

heartbeat



October - December 2017

This edition of the Heart-Beat is dedicated to Geraldine Werner

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Updates from the Director

Those who bring sunshine to the lives of others cannot keep it from themselves. ~James Matthew Barrie

Happy New Year! We have been very fortunate to have had such a wonderful year in 2017 with so many accomplishments! I am very proud to work with such a dedicated team of staff and volunteers and the outcomes you have made possible for our patients, families, guests, and each other.

Please take the time to review the annual report later in this edition of our newsletter to see the details of your service as volunteers; as well as, your contributions through our fundraising efforts. It is truly amazing to see how these numbers add up and be aware of the overall story that is WakeMed Health & Hospitals Volunteer Services. We thank you for continuing to be an invaluable part of our team and look forward to what all will come in 2018.

We are excited to share that we have been able to move our annual Volunteer Appreciation Luncheon to National Volunteer Week this year. This is the time each year when we come together to enjoy a nice meal, reflect on your service, and show our gratitude to you. This year's event will be held April 19th at the Crabtree Marriot. More details are to come as we send out this year's invitations.

We appreciate your commitment to improving the health and well-being of our community by providing outstanding and compassionate care to all encountered in our facilities.

Sincerely,
Chris Gage, MBA, CA Volunteer Services
Director, Guest Retail & Volunteer Services
919-350-8005

The President's Report – Raleigh Campus



Greetings to my fellow Raleigh Volunteers!

It has been an honor and a pleasure to have served as a volunteer over the past seven years, and now it is a further honor to be asked to serve as your president. I will do my very best to fulfill the duties required, both as president, and also in the several areas in which I continue to volunteer.

Since we have just celebrated a season of **Thanksgiving**, I would like to extend my sincere **thanks** to Sharon LaRusch for the excellent leadership she provided as president for the past two years - she will be a hard act to follow! **Thanks** also to each board member, for his or her faithful service. Each member of our board plays an important part in helping to raise funds at sales and approving the requests for funds from different departments at WakeMed. It is exciting and rewarding to actually see the results as they materialize! To the rest of our volunteers, **thank** you for all of the hours that you have serve -

144,476.95 hours during the past year, to be exact - you are truly appreciated! Last but not least, many **thanks** to our wonderful Volunteer Services staff who work tirelessly behind the scenes to make sure that everything runs smoothly, constantly seeking to improve things for each of us.

"Volunteering is generally considered an altruistic activity where an individual or group provides services for no financial gain "to benefit another person, group or organization". Volunteering is also renowned for skill development and is often intended to promote goodness or to improve human quality of life. Volunteering may have positive benefits for the volunteer as well as for the person or community served." Wikipedia

The paragraph above describes the selfless act of volunteering, and one that I believe each one of you would agree with. The positive benefits that you gain each time you help a visitor or a patient, a nurse or other staff member are many, and the benefits those people gain from your smile and attitude cannot be measured!

As you celebrate the upcoming Holiday Season and the New Year, please remember how much you are appreciated! *"Volunteers are not paid---not because they are worthless, but because they are priceless!" (unknown).*



Respectfully Yours,
Rosemary Driver
President, Raleigh Volunteer Board of Directors

The President's Report – Cary Hospital



Happy New Year Cary Volunteers!

I hope each of you enjoyed the Holiday Season and were able to spend time with family and friends.

It was an honor to be installed as President, Volunteers at WakeMed Cary Hospital at the October 25, 2017 board meeting. Many **thanks** to Joe Esmond who has served as President for the past two years, job well done! It is a pleasure to **welcome** new board members, Annette Edeburn, Nancye Slagle, Ivy-Lynn Jackson and Cindy Larson to the 2018 Volunteer Board. Returning board members are Beth Turner, Sue Recorr, Denise Galloway, Bob McAllister, Tim Shoriak, Lois Dziedzic, Susan Coulter and Joe Esmond

The main purpose of the Volunteer Board is to raise funds which are then used to support programs and services at WakeMed Cary Hospital. This past year the Volunteers provided funding for an improved driveway entrance to the Main Entrance, furniture for the Women's Pavilion and Birthplace, as well as renovations for the Labor and Delivery Department. One of the ways the volunteers raise funds are through our onsite fundraising sales held in the Conference center. Our first sale for 2018 will be the First Uniform Sale on February 27.

Thanks to all for your continued commitment to WakeMed! Collectively you donated over 144,000 hours of service to patients and their families. Time is the most precious gift we can give. It is limited, we never have enough and there are so many ways to spend it. We run out of time at the end of the day and decide how to spend it for the days ahead.

*“Volunteers do not necessarily have
the time: they have the heart” -
Elizabeth Andrew*

Enjoy your time volunteering and stay well.

Respectfully Submitted
Susan Alvey
President, Cary Volunteer Board of Directors

OUR Volunteers brighten our lives

The Volunteers at WakeMed Cary Hospital Board of Directors

Joe Esmond, President
Susan Alvey, Vice President
Beth Turner, Treasurer
Susan Recorr, Secretary
Susan Coulter
Lois Dziedzic
Denise Galloway
Dan Kamykowski
Bob Rafferty
Robert McAllister
Tim Shoriak
Barbara Williams

The Volunteers at WakeMed Raleigh Campus Board of Directors

Sharon LaRusch, President
Rosemary Drive, Vice President
Steven Yee, Treasurer
Denise Feighery, Secretary
Maggie Gills
Susan Legatowicz
Valerie Perry
Sally Perdue
Denise Rohr

WakeMed Volunteer Services Staff

Chris Gage, Director
Retail, Guest & Volunteer
Services
Jackie Kennedy
Manager, Volunteer Services
Laura Riach
Specialist, Volunteer Services -
Raleigh Campus
Catherine Allen
Representative, Volunteer
Services - Raleigh Campus
Angie Smith
Specialist, Volunteer Services -
Cary Hospital
Zee Graham
Representative, Volunteer
Services - Cary Hospital

WakeMed 
Volunteer Services



We are excited to share with you the many accomplishments the Volunteer Services Department and The Volunteers at WakeMed Health & Hospitals have had this past fiscal year.

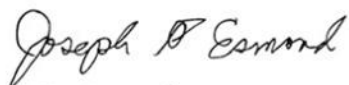
The Volunteers contributed more than 144,476 hours of service supporting 138 departments across the WakeMed system.

