropriate for your job assignment.
	Casual clothing for off duty and for sleeping.
	Cellular telephone and cellular telephone car charger
	Cash for meals
	Personal hygiene products
	Bedding – including towels, washcloths, sheets, pillow, blanket or sleeping bag and padding, such as an air mattress.
	Quiet entertainment (books, cards, games)

Additional Notes: