

A PUBLICATION FOR AND ABOUT THE WAKEMED VOLUNTEERS

Heartbeat

WakeMed 

July-September 2016

This edition of the HeartBeat is dedicated to Josephine Daversa, Lillian Sauerwein, Jack and Star-buck who will greatly be missed.

Updates from the Director

No one is more cherished in this world than someone who lightens the burden of another. ~Author Unknown

Inside this issue:

Director's Updates	1-2
Meet The Staff	3
Volunteer Services Updates	4-5
Wow! What A Volunteer	6
Guest Ambassadors	6
WakeMed Updates	7-10
President's Spotlight	11-12
Volunteer's Spotlight	13
Our Thoughts . . .	14-15
Exit Comments	15
Fundraisers	16
Donations	17
Sewing Contributions	18
Calendar of Events	19
Placement Opportunities	20
Happy Birthday	21-22
Welcome New Volunteers	23

I hope this newsletter finds you well as we begin the Autumn season in our beautiful state. Our organization is buzzing with the end-of-fiscal-year activities as we finish up 2016 and make plans for 2017. The Volunteers at WakeMed Raleigh Campus and the Volunteers at WakeMed Cary Hospital are wrapping up our business for the year as well. This is an opportune time to share with you details of these important organizations supporting WakeMed Health & Hospitals. Each functions as a separate 501c3 not-for-profit business to assist with funding various equipment, projects, and programs across our healthcare system. Employees are able to submit requests for funding an identified need in their area and the Volunteer Board of Directors for each group provides oversight and facilitation of funds as appropriate and possible.

These funds are gathered primarily through onsite fundraising events, such as uniform sales. Each year, the board anticipates approximately six events to occur that require significant planning to implement successfully.

Updates from the Director continued

Our talented Volunteer Services Manager, Jackie Kennedy, spearheads these efforts with significant research and collaboration with our internal and external stakeholders. We rely on our volunteer team to assist with supporting our needs on the day of the sale, such as completing payroll deduction forms with employees making purchases. Our Guest Services and Volunteer Services Specialist, Roslyn Banks, works diligently to track and report each fundraising sale. As you can see, this process involves a team effort and a lot of coordination.

So, why is this important? The importance of this process and the reason we work so hard to make this happen is due to the resulting impact that is made for our patients and families. I would like to share with you just a few examples of this from last year. At WakeMed Raleigh Campus, the Volunteer Board of Directors had the privilege of providing financial support for car seats to ensure our smallest patients make it home safely. They provided scales for congestive heart failure patients to ensure they track themselves at home to foster continued well-being. For patients that experience unexpected trauma or surgery care on 6C, they provided funds to cover personal care items.

At WakeMed Cary Hospital, the Volunteer Board of Directors provided funding to renovate the curb at the entrance of the facility to enable those in walkers and wheelchairs easier access to and from our facility.

They provided scholarships to cardiac patients in financial need to assist in their rehabilitation. They fund the Rainbow Fund to provide those in financial need leaving our Emergency Department to aid in their recovery. These are but a few examples of the many ways in which the Volunteers at WakeMed are making a difference in the lives of our patients and families with financial support.

Our Board of Directors Presidents provide an update article in each of our Heartbeat newsletters and I encourage you to continue to read through these to learn details for each facility's fundraising efforts and outcomes. I am pleased to be a part of such a collaborative effort that exemplifies our commitment to improving the health and well-being of our community by providing outstanding and compassionate care to all.

Sincerely,
Chris Gage, MBA,CAVS
Director, Guest Retail and Volunteer Services
919-350-8005

Meet the Staff of Volunteer Services



Chris Gage, Director
Guest Retail and Volunteer Services
919-350-8005
cgage@wakemed.org



Laura Riach, Specialist
Raleigh Campus
919-350-8066
lriach@wakemed.org



Catherine Allen, Representative
Raleigh Campus
919-350-8293
caallen@wakemed.org



Jackie Kennedy, Manager
Volunteer Services
919-350-8601
jkennedy@wakemed.org



Angie Smith, Specialist
Cary Hospital
919-350-4008
angismith@wakemed.org



Zee Graham, Representative
Cary Hospital
919-350-2363
zgraham@wakemed.org

Volunteer Services



Dear Volunteers,

I hope you are enjoying this edition of the Heartbeat while sipping a Pumpkin Spice Latte or enjoying a cooler, less humid climate.

