

October/November 2012

WakeMed 😽

This edition of the HeartBeat is produced in memory of:

Joan Carson Mary Poteat Eleanor Reilly

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Melissa Brown Memorial Nursing Education Loan Fund Updates

Since December 1992, the Melissa Brown Memorial Nursing Education Loan Fund administered by The Volunteers at WakeMed Raleigh Campus has issued \$91,600 through 80 loans to 45 recipients seeking undergraduate and graduate degrees in Nursing. Education is critical for all healthcare providers, and The Volunteers are committed to partnering with individuals to achieve their undergraduate and graduate Nursing degrees.

32 recipients (71%) have graduated from their programs, 5 recipients (11%) are active in their programs, 3 loans (7%) were returned due to changes in plans, and 5 recipients (11%) did not complete the education processes.

Graduates from 1995 through 2012 include:

	-
Leslie Burson	Wilson Technical Community College
Tiffany Cooper	UNC - Greensboro
Christy Griffin	Barton College
Cindy Griffin	Barton College
Carol Voigt	UNC – Chapel Hill
Chelsa Boswell	UNC – Greensboro
Kristy Eller	UNC – Greensboro
Jason Lane	Central Carolina Community College
Tammy Scarborough	Central Carolina Community College
Nicole Strossi	UNC – Greensboro
Erin Paulson	Wake Technical Community College
Wendy Willard	Wake Technical Community College
Linda MacLellan	Barton College
Tonya Dean	East Carolina University
Danae Scarborough	North Carolina Central University

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Melissa Brown Memorial continued

Linda Edwards	Barton College
Amber Crawford	UNC – Greensboro
Nicole Sheffield	Vance-Granville Community College
Angela Harper	Wake Technical Community College
Renee Pope	Duke University
Shelly Godwin	Johnston Community College
Mary Hogan	Wake Technical Community College
Mary Sue Reid	Wake Technical Community College
Patricia Oliver	Wake Technical Community College
Terri McDowell	Barton Colege
Gail Roumanis	North Carolina Central University
Olga Wray	Wake Technical Community College
Jennifer Cesare	Durham Technical Community College
Sheri Gooch	Johnston Community College
Angie Koch	Wake Technical Community College
Sarah Conte	Gardner-Webb University
Robin Loughlin	The Johns Hopkins School of Nursing

Current active student loan recipients include:

Erin Broush	East Carolina University
Gail Roumanis	East Carolina University
Julie Jackson	East Carolina University
Tammy Hill	Phoenix University
Justin Kott	The Johns Hopkins School of Nursing

The loan fund is sustained through donations to The Volunteers at WakeMed Raleigh Campus, a non-profit organization (EIN – 56-0749114), and through repayment of loans by recipients who do not qualify for loan to be forgiven. The opportunity to contribute to the loan fund is explained on the last page of each issue of *Heartbeat*.



The Joint Commission Has Completed the Dual Surveys for the WakeMed System

The long awaited opportunity to demonstrate our excellence as a healthcare system took place the entire week of October 1, 2012. MANY thanks are extended to every WakeMed volunteer for being full participants in the Joint Commission accreditation surveys. You were prepared, knowledgeable, welcoming and engaged. The surveyors were extremely impressed with the level of engagement, eagerness to learn and participate, and the overall care provided to our patients at all locations. Hand hygiene was also recognized as having improved to outstanding levels.

All entities remain accredited and we look forward to addressing any of the opportunities for improvement that have been discussed with our leadership. Stay focused, stay prepared, and remember that the partnership in our continuous journey for excellence begins with each of us.

Welcome Sandreal Parker

It is a pleasure to welcome Sandreal Parker to the WakeMed Raleigh Campus as the Volunteer Services Representative.



Sandreal previously worked for Sprint/Nextel as a Provisioning Subject Matter Expert. She started with WakeMed as a volunteer, supporting the Volunteer Services office. Sandreal attended NC State and continues to be a loyal fan, even though her husband is a devout UNC fan. They truly do have a "house divided".

Please stop by to say hello and introduce yourself to Sandreal when you are at the Raleigh Campus.

1st Impressions Have a Lasting Impact

Remember – it is the little things that count - sounds, appearances, interactions, conversations, feelings, smells. Add them all together and they are lasting impressions and forever remembered experiences. You have them. Our patients and families have them – every day, hundreds of times a day.

Before you step on stage in your volunteer role –when you drive or walk onto the WakeMed campuses and locations – remind yourself with a smile on your face and in your heart that you **will** make a difference today through your service and your attitude. Be determined that it will be a positive difference. Remember that you wear your attitude where it is most visible – in your facial expressions, in your tones of voice and in your body language – in all of your interactions. Put on that great Wake Way "armor" EVERY time you come to serve our patients, families, guests and staff. Prepare to be on stage and to be **100% focused on patients' and families' experiences.** A few tips follow to remind us how we can exceed expectations, every patient and family member, every interaction, every time.

Welcome and acknowledge every customer:

- Present a friendly and warm first impression.
- Follow the 10/10 Rule: Greet/acknowledge customers within 10 seconds and/or10 feet.
- Demonstrate a positive attitude and professional behaviors at all times.
- Have eye contact and a pleasant spoken word or greeting when you are in corridors and in reception locations.

Anticipate and clarify others' needs:

- If you see someone who needs attention... give them your attention.
- Engage patients and families and make sure they understand what is going on.
- Respond with empathy and ensure patients and families receive a sincere message of concern.
- Respond in a timely and suitable manner.
- Don't wait until you're asked be proactive in providing information.

Keep our patients and others safe:

• Always observe Red Rules - Confirm identification prior to any action involving a patient.

- Serve as a role model and encourage safe behaviors.
- Introduce yourself and your role to the patient/family/visitor prior to taking any action with the patient.
- **Practice appropriate hand hygiene** before and after patient contact, eating, toileting, etc., 100% of the time.
- Always avoid any behavior or communication that is negative or disruptive. Your demeanor and behavior have significant impact on others.

Ensure, respect and maintain privacy and confidentiality:

- Respect patient privacy and confidentiality <u>never</u> discuss a patient outside the work environment or in an area where anyone else can hear.
- Treat others with dignity, courtesy and respect at all times regardless of their differences.

Work as a team. Take action and responsibility:

- If it's broken...get it fixed, if it needs attention...attend to it.
- If you can't fix it, find someone who can.
- Seek opportunities to exceed expectations and work cooperatively with others at WakeMed to resolve concerns.
- Communicate clearly and respectfully.
- Do not criticize or blame.
- Value each others' differences.
- Look for and expect the best in others.

Actively listen and respond with empathy:

- Honor the golden rule: treat others as you would want to be treated.
- Listen with undivided attention to find out what is really important to patients, families and others, and understand concerns and feedback from patients/families.
- Communicate clearly, respectfully and professionally.

You show pride in how you look and work:

- Follow dress code guidelines 100% of the time visible name badge in proper location, appropriate vest, jacket, uniform attire, proper shoes, proper personal hygiene, etc. Be and appear professional – others must have confidence in you!
- Interact nicely and respectfully with patients, families, guests, staff and co-workers.
- Be positive and professional at all times.

MAKE THE ROUTINE POSITIVE AND PROFESSIONAL

ELEVATOR ETIQUETTE

• Give patients on stretchers (and those in wheelchairs who are in distress and have an escort) elevator privacy. If you are on, step off; if you are waiting, wait for the next elevator.



- Allow people to exit before you enter the elevator.
- Never discuss patients, business operations, personnel or any other sensitive information on or while waiting for the elevator.
- Ensure food/drinks are covered while on elevator; do not eat on elevator.



TELEPHONE ETIQUETTE

- Answer telephones with your name and your department name every time!
- Your tone of voice should be welcoming and positive.
- Speak in a controlled, professional manner.
- Because of their disruptive nature, your personal cellular phones (including emailing and texting) should only be used with supervisory permission while on duty. They should also be turned off or placed on vibrate status when on duty or in patient/visitor areas.
- To ensure proper attention to patient safety, positive patient and family experience and confidentiality, good judgment should be used when responding to work phones in the presence of patients/visitors you are assisting.
- Communications must always be respectful.

In Memory of Our Volunteers We express our deepest sympathy to their families. Thank you for sharing your loved ones with us.

Mary Louise Poteat August 17, 2012

Mary volunteered at WakeMed Cary Hospital for 18 years and contributed 6,350.25 hours of service. She was part of the Visitors Services team at the main Information Desk on Tuesdays where she greeted and assisted many people

with a smile.

Mary also crotcheted many infant hats for the newborn babies in the Women's Pavilion & Birthplace at WakeMed Cary Hospital. She also taught other volunteers how to crotchet these hats.

Mary Eleanor Reilly October 8, 2012

Eleanor volunteered in the Gift Shop at WakeMed Cary Hospital. She contributed 1,680.5 hours of services while she was actively volunteering.

Joan S. Carson September 15, 2012

For 13 years, Joan Carson volunteered in several capacities at WakeMed Cary Hospital contributing over 10,000 hours of service. She spent many hours in Medical Records and the Women's Pavilion with Infant Hearing and Screening. Joan served a term as president of the board of directors of The Volunteers at WakeMed Cary Hospital. She also knitted baby hats for the babies born at WakeMed Cary Hospital. Each year Joan would accept discarded holiday cards from the staff and volunteers from which she created gift cards and gave them away.

Those of us who had the privilege of knowing these ladies will greatly miss their presence.

