



July—September 2021

Updates from the Director

Greetings WakeMed Volunteers!

We hope this edition of our newsletter finds you doing as well as possible as we enjoy this beautiful Fall season. October means the beginning of a new fiscal year for us and the team has been busy ensuring all of our metrics are tabulated from this past year. We look forward to sharing these details with you in the upcoming annual impact report. We are so grateful for the continued support you have so graciously given and continue to do so, in new and creative ways. Your ideas, encouragement, and service are so appreciated! Our Manager, Jackie Kennedy, has been working with our team to develop new placements, make adaptations to previous placements, and assist in meeting the requests for support with special projects as they come about in our ever-changing environment. A special thank you to her and the entire Volunteer Services Department for their efforts at aligning our service to meet the needs of our patients, visitors, and staff. Please read on for current updates, events, information about our Volunteer Board of Directors and more!

Thank you,

Chris Perry, MBA, Volunteer Services
Director, Guest Retail & Volunteer Services
WakeMed Health & Hospitals
919-350-8005

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Quote of the Quarter

“The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves.” ~ Helen Keller

The Raleigh Chair's Report



Hello everyone! More than any other season, the arrival of Autumn signals change to me. Although our cooler weather is arriving a bit late this year, the changes in daylight causes us to slow down, while the rhythms of our community speed us up; as we engage in activities and prepare for upcoming celebrations.

One of the many changes Fall brings is the change in board members for the Raleigh Volunteer Board. This year we are grateful for the service of outgoing board members Rosemary Driver and Denise Feighery. They have both served on the Board in different roles for many years and will continue to volunteer at WakeMed Raleigh Campus. At the same time, we are welcoming new board members Michele Boyce and Sherman Driver to begin their elected three-year term.

One thing that hasn't changed is the need for volunteers at WakeMed and I am encouraged to see how many of you have returned to your previous volunteer roles or have taken on new roles over the past few months. Thank you so much for serving our WakeMed family and our neighbors in Wake County and surrounding areas. If you have family that is interested in serving, you can direct them to the WakeMed website for further information.

I am excited to announce another change in store for our volunteers. The Board voted unanimously to support the formation of a volunteer Education Committee. This committee will seek out and promote continuing education opportunities for our volunteers and oversee the limited reimbursement of expenses for those who want to strengthen existing skills and gain new skills that will help them grow as volunteers. We are in need of people to participate with this committee. If you are an active volunteer interested in learning or promoting learning, please contact me at asbrownapex@gmail.com to get started.

I would like to thank Chris Perry, Jackie Kennedy, Donna Quintard and Dawn Sykes for all of the hard work they have done over the past several months as they have navigated the changes in volunteer placements, position descriptions and hospital policies as we have returned to service. I know a lot of long hours and careful planning have gone into this effort and we want you to know that you are appreciated!

As I write, we are in the process of finalizing the Volunteer organization's budget for Fiscal Year 2022. As part of this process, I am pleased to let you know that we will continue to provide funds for the Child Life Department at WakeMed Children's here in Raleigh. Our Certified Child Life Professionals provided services to over 17,000 of our young patients during FY 2021 as they explained procedures and eased the fears of both the patients and their families during difficult times. The funding that the Volunteers of WakeMed Raleigh provide facilitates the purchase of teaching and recreational materials for this growing population.

This year, our volunteer fundraising includes an October sale at Macy's, Triangle Town Center and a December sale at Belk's, Crabtree Valley Mall. In December the Volunteer Services Department will host the annual Toy Drive for our Children's Hospital. Volunteers will be needed at both Raleigh Campus and North Hospital. Please watch your email for an opportunity to sign up to volunteer at these events.

Respectfully submitted,

Ann Brown, Chair
Volunteers of WakeMed Raleigh Campus

The Cary Chair's Report



Greetings, I hope that everyone had a safe and enjoyable summer. We are excited to welcome our new and returning volunteers and juniors to their placement areas.

The board committees and staff continue to plan events and vendor sales. The recent Uniform Sale and the Southern Comfort Linen Sale were online, and the Macy's Crabtree In-store Sale was held on Sunday, October 17. Cary volunteers received \$1,602 from the uniform and linen sales.

