



Updates from the Director

Greetings WakeMed Volunteers! I hope your holiday season was as enjoyable as possible in our current circumstances. Volunteer Services has been active with supporting the WakeMed Children's Toy drives in December to facilitate items from our community to pediatric patients with us during the holiday and throughout the year. Our Volunteer Services Manager, Jackie Kennedy, has continued to refine an efficient approach to this important process. Thank you to Jackie, the Volunteer Services Department Staff, our volunteers who assisted; as well as, our Child Life Department Staff for their support. Our Volunteer Boards have remained active with fundraising and supporting funding requests – please be sure to read our Board President's updates in this newsletter for details. We are very excited to welcome three new members to our team: Dawn Sykes has joined us as the Raleigh Volunteer Services Representative, Donna Quintard has joined us as the Raleigh Volunteer Development Specialist and Pennie Graham has joined us as the Cary Volunteer Services Representative. They are wonderful additions and I look forward to you working with them when possible. While most of our programs remain suspended, we have had a number of special project requests, please sign up for these as you are able or comfortable to do so – we appreciate your support with these as possible. Also, you should be receiving your WakeMed Volunteer Impact Report and we look forward to sharing with you the service outcomes of this unique past year. Please continue to follow safety guidelines as we work our way through this, and I wish you a healthy and happy 2021!

Thank you,
Chris Perry, MBA
Director, Guest, Retail, & Volunteer Services
919-350-8005

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"The heart of a volunteer is never measured in size, but by the depth of the commitment to make a difference in the lives of others." ~ DeAnn Hollis

The President's Report



Thank you for continuing to volunteer your time with WakeMed. To those who are back on campus, welcome back! In this unusual time, many of us continue to be away from the hospital on a regular basis. I encourage you to continue to look for ways to care for those around you by offering encouraging words, sending a card or through practical help when possible. Also, remember to tend to your health – WakeMed Physician Practices and WakeMed Urgent Care both offer both in person and virtual visits, so please don't delay seeking care when you need it.

Since our last newsletter, we have had two fundraisers. The Masquerade Jewelry sale, which took place online, brought \$422 in contributions and the Macy's instore sale brought \$6,768 in contributions.

Thank you to the Volunteer Services staff and volunteers who worked the Macy's sale.

We continue to review grant requests as we receive them. Susan Legatowicz has done a great job shepherding the Finance Committee during this pandemic and I want to thank her for continued service to WakeMed. Since October, the beginning of our fiscal year, we are pleased to have approved these grants for this fiscal year for programs that we also supported last year:

Case Management 4B/4C – Provided \$2,800 in funds for the purchase of diapers, wipes, clothes and blankets for families with socio-economic need who give birth here at WakeMed Raleigh this year. This supplements a clothing drive conducted by the staff each year and is of great benefit to our families.

HealthWorks Supervised Exercise Programs – Provided \$2,064 for twelve scholarships to the Safeway 2 Fitness, Transitional Exercise and Personal Training Plus programs. These scholarships are in support of WakeMed's Healthy Community & Culture of Safety aspirational goals and will also benefit those who need support as they improve their health.

As you work around the hospital and see or hear of needs that we may be able to meet through our grant program, please encourage staff to apply for funds. Information about the process is available through their employee portal or by contacting the Volunteer Services office.

I am hopeful for the health of our nation as we turn the corner into the new year – the vaccine brings a lot of promise. But, please remember to take care of yourselves and to follow the "Three W's" – wash your hands, wear a mask, and wait from each other 6 ft. apart.

Respectfully Submitted,

Ann S. Brown, Chair
WakeMed Raleigh Volunteer Board

The President's Report



Greetings on behalf of The Volunteers at WakeMed Cary Hospital board. In person volunteer activities remain suspended due to our public health situation except for some of the non-patient facing placement areas that have been deemed safe. With the curtailment of in person events, new ways to accomplish our goals have been implemented. The board hosted their October meeting within safety guidelines with some members in person and others virtual. Meetings were not held in November or December. Most of the vendor sales that raise funds to support volunteer projects such as medications for patients unable to purchase them, supplies for our community volunteers, the WakeMed Foundation, and purchases of furniture or equipment for various departments were moved online. Revenue was generated by the 1st Uniform and Masquerade Jewelry online sales as well as an in-store Belk's sale

with purchase pickup at the hospital. A successful Macy's Sale took place in their Crabtree Valley store on December 20 with the Cary volunteers receiving \$4,512. Thank you to the Volunteer Services staff and volunteers that supported these sales. The Threads Committee December Pop-Up Sale of handmade items was canceled. We appreciate the awesome donations from our in-house and community volunteers and look forward to rescheduling a bigger and better event.

