



Updates from the Director

Greetings WakeMed Volunteers,

We hope this edition of our newsletter finds you well! The Cary Volunteer Board hosted a collaborative luncheon with the Raleigh Volunteer Board at WakeMed Cary Hospital on May 22, 2019. Attendees enjoyed lunch with networking opportunities, a demonstration of the electric wheelchair now in use in Cary, and a tour of the Milk Bank. This was a wonderful opportunity to connect and learn from one another. We are looking forward to the Raleigh Volunteer Board hosting the Cary Volunteer Board in Raleigh on September 24, 2019.

It is that time of year for our volunteer satisfaction survey to take place. These will be sent out in the coming weeks so please be on the lookout for it and let us know what you think. We truly value the input received through this process and work hard to ensure we continually refine and improve our operations in order to fulfill our commitment to providing outstanding and compassionate care to all. We hope you have an enjoyable summer!

Sincerely,
Chris Perry, MBA, Volunteer Services
Director, Guest Retail & Volunteer Services
919-350-8005

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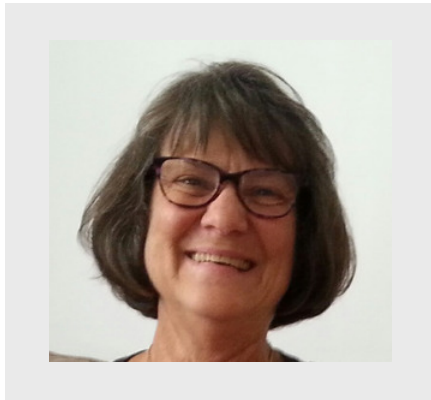
Upcoming Events & Sales

Quote of the Quarter

"To know even one life has breathed easier because you have lived. This is to have succeeded."

- Ralph Waldo Emerson

The President's Report



Greetings Volunteers!

Even though summer is generally a time for vacations and relaxation, your Volunteer Board continues to work hard, seeking ways in which we can be of more help to those who enter the doors of WakeMed. Our main focus is fundraising through the sales that are held several times a year. Many times at our board meetings, we have requests for funds that really pull at our heartstrings. I would like to take this opportunity to highlight a couple of these, involving our tiniest patients and their families in the NICU.

In order to support these families, some of whom are in the NICU for a long time, meals are served twice a month and sometimes meaningful crafts made in the parent lounge. The board has given funds to feed these families with a delicious meal and give them a smile through a craft. This enables the parents to gather and share their progress and celebrations. Usually, a NICU graduate parent will come to help encourage them and answer their questions. For Mother's Day, footprints of each baby were stamped in the shape of a heart to remember their NICU Mother's Day. We find it so important to take what we can off the parent's shoulders, so they can have room and time to process their journey. The meals have a huge impact on our families.

Another way that we help the NICU is with a Bereavement fund. This provides parents with hand painted bereavement boxes when they lose a baby. Inside is included anything that had touched the baby (blood pressure cuffs, leads, clothes, blanket, etc.). Other materials like photos, a small frame, a candle and cloth that have been with the baby to capture its smell may be included.

The WakeMed Raleigh and Cary Boards had the special opportunity to tour our Milk Bank in Cary. This is only one of 25 in the country, and the only one in North Carolina. Our tiny patients in the NICU at WakeMed and several other states are the beneficiaries of this gift of breast milk donated by mother's who have extra milk. It is amazing to hear of the careful screening, processing and pasteurising that goes into the best nutrition a baby can have. We will most likely be helping to fund a special pump in the near future, saving the workers heavy lifting and pouring of large beakers.

I would encourage any volunteers who have not assisted at one of our fundraiser sales, to come and join us. To those who help, thank you so much for making a difference in so many lives!

Respectfully Submitted,
Rosemary Driver, President
Raleigh Volunteer Board of Directors

The President's Report



April's Volunteer Luncheon provided the opportunity for us to enjoy a yummy luncheon and program. The journey of a volunteer who became a patient, recovered and is presently volunteering reinforces the value our time at WakeMed provides for our community. Threads Chairperson, Susan Coulter, brought a few of the many items our Community Sewers provide for our patients. Gifts of 'huggable' stuffed animals, warm quilts for our patients and special recognition for our Veterans are a few of their many projects. Many thanks to our Volunteer Staff for planning this event.