Our amazing staff has shown courage, compassion, and determination during this trying period in healthcare. In recognition of their extraordinary efforts and sacrifices, several activities to show our appreciation are underway. One is an on-site ice cream truck to distribute frozen treats between day and evening shift changes on a weekday and a weekend day in mid-October. On-site chair massages are also being proposed. Both projects will be funded by the Volunteers. Trunk or Treat is scheduled for Friday, October 29, in the hospital parking lot outside our Women's Pavilion entrance. Come join us for this community event that promotes safe trick or treating and a "howlin'" good time. The Threads Committee connects our patients, families and staff with our community volunteers who create beautiful handmade items for our patients. The Board allocates funds for Threads to reimburse the purchase of fabric, yarn, batting, stuffing, etc. for the community volunteers on an as available and needed basis. Threads is planning a Pop-up Sale on December 1 to supplement Board funding for these items. It will be a great time to purchase one-of-a-kind handmade items for holiday gifts. Threads is also celebrating 25 years of providing animals of all sizes and shapes to our patients and guests. A big Thank You to all the past, present, and future creators!

October 1 marks the beginning of a new fiscal year and welcoming new board officers and members. FY21-22 officers are Joyce Aschenbrenner, Chair, Susan Coulter, Vice Chair; Margaret Crutchfield, Secretary, and Cindy Larsen, Treasurer. Cindy Larsen and Jeff Schmitt were re-elected as board members and Sue Recorr returns as a new member. Congratulations to all! Thanks to everyone that returned your vote. There are several 1-year board appointments open. If you have time and talents to share, please let Laura or Pennie (Volunteer Services staff) know so that they can share your interest with the Nominating Committee.

Congratulations to Laura Riach for being selected as a Pyramid Award winner. This highest employee honor recognizes and celebrates her outstanding service. We are so appreciative of all that Laura does to support volunteer services, WakeMed patients and families, our volunteers, Threads, and the board.

Thank you to all our volunteers and staff for your support especially over the past 18 challenging months. I look forward to seeing you in the hospital and at the upcoming events.

Stay healthy and safe!

Beth Turner, Past Chair
The Volunteer at WakeMed Cary Hospital

Volunteer Services Updates



Welcome New Junior Volunteers

We are excited to announce that our junior volunteer program has been reinstated.

We opened up our applications for the Fall Session on September 13 and received a total of 96 applications. WakeMed Cary Hospital received 43 applications and WakeMed Raleigh Campus received 53 applications.

Our new group of junior volunteers will begin their services in the coming weeks, please give them a big **WAKEMED WELCOME** as you see them around the hospital!

The next application opening will be in January.

For more information about our junior volunteer program and when interested teens can apply, please click the link below.

[Junior Volunteering, WakeMed Health & Hospitals, Raleigh & Wake County, NC](#)

"Alone we can do so little; together we can do so much."

Helen Keller

2021 Pyramid Winner

Congratulations to Laura Riach,
Volunteer Development Specialist,
WakeMed Cary Hospital!



The Pyramid Society Award is the highest level of honor that WakeMed bestows upon a selected group of employees each year. Nominated by their peers, winners are honored for outstanding performance that goes above and beyond their work duties and contributes to our aspirational goals.

Volunteer Services Updates

“Check out some of our newest artwork donated for our patients!” and click the link to become a Painting Volunteer.

[Community Painting Volunteering, WakeMed Health & Hospitals, Raleigh & Wake County, NC](#)



“Check out some of our Halloween Huggable for our patients!” and **click the link for information about becoming a Community Sewer.**

[Community Sewing Volunteer, WakeMed Health & Hospitals, Raleigh & Wake County, NC](#)



Celebrating our Veterans



Volunteer Services honors our Veterans and Military Personnel for their bravery, commitment and sacrifice of service for the citizens of the United States of America on Thursday, November 11. Please take the time to recognize any WakeMed employees, volunteers and medical staff who are serving or have served in any branch of the U.S. Armed Forces by acknowledging them to express gratitude for their dedicated service.

2021 Volunteers

Tyrone Allen	Navy
Bill Ayars	Navy
Reid Craft	Air Force
Philip Greco	Marine
Sol Hochler	Army
Norman LaRusch	Army
Susan Legatowicz	Army
Robert Lukaszewski	Navy
Blanche Malinoski	Army
Robert McAllister	Air Force
Holly McCoy	Army
William Miller	
William Park	Army
Epi Pazienna	Navy
Jeffrey Schmitt	Marines
Michael Schuler	Navy
Leo Stander	US Public Health
Carolyn Wiggins	Navy



Cary Volunteer Spotlight



My name is Garry Miller, and my two volunteer roles at the WakeMed Cary Hospital are “Guest Ambassador” and “Emergency Department Patient and Family Safety Round Volunteer”.