Construction of Floors 4 and 5 West is continuing with the anticipated opening in the spring. Volunteers that walk throughout the hospital will have new areas to explore and service.

The Volunteer Department continues to accept handmade items. The Threads Committee has been tracking, sorting, and distributing care items to patient unit storage locations for care staff to give to patients. Items include mask extensions, afghans, wraps, shawls, blankets, quilts, baby hats, pillows, and huggable animals. If you or your family and friends have time and a talent to share, please contact the volunteer office staff. The Threads Committee continues to communicate with our community individuals and groups. A Threads newsletter was distributed in October that featured The Holly Springs Newcomers Group, a WakeMed volunteer partner, and our masked volunteers with filled carts headed out to stock storage areas.

Our Cary in-house and community volunteers contributed 15,466 hours during the first quarter of this fiscal year (Oct – Dec). These hours document significant volunteer support for our patients and staff during unprecedented and challenging times.

In mid-December, the Cary volunteers, under the leadership of Laura Riach, collected new, unwrapped toys for the Children's Hospital patients. We are so thankful for the caring individuals in our community that responded overwhelmingly to fill the office with gifts and brighten the lives of children.

As a challenging 2020 ends, I am grateful for our extraordinary WakeMed volunteers, volunteer boards, and Volunteer Services staff. As 2021 begins, I anxiously await the time that we can safely return to assist the staff, patients, and their families and resume on-site board activities. Thank you to the Volunteer Services staff for their continuing support. Also, thank you to the volunteers that have made handmade items, returned to fill placement areas, and kept board activities moving forward.

Best wishes for a safe, healthy, happy, and prosperous 2021!

Beth Turner, Chair
WakeMed Cary Volunteer Board



Volunteer Services Department

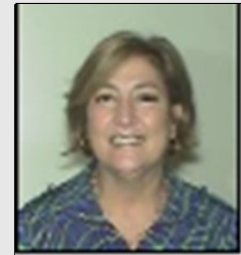


A New Face in Raleigh

Volunteer Services at the Raleigh Campus would like to introduce our new Development Specialist, Mrs. Donna Quintard. Donna joins us with a background in Learning & Development, HR, and Executive Administration. Donna is looking forward to taking on a more community service-oriented role in her career.

Welcome Donna!

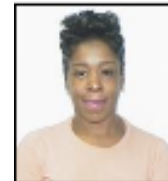
As you can see,
Donna has “jumped”
right in!



Chris Perry
Director
Guest Retail &
Volunteer Svc



Jackie Kennedy
Manager
Volunteer Services



Laura Riach
Cary Volunteer
Development
Specialist



Dawn Sykes
Raleigh Volunteer
Services
Representative



Welcoming Soon To Cary Volunteer Services

Pennie Graham—Cary
Volunteer Services Representative



Warm Welcome Back Volunteers!

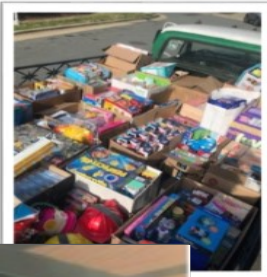
We are delighted to welcome back our WakeMed Volunteers who give so graciously of their time and hearts. We appreciate all of our volunteers who support our programs. Volunteering is a life-changing experience, and we are told that their lives are enriched by their service to others.

On behalf of WakeMed, our patients, families, and staff, we want to extend our greatest thanks for your continued support and enthusiasm during this time. Our challenges have been answered with innovation, creativity, safety, and resilience. We have had to adapt to new roles and continue to pause others, and we are carefully and gradually welcoming back some areas for volunteering. Over the next few months, we hope to welcome back **more volunteers as well**.

It takes a special person to be a volunteer, and we're glad that you've chosen to share your time and talents with the patients and staff at WakeMed. ~ With Sincere Thanks, Donna Quintard

Kudos

The Child Life Dept. would like to recognize Ann Brown, Raleigh Volunteer, for her outstanding commitment to serving WakeMed Children's Hospital. Ann's help enabled more staff to support patient care needs at the bedside which is invaluable. We are so thankful for all of our volunteers and the work you support here at WakeMed!



