



April - June 2022

A Word from our Director

Greetings WakeMed Volunteers,

We hope this edition finds you doing well and active in your service placement. What a busy time in our facilities! The Volunteer Services Team is hard at work recruiting and onboarding volunteers; as well as, developing programs to meet the changing service needs of our organization.

We are incredibly grateful for the beautiful handmade items and all of the support from our community members and groups who provide such detailed items targeted to our patient's needs.

Volunteer Services and the Board of Directors efforts at fundraising continue to meet the needs of requesting departments who have identified ways for us to support the care they provide to our patients and families.

Our Junior Volunteer program is back in full swing; please check out the detailed articles further in our newsletter for more information about these programs and events.

Thanks,

Chris Perry, MBA

Director

Guest, Retail, and Volunteer Services

chrperry@wakemed.org

In this Issue

- Director - Chris Perry's commentary page 1
- Raleigh's Chair Report page 2
- Cary's Chair Report page 3
- Volunteer Updates pages 4,5,6
- COVID Updates & Fundraiser Information page 7
- Cary Volunteer "Spotlight" page 8
- North Volunteer "Spotlight" page 9
- Welcome Junior Volunteers page 10
- Raleigh Farmer's Market page 11
- Raleigh Volunteer Spotlight page 12
- Community Sewing Donations page 13

Quote of the Quarter

We are all MAD here!

*MAD=Making a Difference

Raleigh's Chair Report



I hope you are enjoying the summer season and are able to take some time out of your regular schedule to spend time with family, friends and to do some activities that rejuvenate you.

To our regular adult volunteers, thank you for including your volunteer work with WakeMed in your summer schedule. We have welcomed Junior Volunteers to our campus this summer and are also eagerly looking forward to August when our college volunteers will return to Raleigh and to their volunteer roles at WakeMed.

In recent months, the Volunteer Board of Directors has approved funding requests that align with the WakeMed Mission & Values. Programs we are supporting include:

Cardiac Surgery's Tele Heart Program – In this new program, patients who have had open heart surgery at WakeMed have regular video visits with a nurse or nurse practitioner during the recovery process. We have approved a funding request that will enable this program to provide scales to those patients who otherwise would not have one so that the patient and providers can be on the lookout for possible surgical complications.

1C Clinical Evaluation Area – We have provided funding for a sanitary cup dispenser in this newly expanded unit. This cup dispenser will meet the safety needs of our patients through injury and illness prevention. Sometimes the simple things, like a cold cup of water, bring a lot of comfort to our patients.

Critical Care – WakeMed is an extensive supporter of the organ donation process, exemplifying the aspirational goal of “Extraordinary Team” in service to the community. WakeMed nurses provide support for families during this difficult time by facilitating the creation of family keepsakes. The funds provided through WakeMed Volunteers will support the creation of these keepsakes throughout the hospital.

Please remember to take basic safety precautions as the summer begins to wind down – wear sunscreen, wash your hands, engage in water safety practices and wear a mask when needed.

Thank you for serving WakeMed.

Kind Regards,

Ann S. Brown, Chair

Cary's Chair Report



Time is slipping away! We are now in the midst of the North Carolina humidity (I *thought* it was *only* supposed to be in *August?*) and before we know it, summer will have come and gone!

WakeMed Cary Board is welcoming a new member— Steve Palmer who is filling a vacant board seat. We are seeking more dedicated volunteers who would like to be considered to take on a Board role. If you think you might be interested, please contact Jackie Kennedy (jkennedy@wakemed.org) on the nominating committee. We are looking for folks with fresh ideas and special talents to complement our hard-driving, forward-thinking members.

My board training several years ago followed the “Give, Get, Work” policy and I believe that still holds true today. Give of yourself (your time, talents, efforts, resources), get (help procure resources, people, funding) and work (be willing to “dig in” and help). I believe our volunteers exhibit some, albeit all of these qualities at one time or the other. Being a participant on the Board is an even greater commitment.

The Cary Board is currently knee-deep in fall planning including our exciting Halloween Trunk and Treat, scheduled this year for Friday, October 28 at the hospital. Last year despite cold and rain, some 1000 costumed ghosts and goblins prowled the hospital parking lot for treats, securing our reputation as the premier Cary Halloween children’s event. We are seeking sponsors – do you have a small business or have a relationship with a local Cary establishment that would be willing to help? Let us know!