THE PRESIDENT'S CORNER

The Volunteers at WakeMed Raleigh Campus FY12 Annual President's Report

Volunteer Hours:

Total Volunteer Hours contributed:	82	,562
Adult Programs	46,54	6.50
Junior Volunteers	6,95	1.75
Community/Kidworks	2,90	3.25
Sewing Individuals/groups	26,16	0.50
Individuals participating in programs:		932
College Students participating in prog	rams:	173
FTE equivalent (average per month):		40
Placement Areas:		118

Volunteers have been recruited this year through word of mouth, speaking engagements, the News & Observer, weekly newspaper volunteer advertisements sections, VolunteerMatch and online services. Over 479 new volunteers have been interviewed and placed this fiscal year

Fundraising Activities/Donations:

<u>Vendor Sales:</u> three Uniform, two Portrait, two \$5 Masquerade Jewelry, one Electronic, and one Linen sales netted: \$42,902.21.

Infant Photo Contract: The Volunteers received \$9,875.67 in commissions.

<u>IBM Grant:</u> The Volunteers received \$1,000 through an IBM grant. Thank you to Jim Miller for submitting the grant to support our patients.

<u>Tea for the Soul:</u> A donation of \$1,350 was received for Tea for the Soul. Thank you Reverend Lil Galphin, Spiritual Care Services, for your contribution that supports the WakeMed staff. <u>NICU/Recliner/Rocker:</u> Donations totaling \$2,801.00 were received from The Olde Raleigh Garden Club and Community in memory of Janet Harder, from Jamie Benthuysen in memory of her sister, and from Bank of America Community Grants via Cary volunteer Sue ReCorr's support.

RALEIGH CAMPUS SPECIAL PROJECTS AND DONATIONS:

<u>WakeMed Foundation</u>: The Volunteers made the fourth \$15,000 contribution to the Just for Kids Kampaign of a five-year \$50,000 pledge. This pledge supports the operations of the Ronald McDonald Family Room that is currently open and operational in the Children's Hospital.

Melissa Brown Memorial Nursing Education Loan Fund: This year-round program provides educational monetary support to individuals who have been accepted into a North Carolina nursing school. Funds are raised via the Brown family annual letter, donations via *Heartbeat* and general donations. The Melissa Brown Memorial Educational Loan Fund committee awarded \$11,886.42 in loans this year. The Committee has forgiven \$20,535.53 in loans.

<u>Respite Rooms:</u> The Volunteers donated \$1,000 to support Respite Rooms for staff in the Adult Emergency and other departments at WakeMed Raleigh Campus to help employees take a moment to relax and handle the stressors in their day-to-day environment. The result will support patient safety.

The President's Corner - WakeMed Raleigh Campus continued

<u>4C/Mother Baby Car Seats:</u> \$1,200 was allocated for purchase of car seats for low birth weight infants.

<u>Wound Care Facility:</u> \$154 was donated for purchase of cd's/movies for patients while they are in treatment in the hyperbaric chamber.

<u>Spanish Magazine Subscriptions:</u> \$850 was donated for subscriptions for Spanish magazines to be shared with patients. The magazines are distributed by volunteers through the Friendly Face Cart service.

<u>Huggables/Hats/Quilts:</u> In FY 2012, hundreds of huggables, lap robes, stuffed animals, shawls, pillows, bed bags, toys, dolls, adult bibs, hats, preemie booties, preemie caps, baby gowns, bereavement blankets and more were made by community-based sewing volunteers – groups and individuals. These gifts are distributed via the Friendly Face Cart and by staff to patients – and the patients are extraordinarily grateful.

<u>Healthy Lifestyles: Cardiac Rehab Scholarships:</u> \$2,742 in scholarships funds has been awarded to cardiac patients. These individuals have been identified by Health Works staff as qualifying for financial support and who otherwise would not be able to complete a key part of the recovery from a cardiac episode. The classes include education about nutrition and exercise, participating in exercise classes and more.

<u>Tea for the Soul:</u> The Volunteers provided \$2,480.15 for Spiritual Care Services to offer refreshments in quiet, calming locations for all caregivers to take a break.

<u>WakeMed Zebulon Skilled Care Nursing Facility:</u> A \$55 donation was made to support patients who need clothing and shoes for exercise programs.

<u>Toiletries:</u> This program provided \$1,900 to purchase toiletries for emergency and immediate needs patients. These basics include deodorant, toothbrushes, tooth paste, combs and shaving crème.

<u>Baby Packet Supplies:</u> \$2,200 was allocated for onesies, diapers, bottles, blankets, etc. so that the Case Managers on 4B can give immediate needs new moms some newborn gifts/supplies at discharge.

<u>Reach Out and Read (ROR):</u> \$4,000 was donated for the purchase of new books to be distributed to well-visit patients ages 6 months to 5 years who are seen in the WakeMed Faculty Physicians Pediatric Clinic. This national literacy program has been the recipient of grants from National ROR based upon community support and distribution of books.

<u>Sewing Materials:</u> \$3000 was designated for the purchase of sewing supplies to support the groups and individuals who donate handmade items to WakeMed patients.

Spinal Cord Injury Program: The Volunteers provided \$1,980.32 to improve care delivery and clinical outcomes of patients admitted with new onset, traumatic spinal cord injury. The goals are to increase self-care independence and prevent complications.

<u>NICU/Recliner/Rocker:</u> Through donations (\$2,737.50) previously described, 2 recliners have been purchased for use by mothers of babies in the Neonatal Intensive Care Unit.

<u>Congestive Heart Failure (CHF) Scales:</u> The Volunteers provided \$923.67 for 30 sets of scales given to lowincome heart failure patients that provide a way to identify increased signs of increased fluid retention, a sign of heart failure, for better management of CHF on an outpatient basis and to reduce hospital readmission for CHF.

<u>Parents Time Together:</u> The Volunteers donated \$2,000 in funds to provide time, place and meals for parents of infants in the Neonatal Intensive Care Unit. Parents Time Together allows time to support each other by sharing common experience and a time for educational events.

The President's Corner - WakeMed Raleigh Campus continued

<u>Child Life/Pediatrics:</u> \$2,500 was allocated to support the pediatric patients and their families in coping with being in the hospital by providing items that distract and comfort patients.

<u>Children's Emergency Department - Child Life:</u> \$1500 was donated for stress reducers and greater "whole care" in a developmentally appropriate environment for children to receive healthcare.

<u>Special Infant Care Clinic:</u> \$1,200 allocated for infant car seats, supplies, transportation vouchers and medication for infants and their families when no other monetary resource is available.

<u>Child Life/Surgical Services:</u> \$850 was provided to reduce stress and anxiety of the outpatient pre-operative Pediatric patient and their families through preparation, distraction, coping and play.

<u>Children's Emergency Department - Music/Pain</u> <u>Therapy:</u> \$400 was donated to purchase iPods and music for distraction from pain and anxiety in the children's emergency department.

Health Career Pathfinders:

The Volunteers at WakeMed Raleigh Campus sponsors a career exploration group that is open to individuals 14 – 20 years old. 20+ of our future healthcare providers enjoyed speakers from and tours of WakeMed.

Bloodmobiles:

The Volunteers at WakeMed Raleigh Campus sponsored blood drives in March 2011 as well as blood drives at our area YMCAs. A total of over 147 productive pints were collected.

Notes of additional interest:

 In May, the 5th Annual Hospitality Pets Social was held at Millbrook Exchange Park to honor our four legged volunteers and their masters/mistresses. There are 20 active teams.

 Over 173 area college students participated in our programs.

I thank you for giving me the opportunity to serve as President of the Volunteer Board this year. It has been truly exciting to work with such a vital group of volunteers. Your dedication and enthusiasm is behind every single accomplishment listed in this report.

I feel privileged to have worked with such a fine group as the members of the Volunteer Board and appreciate their cooperation and generous spirit which has enabled us to accomplish so much.

I would like to especially thank the Volunteer Services staff for their help and support this year, as well as their service to all the volunteers. We are truly blessed with Susan Hester, the Director of Community Services; Marie Johnson, Manager, Volunteer/Community Services; Christian Melvin, Volunteer Services Specialist; and Sandreal Parker, Volunteer Services Representative.

Respectfully submitted,



Timothy Lee, President

THE PRESIDENT'S CORNER

The Volunteers at WakeMed Cary Hospital FY12 Annual President's Report

Over the past year, The Volunteers at WakeMed Cary Hospital have contributed their time, talents and financial support to augment the services offered by the hospital system, and to help provide a caring environment for our patients and families.

These contributions include:

Volunteer Service Hours and Value

Total Volunteer Hours contributed: Adult Programs Junior Volunteers	70,225 31,202.00 2,582.75
Sewing Individuals/groups	36,440.75
Individuals participating in programs:	685
Adult In-House	326
College Students	72
Junior Volunteers	65
Sewing Individual/groups	222

These volunteers represent the equivalent of an average of 34 full time employees each month.

There are a total of 68 volunteer placements supporting 50 departments across the hospital system. This number includes placements within Cary Hospital, and also at other WakeMed facilities, including WakeMed Business Center – Patient Financial Services, WakeMed Corporate Center – Public Relations, WakeMed Fuquay – Skilled Nursing Facility, WakeMed Apex Healthplex, and Rehab Services at Kraft Family YMCA and Alexander YMCA.

Fundraising Activities

The Volunteers at WakeMed Cary Hospital promote a number of special fundraising events and manage other sources of income. These activities produced a total of \$34,750.93 in revenue for the organization over the past 12 months.