The Volunteers at WakeMed Raleigh Campus and The Volunteers at WakeMed Cary Hospital through their fundraising activities raised \$75,736 to support equipment purchases, projects and programs at WakeMed Health & Hospitals.

The devotion of your time and talents has been felt across the entire WakeMed health system. That should make you smile!

We thank you for giving us the opportunity to serve as your President of the Volunteer Board. Your dedication and enthusiasm is behind every single accomplishment listed in this report.

Warmest regards from one smile to another!



Joe Esmond
President
Cary Volunteer Board of Directors



Sharon LaRusch
President
Raleigh Volunteer Board of Directors

The Volunteer Services Mission

Volunteer Services is committed to improving the health and well-being of our community by providing effective service programs to meet the identified support needs of WakeMed Health & Hospitals, providing desirable and fulfilling opportunities that contribute to patient and family centered care, and connecting individuals to the health care environment through the act of volunteering.

Things of the spirit differ from things material in that the more you give the more you have. —CHRISTOPHER MORLEY

By the Numbers

During the past year, The Volunteers have contributed more than 144,476 hours of their time, as well as their talents and financial support to augment the services offered by the health system, and to help provide a caring environment for our patients and families. The hours they generously gave to the WakeMed mission last fiscal year equate to:

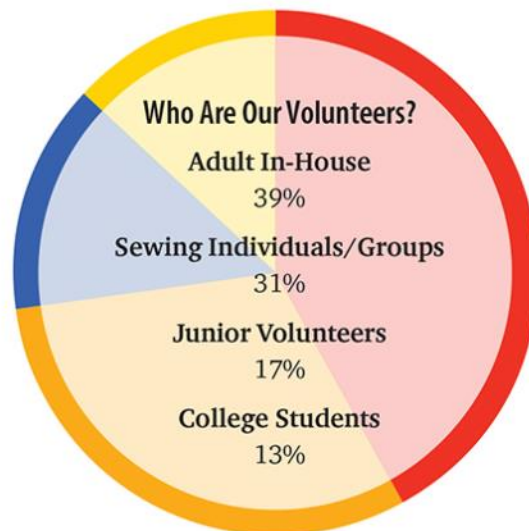
Total Dollar Value: \$3,487,673*

Total FTEs: 72

Outcome Metrics	FY16	FY17	Difference	%	Inc/Dec
Total volunteer hours contributed	125,207	144,476	19,269	15%	↑
Individuals participating in programs	1,511	1,544	33	2%	↑
Average # volunteers per month	742	787	45	6%	↑
FTE Equivalent	59	72	13	22%	↑
Salary Equivalent Indep Sec National	2,949,877	3,487,651	537,774	18%	↑
Salary Equivalent Indep Sec State	2,739,529	3,321,503	581,974	21%	↑
Salary Equivalent WM S09 2nd Quartile	1,772,931	2,087,678	314,747	18%	↑
Funds raised by Volunteer organizations	73,990	75,736	1,746	2%	↑
Funds contributed by Volunteer organizations	78,797	93,237	14,440	18%	↑
Adult Volunteer satisfaction annual survey results	86.47%	84.23%	-2.24%	-3%	↓

Operations Metrics	FY16	FY17	Difference	%	Inc/Dec
College students participating in programs	197	234	37	19%	↑
Number of colleges represented	31	31	0	0%	—
Volunteers employed by WakeMed	11	12	1	9%	↑
Candidates interviewed	654	619	(35)	-5%	↓
New Volunteers completed placement processes	592	540	(52)	-9%	↓
Volunteers oriented: initial and annual	876	959	83	9%	↑
Special projects completed	24	43	19	79%	↑
Active department based placements	168	173	5	3%	↑
Departments served	114	138	24	21%	↑
Hospitality Pets teams active	37	27	(10)	-27%	↓
Hospitality Pets visits to patients	4,775	4,711	(64)	-1%	↓
Evaluations/adult: distributed to departments	325	415	90	28%	↑
% Evaluations/adult: Completed	100%	99%	1%	-1%	↓
Patient Relations Visits	3,943	3,206	(737)	-19%	↓

*NC dollar value: \$24.14



Where Our Volunteers Serve

Total Volunteer Placements: 173

Total Departments Served: 138

Locations: Raleigh Campus, Cary Hospital, North Hospital, Apex Healthplex, Brier Creek Healthplex, Garner Healthplex, Clayton Medical Park, WakeMed Physician Practices offices, the Business Center, Corporate Center, Cambridge Village of Apex, and Outpatient Rehab at Kraft Family YMCA.

Hospitality Pets

This year 27 teams averaged 314 visits to patients a month for a grand total of 4,711 visits. Pet/person teams have made more than 88,873 visits since the program started in 2000.

Huggables/Hats/Quilts

Our sewing volunteers contributed 74,517.25 hours to complete baby hats, huggables, and many other handmade items. Our volunteers and friends in the community have contributed many hours of love and care to knit, crochet, sew, quilt and stuff this year.

Volunteer Dollars: Working Hard for Our Mission

The 2017 Volunteer fundraising efforts yielded \$75,736. The Volunteers raised funds through vendor sales, online uniform sales, Blossoms for Life (honors/memorializes a loved one at Cary Hospital), WakeMed Gives (employee giving campaign) and infant photo contracts. The Volunteers used these dollars to support programs and initiatives for patients, families, WakeMed departments and employees.

Rehab Clothing Closet – The Volunteers at WakeMed Raleigh Campus provided \$2,000 to Rehab to create a clothing closet for patients with limited means. The basic-level clothing allows the patient to fully participate in their therapy program.

Blossoms for Life – A special fundraising program developed by The Volunteers at WakeMed Cary Hospital raised \$1,650 to fund programs and services throughout the hospital. The fundraiser offers individuals the opportunity to honor or memorialize a friend or family member. It is a unique way to say thank you for care received, remember a loved one and celebrate a special life event.

Congestive Heart Failure Scales – The Volunteers at WakeMed Raleigh Campus provided \$476 to the Heart Center for the purchase of scales for low-income heart failure patients.

Huggables/Memory Quilts/Hats – The Volunteers provided \$4,259 towards the purchasing of supplies to support the efforts of sewing individuals/groups to make handmade huggables, lap robes, stuffed animals, shawls, pillows, bed bags, toys, dolls, adult bibs, hats, preemie booties, preemie caps, baby gowns, bereavement blankets and more to be distributed to patients and families. These gifts are distributed to patients via the Friendly Face Cart, volunteers and staff.