Following my retirement in 2018 after 40 years in nuclear power engineering, I was looking for opportunities to give back to our community as I have been very blessed in my lifetime. My wife, “Ping”, is a twin, and her twin sister who happened to be visiting us in 2019, developed appendicitis. Her twin required emergency treatment at the WakeMed Cary hospital. While I sat with the family (in pre-Covid times) in her twin’s Emergency Department patient room, I saw a message on the hospital TV channel about volunteering at WakeMed. Based on my experience during her

WakeMed treatment, I decided to apply as a volunteer the following week. And by the way... did I mention I am a twin also? My name Garry is spelled with two r’s because my twin’s name is Larry... no kidding.

On a personal note, I also have a great debt to pay back with the WakeMed Hospital system. In 2003, during Hurricane Isabel’s arrival in Raleigh, my wife’s car was crushed by a falling large oak tree near downtown Raleigh. WakeMed’s comprehensive emergency treatment of her broken neck allowed her to ultimately recover fully. My happy life with “Ping” is a direct result of WakeMed’s great medical treatment.

My Guest Ambassador role gives me lots of interactions with visitors and incoming patients that are having day treatments, test procedures, or surgeries. My Emergency Department (ED) volunteer role is different in that it gives me the opportunity to help the patients in their hospital care setting, which is very rewarding. I try my best to help and provide comfort to the ED patients and their family members ... it’s a very worthwhile experience that makes me look forward to my volunteer time.

Outside of my WakeMed volunteer activities, I enjoy working on my yard’s landscape, especially growing tropical and exotic plants that are not typical to North Carolina. I have palm trees, plumeria trees, elephant ears, ginger plants, pineapple plants, banana trees, night blooming cactus, and other tropical species.

Volunteer Services Note: Garry volunteers twice a week in the ED assisting staff and training new Volunteers. In addition, you can find him at the WakeMed Cary main entrance every Tuesday welcoming our visitors.



Raleigh Volunteer Spotlight



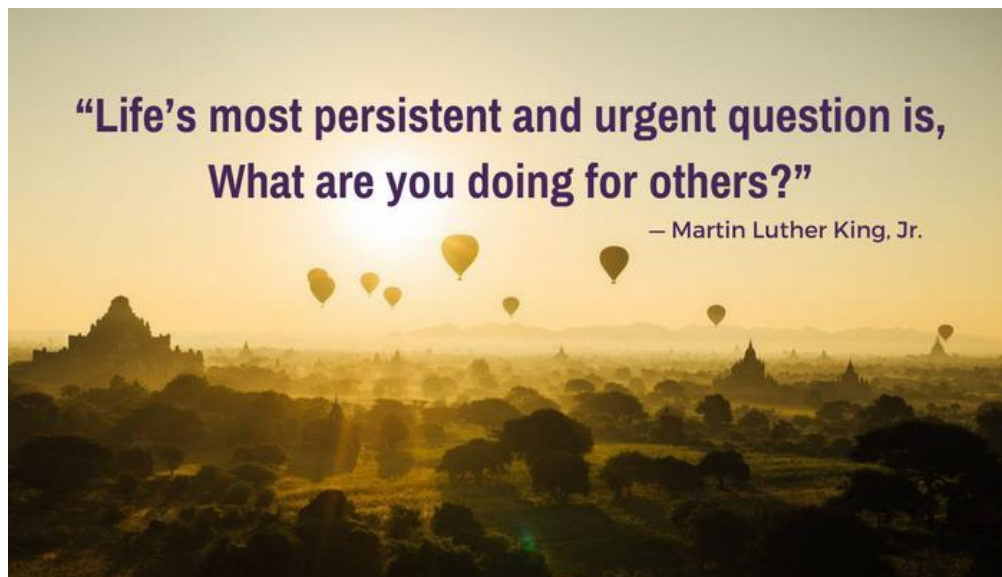
Karen Gainey has been chosen as our Raleigh Campus “Spotlight” volunteer for our fourth quarter 2021! Karen began volunteering for WakeMed nearly two years ago. She chose WakeMed to volunteer initially contributing crocheted little hats for the NICU. Then she spoke with a friend who had been volunteering for years at Wake-Med, and she could not say enough good things about WakeMed’s Volunteer Services. Today, when Karen was asked about her volunteer experience, her reply was “I am so grateful that the Wake-Med Volunteer Services have given this opportunity to volunteer with some of the most wonderful people.”

Karen brings her positive, caring, and helpful attitude to WakeMed and believes *teamwork* is the WakeWay every-time behavior that best describes her. She believes it takes working together for the success of anything, and she is part of the team.