Annual Golf Outing

The largest fundraiser managed by The Volunteers at WakeMed Cary Hospital each year is an annual charity golf outing. On October 17, 2011 our 13th annual golf outing was held at MacGregor Downs Country Club with 104 golfers participating. Susan Alvey, chairperson, and a hardworking committee of volunteers raised over \$22,000 with support from golfers, hole sponsors, major sponsorships and the sale of raffle tickets and mulligans.

Blossoms for Life

This is a year-round giving and fundraising program that provides an opportunity to honor or memorialize a friend or family member through a donation to The Volunteers at WakeMed Cary Hospital. Pam Ayars chaired Blossoms this year, and the ongoing campaign raised \$1,600 from October 2011 to mid-September 2012.

Vendor Sales

The Volunteers at WakeMed Cary Hospital hosted six vendor sales this past fiscal year:

- Masquerade sale on November 14, 2011 netted
 \$1,337
- Infinite Electronic sale on December 7, 2011 netted \$1,348.54

The President's Corner - WakeMed Cary Hospital continued

- Greg's On-Site Sales (shoes) sale on February 16, 2012 netted \$3,250.22
- Uniforms 2U2 sale on April 20, 2012 netted \$2,065.17
- Uniforms 2U2 (stethoscope) sale on June 8, 2012 netted \$723.32
- Uniforms 2U2 sale on September 14, 2012 netted \$2,148.98

Additional Revenue Sources:

<u>Grants</u>

An IBM gift of \$1,000 was received on behalf of retired IBM employee and WakeMed Cary Hospital volunteer, Al Port. Notably, any IBM retiree can apply to IBM Community Grants program to request cash support for their volunteer organization.

\$500 was received on behalf of gift shop and board member volunteer, Susan ReCorr, from Bank of America Community Grants.

\$250 was received on behalf of emergency department volunteer, James Sokolowski, from Wal-Mart Community Grants.

WakeMed Gives

\$297.17 from the annual giving campaign was designated by employees to be allocated to The Volunteers at WakeMed Cary Hospital to support our programs.

Infant Photo Contract

Working with Charlie's Angels, the Volunteers received \$7,668 from sales of baby photos to new parents and grandparents.

Special Projects and Donations:

Funds from annual fundraising events, donations and other revenue sources allow the Volunteers at WakeMed Cary Hospital to support a number of important initiatives across the hospital system. Efforts for FY 2012 included:

<u>WakeMed Foundation</u> \$8,700 was donated in support of the WakeMed Cary Hospital Women's Imaging Resource Center and \$2,500 to support the Neonatal Intensive Care expansion.

<u>Rainbow Fund</u> - In 2012, The Volunteers contributed \$13,000 to provide medications to immediate-need children and adults who were not in a position to pay for their initial prescriptions. \$2,000 was donated by the Cary Hospital Medical Executive Committee and \$1,000 was donated by Cary Medical Group.

<u>Huggables/Memory Quilts/Hats</u> – Purchase of supplies amounting to \$4,693.37 went to support the efforts of sewing individuals/groups to make handmade items to be distributed to patients and families. \$1,000 was from IBM Community Grant Funds.

Other Funding Support

- WakeMed Fuquay (SNF), Garden Fund
 \$ 395.69
- WakeMed Fuquay (SNF), Recreation Therapy
 \$ 268.19
- Tea for the Soul \$ 233.01
- WakeMed Cary Hospital Kraft YMCA, Cardiac Rehab Scholarships \$1.371.00
- WakeMed Cary Hospital Perinatal Bereavement \$ 132.72
- Spiritual Care Meditation Garden Design Fee \$1,500.00

The President's Corner - continued

Community Outreach

<u>Huggables/Hats/Quilts</u> - This year our Sewing volunteers contributed 32,489 hours to complete a total of 4,168 baby hats and 3,971 Huggables. Since the project began there have been more than 43,294 dolls and 25,783 hats completed. Our volunteers and friends in the community have contributed many hours of love and care to knit, crochet, sew, quilt and stuff this year. Diane Boyer chaired the Huggables project and acted as liaison between The Volunteers at WakeMed Cary Hospital and our Sewing volunteers.

<u>Hospitality Pets Program</u> – The pet visitation program is thriving at WakeMed Cary Hospital. This year 27 teams averaged 256 visits a month for a grand total of 3078 visits to patients on 2 East, 2West CVIC, 2W ICU, 2W MSIC, 3 West and WakeMed Fuquay (SNF). More than 15,400 visits have been made since the program's start at Cary Hospital in 2006.

A Note From the President

My term as president of the board of the Volunteers at WakeMed Cary ended September 30th. I'd like to take this occasion to thank all of you – both facility-based and community volunteers – for the contributions you make that allow The Volunteers at WakeMed Cary Hospital to provide consistent support to our patients, their families, and our staff. It has been an honor and a privilege to serve as your President. I could not have succeeded without the guidance of Susan Hester, the assistance of Bethany Kelly, Jackie Kennedy and Dee Thompson; as well as the commitment of my fellow board members.

With respect and appreciation,



Denise Galloway, President

Volunteer Spotlight WakeMed Cary Hospital ~Sandy Phillips~



I became a volunteer to gain experience in a medical environment and familiarize myself with the atmosphere and demanding requirements necessary to work in this field. I decided what I really wanted to do later in life, and now I'm currently attending school to

pursue certifications in the medical office field.

I have only been a volunteer for a short time now in the Cardio-Endo department and it has been very fulfilling. I have met so many wonderful, caring individuals that have touched my heart. Not a day goes by that I don't enjoy helping these wonderful people through their medical care, and their gratefulness to me is a cherished perk.

My loving husband has been very supportive and understanding through my career change. We have been married for 23 years and have two wonderful boys. The oldest is a senior at NC State and the youngest is in the fourth grade. Our youngest son is in travel baseball, so, he keeps us busy, but we love it. Our oldest son is in the marching band at NCSU, and pursuing a degree in Microbiology, looking to go into biopharmaceuticals.

I'm a native to North Carolina, and I was born in Raleigh. My family moved to Apex when I was 12 years old and I have lived in the same area since then. I can remember when Kildaire Farm Road was a two lane road and trees on both sides, and I remember there being only two stop lights. Boy, how things have changed.

We are planning to visit Mount Airy next month, my family loves to watch The Andy Griffith Show and, believe it or not, I have never been there.



WakeMed Raleigh Campus 2012 Volunteer Awards

50 Hours

Darla Aldridge Elizabeth Alexander Jody Allen Monica Alston Livia Beltrao Chris Bender Sheryl Bennett Trudy Bennett Carli Berasi Shawn Berigan Joan Bird Lynn Bowman **Casey Brantley** Martha Brown Brian Buker Cecilia Bullock Aitza Burgess **Richard Burritt** Sara Cammie Joshua Capell Ricardo Caporale Yvonne Chacos Priyanka Chakravorty Joan Clarke Minerva Clarke Terelle Coley Ebony Collins Colleen Coombs Miriam Cortes Jessica Crawford Arlanda Crumel Dajuan Cunningham Lisa D'Amato James Davis Rosa Davis Amanda Dean Alicia DeLauder Joan Derrig-Heacox Angelica England Anna Erman

Joseph Ewendt Kenneth Furr Natalie Futrell Molly Gallion **Christopher Garrett** Anabella George **Jaime Hankins** Kathryn Hardison Valeisha Harrison Michele Hartman Demetria Harvey Alex Herring Suzette Hinton Tamera Holliman Heather Horwath Lucas Hunter Tiffany Hunter Stacey Infantino Avanthika Iyengar Karen Jensen Barbara Johnson **Emilie Kadhim** Gina Keplev Elsie Kesselman Amanda Khalil Merveilles Kimpioka Tyler Kloc Linda Krichbaum Jessica Lassandro Tuanh Le Deborah Lee Susan Legatowicz Pamela Lucas **Bogdan Luchkevich** Rachid Maiti Jane Marshall Tonya McCoy **Bill McKenney** Elaine McLeod Patricia McNair Logan McPhatter

Kelli Mealv Norma Meath Brenda Millar Christopher Mirek Natori Moore Reyad Oueijan Ashley Overton Salina Patel Michelle Pendergast Mary Queen Janaya Randolph Deborah Ray Takeeva Reddick **Douglas Rifenburg** Edward Rives **Bonnie Roberts** Andrea Rodriguez Adele Rosati Cosette Rosati Brooke Schrader Jacob Sherrill Walter Sirma Brenda Smith (Mealy) Carletta Smith Gail Smith Janet Smith Brenda Smithwick Kenneth Smithwick Lynn Stanley William Stuart Marisa Sturza Linda Sutton Hayley Talancha Erica Tasman Andrew Thomas Kenyel Thompson Sean Thompson Vanessa Totten **Yvonne Vaughters** T'yasah Walser John Walsh

Brenda Wambua Jayne Warzywak Christopher Watts Nikita Watts Bobby Wieland Christina Williams Adam Willson Rosemary Wing Thomas Woo II Mariel Ziperski

100 Hours

Cara Agner Akin Ajayi Mary Kate Alova Mark Baldivieso Linda Barrett Rodshawn Branch Jo Brantley Rebecca Breese Dominique Brown Mariluz Brown Bethany Burgon Tanya Burnette Sandra Calixto Linda Carroll Linda Cartagena Joan Clemens Cynthia Cruell Shaun Daniel Madeline Desrosiers Yvonne DeWald Roger Dorfield Leza M. Downie Sonya Drew Sherman Driver Mary Ducette Brandi Dunn Carmenza Ellison Lyndsey Fekete Gave Forman