Magazine Subscriptions – The Volunteers at WakeMed Raleigh Campus provided \$507 for subscriptions of Spanish and African American magazines to be shared with patients. The magazines are distributed by volunteers through the Friendly Face Cart service.

Reach Out and Read – The Volunteers at WakeMed Raleigh Campus provided \$3,917 for the purchase of new books to be distributed to well-visit patients ages 6 months to 5 years who are seen in WakeMed Physician Practices -- Pediatrics. This literacy program has been the recipient of grants from National ROR based on community support and distribution of books.

Tea for the Soul – The Volunteers at WakeMed Cary Hospital provided \$157 for Spiritual Care Services to offer refreshments in quiet, calming locations for all caregivers to take a break.

Additional Support

WakeMed Cary Hospital

WakeMed Foundation	\$2,500
Professional Membership Dues for Volunteer Staff	\$969
Women's Pavilion & Birthplace Bereavement	\$151

WakeMed Raleigh Campus

Child Life (multiple departments)	\$11,131
Critical Care Waiting Room	\$299
ENERGIZE!	\$4,232
Office Furniture	\$5,830
Perinatal Loss Cremation Society	\$1,300
Professional Membership Dues for Volunteer staff	\$1,184
Rehab	\$9,611
WPP Pediatric Clinic	\$2,640
6C Surgery & Trauma	\$478
Patient & Family Experience	
Office Furniture	\$5,830

Contributing to the Strategic Plan

As members of the WakeMed family, the work of the Volunteers is helping us achieve both our mission and vision of the community in several ways.

Innovation

Baby Packet Supplies: The Volunteers at WakeMed Raleigh Campus provided \$2,800 for the purchase of onesies, diapers, bottles, blankets, etc. so that the Case Managers on 4B can give new moms with immediate needs some newborn gifts/supplies at discharge.

Wake Way

Children's Activity Packets: The Volunteers at WakeMed Cary Hospital provided \$205 to create diversionary activity packets for children who are in the hospital for extended periods of time visiting, waiting in the waiting rooms or with parents and family.

Healthy Community

Healthy Lifestyles: Cardiac Rehab Scholarships: The Volunteers provided \$3,623 in scholarship funds to cardiac patients. These individuals were identified by Health Works staff as qualifying for financial support and who otherwise would not be able to complete a key part of the recovery from a cardiac episode. The classes include education about nutrition and exercise, participating in exercise classes and more.

Rainbow Fund: The Volunteers at WakeMed Cary Hospital provided \$5,000 to provide medications to immediate-need children and adults who were not in a position to pay for their initial prescriptions.

Innovation

Mr. Potato Head Program: The Volunteers at WakeMed Raleigh Campus provided \$800 in funds to provide Mr. Potato Heads to NICU low birth weight newborn babies. The Mr. Potato Head provides a germ-free way for parents to measure the growth of their newborn baby while in the NICU.

Highest Ethics

Parents Time Together: The Volunteers provided \$2,387 in funds to provide time, a place and meals for parents of infants in the Neonatal Intensive Care Unit. Parents Time Together gives parents time and a place to support each other by sharing common experiences and participating in educational events.

Culture of Safety

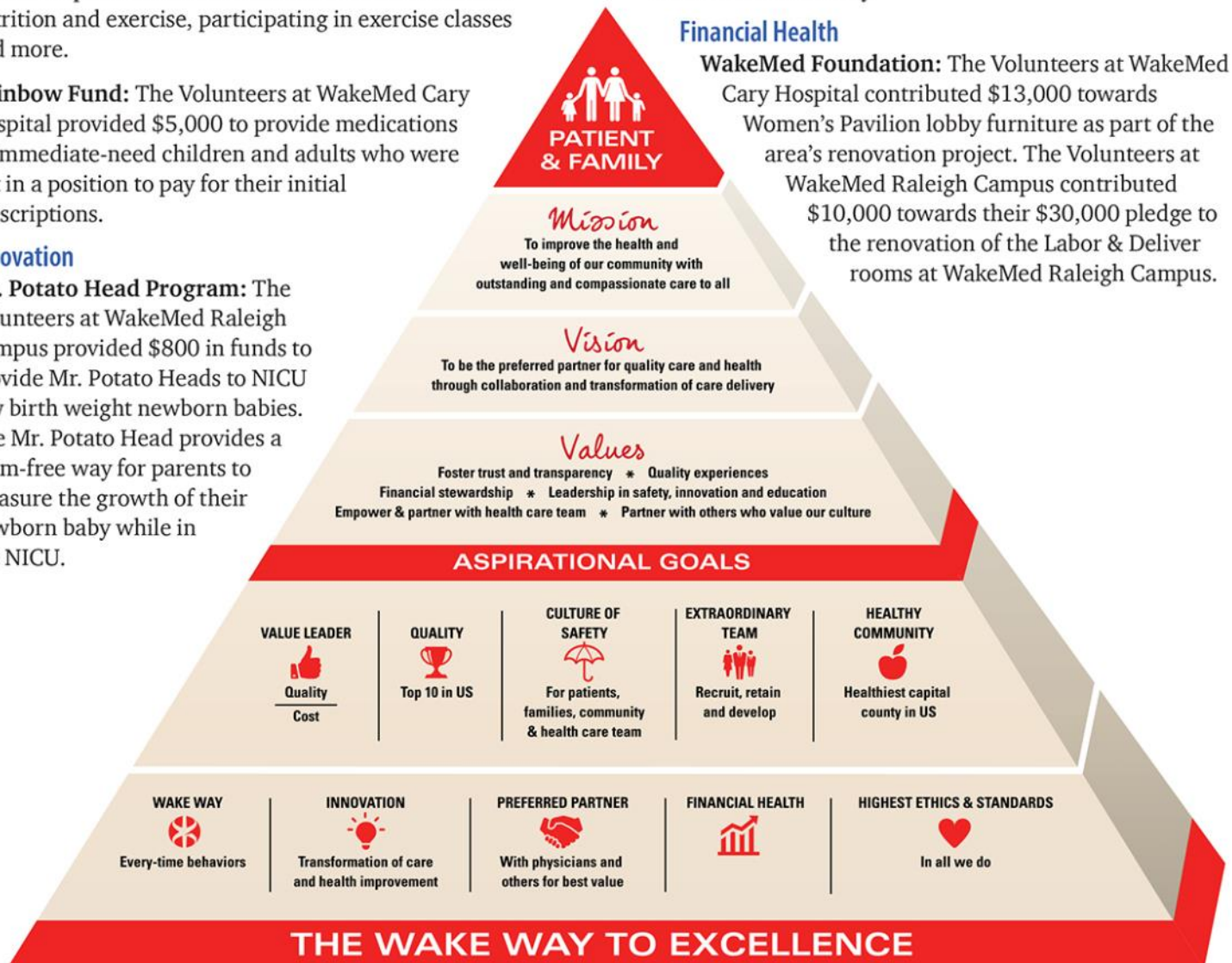
Special Infant Care Clinic: The Volunteers at WakeMed Raleigh Campus provided \$414 for the purchase of infant car seats, supplies, transportation vouchers and medication for infants and their families.