We are also creating a new event. A recognition reception for all Cary Hospital Volunteers will be held here in Cary on Tuesday, September 20. We want to get to know all of our Volunteers personally and show our appreciation for their service. Each Volunteer will be invited to bring a friend – a potential Volunteer – to hear about the opportunities and benefits that exist at our beautiful WakeMed Cary Hospital and Medical Park. Look for your invitation in the mail the beginning of September. We hope to see every Volunteer there!

Our greatest needs currently are community sewers and adult volunteers. Please check around with your friends and acquaintances and if there is someone who might want to know more about volunteerism at the hospital, consider bringing him/her as your guest to our September reception.

Finally, the summer is a slow time for sewing volunteers and we’re feeling it on the Friendly Face Carts. We realize it is hot, people go on vacation and there are a dozen other reasons why folks might not be picking up needles to crochet, knit or sew during summer months. Our needs for comfort items, however, does not slow down. We need adult blankets and wraps, as well as baby blankets, in particular. If you are crafty, please consider putting your skills to use to benefit our patients at the hospital. For questions about our Threads program, please contact the Volunteer Office and they’ll connect you with one of our Threads Committee members.

As always, we can never thank you enough for all you do for our patients and their families, hospital staff and everyone who makes up our WakeMed Cary Community!

Have a safe and happy remainder of your summer!

Joyce Aschenbrenner, Chair

Volunteer Board of Directors—Cary Hospital

Volunteer Services Updates

Former WakeMed Cardiac Rehab Patient Gives Back



Jay Rodi learned about volunteering in Cardiac Rehab as a patient after he graduated from the program a few months ago. Now, Jay shares his time and his own experiences to help other patients.

Jay says “You cannot imagine the joy it brings to me to be able to help others get through the program as I had experienced”. “The entire team of Nurses and Exercise Techs are wonderful and caring people.”

WakeMed Cardiac Rehab is blessed to have Jay’s help and Jay is proud to be

working side-by-side with each of the staff to improve patients' lives.



*Thank you, Jay,
for your volunteer
service!*



Volunteer Services Updates

WakeMed Mended Hearts Chapter 394 Presents Plaque in Memory of Former Assistant

Mended Hearts Volunteer, **Jeff Dworkin**, delivered a plaque in memory of **Bill Voester** to his daughter Cathy in Charlotte, NC. The late **Bill Voester** (former Assistant Mended Heart Regional Director-MidAtlantic Region) was instrumental in working with Hazel Covington, RN Cardiovascular Educator, Heart Center in getting the WakeMed Mended Heart Volunteer Chapter set-up. Bill passed away on November 24, 2020, and this was their way of honoring him for his service and all that he did for the WakeMed Mended Hearts Chapter 394.



Honorable Service!

New Volunteer Placement at Medical Park of Cary



Attention Volunteers!

Over the past few months, volunteers **Nancye Slagel** and **Steve Palmer**, responded to the call for a Special Project at our new Medical Park of Cary (MPOC) building at 210 Asheville Ave. These volunteers have been providing excellent service by greeting patients at the entrance and assisting patients with the kiosk and wayfinding throughout the new building.

If you are interested in volunteering one shift per week, please contact:

Jennifer Gibbs at jegibbs@wakemed.org.

Volunteer Services Updates

Great News! New Volunteer Wearing Apparel Options Now Online

First Uniform Online Shopping - Available to WakeMed Volunteers!

First Uniform has expanded their online store inventory to include WakeMed branded apparel for volunteers, non-uniformed employees and outside-of work items in various colors. If you would like to wear different volunteer approved apparel besides our complimentary vests or shirts while volunteering, please shop First Uniform online.

Hosted by the Volunteers to support programs and services at WakeMed. Click on the link below and start shopping now. Thank you for all you do for our patients, visitors and staff!

[WakeMed Virtual On-Line Logo Store \(firstuniform.com\)](http://firstuniform.com)

New or Gently Used Magazine Donations Needed!