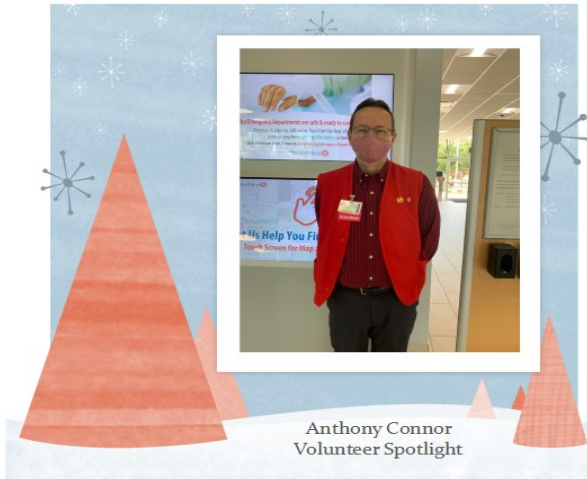
Annual WakeMed Children's Holiday Toy Drive

The annual holiday toy drive benefiting WakeMed Children's Hospital was a huge success with hundreds of individuals and groups donating thousands of toys for our young patients! Thanks to everyone who helped make this drive so successful, and for all those who donated. Not only did this bring holiday cheer to the children in the WakeMed system over the holidays, but it will also provide enough toys to bring joy to pediatric patients year-round.





Raleigh Volunteer Spotlight



Anthony Connor has been chosen as our “Spotlight” volunteer for our first quarter 2021! Anthony began volunteering for WakeMed two years ago. He chose WakeMed to volunteer after friends gave birth to twins here. When he arrived, he was totally lost, and a wonderful Volunteer Guest Ambassador walked him to the room inspiring him to also become a volunteer.

Anthony retired from the Orange County School System as the Assistant Director of Transportation, working his way up from his start as a bus driver. Anthony brings his work

ethic to WakeMed and believes teamwork is the WakeWay every-time behavior that best describes him. “Volunteering at WakeMed is a way to help people, but in turn it enriches your life by helping another human being”. Anthony thinks of the other Volunteer Guest Ambassadors as his extended family, and every time he is here he has “feelings that warm your heart.”

When Anthony is away from WakeMed, he spends time with his two rescue dogs and loves being outdoors. He enjoys spending time doing yardwork and searching for flea markets and antiques stores.

Thank you for all you do, Anthony, for our patients, families, and staff of WakeMed! Health and Hospitals!!

THINKING OF YOU!

- Denise Rohr
- Denise Galloway
- Sally Perdue
- Carol Crosby
- Cathy McDonnell
- Grace Perey
- Ann Brown
- Wyatt Coggins
- Susan Coulter
- Jimmy Gibbs
- Lynn Rasmussen
- Anita Magliola
- Lynn Lashley





Cary Volunteer Spotlight



A big WakeMed THANK YOU to Cary Volunteer Charlie Davis. Recently, Charlie inspired a WakeMed Cardiac Rehab patient, who worked with Charlie every Friday morning, to bestow a gift to WakeMed in his honor. The family is grateful for Charlie's companionship and mentorship during a challenging time in their lives. Please read a little bit about how Charlie came to be a WakeMed Volunteer.

After heart surgery a couple of years ago at WakeMed I was prescribed cardiac rehab by my cardiologist. I was very apprehensive in moving forward with the prescribed program as I never formally exercised a day in my life. Between the program director as well as one of the nurses and a volunteer at the rehab center they talked me into trying the program.

During my 36 sessions at Cary Cardiac Rehab I was aided by nurses and staff as well as Cardiac Rehab volunteers. The rehab program made a difference in my attitude towards exercise as well as how to eat healthy and understand what has happened to my body. I started enjoying seeing myself, as well as others, change dramatically in how they approached their health and how they physically improved.

As I approached the end of my rehab sessions, I realized that there were many folks that helped me achieve my goals. The staff at Cary Rehab, the doctors that volunteered their time daily to support the rehab staff and of course, the volunteers. The WakeMed Cardiac Rehab program has many moving parts all gracefully choreographed by their staff and volunteers. Graduation from the program was bittersweet; however, I was going to follow through with the Safeway to Fitness program so I would still see those that made a difference in my life. What could I do to help them?

A few weeks after graduation an opening in the program presented itself to me. One of the pre-requisites to volunteer was to have gone through the WakeMed Cardiac Rehab program. Well that is one check mark off the list of many requirements. After various training sessions I became an active volunteer. This has become one of the most important things I have ever done as I feel valued by the rehab staff as well as those attending the rehab sessions. It has been a wonderful opportunity to be able to give back to those that helped me, and I will continue to do so until I am unable.

Charlie is very active in his family's genealogy as well as being an avid Ham Radio Operator. He is also a former Private Pilot who volunteered his time and airplane and has flown well over 500 children for the Experiential Aircraft Association - "Young Eagles Program". Charlie also restores antique radios from the 1920's-1950's. Charlie retired in 2015 as an Information Technology Professional.

Charlie.....