WakeMed Raleigh Campus FY12 Volunteer Awards continued

Michael Fuchs Brenda Gartrell Hiren Gihawala Tonva Graham Linda Grimes Lindsey Haver Eduardo Hernandez Mary Hitch Janet Hoffmann Gloria Horton Cindy Huynh Sandra Jackson Nijsha Johnson Linwood Joyner Elantra Kennedy Etta Kimbrell Elizabeth Kistler Vanessa Klein George Kolar Kathryn Lawson Suzanne Ledoven Elisabeth Liddicote Tori Look Ann Lunde Rachel Lyons Jo Ann Mara Sahiti Marella Caroline McClintock Laverne McCloskey Darlene McKenney **Tracey Miller Dinah Moore** Claudia Mormino Sagar Nemani Eleanor Nunn Francie Oblinger **Daniela Pardedes** Andrew Perry Cheryl Pettyjohn Angel Pittman Larry Pittman Lynda Prediger Tanga Radford Gail Rasdorf Charlotte Rastas Sarah Robinson Alisha Self

Lichia Sibhatu Heatherly Simmons Adonna Simpson-Lewis Udava Sivadanam **Emily Sluzas** Kandys Standridge James Stephens Tarsha Trapp Eileen Ugorcak Emily Van Schagen Ashley Van Wormer Courtney Vaughn Kelley Wade Luyu Wang Carolyn Ward Michelle Watkins Anna Weavil Melissa White Jason Whitehead Julie Whitfield Joseph Williams Olivia Williams Debbie Willmschen Griffin Wilson Mozelle Wilson Eric Woods

200 Hours

Brandon Adams Katrina Akins Suheir Bannoura Ashton Barker Doris Bell Kelly Blades Fay Bostic Olivia Brasacchio Crystal Canady Anke Chignell Rukesh Chinthapatla Marijane Chow Aubrey Collins Mara Comas Cody Eden **Evelyn Felice** Andrea Flowers Sharlene Frazier Margaret Haigler

Janice Haywood Lorie Houston Paul Ibajesomo Robert Itotia Kiara Kelly Deborah Lambert **Betty Lockleair** Macon McDavid Lorraine Morris Melissa Nausch Isabella Norwood Carolyn Odham **Douglas Perry Delta Prince** Quayanna Reese Elizabeth Rojas-Steinbrecher James Sauls Supriva Sivadanam Marty Stephens Mary Walsh Brenda Yarbrough

300 Hours

Janice Cruse Patricia Deariso Marjean Fischer **Robert Gelinas** Hope Hendricks Sr. Hite John Georgene Jones Dorothy Kohlbach Jean Laudon Amanda McCutchin Charlotte Montillo Stephanie Moyles **Elizibeth Noles** Dagmar Radun Veda Scarboro Leigh Stallings Cynthia Taylor Susan Warren Amv Wolfe Donna Wong Al-Mounawara Yaya

WakeMed Raleigh Campus FY12 Volunteer Awards continued

<u>400 Hours</u>

Shirley Bartee Rebecca Doyle Rosemary Driver Philip Greco Rhodia Hawkins Colette Hudgins Florence Huebner Sev Mihajlov Harriet Nausch Althea Page Stephen Quinn Terry Rimmer Angela Walton

<u>500 Hours</u>

Lonelle Davis Demetra Dixson Jean Everett Paul Fausneaucht Peq Fuchs Frederick Huebner Diana Hughes Sara Kirk Ellen Kissiah **Diane Lewis** Jessica McAninch Hannah Moyles Gail Owen **Bernice Parker** Sally Perdue Sara Pierson Treva Thompson Maxine White Louise Wurst Gina Young

600 Hours

John Agurs Steve Barat Elgie Dudley Michelle Finlayson Vincent Hall Priscilla Ruskay

<u>700 Hours</u>

Betty Costello Walter Davis Molly Grant Robert Harrison III Sarah Hodges Prudence Lally Michael Mulvihill Robert Pollard Samuel Rosenberg

800 Hours

Ramesh Fofaria John Gilner Vickie Higgins Juanita Lesley

<u>900 Hours</u>

Martha Biggio Linda Lovell Frances Mercer James Miller

1,000 Hours

Robert Baker Alan Craft Mary Goelz Brent Goforth Donna King Timothy Lee Charles Perlette Zella Strickland Jean Turner Barbara Yu

1,500 Hours

Wade Burnette Shirley Harkess Annie Poe Helen Tommola Ann Wyker

2,000 Hours

Carle Cayton Mildred Chavis Phoebe Crofts Misty Gunter Elaine Hoffman Donna Lamm Georgetta Paskoff

2,500 Hours

Lynn Burton Nell Critcher Florence Grummer Wendy Lamm Carolyn LaRue Eleanor Reichert Lilian Sauerwein

3,000 Hours

Gina Abrams Josephine Daversa

<u>3,500 Hours</u> Mary Di-Francisco Marilyn Tsipis

4,000 Hours Emma Voigt

<u>4,500 Hours</u>

Peggy Eberhart Bob Riordan

5,000 Hours Mildred Morrison Elizabeth Williams

<u>6,000 Hours</u> Lorraine Shapcott

<u>8,000 Hours</u> Barbara Brooks Hilda McCullers

13,000 Hours Earlene Troublefield

> Congratulations And Thank You!!!

WakeMed Cary Hospital 2012 Volunteer Awards

14,000 Hours Pam Ayars

10,000 Hours Dave Greybill

5,800 Hours Blair Hatcher

4,900 Hours Drew Smith

<u>4,800 Hours</u> Pat Dorry Madeline Hamady Philippa Hertrick

4,500 Hours Diane Boyer

4,100 Hours Betty Beaman

4,000 Hours Ann Rush

3,800 Hours Edith Rothschild

3,600 Hours Claire Katz

<u>3,500 Hours</u> Ann Foster Al Port

3,400 Hours Ruth Cornwell

3,300 Hours Barbara Gribble

Vivian Collins

<u>3,200 Hours</u> Ruth Allbert Martha Etzel Patricia Hyman

3,000 Hours Charles Evans

<u>2,900 Hours</u> Ruth Taresco

<u>2,800 Hours</u> Jan Kretzschmar

<u>2,700 Hours</u> Tina Smith

2,600 Hours Betty Peck

2,500 Hours Jackie Clements

2,400 Hours Susan Alvey Bob Flederbach

<u>2,100 Hours</u> Timothy Shoriak

<u>2000 Hours</u> Beth Turner

<u>1900 Hours</u> Hazel Byrd Anne Joyner

<u>1,800 Hours</u> Judy Millar Barbara Williams

1,600 Hours

Regina Brest Wilma Caldwell Denise Galloway Ashok Patel Linda Tuffey

<u>1,500 Hours</u> Joe Esmond Patricia Perkins Sharon Thompson

<u>1,400 Hours</u> Jean Lipary Charles Tabbi

1,300 Hours Sandy Klootwyk Tina Seagrove Constance Sinha

1,200 Hours Barbara Copperwheat

1,100 Hours Tammy Lamey Pat Stacy Mike Schuler Brenda Stutts LaRue Wayne

1,000 Hours

Helen Tsui Pat Anderson Gunther Linde Kalpana Nath Kathy Rembrandt

900 Hours

Mary Burrus Barbara Harrington Harry Kincaid Ellen Onofrio Pat Quick

800 Hours

Donna Doherty Henry Jessup Orly Margolis Susan ReCorr

700 Hours

Joe Boggs Alex Credle Shelby Credle Craig Landau Melody Mangum Robert McAllister Nancy Riefenhauser Della Staub

600 Hours Sue Busa Marla Carroll Annette Edeburn Gina Harry Sharon Mills Joan Morelen Madhu Ramanan Judy Rea

500 Hours

Tandra Burson Kevin Gaffney Marjorie Johnson LaSandra Mullins Lee Nelson Jane Warner

WakeMed Cary Hospital FY12 Volunteer Awards continued

400 Hours

Robert Bird Mary Jo Cercy Dave Davenport William Eberbach Gaye Foreman John Grau Judith Hyman Marilyn Mitchell Ann Mullin Rachel Polsky William Pugliese James Schultz Sharon Watson

300 Hours

Loretta Consiglio Susan Coulter Kathryn Cundy Debbie DiLalla Sarah Evans Augusto Francisco Patsy Hemmerle Pamela Kearney Betty Mangum Katie Mis William Park Bettie Polan Sandra Venson

200 Hours

Deborah Atkinson Jane Bird Joyce Catherwood John Cockman Eileen Dills Prentice Faircloth Frances Hemmings Rhonda Hoffman Michael Kearney Pat Lundy Thomas McFadden Melvin Perkins Loretta Petraroia Robert Rafferty Emily Riefenhauser Jim Ryals Sue St. Clair Gerry Werner Inna Zboichyk

100 Hours

Courtney Bartels Jean Belluz Andreas Boehme Firdaws Chahrour Douglas Dills Alicia Darnell Brvan Fink Carol Fluhrer Anderson Emery **Robert Gelinas** Chun-Hong Ho Larry Hemmings Linda Hobgood Hana Jarrad Aruna Karthikeyan Patricia Keeley Aatigah Khalid Yasmin Khan Judith Klotz Vijavalakshmi Mamileti Rushi Marthala **Connie McClymonds** Naga Nunna Calvin Parks **Kishorsinh Parmar** Shannon Pashby Ami Patel Shivam Patel Erla Sue Peterson Sandy Phillips Sarita Shetty Priscilla Smith James Sokolowski Rvan Stitt Michele Sund Lorraine Thompson Margo Totten Daniel Tsui

Sean Vallabh Divya Venkataganesan Carolyn Wiggins Jamie Worrells

<u>50 Hours</u>

Shiva Akhlaghi Nicole Asaro Mary Lynn Barnett Randa Budayr Britanie Calleja Ankush Chahal Ajith Chethikattu Janice Coates Kelcey Connolly Mary Dell'Angelo Oliver Eisenbeis Matthew Hagan Sol Hochler Lavanva Kailas Sneha Kumar Taek Lee Mei Li Chin-Jang Lin Diane Luparello Lauren Mavr Andrew McLean Elliott Miller Malathesh Panth Christina Plummer Diana Roberto Charles Schabel Dharshan Sivarai Nancye Slagle **Elisabeth Stevens** Linda Sutton Mandrel Tucker

> Congratulations And Thank You!!