We are looking for new or gently used magazines to distribute to our patients. If you have any, only the last 3 months editions of *popular* magazines (People, Time, Women's Health, Men's Health, Home and Garden, etc.), please feel free to drop them off in the Volunteer Offices. We will also accept popular books. We have limited space so can only accept ones that we think our patients will like.

Here are a few graphic options...thank you!



Volunteer Services Updates

The Most Recent WakeMed COVID Protocol for Volunteers

Volunteers who test positive for COVID-19 will have to remain out of work at least 5 days from date of test (not symptom date) and return on day 6. The number of days to remain out of work will depend on any medical conditions, some medical conditions may warrant you to remain out of work for up to 20 days.

Please email your positive test results to covidreturntowork@wakemed.org. WakeMed does not accept a home test as a positive test result. All test results must have your name and date of test on them.

Once an email is received with your positive test result, you will receive an automatic email with instructions to follow on how to complete the return to work process. Completing these steps will determine the number of days to remain out of work. Once the steps are completed, you will receive an email from Occupational Health informing you of your return to work date.

Prior to returning to work, you will be required to complete a Return to work attestation form. This link will be emailed to you.

Upcoming Fundraiser Events and 3rd Quarter Contributions

Coming soon in

August:

First Uniform SALE ON-SITE:

Raleigh Campus - August
4th, Andrews Center
7am to 4pm

Cary Hospital - August
30th, Cary Conference
Center 7am to 4pm

North Hospital - August
31st, North Conference
Center 7am to 4pm



Proceeds from the sales allow the Volunteer Boards to provide funding to support programs and services at WakeMed Health & Hospitals.

Macys' Fundraiser

Raleigh: \$2,679.67
Cary: \$1,572.67
Total: \$4,252.34

Southern Comfort's Fundraiser:

Raleigh: \$2,395.54
Cary: \$485.07
North: \$218.68
Total: \$3,099.29

Grand total: \$7,351.63

Cary Hospital Volunteer Spotlight



Volunteer “Spotlight” – Binita Sura

My Friendly Face Cart volunteering experience is always fulfilling. When I tell patients about our team of volunteers, their face lights up with a smile and the feeling that someone somewhere is wishing for their recovery. And then the most precious moments happens, gratitude rolls over their cheeks in tears, sometimes in words, sometimes by touching the items provided. Sometimes some patients only want someone to talk to, and their face speaks of how much it means to them. These moments are the reason for me to volunteer every week.

Thank you, **Binita**, for sharing about these touching moments with our patients!



North Hospital Volunteer Spotlight



Suzy Pate has been chosen as our North Hospital Volunteer "Spotlight" for our third quarter 2022! Suzy is originally from Syracuse, NY but moved to NC from Delaware in November of 2013.

Suzy began volunteering for WakeMed last year and already has over 265 hours of her time given to the North Emergency Department. Suzy chose WakeMed to volunteer because she wanted to be useful again, and she was the first new volunteer assigned to the North ED after COVID.

"My experience at Wake has been something for me to look forward to each week. I enjoy interacting with all of the staff and the patients. I feel the most useful when I am doing tasks that free up the nurses and techs to care for the patients; all of the 'little things' that take up the valuable time of the nursing staff".

Suzy retired as an RN in 2017 after previously working 40 years in Emergency Room/Ambulatory Care. Every day Suzy makes a difference in the lives of others at WakeMed.

"I have had the privilege to work in many excellent Emergency Departments with exceptional nursing personnel- WakeMed North Emergency Department ranks in the top few in my opinion".