Raleigh Campus Guest Ambassadors, Welcome Back!



Able Mongare



Andrew Motamen



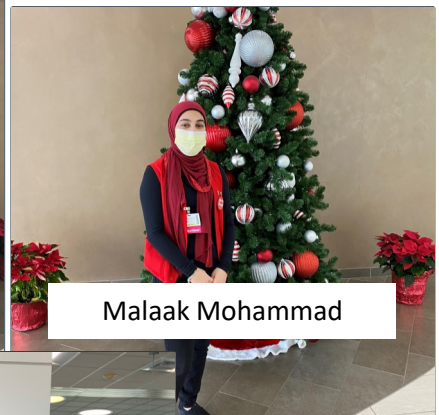
Emily Mobley



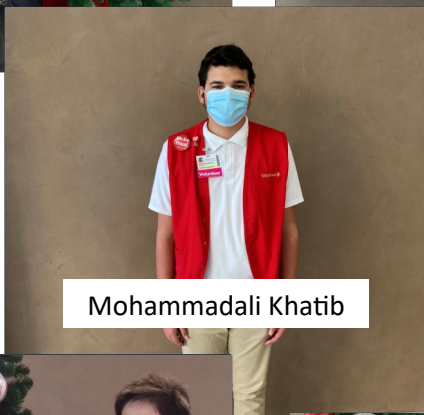
Freda Tursam



Kamalika Das



Malaak Mohammad



Mohammadali Khatib



Rosemary & Sherman Driver



Vickie Higgins

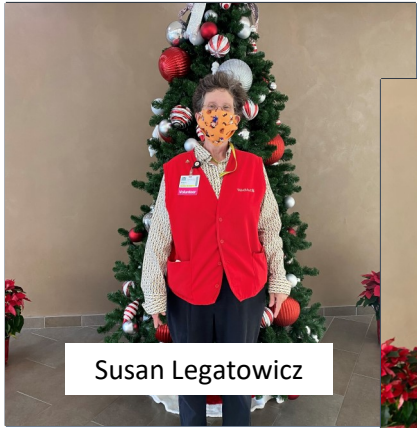


Walter Moreland



John Migdal

Raleigh Campus Guest Ambassadors, Welcome Back!



Susan Legatowicz



Tracy Marks



Ameer Haidary



Kimberly Siler Rosado



Mary Yaborough, Rosemary & Sherman Driver, Bob Smith



Sherman Driver



Reid Craft



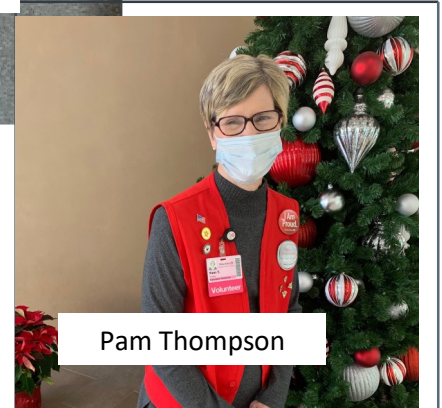
Robert Itotia



Luis Flores-Gomez

Not Pictured

Lin Qi



Pam Thompson



Cary Hospital Guest Ambassadors, Welcome Back!



Gary Miller



Carolyn Songey



Leo Stander

Raleigh Community Sewers Highlight



Helping Children in Need: Our Mission

At Project Linus, a non-profit organization, we provide new hand-made blankets to children in need. Our blankets are lovingly made by adults *and* children from all walks of life and many different sources.

<https://www.projectlinus.org/>

Project Linus is a National Organization with chapters across the United States. Our local Wake County chapter donates thousands of blankets each year. Project Linus Community Sewers create beautiful afghans and quilts for our patients. Every volunteer is doing what they love, and we never know how each life is touched.

The following is a note from a Mother of a WakeMed patient:

Dear Project Linus,

In December 2005, my five month old son was in the Emergency Room at Wake Med getting a CAT scan which showed he had hydrocephalus and needed emergency surgery to correct it.

I had never heard of Project Linus until a lady walked up to me and said, "I have been waiting all day for the right person to give this to," and she handed me a small quilt. In the midst of a scary, confusing moment for me, the gift of that blanket brought me back to Earth and gave me the strength to move forward for my son.

I was impressed with the gift at that time. But, never in a million years did I think I would again be touched by Project Linus in the darkest moments of my life.

On August 25, 2020, we removed life support from my oldest son who was 17 and had suffered an accidental overdose. When we arrived that day he was covered in a crocheted blanket, sized just right for an older child. ~

Raleigh Community Sewers Highlight



Project Linus

<https://www.projectlinus.org/>

~

I did not meet the angel who brought the blanket which covered him in his last moments and which gave me something to take home, to hold when I could no longer hold my son.