As I shared via email a few weeks ago, my final day with WakeMed Health & Hospitals in the Volunteer Services Department will be Friday, September 30th. I am currently pursuing a Masters of Social Work at UNC Chapel Hill. As I enter my final year of graduate school, my schedule no longer allows me to work full-time.

This is certainly a bittersweet transition. While I am excited to continue my professional journey, I am sad to leave behind the wonderful team I have had the great privilege of working with. It has been a joy to work with you. I am grateful for the opportunity to hear your stories, learn about your families, follow your professional journeys, and watch you enhance the days of our WakeMed patients, families and staff.

In addition to working with each of you, I am grateful for my “work family” - Jackie, Angie, Catherine, Zee, and Chris, have been incredibly supportive of me during this season. Each of them have modeled patience, grace, encouragement, and true teamwork. Ladies, it has my been my great joy to be on your team!

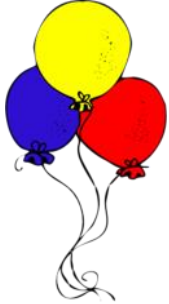
I would also like to introduce you to my colleague, Laura Riach. Laura is currently serving as the Volunteer Services Specialist for the Raleigh Campus and WakeMed North. If you have not yet formally met Laura, please feel free to journey to the depths of the basement to meet her. Laura’s official Heartbeat introduction is included in this month’s edition. In our short time working together, I am confident that Laura will be a wonderful addition to the volunteer team. She comes to us with a wealth of experience and a heart for volunteers.

I am honored to have held this role. You have challenged me to maintain a spirit of generosity and awareness of others.



With My Deepest Gratitude,
Natalie Leary

Volunteer Services Updates continued



Welcoming Laura Riach

On August 8, 2016, Volunteer Services gained a new team member. We are truly excited to welcome Laura Riach, Raleigh Volunteer Services Specialist.

“I recently relocated with my family from Massachusetts to beautiful Raleigh, NC. My background is in marketing communications, advertising, and the arts. When I wasn’t at work, I volunteered in the local school system and I was soon asked to be the VP in charge of placing all school volunteers for the PTA. After falling in love with volunteer placement, I found a way to incorporate my passion into my work. For the past 7 years, I worked as the Visitor and Volunteer Services Manager for the Worcester Art Museum in Central MA. I was fortunate to work side-by-side with hundreds of community members, local high school students, and college students from all over the world, matching volunteers and interns to organizational needs.

I am honored to be welcomed into the WakeMed volunteer community and look forward to meeting each of you and learning how together we can contribute to WakeMed’s mission for compassionate patient care.”



Wow! What A Volunteer

Kudos to WakeMed Cary Hospital Radiology Mammography volunteers Ann Kaiser, Jackie Winston and June Phillips who were recognized by patients on comment cards for delivering unsurpassed service:

1. Would you like to recognize anyone for the excellent care they provided?

Ann Kaiser and June Phillips – “I want to acknowledge two of your volunteers, Ann Kaiser and June.”

June Phillips – “The volunteer June and Candy, they were professional, cordial and accommodating.”

Jackie Winston – “Candy and Jackie.”

2. Did you have an excellent experience in the Imaging Department?

June Phillips – “Yes, I was pleased with the mammo experience and the volunteer June assistance.”

Jackie Winston – “Yes, Jackie was so pleasant, kind and professional.”



Guest Ambassadors

Guest Ambassadors are recognized by customers at the WakeMed Raleigh Campus through comments cards. Congratulations to the following volunteers for their outstanding services:

Zyon DeVaughn – “Zyon was very kind and helpful . . . friendly!”