Extraordinary Team

Professional Membership Dues for Volunteer Staff: The Volunteers at WakeMed Raleigh Campus provided \$1,184 and The Volunteers at WakeMed Cary Hospital provided \$969 to support the Volunteer Services Department staff. This allows the staff to continue to be leaders and gain great knowledge in the Volunteer industry.

Financial Health

WakeMed Foundation: The Volunteers at WakeMed Cary Hospital contributed \$13,000 towards Women's Pavilion lobby furniture as part of the area's renovation project. The Volunteers at WakeMed Raleigh Campus contributed \$10,000 towards their \$30,000 pledge to the renovation of the Labor & Deliver rooms at WakeMed Raleigh Campus.



Volunteer Spotlight Raleigh Campus ~ Monique Rogers



I am a volunteer with Mended Hearts and I also serve as the Media Chair on the Mended Hearts Chapter 394 Board. I chose WakeMed because I ran into

Mended Heart Board Members a couple of years back at a local community event. After our conversation, I felt the need to share my story so that others could understand, learn from; and be encouraged through their cardiac walk.

I volunteer because I feel a responsibility to other cardiac patients. Your heart is a very important organ. And it is a scary situation when it's not functioning correctly. As a person who has been there and done that, it is all I can do to encourage others through visits.

I have an Associate of Arts in Liberal Arts with emphasis in journalism, a Bachelor's of Arts in English, a diploma in graphic design and desktop publishing, an Event Planning Certificate, an EKG Technician Certificate and am a nationally accredited Certified EKG Technician (CET).

I enjoy traveling and staying at B&Bs, spending time with my furry child (who is a two year old, sixty-two pound lab mix pup) and friends, hanging out in coffee shops and having tea parties in tea houses. I spend much of my time writing articles as a freelance writer and blogger. I'm currently updating my website, which I'm enjoying. Visitors can go to "My Mid-life" blog at www.moniquemrogers.com.

Mending Hearts Out of Tragedy

On September 27, 2016, Joe Rizkallah and the Michael & Son Services' family lost one of their most respected plumbers in Raleigh, Joe Lomax Jr., to a cardiac arrest while at a jobsite. To honor this special employee and educate others about heart health, Joe reached out to an organization that knows well too much about cardiac events, Mended Hearts of the Triangle Chapter 394, asking them to partner in their annual golf tournament.

As a result, the event was renamed the 2017 Joe Lomax Classic Golf Tournament Charity and was held on June 19 at Devils Ridge Golf Course in Holly Springs. Players enjoyed the game and food from participating sponsors: Chick-fil-a, City Barbecue, and Brueprint Brewing Company. Joe Lomax, Jr.'s family was able to enjoy this special event, and this tournament raised over \$21,000 for the Mended Hearts of the Triangle Chapter 394.

"It was an honor to be chosen by Michael and Son to help honor their employee and friend Joe Lomax," said Hazel Covington, second vice-president. She went on to explain, "Mended Hearts' mission is hope, encouragement and support to people who have had cardiac events as well as their families. We also focus on educating individuals about heart disease and how they can help in the care and prevention of it. One of the projects we will do is providing \$1,000 scholarships to nursing students at Wake Tech Community College."

The day would not have been such a success without the sponsors, donors, players, volunteers, and willingness from Michael & Sons Services and Mended Hearts of the Triangle Chapter 394. Sponsorships included: Trane®, CE – Carrier Enterprise, Ruud, BB&T Insurance Services, Mercedes-Benz® of Durham, WakeMed, Carolina Hurricanes, Aflac®, WRAL, Fresh-Aire UV, Tropic Ocean Airways, R.E. Michel Company and Grimes Realty & Grimes Insurance Group, LLC.

Volunteer Spotlight Cary Hospital ~ Jr. Volunteer Leadership Council



This year the Junior Volunteer Leadership Council at WakeMed Cary Hospital was developed to assist with fundraising and community events; as well as, junior recruitment and retention efforts throughout the year. Three junior volunteers were selected based on their commitment and leadership capabilities. Meet the WakeMed Cary Hospital Junior Volunteer Leadership Council.

Nedda Seif

My name is Nedda Seif and I attend Wake Early College of Health and Sciences. I first heard of the opportunity to volunteer with WakeMed through school. I love any chance to help others and give back to my community, and the idea of volunteering with a hospital interested me, so I signed up.

I have been volunteering in the Surgical Services PACU at WakeMed Cary Hospital for a year and 9 months. I love getting to be a part of the WakeMed family, and I sincerely enjoy having the opportunity to give back to my community every week.

Anissa Deol

I'm Anissa Deol and I attend St. David's school in Raleigh. My interest in pursuing a medical career and the volunteer experience of my two sisters peaked my interest in volunteering at WakeMed Cary Hospital. I wanted to experience being in a hospital setting to observe what happens behind the scenes in order to keep the hospital running.

I have been volunteering here for 2 years and 7 months. I currently work in the Surgical Services PACU where I help the nurses restock supplies and transport patients to their rooms.

Daniel Ma

My name is Daniel Ma and I attend Wake Early College of Health and Sciences. I have been volunteering at the WakeMed Cary Hospital for 2 years and 7 months; and, have worked in Surgical Services PACU, Sterile Processing – Instrument Room, and am currently volunteering in the Hospital Elder Life Program (HELP). As a volunteer I talk to patients within the HELP program and get to know them, learn their stories, and make their experience at the hospital a more pleasurable one.