Neither of my children were conscious of receiving their blankets. But I want you to know they mean just as much, if not more, to the mothers and fathers as I am sure they do to the children who receive them.

I still have both blankets, and I will keep them forever.

Please accept this donation in the name of my eldest son, Cameron Glen. I am including a picture so you know the lives you touch are real and to put a face to those whom you help.

I would also like to thank Edrina, a close friend who has done quilts for Project Linus in the past and may be doing one in Cameron's memory sometime soon. She is one of the angels who are touching lives through your organization.

Sincerely,

Evie





Sewing Contributions & Donations Oct. through Dec. of 2020

With the generosity of comfort items donated and the efforts of our talented sewing volunteers providing us with beautiful items, handmade especially for all of our patients, WakeMed Health & Hospitals is able to add a dimension of care and comfort that is second to none.

Raleigh Campus

Merrilyn	Allen
Samantha	Antunes
Chris	Bowyer
Irene	Curry
Shannon	Davis
Scarlett	Destefano
Sofie	Finkelstein
Ann	Jagger
Janet	Jennings
Rebecca	Kalsbeek
Marva	Mehaffey
Beth	Meyer
Hannah	Moyles
Colin	Murasko
Dorothy	Richards
James	Rutledge
Linda	Shaddix
Rich and Ann	Shrum
Sharon	Wilson
Hunairaa	Zafiruddin

Cary Hospital

Jerralie	Peterson
Pam	Ayars
Janet	Pawelek
Raiya	Patel
Susan	Terjesen
Barbara	Bagby
Dotty	Morefield
Lois	Odom
Chaplain Marilyn	Mitchell
Rose	Byrd
Deanna	Babyak
Judy	Smith
Dan and Kathie	McLaughlin
Carrie Page	Gower
Bever-Leigh	Barthelus
Kristen	Jackson
Camile	LeSage
Allison	Sloben

Raleigh Sewing Groups

Project Linus
Cary Senior Center
Athens Drive Hosa
Kingdom Crafters
Little Bethlehem Faith
Baptist



Cary Sewing Groups

Garner on the Mend
Cary Quilting
Cary Blanketeers
Ann Foster Group
Cornerstone Presbyterian
Compassion-Knit Hearts
Cary HS Key Club
Bumble Brews



Blankets for Veterans



A patient enjoying the comfort of a handmade blanket presented by Volunteer Cindy Larsen

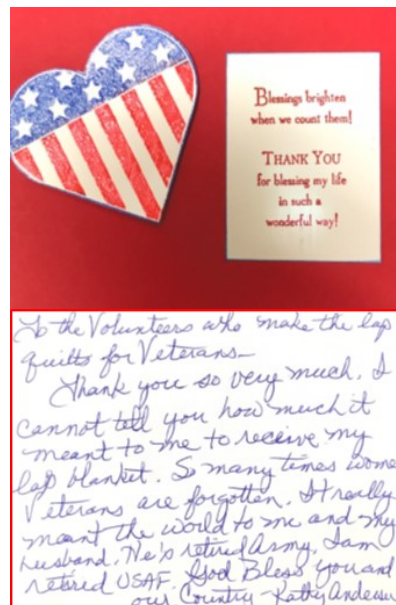
The Cary Blanketeers and several individual sewers lovingly provide handmade fleece, crocheted, knitted and quilted Veteran’s blankets. They are made with red, white and blue fleece, fabric or yarn. These items are carefully packaged with a Veteran’s thank you card by our Cary Volunteers. When Volunteer Services is notified that a patient is a Veteran, a blanket is presented to the patient by a nurse or volunteer. These handmade items help WakeMed deliver compassionate comfort and care to our patients during a very stressful time in their lives.



Crocheted and knitted blankets



Thank you card inserted with each blanket



Thank you note from a retired USAF Vet and a retired Army Vet



Fleece blankets with crocheted edges



Homemade quilts



Calendar of Events

Last Quarter Sales

We are delighted to report our sales from the previous quarter
Events:

Belk's Sale \$43,200

Masquerade Sale \$3,510

Macy's Sale \$75,200

GRAND TOTAL OVER \$121,900



UPCOMING EVENT

WakeMed Raleigh Campus

WakeMed Cary Hospital

WakeMed North Campus

FirstUniform.com Sale

**Virtual Event Starts Friday, February
19th at 9:00am through Monday,
March 1st at 9:00am**



Department of Volunteer Services
3000 New Bern Avenue
Raleigh, NC 27610-4465