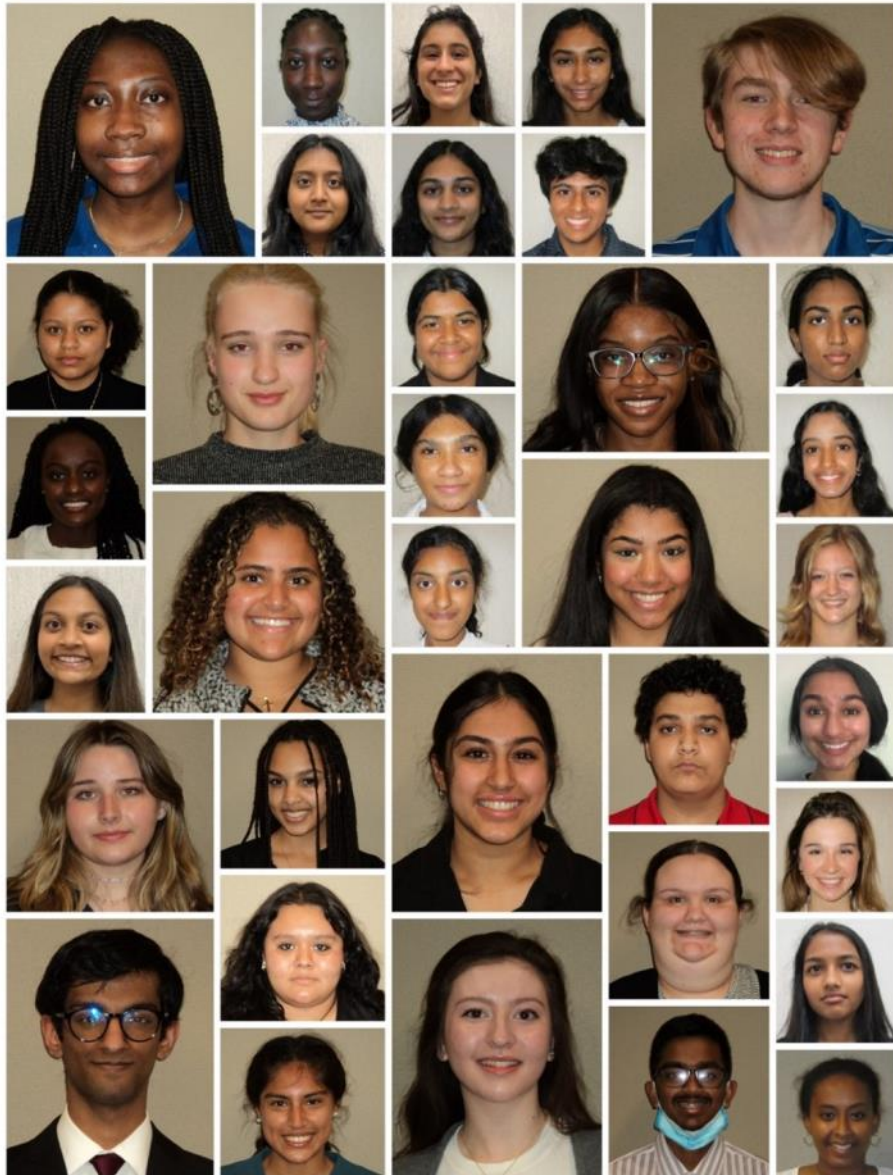
Suzy brings her work ethic to WakeMed and believes *communication* is the Wake-Way every-time behavior that best describes her. "I would like to think of myself as a 'people person' in that I can get along and communicate with pretty much anyone. I like to greet people with a smile and a kind word, even a simple Hello or Good morning".

When Suzy is away from WakeMed, she spends time with her boyfriend and the puppy they adopted last December, *Walter*. She enjoys reading, and walking (and as she points out, not done together)!

Thank you for all you do, Suzy, for our
patients, families, and staff
of WakeMed Health and Hospitals!!

Welcome Junior Volunteers—Summer 2022!

WakeMed Junior Volunteers



Volunteer Services is proud of our Junior Volunteers and we enjoy seeing you all around the Hospital. Thank you for your invaluable service at WakeMed!

Raleigh Campus - Farmer's Market June 21, 2022

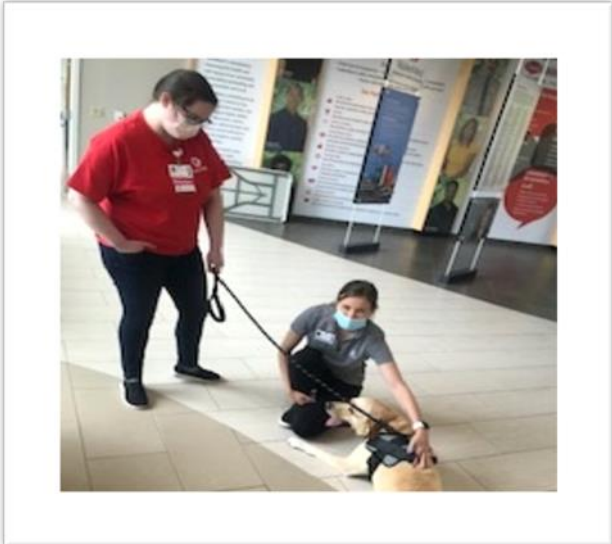
Volunteer Services was invited to be the Featured Guest at the Raleigh Campus Farmer's Market