Cary Hospital is experiencing record high census counts this year. New construction in the area including office space and additional parking will be challenging to our patients and families. There will be 2 new floors added to our West Campus beginning late fall. If you are able, it would be great if we would utilize the parking garage and lot across the street when we volunteer, and offer our guests the parking closer to our building.

Our June Shoe Sale was extremely successful netting a profit of \$1,900 for our treasury. The next sale is in August. Volunteers will be needed and greatly appreciated, so watch your email for the date and shift times.

The Events Committee is busy planning our Community Halloween Trunk or Treat Event, October 29. WakeMed Departments will be asked to decorate a car trunk and hand out candy. The main focus is providing a safety focused event for kids. This year we will have a DJ, lots of games and prizes for the kids. The Cary Fire Department will bring a truck and the Police will be on hand to help. We will need LOTS of help – so dust off your Halloween Costume and plan to join the fun. A sign up email will be sent out late summer.

The Gift of your time is priceless. Thank you for sharing it with our WakeMed Community.

Respectfully Submitted
Susan Alvey, President
Cary Volunteer Board

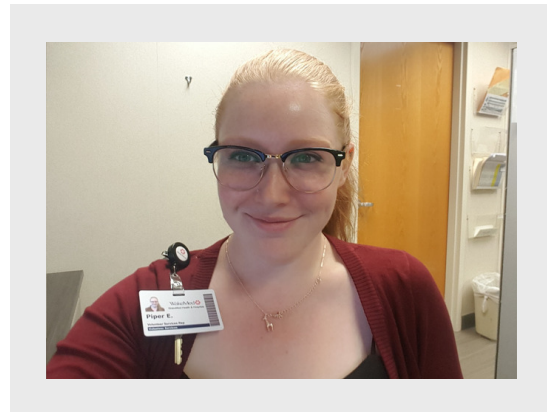
Volunteer Services Updates

In Memory of Our Volunteers

This edition of the Heartbeat is dedicated to Marge Hoffmann who passed away on May 14, 2019. Marge has been a community sewer for the Raleigh Campus since 2012 and has contributed over 1,500 hours in creating many items for the patients and families of WakeMed Raleigh Campus. We will surely miss her.

A New Face In Cary

The Volunteer Services office at the Cary Hospital would like to introduce our new representative - Ms. Piper English. She joins us with a background in Parks & Recreations and is looking forward to taking on a more community service oriented role in her career. We would all like to welcome Ms. English to the Volunteer Service Department and look forward to some new and fresh ideas.



The June Shoe Sales - A Great Success

Thank you to the hard working volunteers that made both of our Shoe Sales - June 13 in Raleigh and June 12 in Cary - exceed our expectations and go off without a hitch! With the work and dedication of employee and volunteer alike, the Volunteer Board at WakeMed will continue to benefit our patients and everyone in our communities with the money raised.

WakeMed Give Back

This summer Café 3000, operated by our extraordinary Food and Nutrition Services Department, will be participating in the No Kid Hungry Summer Nutrition Program at the Raleigh Campus, which offers free meals for kids during the summer months. Children up to age 18 can receive a free breakfast at Café 3000, Monday through Friday, from 8 am to 9 am between July 8 and August 23. In addition to breakfast, participants can enjoy fun and healthy activities, from kids' yoga to arts and crafts, and more. Please help us spread the word about this wonderful program!



Volunteer Spotlight

"Just some good news about the new volunteers and why they are so important to WPP Peds. Yesterday, Miriam Hernandez worked the afternoon shift. I had an asthma patient I was to see, and those visits are generally 1 to 1/2 hours long. My patient had a younger sibling with him. Mom agreed that the younger sibling could stay with Miriam in the waiting area during the brother's visit. Miriam helped keep him happy and entertained for a little over an hour! His mom told me that he never goes with anyone else if she is around as he doesn't like to leave her side. I was able to conduct my whole asthma visit with no distractions, and mom was more relaxed knowing he was being entertained. Kudos to Miriam and another reason good volunteers are so important!