Outstanding Partnership Anne Michniuk, Recreation Therapist

I have wanted to write this letter for a very long time now. I am a volunteer at WakeMed in Fuquay-Varina for almost three years and I have loved every minute of it!

WakeMed Fuquay is a wonderful facility filled with great residents and some exceptional staff, one in particular who I believe should be recognized in the next WakeMed newsletter. Her name is Anne Michniuk and she is the Recreation Therapist at WakeMed Fuquay.

Anne goes above and beyond for all of the residents there. She is always very cheerful with a smile on her face. She is a huge positive presence within the facility and is extremely creative in her work. The residents love her so much!

Aside from her daily responsibilities as Recreation Therapist, she is also in charge of making sure that the WakeMed volunteers are comfortable and treated properly. She conducts our yearly performance evaluations and she even keeps a bowl of candy bars in her office just for the volunteers, which she pays for out of her own pocket. Anne also always recognizes volunteer birthdays by buying each of us a small gift.

Anne is always very creative around the holidays, thinking up new activities to do with the residents. The residents participate in parties at every holiday, including: pumpkin decorating, decorating Fourth of July wooden windmills, make your own sundaes, planting your own flowering seeds in individual pots around Springtime, tie-dying t-shirts, and those are just a few!

One of the favorite activities each week is Bingo. Residents can earn what's called, "Bingo Bucks" when they win a game. She keeps track in a log of each resident winnings. Then when they have accumulated several bingo bucks, she takes them shopping at the "Bingo Store," which she created. It is a small store supplied with all kinds of items from snacks, toiletries, cologne/ perfume, gifts, jewelry, holiday and room decorations, and more! I feel it provides the residents with a sense of independence and enjoyment getting to go to a store, since many are long term residents.

Anne is an amazing Recreation Therapist and I feel that WakeMed is extremely fortunate to have such a special employee!

Judith Hyman, Volunteer

A Special Thanks – WakeMed Cary Volunteers!

Thank you to all the volunteers who assisted during the tube system upgrade project at WakeMed Cary Hospital, during the week of August 13 – August 19, 2012.

Verda Agan Susan Alvey Thelma Bentley Tandra Burson Ruth Cornwell Susan Coulter Alex Credle Shelby Credle Mary Dell'Angelo Preeya Deol Eileen Dills Doug Dills Bill Eberbach Monica Fischer Denise Galloway Matthew Hagan Linda Haley Daniel Hegeman Andrew Hegeman Fadia House Purnima Kotiya Mei Li Chi-Jang Lin Pat Lundy Hannah Macie Rushi Marthala Bob McAllister Danta Mills Sandy Phillilps Rohan Prabu

Michelle Quinn Kalpana Rana Carol Reightler Steve Rouse Tim Shoriak James Sokolowski Inna Zboichyk

Campus Updates

Wake Specialty Physicians Brings Primary Care Services to Fuquay-Varina

WakeMed Health & Hospitals is pleased to establish a new primary care practice in Fuquay-Varina, Wake Specialty Physicians - Fuquay-Varina Primary Care. Beginning September 24, Ioanna Z. Giatis Kessler, DO, FACOFP, and Amber Whited, DO, will offer comprehensive family medicine services for adults, adolescents and pediatric (newborn and up) patients in the new office located at 231 North Judd Parkway in Fuquay-Varina.

"People are better stewards of their health when they have access to high-quality care in their communities," said Susan Weaver, MD, WakeMed executive vice president of Physician Practices and Medical Affairs. "There is currently an unmet need for primary care services in Fuquay-Varina and WakeMed is committed to delivering expert, compassionate care to the communities we serve."

Dr. Kessler spent 10 years as a practicing family medicine doctor in Ohio and as a staff member in the Department of Family Medicine at South Pointe Hospital, a Cleveland Clinic hospital also in Ohio. Board certified by the American College of Osteopathy Family Physicians (ACOFP), Dr. Kessler is also a fellow of the ACOFP and has served as a clinical professor of family medicine at universities in Kentucky, Pennsylvania and Ohio.

Dr. Whited is board certified in family medicine, joining Wake Specialty Physicians - Fuquay-Varina Primary Care after completing her family medicine residency at Southwest Washington Medical Center in Vancouver, Washington. There, she gained broad experience in all aspects of family medicine, including obstetrics, pediatrics and internal medicine.

In addition to treating the needs of children and adults, Wake Specialty Physicians - Fuquay-Varina will provide chronic disease management for problems such as high blood pressure, diabetes and high cholesterol. The practice will also offer preventive physical exams, vaccinations, dermatological care, and women's health services, including annual gynecological check-ups, hormone management, and pregnancy tests and counseling. Same-day appointments and 24/7 physician coverage are also available.

To schedule an appointment, please call 919-235-6410.

WakeMed Introduces New Primary Care Practice in Morrisville – Opened September 5, 2012

Wake Specialty Physicians – Morrisville Primary Care Family Medicine – Adults, Adolescents and Children (2 months and up) 6102 Grace Park Drive Morrisville, NC 27560

Tiffany Lowe-Payne, DO, has extensive experience as a clinical family practitioner and is board certified in family practice and osteopathic manipulative therapy through the American Osteopathic Board of Family Physicians. Dr. Lowe-Payne's medical interests include women's health, minority health and health disparities, and pediatric and adolescent health. She is accepting new patients.

Appointments: (919) 235-6405 Monday – Friday: 8 am to 5 pm Offering extended/evening hours one day per week www.wakemedphysicians.com

Campus Updates continued...



Announcing the elCU® Service Leadership Team and Project Status Update

With the WakeMed eICU® Service project well underway, WakeMed is pleased to announce the members of the new service's leadership team.

• **Project Lead** -- Vicki Block, MHA, senior vice president & administrator, WakeMed Raleigh Campus

• **Medical Director** -- Intensivist Bill Lane, MD. Dr. Lane will join the WakeMed Medical Staff September 1. He has been working with the same Philips technology for the past three years at Cone Health and is actively involved in WakeMed's current efforts to ensure the service meets the needs of physicians and patients.

• **Nursing Administrator --** Cindy Boily, MSN, RN, NEC-BC, senior vice president & CNO, WakeMed Health & Hospitals.

• **Nursing Director** -- Sabrina Tyndall, MSN, RN, NE-BC, director, WakeMed Adult Acute Care (eICU Service is an additional responsibility) • **Operations Manager** -- Chris Smith, BSN, RN, CCRN, manager of WakeMed's Medical Intensive Care Unit (eICU Service is an additional responsibility)

Supervisor -- Jen Ross, BSN, RN, CCRN, will transition from her role as interim manager of the ICU at Wake-Med Cary Hospital to her new role August 20.

The team is also very pleased to have the guidance and support of Dr. Ted Feinson. An intensivist, Dr. Feinson remains a champion of the eICU Service. He served as the service's interim medical director and recruited Dr. Lane to WakeMed.

The WakeMed eICU Service will provide additional support to critical care nurses, physicians and patients at the bedside through remote monitoring technology and staff (experienced critical care nurses and physicians). Construction on the eICU Service Center is complete. The center is located in the WakeMed Operations Center. Staff and physician recruitment continues. eICU went live September 5.

DONATIONS FOR NEW MOMS AND THEIR NEWBORNS Raleigh Campus

The Volunteers at WakeMed Raleigh Campus support new moms who need a bit of help when they go home with their new babies. Volunteer Mickey Gault (Lap Parent; 5A Patient Services; former member of the board of directors) shops at a local store to purchase onesies, sleepers, booties, t-shirts, packages of diapers, simple receiving blankets and other basics – and delivers them to the Case Managers on 4C Women's Pavilion & Birthplace Mother/Baby Unit. The Case Managers identify the moms who can most benefit from these gifts. The Volunteers have allocated \$2,000 for this initiative. **YOU** can help by repurposing those gift bags that you and your family members receive for your special occasions. If the bags are in good condition and generic – please consider dropping them off in the Raleigh Campus Volunteer Services department. Bundling the gifts into a bag makes the giving and receiving a more special experience. You are also encouraged to contribute any **new** items listed above and deliver to Volunteer Services. Mickey will see that all of the gifts are delivered to the team on 4C.