I first became interested in healthcare by watching Grey's Anatomy. My hobbies are playing the piano and the bassoon and I am fluent in Mandarin Chinese.

Volunteer Services Update

Veterans Day - November 11, 2017

We would like to recognize and honor our WakeMed volunteers who have proudly served or are serving in the United States Military. Your selfless service for our country is admired and much appreciated.

WakeMed Raleigh Campus

Tyrone Allen – U.S. Navy
 Wyatt “Budd” Coggins – U.S. Navy
 Reid Craft – U.S. Air Force
 Cynthia Cruell – U.S. Army
 James Davis – U.S. Army
 Paul Fausneucht – U.S. Army
 Robert Gelinas – U.S. Air Force
 Ed Goetz – U.S. Army
 Philip Greco – U.S. Marine Corps
 Melissa Horton – U.S. Army
 Frank Johnson – U.S. National Guard
 Norman LaRusch – U.S. Army
 Susan Legatowicz – U.S. Air Force
 Blanche Malinoski – U.S. Army
 Holly McCoy – U.S. Army
 Ada Menser – U.S. Army
 William Miller – U.S. Army
 Epi Paziienza – D.O.D.

WakeMed Cary Hospital

Bill Ayars – U.S. Navy
 Henry Barrett – U.S. Army
 Ronald Bostick – U.S. National Guard
 Joe Esmond – U.S. National Guard
 Prentice Faircloth – U.S. Air Force
 John Grau – U.S. Army
 David Greybill – U.S. Army
 Bill Helton – U.S. Air Force
 Larry Hemmings – U.S. Navy
 Sol Holcher – U.S. Army
 Brenda Kimble – U.S. Air Force
 Robert Lukaszewski – U.S. Navy
 Bob McAllister – U.S. Air Force
 Bill Park – U.S. Army
 Ernie Parker – U.S. National Guard
 Bob Rafferty – U.S. Navy
 Jim Ryals – U.S. Air Force
 Jeffrey Schmitt – U.S. Marine Corp
 Mike Schuler – U.S. Navy
 Drew Smith – U.S. Air Force
 Leo Stander – D.O.D.
 Carolyn Wiggins – U.S. Navy



Holiday Donations & Toy Drive

Each year, the community rallies in support of the pediatric patients here at WakeMed Children's Hospital by donating gifts and toys to share with children in the hospital during the holidays. Our Annual Children's Toy Drive held on December 2nd, 8th, 9th and 16th were great successes! We'd like to thank all the individuals and companies who donated toys to our toy drive.

Alyssa & Joseph Pierce (Go! Calendars & Games)
 Amy Brown
 Angela Hardison (Thirty-One)
 Ann Brown (Scotto Mill Neighborhood)
 Antanaye Wilkins (Little Bethlehem Church)
 April Smith (Pauline Baptist Church Youth)
 Ashton Swank
 Beth Holloway
 Bonpain Family
 Brenda Bowden
 Brianna Walker (Chi Rho Omega)
 Camey Reid
 Cheryl White & Lisa Williams (WM Registration)
 Chris Crowley
 Chrisselle Victoria (Apex Friendship High School)
 Christi McCloud
 Christine Crews
 Crystal Sigmon
 Cynthia Gwathney
 David Wrench
 Debbie Peedin
 Delois Hamm
 Desi Newberry
 Deyna Hardise
 Dionne Jones (Brady Trane Service)
 Edith Cheek (Beta Lambda Sigmon Philos)
 Emily Hadley (NCSU Inst. Advanced Analytics)
 Erin Hobhoss
 Farrah Khan (Crystals & Jewels Youth Group)
 Ganesh Tangella (NC Dept. of Insurance)
 Gary Lazetera (Knights of Columbus)
 Ginny Hall
 Heather Stekanksi
 Joan Arnold
 Joanna Johnson (Rivercrest Realty)
 Jody Branch (Lifeway)
 Jonathon Wrench
 Kasha Lynch (Learning Together)
 Kathleen Henig

Kathryn, Brenda & Kristen Landrum
 Kathryn Brummer
 Kayla Jones (Eagle Sisters / NCCU)
 Kelly Holsopple
 Kenzie Boyd (Apex Friendship Key Club)
 LasVontay Brown (US Military Entrance Processing Command)
 Lillington Baptist Church
 Linda Kalnins
 Lindsay Sommer & Family
 Logan Nash
 Margaret Reid
 Maureen Perlette
 Michelle Meyer
 Nick Hales (Spencer Hales)
 Roger Chang
 Sandra & J.C. Peed
 Sarah Golden (Sanderson High Key Club)
 Sarah Hudson
 Scott Hall
 Scott Sirovica
 Shauna Hoffmann (Harvest Church)
 Shevani Mehta (Door to Door Santa)
 Sonya Coenen & Family
 Stacy Long
 Susan Recorr
 Susan Weiss
 Sydney Rojas (Heritage High School HOSA)
 Tara Page
 Temple Walkowiak (St. James United Methodist Church Friendship Circle)
 Teniente Family
 Terri Parker (Surgical Svcs. Business Admin)
 Tim Blough
 Todd & Jen Henderson (Parkside Restaurant)
 Tushar Varma (Leesville High School Key Club)
 WM Physician Practice - Urology
 Zainab Riyami (Ameer Gai)



A Big Thank You To . . .

Thank you to all those who assisted with our Annual Children's Toy Drives.

Raleigh Campus

Ava Riach
Casey Hunter
Delois Hamm
Denise Rohr
Ganesha Tangella
Kendra Randle
Madeline Ray
Peggy Allen
Robert Hunter
Tim Allen
Anna Ward, Child Life Specialist
Cassandra Budloc, WakeMed Foundation
Catherine Allen, Volunteer Services Staff
Erin Phillips, Child Life Specialist
Jackie Kennedy, Volunteer Services Staff
Laura Riach, Volunteer Services Staff
Leah Wilson, Child Life Specialist
Lilian Nassar, WPP
Michele Florence, WPP
Mindy Miley, Child Life Specialist
Sunisha Barbee, Child Life Specialist
Zee Graham, Volunteer Services Staff

Cary Hospital

Beth Turner
Bob McAllister
Bridgett O'Donnell
Katherine Cox
Kristie Taylor
Lyn Turner
Caroline Youngblood, Public Relations

WakeMed North Hospital

Irene Milewski
Mickey Haynes, Environmental Services Staff

Thank you to all the volunteer performers who shared their musical talents with our patients, families and staff during the month of December!