Alicia is our double shift volunteer on Thursdays. She has been fabulous both in the waiting room and in the back helping to straighten and organize the two book/toy closets. She took it upon herself to organize and has made a big difference in the mess the closet used to be! I so appreciate her organization skills and she said she enjoys doing that. Good work out in the waiting room with the kids as well!"

Michele Florence
RN, BSN, AE-C
Certified Asthma Educator

Thinking Of You

Anita Boonen

Reid Craft

Sharon Thompson



The Dogs of WakeMed



Hunter the Poodle

An indispensable member of our Hospitality Pets Program team, and a very good boy.

Sewing Contributions / Donations

The efforts of our talented sewing volunteers benefit WakeMed Health & Hospitals by providing us with beautiful handmade items made especially for our patients – young, old, big and small. These gifts, made with such love and attention to detail, adds a dimension of care and comfort that is second to none.

WakeMed Raleigh Campus

Amanda Jones	Marc Hastings
Highcroft Drive Elementary School	Meagan Gore (Sigma Alpha Omega)
Andrea Weigard	Mickey Strong
Ann Jagger	Mildred Chavis
Beth Turner	North Ridge Country Club Stitchers
Cary Blanketeers	Pam Adcock
Brent Troth	Pearl Fowler
Chris Boyer	Pins & Needles
Chrisy Joyce	Project Linus
Creative Threads	Prudence Neugebauer
Keith's Comfort Blankets	Quilts for Kids
Deanna Winick (Leesville HS)	Rogers Lane Elementary School
Hazel Neugebauer	Sharlene Frazier
Janet Jennings	Shirley Preston
Kate Davison	Tabitha's Threads
Slip Stitch Sisterhood	Threads of Love
Loving Hands Ministry	Zoe Moore

WakeMed Cary Hospital

Alison Anderson	Jan Sharber
Allison Wallace	Joye Wise
Ann Fosters Group	Marilyn Knittel
BeeFF's	Norma Lloyd
Beth Holloway	Pam Ayars
Carolina Preserve Yarn Spinners	Prayer Stitchers
Cary Blanketeers	Reeta Jaswal
Cassidy Hill	Rita Entursle
Cindy Larsen	Rita Entwigle
Colonial Baptist	Rose Byrd
Compassionate Knit Hearts	Slip Stitch Sisterhood
Crafting Blessings	Spring Arbor
Debbie Wood	Sue Jerjesen
Devin Koehler	Susan Tapp
Garner on the Mend	Village Knitters and Crochet
Harriet Kelner Group	Windsor Point
Hindu Society of North Carolina	



Calendar of Events

WakeMed Raleigh Campus

Thursday, August 1

1st Uniform Sale

7 am - 4 pm

Andrews Center

Wednesday, October 16

Dynamic Cookware/Homegood Sale

7 am - 4 pm

Andrews Center - 7 am - 4 pm

WakeMed Cary Hospital

Thursday, August 29

1st Uniform Sale

7 am - 4 pm

Conference Center - 7 am - 4 pm

Thursday, October 17

Dynamic Cookware/Homegood Sale

7 am - 4 pm

Conference Center

WakeMed North Hospital

Wednesday, August 28

1st Uniform Sale

7 am - 4 pm

3rd Floor

WakeMed Raleigh Campus Tour Dates

Tuesday, July 16 - 1 pm

Tuesday, August 20 - 1 pm

Tuesday, September 17 - 1 pm

Tuesday, October 15 - 1 pm

All tours meet at the Volunteer Services
Office - to register, please call:
919-350-8293

WakeMed Cary Hospital Tour Dates

Thursday, July 25 - 6 pm

Monday, August 12 - 6 pm

Monday, September 9 - 10 am

Thursday, September 26, - 6 pm

All tours meet at the Volunteer Services
Office - to register, please call:
919-350-2363



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