Exit Comments

These are folks who contributed to our program that have relocated, gone back to school, or left for other obligations. This is what they said about their experience:

Raleigh Campus

Amelia Hayes: Pediatrics: "Sunisha is a great Childlife Specialist and I thoroughly enjoyed my experience here at WakeMed."

Jacquelyn Humphrey: Cary YMCA: "I learned a lot from my experience and will take it with me for the rest of my life. I hope to volunteer again in December with the WakeMed in Cary."

Kathy Weishedel: "I absolutely love my volunteer experience! All my interactions with patients and staff were very positive and I regret that I am unable to continue at this time. Keep up the good work!"

Rachel LeMarble: "I had a wonderful experience as a Guest Ambassador at WakeMed. The time I spent at the hospital will give me confidence in working in the health care profession. I had an awesome mentor/directors who guided me how to deal with people. I treasure my time and all the personnel that help me serve others. Thank You!"

Kelsey Wilson: "I love working/volunteering at WakeMed. Diana is wonderful as are the other nurses, fitness specialists, and interns. I wish I could have stayed longer and worked in other areas of the hospital."

Elizabeth SanCartier: "Got a position as a CNA working with babies! The experience was awesome! Loved working with the babies and the nurses were all very nice and wonderful to work with. I will miss it very much!!"

Cary Hospital

Shirley Bestehorn: Atrium Ambassador: "volunteering at WakeMed was a positive learning experience for me. From orientation to each weekly volunteer assignment I learned something new! I am saddened that I have to resign at this time. I plan to continue my volunteer work through the sewing/crochet group.

Jared Chiusano: Emergency Department Back: "Volunteering here helped me to figure out what health related career to pursue."

Monica Fischer: Medical Surgical Unit: "The experience I attained as a volunteer was invaluable. I was also able to

meet so many great people and through my time here was able to join the WakeMed 3 West team as a nurses' aide. I am thrilled with the opportunity and will continue to help with the volunteers as much as possible. The computer system to sign-in and -out is great and easy to use. I also enjoy all the newslettters and updates to keep me informed about what's happening in the hospital and community. Thank you!"

Chris Lo: Pharmacy: "I really enjoyed my placement and getting to know the people there. If I was in the area I'd definitely continue volunteering here."

Lindsey Monroe: Endoscopy Unit: "I had a wonderful experience, and was able to learn a lot from my time here! I would recommend it to anyone who is interested."

Vany Nguyen: Observation Unit: "I enjoyed my time at WakeMed. It was a good experience! Nurses and staff were very friendly and helpful."

Norma Norman: Women's Pavilion & Birthplace: "I truly enjoyed volunteering at WakeMed Hospital in Cary, N.C. It was a learning experience for me. I love serving people and I did my best. Thank you."

Pranay Orgunta: Emergency Department Back: "The program at WakeMed was very educational but also a positive experience. All of the staff are very kind and helpful. I f I had a problem there was always someone who could help."

Mayleen Rhodes: Imaging Department: "It was a really great experience and everyone in the Imaging department was extremely nice and helpful."

Anushuree Singh: Emergency Department Liaison: "Wonderful staff and environment."

Linda Strable: Emergency Department Back: "I really enjoyed volunteering at WakeMed. Thank you for allowing me this opportunity."

Megan Summers: Emergency Department Liaison: "I enjoyed my time, and will miss volunteering. If at anytime I can help out WakeMed especially during the summer, I will be more than happy to help. Thank you for the opportunity.

Susan Vitullo: Atrium Ambassador: "It has been a joy volunteering here and I am looking forward to my new adventure as an employee. Thank you for the opportunity I've had here."

FUNDRAISERS

Raleigh Campus Uniforms 2U Sale

Thank you to the following volunteers:

Sara Kirk Katrina Akins Sandra Jackson Valeisha Harrison Callan Kistler Reid Craft Selena Hernandez Claudia Mormino Tarsha Trapp Arlanda Crumel Sara Pierson Shareasa Dunn

who assisted with The Volunteers at WakeMed Raleigh Campus Uniforms 2U sale on August 8, 2012. Over to 300 employees visited the sale and were extremely pleased to see the variety and quality of items available. Not only did we have a fun day, but we sold \$40,703.23 in merchandise and raised \$7,942.85 in profits. The funds raised will be used to contribute to programs and services that benefit WakeMed patients, families, visitors, staff, physicians and our community.



Cary Campus Uniforms 2U2 Sale

Thank you to the following volunteers:

Bunny Thompson Pam Ayars Denise Galloway Tina Smith Dominique Lyn Nancye Slagle Orly Margolis

who assisted with The Volunteers at WakeMed Cary Hospital uniform sale on Friday, September 14, 2012. Over 100 employees visited the sale and were extremely pleased to see the variety and quality of items available. Not only did we have a fun day, but we sold \$11,470.18 and raised \$2,148.98 in profits. The funds raised will be used to contribute to programs and services that benefit WakeMed patients, families, visitors, staff, physicians and our community.



Donations Needed for Volunteer Services — WakeMed Cary Hospital & WakeMed Raleigh Campus

The Volunteer Services departments at Raleigh Campus and Cary Hospital offer magazines, comfort items, word puzzles, books and other select <u>reading</u> material to our patients. Donations of <u>gently used</u> or <u>new</u> magazines, novels (romance, mystery, westerns) and word puzzle books will be greatly appreciated.

Criteria:

- Magazines <u>Must be current.</u> Monthly publications published within the past 12 months are acceptable. Weekly publications or news related magazines should be no more than two months old. Gifts of a magazine subscription in English or Spanish are accepted. If you are donating magazines that have been delivered to your home, the mailing address or any other personal identifying information should be marked out or removed before delivering to the hospital.
- Books Paperbacks are preferred. They must be clean and odor free (no musty or moldy smell). Books must fall into the category of light reading. Experience tells us when a person is sick they most often stick with materials that are easy to read that do not require intense concentration.
- Due to, and out of respect for, the diversity of our customer base, reading material of a religious nature cannot be distributed and therefore cannot be accepted.
- New or gently used children's books (6 months 5 years of age) are requested.

There is an urgent need at the Raleigh Campus for Spanish, African American, and men's magazines. There also is a need for crayons (large or small) and coloring pencils.

Donations can be delivered to Volunteer Services during regular business hours, Monday - Friday, 8 am – 4:30 pm.

Sewing Contributions

The efforts of our talented sewing volunteers benefit WakeMed Health & Hospitals by providing us with beautiful handmade items made especially for our patients – young, old, big and small. These gifts, made with such love and attention to detail, add a dimension of comfort and care that is second to none.

Many thanks to the individuals in our community that sew independently and deliver their treasures each month; to the individuals who sew and also participate in our inhouse volunteer programs and to the sewing groups who meet on a regular basis.

WakeMed Raleigh Campus

Cary Senior Center Chatty Yarns From Ewe to You Happy Hearts of Heritage Heart-2-Heart Pillow Ministries Needles Club of Heritage Project Linus Sunshine Seniors Threads of Love Wake Forest Quilting Friends

Countless individual sewers not associated with sewing groups

WakeMed Cary Hospital

Ann Foster Workshop Apex Methodist Church Carolina Preserve Piecemakers Carolina Preserve Yarn Spinners Colonial Baptist Church Cornerstone Baptist Crafting Blessings—NHB Fuguay-Varina Presbyterian Church Garner Senior Center Harriet Kelner Group Newborn Knitters—Cary HS Latter Dav Saints Pine Tree Quilters Prime Time—Ebenezer MC Reedy Creek Baptist Church Spring Arbor Assistant Living St. Paul's Knitting Summit Church Windsor Point Woodland Terrace Knit & Crotchet

Countless individual sewers not associated with sewing groups



Welcome New Volunteers Welcome New Volunteers

WakeMed Raleigh Campus

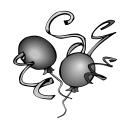
Chinwe Anumudu **Dillion Bachoo** Norma Benitez-Villegas Sharon Bledsoe David Brown Sarah Burns Barry Byrnes **Ricardo Caporale** Chika Chukwu Jared Clayton Cynthia Correa Alyssa D'Addezio Lara DeChicio Yvonne DeWald Serina Durrett Anna Edwards Rayna Edwards Anna Ellerson Editha Elliott Joshua Faircloth **Raquel Felix-Keith** Sarah Fenner **Tiffany Frost** Brittany George Shewli Gomes Laura Goodmand Marion Greaux Abbie Green John Greeno Linda Gressel Malina Guerra Geriloel Harvey William Jackson Bernice Johnson **Emily Johnston** Amanda Khalil Elizabeth Kistler Thomas Koch Carol Kunkel Melissa Lang

Jayne Legatowicz Susan Legatowicz Tabitha Marcum Devona Mazyck Melody McGee Julie Mickus Christopher Mirek Ruth Mising'a Kathy Mitchell Shirley Moore Dora Morgan Carolyn Pennington Alexandra Powell Cynthia Ray

WakeMed Cary Hospital

Verda Agan Anmar Al-Sultani Vanessa Athis Julie Auble Tawny Bernhardt Ronald Bostick Janice Bova Jacob Brotzman LeAnne Brozovsky Victor Brozovsky Lois Brucker Cecilia Burgess Twila Carrisales-Gomez Kay Cummings Amrita Dusara Janice Fisher Thomas Fisher Herbert Gilliam **DeAnn Goodall** Andrew Hegeman Daniel Hegeman Courtney Hoffmeister **Diane Hoffmeister** Ibrahim Issa

Sabina Jamal Lavanya Kailas Anne Kaiser Ryan Kennedy Polina Kotik Edward Lam Esther Lee Dominique Lyn Hannah Macie Ruben Marrero Shelley Miller Danta Mills Yousef Mohsin Eleanor Morse Elizabeth Nagy Naga Nunna Jessica Oliver Helena Orkiszewski Abimbola Owoyemi Laurie Penn Wanda Pennell Sandy Phillips Malvika Pillai Rohan Prabhu Shamit Prabhu Michelle Quinn Shannon Robinson Mahin Sahih Usman Sagib David Schleusener Rema Shah Ang SherpaJean Silverman Sue St. Clair Stephanie Stevens Leonard Sullivan, Jr Katherine Teeter Wendy Tingle Melvin Tolliver **Beatrice Werner** Jordan Wong



Happy Birthday!