Barbara Minero – Harp
Arnold Dunn – Piano
John Cavallaro – Guitar
Mana Igarashi – Piano
Bill Ayars – Piano
Raleigh Flute Association – Flute ensemble
Domenique Tanzini – Harp
Marilyn Weinhard – Harp
Jessie Lang – Guitar & Mandolin



Arnold Dunn



Raleigh Flute Association



Jessie Lang

Fundraisers

WakeMed Raleigh Campus

Thank you to the following individuals who assisted with The Volunteers at WakeMed Raleigh Campus fundraising events.

Dynamic Shopping Sale on October 6, 2017

Anita Boonen
 Danna Freeman
 Denise Rohr
 Geraldine Bivens
 Janet Hoffman
 Karen Nwainokpor
 Linda Butler
 Maggie Gill
 Shaifali Kaul
 Valerie Perry
 Vernon Burkhart

Over 160 employees visited the sale and we sold over \$17,000 in merchandise and raised \$3,200 in profits.

Masquerade Sale on December 11, 2017

Anita Boonen
 Ashley Hanes
 Brenda Yarbrough
 Danna Freeman
 Denise Feighery
 Denise Rohr
 Janet Hoffman
 Joy Lathan
 Ken Harrison
 Maggie Gill
 Marion Boissiere
 Rosemary Driver
 Sally Perdue
 Shaifali Kaul
 Sherman Driver
 Susan Legatowitz
 Vernon Burkhart

Over 700 employees visited the sale and we sold over \$30,000 in merchandise and raised almost \$5,700 in profits.

WakeMed Cary Hospital

Thank you to the following individuals who assisted with The Volunteers at WakeMed Cary Hospital fundraising events.

Dynamic Shopping Sale on October 5, 2017

Wanda Teel
 Barbara Williams
 Nisha Mehta
 Ellen Onofrio
 Susan Alvey
 Annete Edeburn

Over 50 employees visited the sale and we sold over \$4,800 in merchandise and raised \$895 in profits.

Masquerade Sale on December 4, 2017

Nisha Mehta
 Ellen Onofrio
 Susan Alvey
 Beth Turner
 Annette Edeburn
 Nancye Slagle

Almost 200 employees visited the sale and we sold over \$6,306 in merchandise and raised \$1,176 in profits.

THANK YOU

Our Thoughts . . .

Thinking of you

WakeMed Raleigh Campus

Elaine Allen
 Felicia Davis
 Mary Beth Donlan
 Samantha Smith
 Sharon LaRusch
 Walter Davis

WakeMed Cary Hospital

Bill Ayars
 Bob Rafferty
 Brenda Stutts
 DJ Staubb
 Edwin Bradley
 Judith Klotz
 Judy Rae
 Larry Hemmings
 Melvin Perkins



Our Sympathies to:

WakeMed Raleigh Campus

Ann Brown – loss of family member
 Bettie Taylor – loss of family member
 Denise Feighery – loss of family member
 Janice Haywood – loss of family member
 Jim Davis – loss of family member



In Memory of Our Volunteers

We express our deepest sympathy to the family of Geraldine Werner who volunteered with Cary WakeMed Health & Hospitals on 3 West. Those of us who had the privilege of knowing Ms. Gerri will miss her bright smile and laughter. She was a joy to work with and she will greatly be missed. She volunteered for 7 years and contributed 753.23 hours of service.

If you would like for us to add your special remembrance, anniversary, births, etc., please call your Volunteer Services department.

WakeMed Raleigh Campus
 919-350-8293

WakeMed Cary Hospital
 919-350-2363

Sewing Contributions

The efforts of our talented sewing volunteers benefit WakeMed Health & Hospitals by providing us with beautiful handmade items made especially for our patients – young, old, big and small. These gifts, made with such love and attention to detail, adds a dimension of care and comfort that is second to none.

WakeMed Raleigh Campus

Abbie Howell (Raleigh Junior Rollers Derby)
 Bharti Patel (Senior People BSCNC)
 Chris Bowyer (Ryan's Case for Smiles)
 Cindy Lovey
 David Brantley
 Gail Rasdorf (Prayer Shawl Ministry)
 Gwen Baker (NRCC Stitchers)
 Hannah Moyles (From Ewe to You)
 Janet Jennings
 Janice Worthington
 Jennifer Barrett
 Jo Ann Fletcher
 Katrina Turlington
 Laura Anderson
 Laurie Hayes (Cary High School)
 Linda Perry (Slip Stitch Sisterhood, Hillcrest Church)
 Merrilyn Allen
 Mildred Chavis
 Pearl Fowler
 Project Linus
 Rebecca Kalsbeek
 Regina Burch (Christ Baptist Church)
 The Comfort Project
 Threads of Love
 Tom & Sandra Sullivan
 Vickie Whitting (Quilts 4 Kids)
 Vinetta Bell

WakeMed Cary Hospital

Ann Foster Group
 Cindy Larsen
 Colonial Baptist
 Cornerstone Presbyterian
 Deanna Babyak
 Doris Sear
 Garner Senior Center
 Hindu Society
 Jerry Peterson
 Kathy Muccioli
 Kathy Rembrandt
 Kelner Group
 Melvin Perkins
 Rita Entwigle
 UMC Comfort Circle

Please help us keep your groups current. If there has been a change in membership of your particular group, please inform your respective offices.

For the Raleigh Campus, please call 919-350-8293 or email caallen@wakemed.org.

For the Cary Hospital, please call 919-350-2363 or email zgraham@wakemed.org. Thank you.



Calendar of Events

WakeMed Raleigh Campus

1st Uniform Sale

Wednesday, February 7, 2018
Andrews Center, 7 am - 4 pm

Dillard's Sale

Tuesday, April 24, 2018
Andrews Center, 7 am - 4 pm

WakeMed Cary Hospital

1st Uniform Sale

Tuesday, February 27, 2018
Conference Center, 7 am - 4 pm

Dillard's Sale

Wednesday, April 20, 2018
Conference Center, 7 am - 4 pm

WakeMed North Hospital

1st Uniform Sale

Wednesday, February 28, 2018
Conference Center, 7 am - 4 pm



WakeMed Raleigh Campus Tour Dates

Tuesday, February 20, 2018
Volunteers Services, 1 pm

Tuesday, March 20, 2018
Volunteer Services, 1 pm

Tuesday, April 24, 2018
Volunteers Services, 1 pm

To register, please call 919-350-8293

WakeMed Cary Hospital Tour Dates

Tuesday, February 5, 2018
Volunteers Services, 6 pm

Thursday, February 22, 2018
Volunteer Services, 10 am

Monday, March 5, 2018
Volunteer Services, 10 am

Thursday, March 22, 2018
Volunteer Services, 6 pm

To register, please call 919-350-2363





Happy Birthday!