Every day Karen makes a difference in the lives of others at WakeMed. In particular, she was volunteering in the COVID vaccine clinic earlier this year, and what stands out the most was how remarkable it was seeing so many people coming in to get their Shot for Hope. “My part might have been very minor, but I was part of the success of WakeMed providing over 120,000 COVID-19 vaccines”.

When Karen is away from WakeMed, she spends time with her husband of 25 years, their daughter, and their son. Karen works out at the YMCA, enjoys baking, crocheting, sewing, and gardening.

Thank you for all you do, Karen, for our patients, families, and staff of WakeMed Health and Hospitals!!



Sewing Contributions / Donations

WakeMed Raleigh Campus

Michele Boyce
 Atria Oak Ridge
 Cary Stitchers - Cary Senior Center
 Natalie Rand
 Sion Chang
 Lindsey Smith
 Pat Chrisman
 Project Linus
 Susan Griffith
 Glenda Poulter
 Kathy Turner
 Patricia Crissman
 Joy Young
 Chris Boyer
 Sheila Henderson
 Dorothy Richards
 Janet Jennings
 Sujitra Martin
 Pearl Fowler
 Susan Breslin
 Laura Stiles
 Quilts for Kids
 Kathy Stewart
 Mara Comas
 Amanda Vaughan
 Alexandra Dahm
 Mildred Chavis
 Charlene Melinsky
 Bethlehem Baptist Prayer Shawl Ministry
 Sharon Barrow
 Threads of Love
 Kathy Clarke
 Yange Lee

WakeMed Cary Hospital

Janet Pawelek
 Judy Latham
 Clara Menzo
 Windsor Point
 Barbara Bagby
 Cornerstone Presbyterian
 Amy Johns
 Raiya Patel

The Caring Crafters
 Cary Blanketeers
 Radha Peri
 Cindy Larsen
 Hindu Society NC (HSNC)
 Anna Regina Viola
 Shepherd's Church (formerly Colonial Baptist)
 Pam Stelmack
 Nancy Battiste
 Debbie Egbert
 Rose Byrd
 Cary Quilting
 The Templeton Threads
 Jerralie Petersen
 Jeannine Hobbs
 Karen George
 Rev. Marilyn Mitchell
 Luci Lambert
 Deanna Babyak
 Margaret Cruthfield
 Maria Chettoor
 Sue Levy
 Charlotte Deaton
 Sarah O'Brien
 Nancy Romano
 Pam Ayars
 Amy Baldukas
 Susan Terjesen
 Material Girls
 Carolina Preserve Yarn Spinners
 Rebecca Kalsbeek
 Campbell Baker
 Maleia Johnson
 Patty Loughren

Please help us keep your groups current. If there has been a change in membership of your particular group, please inform your respective offices.

For the Raleigh Campus, please call 919-350-8293 or email Dawn Sykes at dskyes@wakemed.org.

For the Cary Hospital, please call 919-350-2363 or email Pennie R. Graham at pegraham@wakemed.org.

Thank you.

Calendar of Events

WakeMed Raleigh Campus

Belk's Pre-Shop/Pick Up Sale

December 1st—December 8th - Pre-Shop Week. Pick up merchandise on December 9th at MOB Room 1, 7 am - 4 pm

WakeMed Cary Hospital

Trunk or Treat

The Volunteers at WakeMed Cary will host their Annual Cary Hospital Trunk or Treat on October 29 from 5:30 PM to 8:00 PM in the Women's Pavilion parking lot.

Belk's Pre-Shop/Pick Up Sale

November 24th—November 30th - Pre-Shop Week. Pick up merchandise on December 3rd at Cary Hospital Conference Center, 7 am - 4 pm

Thread's Pop-up Sale

The Thread's Community Sewers Committee will show a Pop-up Sale on December 1st—Cary Hospital Conference Center, 9 am—4 pm

WakeMed North Hospital

Belk's Pre-Shop/Pick Up Sale

December 7th—December 13th Pre-Shop Week. Pick up merchandise on December 15th at North Hospital Conference Room, 7 am - 4 pm



Fundraisers

Quarter Contributions to the Volunteer Board

WakeMed North & Raleigh Campus:

1st Uniform - August \$2437.12
Southern Comfort Linen Sale –September \$2,778.94

WakeMed Cary Hospital:

1st Uniform - August \$667.88
Southern Comfort Linen Sale –September \$1,007.51

**Grand total contributions this quarter:
\$6,891.45**

Proceeds from the sale allow the Volunteer Boards to provide funding to support programs and services at WakeMed Health & Hospitals.





Department of Volunteer Services
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