Community Sewing items on display



Hospitality Pets sharing their "puppy love"



Raleigh Campus Volunteer Spotlight



Hospitality Pet Volunteer **Doug Brown** and his handsome companion **Remington** stopped by Volunteer Services back in April, so we snapped a picture to share.

Doug is retired and moved from Charlotte, NC to Clayton, NC. In his spare time, he rescues dogs and helps with their transport from shelters to recues.

Two days a week, Doug takes care of his grandchildren, so they keep him busy as well. Doug has been in the Hospitality Pet Program for 6 years, the last two years, thankfully, with WakeMed.

Remington is as gentle as he is large! He is a “Great Pyrenean

Mountain Dog”. His breed is a guardian of livestock from the French side of the Pyrenees Mountains which separate France from Spain. Wow!

Thank you for stopping by Doug, we enjoyed getting to know you better and we are very impressed with Remington!



3rd Quarter Sewing Donations

Raleigh Campus

Amanda Vaughan
 Amy Paradis
 Betty Whitley
 Bonnie Howell
 Carole Parslow
 Carole Stephens
 Cary Stitches-R
 Charlotte Montillo
 Chris Bowyer -
*Ryan's Case for
 Smiles*
 Delta Prince
 Deven Jones
 Dorothy Vester
 Janalee Cruz
 Jessica Bennett
 Johanna Rodriguez
 Joy Young
 Karen Gainey
 Kate Pearson - *Cap-
 ital Quilters Guild*
 Kathryn Clark
 Kathy Stewart
 Kathy Turner
 Kristen Blythe -
Stitches of Love
 Laura Stiles
 Lessie Pearce -
*Rolesville Baptist
 Church*
 LHS Crafts &
 Donations
 Madeline Desrosiers
 Mae Hicks
 Mara Comas
 Marva Mehaffey
 Mary Krause
 Michele Boyce
 Mildred Chavis
 Pamela Ponton

Pat Crissman
 Paula Marston
 Pearl Fowler
 Project Linus
 Randa Maher
 Rebecca Kalsbeek
 Ruth Hodge
 Sharlene Frazier
 Sharon Barrow
 Sheila Henderson
 Sujitra Martin
 Susan Breslin
 Susan Griffith
 Suzie Franzheim
 Vickie Whittington

***We love our
 Community
 Sewing
 Volunteers!***

Raleigh Campus Sewing Groups:

Contact Dawn Sykes

dsykes@wakemed.org

919-350-8293 to update
 member status.

Cary Hospital

Addie Tew
 All Saints Knitters
 Amy Johns
 Ann Gilman
 Anna Regina Viola
 Camila Armas
 Carolina Preserve
 Yarn Spinners
 Cary Blanketeers
 Cary Quilting
 Cary Stitches -
 Crochet
 Cary Stitches -
 Sewing
 Cindy Larsen
 Comfort Circle
 Compassion Knit
 Hearts
 Dara Mervine
 Deanna Babyak
 Debbie Egbert
 Dotty Morefield
 Elegant Stitches of
 Cary
 Garner on the Mend
 HSNC Seniors
 Harriet Kelner
 Group
 Janet Jennings
 Janet Pawelek
 Jerralie Peterson
 Judy Latham
 Karen George
 Linda Stander
 Nancy Ramano
 Rose Byrd
 Sarah O'Brien
 Shepherd's Church
 Shruthi Meenaksh
 Templeton Threads
 The Material Girls

WYWLA NHS
 Windsor Point Group

**Thank you for your
 Beautiful donations!**



Cary Hospital

Sewing Groups:

Contact Pennie Graham

pegraham@wakemed.org

919-350-2363 to update
 member status.



Department of Volunteer Services
3000 New Bern Avenue
Raleigh, NC 27610-4465