WakeMed Volunteers

Raleigh Campus

January

Gwen Baker, 1/1
 Emily Benz, 1/1
 Daisy Boyer, 1/1
 Harley Brookie, 1/1
 Raleigh Gurkin, 1/1
 Breslin Haller, 1/1
 Abida Mushtaq, 1/1
 Lisa Eichelberger, 1/2
 Jessica McAninch, 1/2
 Kathy Diemer, 1/4
 Abayomi Ajayi, 1/5
 Doris Bell, 1/5
 Dinah Moore, 1/5
 Preeya Deol, 1/6
 Hieu - Minh Hoang, 1/9
 Rosellar Sharper, 1/10
 Brianna Glover, 1/12
 Maria Harb, 1/12
 Cameron Thomas, 1/13
 Janice Haywood, 1/14
 Sharon Sowell, 1/14
 Sabrina Lightfoot, 1/15
 Theresa Baker, 1/15
 Kimberly Gurkin, 1/17
 Bernice Parker, 1/17
 Maggie He, 1/19
 George Rhyne, 1/20
 Cristina Reyes, 1/21
 Gladys Walker, 1/21
 Brianna Jones, 1/22
 Kierra St. Julien, 1/22
 Christina Godfrey-Kaye, 1/23
 Frederick Jamison, 1/24
 Kendall Pena, 1/24
 Joseph Gibbs, 1/25
 Jenn Cary, 1/26
 Khanh Duong, 1/26
 Elly Wurts, 1/26
 Sally Perdue, 1/27
 Sandra Brooks, 1/29
 Brenna Christman, 1/29
 Marva Mehaffey, 1/29
 Mary Scoggins, 1/29
 Myongju Kim, 1/30

February

Mutsa Tsveta, 2/2
 Shannon Churchill, 2/3
 Kevin Le, 2/3
 Sequoya Boseman, 2/5
 Kai Coppage, 2/9
 Mercellina Gomes, 2/9
 Elias Mohammad, 2/9
 Sofia Sandiford, 2/9
 Aditya Shetye, 2/9
 Robin Overton, 2/10
 Cheryl Drescher, 2/11
 Lorraine McCullough, 2/11
 Allen Tate, 2/12
 Charlotte Montillo, 2/13
 Terry Rimmer, 2/14
 Denise Sumiel, 2/16
 Keri Lanier, 2/17
 Linda Perry, 2/17
 Elaine Sykes, 2/17
 Deirdre Anglin-Stone, 2/18
 Mino Osterkamp, 2/18
 Susan ReCorr, 2/19
 Alisa DeJoseph, 2/20
 Anna Hunter, 2/20
 Ireny Sharkawy, 2/20
 Jordyne Dixon, 2/21
 Shaifali Kaul, 2/22
 Wyatt Coggins, 2/23
 Anna Fields, 2/23
 Carrie Fisher, 2/23
 Ann Wyker, 2/24
 Susan Alvey, 2/25
 Mary England, 2/25
 Supriya Sivadanam, 2/25
 Martha Biggio, 2/26
 D'asia Farmer, 2/26
 Janette Gingue, 2/26

March

Elaine Allen, 3/2
 Denise Rohr, 3/2
 Marion Boissiere, 3/3
 Tricia Maldonado, 3/3
 Louise Somers, 3/3
 Melody Moezzi, 3/4
 Marlene Anthony, 3/6
 Susan Legatowicz, 3/6
 Felicitas Papasin, 3/6
 Anna Sidoti, 3/8
 Sarah Fenner, 3/9
 Robert Gelinias, 3/9
 Sherry Schulz, 3/9
 Carolyn Crisci, 3/10
 Kate Wartski, 3/10
 Delois Hamm, 3/12
 Karen Lizama, 3/12
 Hannah Simmons, 3/12
 Ahmad Odeh, 3/13
 William Miller, 3/14
 Myra Crowley, 3/15
 Natalie Rand, 3/15
 Nazeeha Aman, 3/17
 Deloris Johnson, 3/18
 Jazzmyn Bryant, 3/18
 Jessica Jarvis, 3/18
 Renate Little, 3/18
 Lorraine Shapcott, 3/18
 Mildred Chavis, 3/19
 Cynthia Taylor, 3/19
 Jeanne Williams, 3/19
 Dominick Arnold, 3/20
 Norman LaRusch, 3/21
 Jean Laudon, 3/22
 Carol Geist, 3/23
 Paul Fausneacht, 3/23
 Linda Lovell, 3/23
 Alicia Ozhakanat, 3/24
 Janet Hoffmann, 3/25
 Divya Kumaresan, 3/26
 Desiree Ofodile, 3/27
 Noor Elmaghrabi, 3/28
 Philip Greco, 3/28
 Timothy Lee, 3/28
 Rohit Ghotkar, 3/29
 Tarsila Machado, 3/29
 Kelly Burge, 3/30
 Vickie Higgins, 3/30



Happy Birthday!