WakeMed Raleigh Campus

<u>October</u>

Andrea Adegoke 20 Akin Ajayi 8 Darla Aldridge 21 Amber Alhorani 22 Marv Kate Alova 29 Monica Alston 4 Lori (Addie) Brannin 23 Lois Brush 23 Anke Chignell 16 Bridget Collins 27 Janice Cruse 25 Alvssa D'Addezio 4 Rosa Davis 17 Yvonne DeWald 2 Sharlene Frazier 18 Marion Greaux 23 Linda Gressel 23 Shirley Harkess 23 Robert Itotia 2 Elantra Kennedy 21 Ellen Kissiah 28 George Kolar 23 Donna Lamm 1 Angela Luddy 8 Caroline McClintock 11 Melody McGee 4 Norma Meath 30 Joan Melroy 11 Shirley Moore 14 Elizibeth Noles 31 Debra Pedersen 26 Cheryl Pettyjohn 30 Lynda Prediger 11 Tanga Radford 6 Cynthia Ray 7 Edward Rives 26 Emily Seamon 27 Akram Shirinzad 15 Carletta Smith 20 Zella Strickland 19

Marisa Sturza 19 Linda Sutton 18 Sharon Thomas 19 Leah Tucker 4 Amelia White 4 Jason Whitehead 8 Amy Wolfe 27 Zenobia Yinger 28

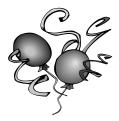
<u>November</u>

Brandon Adams 16 Katrina Akins 20 Elizabeth Alexander 30 Susan Brownstein 3 Yvonne Chacos 13 Ebony Collins 26 Dorene Cook 10 Tanika Cooper 20 Cynthia Cruell 14 Lara DeChicio 19 Mary Di-Francisco 17 Peggy Eberhart 24 Anna Edwards 7 Raguel Felix-Keith 1 Ramesh Fofaria 7 Emma Friberg 8 Christopher Garrett 12 Molly Grant 15 Vincent Hall 27 Brittany Hardy 25 Rhodia Hawkins 11 Alex Herring 30 Elaine Hoffman 9 Marge Hoffmann 4 Sandra Jackson 3 Karen Jensen 12 Alex Karas 19 Donna King 27 Elizabeth Kistler 30 Vanessa Klein 22 Tyler Kloc 6 Juanita Lesley 25

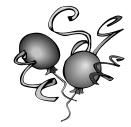
Elisabeth Liddicote 9 Betty Lockleair 22 Ann Lunde 23 Devona Mazyck 20 Amanda McCutchin 6 Patricia McNair 24 Reyad Oueijan 14 Gail Owen 27 Althea Page 10 Delta Prince 3 Samuel Renfrow 6 Teresa Scofield 20 Kamal Sharma 29 Helen Tommola 13 Kathy Tucker 14 Helen Ullman 5 T'vasah Walser 17 Susan Warren 24 Joseph Williams 17 Juliane Williams 18 Debbie Willmschen 28 Barbara Yu 25

December

Chinwe Anumudu 17 Linda Barrett 26 Rebecca Breese 6 Martha Brown 1 Barry Byrnes 14 Minerva Clarke 18 Mara Comas 8 Colleen Coombs 5 Patricia Costello 24 Lisa D'Amato 16 Madeline Desrosiers 12 Leza M. Downie 22 Anna Ellerson 27 Carmenza Ellison 29 Michelle Finlayson 19 Tiffany Frost 29 John Gilner 12 John Greeno 28



Valeisha Harrison 16 Robert Harrison III 17 Geriloel Harvey 5 Suzette Hinton 27 Tiffany Hunter 1 Sharon LaRusch 20 Genevieve Lavman 21 Mollie Lotrecchiano 19 Matthew Merritt 22 Julie Mickus 15 Christopher Mirek 13 Ruth Mising'a 26 Corinne Moreno 2 Dora Morgan 19 Stephanie Moyles 17 Clara O'Neal 12 Charles Perlette 21 Annie Poe 12 Mary Queen 5 Morgan Reinhard 21 Bob Riordan 6 Carl Santos 12 Heatherly Simmons 13 Kristine Stebbins 19 William Stuart 20 Muwawar Sultana 1 Emily Van Schagen 31 Luvu Wang 10 Olivia Williams 7 Adam Willson 17





October

Janice Bova 2 Sue Busa 20 Firdaws Chahrour 18 John Cockman 9 Deborah DiLalla 13 Douglas Dills 16 William Eberbach 11 Ann Foster 26 DeAnn Goodall 15 Patricia Hajian 20 Chun-Hong Ho 27 Nell Holcombe 8 Katherine Keller 31 Ryan Kennedy 10 Patricia Lee 31 Gunther Linde 22 Vijavalakshmi Mamileti 27 Faye McDonald 10 Jan McKnight 17 Daisys Morel 5 Patricia Morton 16 Lasandra Mullins 18 Pat Olive 11 Ellen Onofrio 13 Caroline Parker 2 Laurie Penn 21 Christina Plummer 2 Alfred Port 21 Claire Saibel 17 Priscilla Smith 7 James Sokolowski 30 Linda Sutton 18 Ruth Taresco 17 Yvonne Tucker 6 Norma Ward 13 Phyllis Womble 19 Gertrud Wren 27



Wakemed Galy Ga

November Kelly Ashworth 13 Jacob Brotzman 30 Marla Carroll 19 Jovce Coats 24 Joanne Crooks 5 Indrajit Desai 6 Barbara Harrington 28 Frances Hemmings 29 Barbara Holbrook 12 Patricia Keeley 28 Elizabeth Kruszewski 19 Hemalatha Kumarasamy 9 Judy Lanahan 14 Jane Lands 29 Chin-Jang Lin 1 Danta Mills 10 Susan Moeykens 14 Sandy Phillips 23 Patricia Quick 13 Edith Rothschild 18 Maureen Sanner 25 Dannelle Simon 1 Dianne Slaughter 30 Judith Smith 29 Sue St. Clair 12 Edgar Stacy 26 Brenda Stutts 11 Michele Sund 6 Charles Tabbi 7 Joan Woodrick 23 Mari Wordell 14



December

Deborah Atkinson 10 Courtney Bartels 31 Julee Beebe 12 Justine Beese 14 JoAnn Bethel 14 LeAnne Brozovsky 10 Mary Burrus 26 Mary Jo Cercy 29 Josephine Correia 27 Mary Dell'Angelo 24 Mary Dennison 26 Surekha Desai 17 Marion Erwin 31 Denise Galloway 4 Tina Goodwin 24 Sol Hochler 19 Claire Katz 31 Harry Kincaid 28 Marilyn Knittel 15 Dominique Lyn 5 Thomas McFadden 31 Elliott Miller 12 Judy Moore 4 Naga Nunna 31 Ashok Patel 19 Becki Pawlak 23 Malvika Pillai 26 Rohan Prabhu 31 William Pugliese 26 Mary Randall 19 Nancy Riefenhauser 31 Bob Riordan 6 Susan Robbins 20 Shannon Robinson 12 Jean Silverman 9 Nancye Slagle 24 Mary Szymkowski 29 Sean Vallabh 6 Sandra Venson 13 Sharon Watson 29 Carolyn Wiggins 28 Cindy Wiseman 22

ANNOUNCEMENTS

Congratulations 🤇

WakeMed Raleigh Campus

Congratulations to Marty & Jim Stephens on the birth of two new grandbabies.

WakeMed Cary Hospital

Congratulations and best wishes to Rachel & Scott Rehl, who were wed on October 20, 2012.

Our Condolences To:

WakeMed Raleigh Campus

Joan Clarke – family member Edrie Greer – loss of pet Isabella Norwood — family member Michelle Watkins – family member

WakeMed Cary Hospital

Pam Ayars – family member Debbie DiLalla – family member Amrita Dusara - family member Gaye Forman – family member Pat Quick – family member

A BIG THANK YOU FOR YOUR DONATIONS!

Ruth Cornwell—yarn Diane Kuzdrall–yarn Ms. Pritchard and the Green Hope Art Club—Halloween coloring books.

Thinking of the Following Volunteers

WakeMed Raleigh Campus

Paul Fausneaucht Vera Heybroek Florence Huebner Carolyn LaRue Michelle Pendergast

WakeMed Cary Hospital

Chuck Evan Ann Foster Blair Hatcher Frances Keener Sandy Phillips Beverly Williams



PLACEMENT OPPORTUNITIES



Guest Ambassador

If you can spare an additional 2 – 4 hours a week or would like to help recruit a friend, we are in need of additional Guest Ambassadors!

