Parent Policy:	Title:	Standard Operating Procedure
None	Retained Hemothorax Guideline	Effective Date: 01/19/2021

WAKEMED TRAUMA CENTER

RETAINED HEMOTHORAX GUIDELINE



Prepared by: MGR, TRAUMA PROGRAM Approved by: MED DIR, TRAUMA

No: 9129



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None	Retained Hemothorax Guideline	Effective Date: 01/19/2021

WHO SHOULD READ THIS PROCEDURE:

This procedure shall be read by WPP Surgery and all practitioners caring for trauma population

PURPOSE: Define best practices for the management of posttraumatic retained hemothorax.

Contributing specialties: Trauma surgery

SUMMARY:

- I. Hemothorax occurs in over one third of patients with chest injury.
- II. Posttraumatic retained hemothorax can lead to fibrothorax (trapped lung), empyema, and pneumonia.
- III. CT scan is the gold standard for diagnosing retained hemothorax. It can also differentiate between retained hemothorax and parenchymal injury or consolidation and help quantify the volume of retained blood.
- IV. Treatment should be pursued when retained hemothorax is >300 cc (i.e. >1.5 cm pleural stripe on axial images).
- V. Good operative candidates should undergo VATS washout. Poor operative candidates may be treated with alternative therapies including intrapleural fibrinolytics or a second drainage procedure.

References:

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- 4. Velmaho GC, et al. Predicting the need for thoracoscopic evacuation of residual traumatic hemothorax: chest radiograph is insufficient. J Trauma, 1999. 46(1): p. 65-70
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- 7. Kumar S, et al. VATS versus intrapleural streptokinase: A prospective, randomized, controlled clinical trial for optimum treatment of post-traumatic Residual Hemothorax. Injury. 2015 Sep;46(9):1749-52.
- 8. Bozzay J, Bradely M. Management of post-traumatic retained hemothorax. Trauma. 2019 21(1):14-20.

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