WakeMed Volunteers

Cary Hospital

January

Trudy Byron, 1/1
 Lois Dziedzic, 1/1
 Nancy Romano, 1/1
 Judith Fleming, 1/2
 Andrew Hegeman, 1/2
 Brittany Payne, 1/3
 Sharon (Bunny) Thompson, 1/4
 Carol Crosby, 1/5
 Melvin Tolliver, 1/6
 Karen Bernstein, 1/7
 Olivia Howe, 1/7
 Deborah Harcz, 1/9
 Rachel Polsky, 1/11
 Henry Barrett III, 1/13
 Barbara Gribble, 1/13
 Palma Ayars, 1/14
 Neha Majety, 1/15
 Zara Imam, 1/16
 Georgia Rothschild, 1/16
 Eileen Mitchell, 1/16
 Beeas Patel, 1/17
 Huriyyah Chaudhry, 1/20
 Joanne Purdy, 1/21
 Asha Anand, 1/21
 Christina Smith, 1/21
 Thomas Trochum, 1/22
 Janice Farnsworth, 1/22
 Mary Hull, 1/24
 Frances Ellison White, 1/26
 Judith Klotz, 1/26
 William Park, 1/27
 Margaret Crutchfield, 1/29
 Edwin Bradley, 1/29
 Jerralie Peterson, 1/29

February

Allonia Holmes, 2/3
 Anne Joyner, 2/5
 Debbie Peedin, 2/7
 Helen Gaster, 2/8
 Sharon Mulgrew, 2/9
 Thu (Wendy) Luong, 2/9
 Madhu Ramanan, 2/9
 Melanie Haddock, 2/11
 Jean Kinyon, 2/12

Karen Rowley, 2/12
 Mary (Lavenia) Bowie, 2/12
 Rose Dammann, 2/13
 Russ Bullock, 2/14
 Collin Simpson, 2/14
 Mervan Fadhil, 2/14
 Helen Jones, 2/15
 Leonor Dunn, 2/16
 Anna Polokow, 2/16
 Jeffrey Schmitt, 2/17
 Tin Phan, 2/17
 Yamilet Murdock, 2/19
 Susan ReCorr, 2/19
 Barbara Copperwheat, 2/20
 Laura Katsumi, 2/21
 Aymie Feeney, 2/22
 Tandra Burson, 2/22
 Ian Washabaugh, 2/24
 Susan Alvey, 2/25
 Kathleen Smith, 2/26
 Eileen Okel, 2/26
 Naimi Pothiwala, 2/27
 Robert McAllister, 2/28
 Susan Coulter, 2/28
 Eric Hall, 2/29

March

Hazel Dickey, 3/5
 Fran Cappabianca, 3/8
 Paula Bennett, 3/8
 Robert Gelinas, 3/9
 Subashini Ganeshan, 3/11
 Joshua Bringas Garcia, 3/11
 Marjan Samimi, 3/12
 Jasmine Haltam, 3/12
 Ruth Allbert, 3/12
 Sue Dekeyser, 3/12
 Darlene Duncan, 3/13
 Gertrude Ochler, 3/14
 Nikhil Gadiraju, 3/14
 Beth Turner, 3/14
 Madeline Hamady, 3/14
 Sidak Bachher, 3/15
 Thomas Lawler, 3/16
 Nishi Kadakia, 3/18
 Barbara Farber, 3/18
 Twila Carrisales-Gomez, 3/18
 Kathleen Buckheit, 3/19
 Sahana Prakash, 3/19
 Nadezhda (Nadya) Woodland, 3/19

Marilyn Mitchell, 3/19
 Arabelle Stancil, 3/19
 Cara Mowery, 3/21
 Zeinab Hilou, 3/22
 Sonam Shah, 3/22
 Sandy Bianco, 3/22
 Darrel Anderson, 3/23
 Winifred Fu, 3/23
 Macon Cornick, 3/24
 Linda Lang, 3/24
 Laura Balow, 3/25
 Susan Barbaty, 3/26
 McKenna Seward, 3/26
 Deepa Padmonkar, 3/27
 Angela Hamilton, 3/28
 Hanna Thompson, 3/29
 Beth Holloway, 3/30
 Beth Yakaboski, 3/30
 Peter Cheng, 3/31
 Joanne Seracino, 3/31
 Sierra Deol, 3/31

WakeMed North

January

Rebecca Coady, 1/7
 Belinda Wilkerson, 1/25
 Cynthia Moore, 1/29
 Myongju Kim, 1/30

February

Robin Overton, 2/10
 Warren Bugg, 2/19
 Cynthia Mayo, 2/27

March

Richard Wynne, 3/9
 Carolyn Crisci, 3/10
 Carol Geist, 3/23
 Timothy Lee, 3/28
 Ashley Mayone, 3/29

Welcome New Volunteers

Raleigh Campus

Aaliyah Kelley
 Adamari Calixto
 Addison Diehl
 Alison Ismail
 Anyela Arroyo Valdevian
 Ayarah Dharanikota
 Birtukhan Abate
 Brendan Rainsford
 Casey Coleman
 Casey Hunter
 Crush Oliva
 Elizabeth Ortiz
 Epi Pazienza
 Giselle Orozco
 Hasna Jaouahar
 Hayley Rusgo
 Hilda McCullers
 Iris Salswach Cadena
 Jack Huisman
 James Clarke
 Jimmy Woodcock
 Joana Mendez
 John Boggess
 John Cherian
 Joy Lathan
 Julia Roberson
 Karen Ortiz
 Katherine Cole
 Kathy Oliva
 Kennedy Sullivan
 Khoa Do
 Ksenia Koltusky
 Lauren Oglesbee
 Linda Sutton
 Lulu Linse
 Lynsi Beers
 Marilyn Pearlman
 Max Lowman
 Mckenzie Yarina
 Melanie Castillo
 Nancy Parris
 Nate Linse
 Olivia Truelove

Perry O'Quinn
 Regina Wright
 Rhiannon Herrick
 Rosalie Armington
 Sarah Lucas
 Suzanne Cronheim
 Virginia Cammarata
 Yusrah Oyewole

Cary Hospital

Alexander Welch
 Amaya Watters
 Anna Short
 Beth Ayers
 Catherine Diop
 Christina Zimmerman
 David Faircloth
 Elizabeth George
 Eva Copeland
 Hanna Thompson
 Ian Washabaugh
 Jennifer Clark
 June Snyder
 Katharine Beck
 Kennedy Woodward
 Macon Cornick
 Marilyn Wienand
 Megan Marschewski
 Megan Tunley
 Mervan Fadhil
 Nadezhda (Nadya) Wood-
 land
 Nikhil Gadiraju
 Olivia Howe
 Ozioma Uwazurike
 Raafi Ghaffar
 Sakhi Ray
 Selma Okyere-Badoo
 Sharon Thomas

Susan Alexander
 Tristian Markland
 Virginia Chapman
 Wendy Pedraza
 Yan Tang

WakeMed North

Rebecca Coady
 Holly McCoy
 Teresa Scofield
 Nancy Terbeck

WE 
VOLUNTEERS



Department of Volunteer Services
3000 New Bern Avenue
Raleigh, NC 27610-4465