Monday – Friday, 8 am – 8 pm or Saturday/Sunday, 11 am – 5 pm, 2 - 4 hour shifts

Volunteers enhance customer service by greeting patients and visitors at all portals of entry. Ambassadors provide assistance needed to assist patient and visitors wayfind effectively and provide basic wheelchair transport as needed. Positive interaction skills a must! This is an excellent opportunity to exercise by walking indoors.

Hospitality Pets

Saturdays – Sundays: 8 am – 8 pm; 2 hour shifts

Volunteers and their canines provide visitation to eligible patients. Ability and desire to adhere to all aspects of the Hospitality Pets program. Canine companion at least one year old.

Patient Relations

(Raleigh Campus/Zebulon Campus) Bilingual Volunteers Needed!

Monday – Friday: 2 – 4 hour shifts available, 8 am – 4 pm Volunteers to enhance customer service and satisfaction by visiting patients and gathering feedback from them to assist in improving services and making a stressful visit less demanding. Ability to move freely about facility, excellent communication skills, with good problem solving abilities. Must be able to write legibly. Bilingual volunteers needed!

The Ronald McDonald Family Room

Sunday – Saturday: 9 am – 9 pm, 3 hour shifts

It is an oasis for the parents of children hospitalized in the inpatient pediatric units. Located just steps away from their children the Room offers computers, showers, snacks and a friendly volunteer who can listen with compassion. Skills: Excellent verbal communication skills and personal interaction skills. Ability to work independently. Excellent human relations skills, including tact, diplomacy, open communication and the ability to relate to persons on an individual basis. Willingness to adhere to all aspects of confidentiality. Good organizational skills. Excellent listening skills.

Raleigh Medical Park – Patient Access

Monday – Friday: 7 am - 5 pm, Substitutes needed! 4-5 hour shifts Volunteers facilitate an efficient flow of operation and traffic by providing appropriate information, direction and assistance to the customers and general public.

Sewing Individuals and Groups

Do you knit, crochet, sew? Your talent is needed to assist with making gifts for patients and family members. Items include: huggables, bereavement quilts for adult and children's emergency departments, lap quilts and many more items.

Tour Guides

Tours are offered two times a month. 2 hour shift

Assist new and established volunteers by providing and organized, efficient tour of main campus.

Volunteer Services – Office Support

Monday – Friday: 2 – 4 hour shifts, 8 am – 4 pm

Strong Excel skills, ability to file in alpha order, collate forms, answer phones, and assist with general office support duties. Willingenss to adhere to all aspects of confidentiality. Good organizational skills.

WakeMed North – Guest Ambassador

Monday - Friday: 2 – 4 hours shifts, 8 am – 2 pm Volunteers facilitate an efficient flow of

operation and traffic by providing appropriate information, direction and assistance to the customers and the general public. Strong human relations skills, and ability to relate to emotional and physical needs of others.

WakeMed Cary Hospital Campus

Apex Healthplex – Radiology

Monday: 8 am – 12 pm Volunteers enhance customer service by greeting patients arriving for service. Also attends to comfort needs and provides assistance to ease flow of registration.

Gift Shop

Monday - Friday: 4 pm – 6 pm Volunteers enhance customer service by greeting patients arriving for service. Also attends to comfort needs and provides assistance to ease flow of registration.

Kraft YMCA – Cardiac Rehab

Monday – Friday: 6 am – 10 am Volunteers enhance customer service by greeting patients arriving for service. Assist cardiac rehab staff in providing safe and quality services in a class setting. Assist cardiac rehab staff in class preparation and set-up/take-down, as needed. Assist patients, as needed and appropriate, in setting prescribed exercise equipment and exercises discernment in making independent decisions regarding exercise settings. Put together medical charts. Enters dally cardiac rehabilitation class data into the Scott Care system .Prints, fax or sends patient reports to physicians on a monthly basis and other various office duties.

Hospitality Pets

Monday – Sunday: 2 hour shifts Canine/volunteer teams visit eligible and consenting patients. Ability and desire to adhere to all aspects of the Hospitality Pets program. Canine companion at least one year old.



Calendar of Events

WakeMed Raleigh Campus

Masquerade Sale
 Wednesday, December 15, 2012
 Andrew Center, 7 am – 4 pm

Volunteer help is needed Please call 919-350-8293 to sign up.

 Volunteer Board Meetings Tuesday, November 13, 2012 Tuesday, December 11, 2012 Conference Dining Room, 10 am - 12pm

WakeMed Cary Hospital

- <u>Volunteer Board Meetings</u> Cary Conference Center, 11 am to 1 pm
- <u>Masquerade Sale</u> Monday, December 3, 2012 Conference Center, 7 am to 4 pm

Volunteer help is needed Please call 919-350-2363 to sign up.

Heart Saver Class

- * Tuesday, November 6, 2012
- * Friday, January 11, 2013

Cary Conference Center, 1 pm to 4 pm

To register, please call 919-350-2488 <u>or</u> 919-350-2192.



Volunteer Orientation

WakeMed Raleigh Campus

- Monday, November 5, 2012 Conference Dining Room, 5:30 pm – 8:30 pm
- Wednesday, November 14, 2012 Conference Dining Room, 1 pm – 4 pm
- Monday, December 3, 2012 Conference Dining Room, 5:30 pm – 8:30 pm
- Wednesday, December 12, 2012 Conference Dining Room, 9:30 am – 12:30 pm

WakeMed Cary Hospital

- Thursday, November 8, 2012 Conference Center 5:30 pm – 8:30 pm
- Tuesday, November 27, 2012 Conference Center 8:30 am – 11:30 am
- Thursday, December 6, 2012 Conference Center 5:30 pm – 8:30 pm
- Tuesday, December 18, 2012 Conference Center 8:30 am – 11:30 am

Tour Dates

WakeMed Raleigh Campus

- Thursday, November 8, 2012 Main Entrance Lobby, 6 pm-7:30 pm
- Tuesday, November 13, 2012 Volunteer Services, 1 pm-2:30 pm
- Thursday, December 13, 2012 Main Entrance Lobby, 6 pm-7:30 pm
- Tuesday, December 18, 2012 Volunteer Services, 1 pm-2:30 pm

To register, please call 919-350-8293

WakeMed Cary Hospital

- Monday, November 12, 2012 Volunteer Services, 7 pm
- **Thursday, November 29, 2012** Volunteer Services, 10 am
- Monday, December 10, 2012 Volunteer Services, 7 pm
- Thursday, December 20, 2012 Volunteer Services, 10 am

To register, please call 919-350-2363

NURSING EDUCATION FUND CONTRIBUTION OPPORTUNITY

The Melissa Brown Memorial Nursing Education Loan Fund was established in memory of Melissa Brown, Great 100 Nurse and daughter of Peggy Brown, former manager of 3C Urology/Renal/Cardiology. The Volunteers at WakeMed Raleigh Campus have administered this fund since 1991. The fund provides financial assistance to individuals seeking nursing degrees from North Carolina colleges and universities. Please consider a contribution to this fund to support nursing education and career development. For more information contact: Susan Hester, Director of Community Services at 350-8005. Complete the form below and return to the Volunteer Services department at WakeMed Raleigh Campus.

MELISSA BROWN	MEMORIAL NURSING EDUCATION LOAN FUND
Donor Name	Address
AMOUNT OF DONATION:	In Memory/Honor of:
Mail to: The Volunteers at WakeMed Raleigh Attn. Susan Hester, CHVM Director Community Services P.O. Box 14465 Raleigh, NC 27620-4465	Campus Acknowledgment to be sent to: Name
Please make your check payable to: The Vo	Address lunteers at WakeMed Raleigh Campus

BLOSSOMS FOR LIFE CONTRIBUTION OPPORTUNITY

A special program developed by The Volunteers at WakeMed Cary Hospital, *Blossoms for Life* is a unique way to say thank you for care you have received, to remember a loved one, to celebrate the birth of a child, to celebrate an anniversary or to recognize special people and events. Recognition of the *Blossoms for Life* donors, memorials and honoraria are on display in the Cary Hospital Conference Center. All gifts received by *Blossoms for Life* are used to fund programs and services throughout the hospital. If you are interested in making a contribution, please complete the form below and return the Volunteer Services department at Cary Hospital.

BLOSSOMS FOR I	LIFE CONTRIBUTION OPPOR	RTUNITY
Donor Name		Address
AMOUNT OF DONATION:	In Memory/Honor of:	
Mail to: The Volunteers at WakeMed Cary Hospital WakeMed Cary Hospital 1900 Kildaire Farm Rd Cary, NC 27518	Acknowledgment to be sent to: Name	
Please make your check payable to: The Volunteer	rs at WakeMed Cary Hospital	Address

I

WE NEED YOUR EMAIL ADDRESS!

Complete the form below and return to your Volunteer Services department .

F	Email Update Form:
Name	
Email Address	
	PLEASE REMEMBER TO ADD US TO YOUR CONTACT LISTS!
1 	
	

KEEP MAILING ME THE HEARTBEAT!

Complete the form below and return to your Volunteer Services department .

I prefer to continue to receive the HeartBeat by US Mail.

WakeMed Raleigh Campus, Volunteer Services – 3000 New Bern Avenue, Raleigh, NC 27610:

WakeMed Cary Hospital, Volunteer Services – 1900 Kildaire Farm Rd, Cary, NC 27518



Department of Volunteer Services 3000 New Bern Avenue Raleigh, NC 27610-4465