Brittany Lawhorn – “Brittany was so helpful, friendly and a joy to talk with while she showed us to a room.”

Jennifer Poole – “The highlight of this trip is getting a walk with “you!”

Marie Brid – “Thankful for bringing her to her room.”

Lindsey Burnette – “My husband is handicapped. She saw us and put him in a wheelchair bringing us to the 5th floor. She was very sweet and attentive to our needs.”

Tony Hoffmann – “Tony was very helpful showing us to the waiting room for a patient having surgery.”

CONGRATS to all GA's who were mentioned . . . !!!

. a job well done!

WakeMed Updates

UPDATE
August 31, 2016

Vicki Block to Depart WakeMed

Vicki Block, senior vice president & Raleigh Campus administrator, has announced her plan to depart WakeMed to pursue a position as Chief Operating Officer at Riverside Methodist Hospital in Columbus, OH.

Block joined WakeMed in 2011 and has been responsible for the overall administrative management and operations for the Raleigh Campus. She has overseen several renovation and expansion projects including Labor and Delivery, two nursing units, the inpatient rehab gym, and the addition of 12 new inpatient rehab beds. Block played an instrumental role in our Non-Labor Steering Committee, which has reduced supply expenses by an average of \$2 million annually over the last five years. She was also executive sponsor for the Raleigh Campus initiative to improve O.R. operational efficiencies and helped develop the Orthopedic Total Joint Committee, whose efforts to standardize patient care have decreased surgical site infections, 30-day unplanned readmission rates, and direct total cost per case.

“Vicki has been a valuable member of WakeMed’s leadership team for the past five years, providing leadership and oversight for our largest facility during a period of growth, change and transition. I want to thank Vicki for her service and wish her nothing but the best in her new position and all of her future endeavors,” commented Donald Gintzig, president and CEO.

Riverside Methodist is the largest hospital associated with OhioHealth, a nationally recognized, not-for-profit, charitable health care organization based in Columbus, OH. As COO, Block will be responsible for day-to-day operations for the 1,000 bed hospital, which has 7,000 employees and 1,200 physicians.

“I have truly enjoyed the years I spent at WakeMed and feel honored to be part of the work we have done to pursue our mission. I am grateful for the opportunity to work with such a talented and dedicated team of employees, physicians and volunteers,” commented Block.

Block’s last day official day at WakeMed will be September 30. Becky Andrews, vice president, Health Information & Utilization Management, will assume the role of acting Raleigh Campus Administrator and will work closely with Block to ensure a smooth transition. Additional details about the transition will be shared as they become available.

WakeMed Updates continued

UPDATE

September 12, 2016

Matthew Nathan, MD to Join WakeMed

We are pleased to announce that Dr. Matthew Nathan has been named interim administrator for the Raleigh Campus, beginning September 26.

Dr. Nathan brings more than 30 years of clinical and operational leadership experience in health care. Most recently, he served as the Surgeon General and Chief of the Navy's Bureau of Medicine and Surgery in Washington, D.C. During his career he has led a number of military hospitals throughout the country and played a key leadership role in the integration of National Naval Medical Center Bethesda and Walter Reed Army Medical Center into one of the premier centers in the nation.

In his new role at WakeMed, Dr. Nathan will work in dyad partnership with Chuck Harr, MD, the executive medical director for Raleigh Campus. As dyad partners, they will be responsible for the strategic performance, operations and growth of the Raleigh Campus enterprise.

"I am pleased to welcome Dr. Nathan to our team and know we will all benefit from his decades of leadership and expertise in health care," commented Donald Gintzig, WakeMed president & CEO. "Witnessing Dr. Nathan's executive leadership in action over the years, I am confident that he can help WakeMed fulfill its mission of improving the health and well-being of our community."

"I am thrilled to join a health care family that is clearly centered around patients and their families. I look forward to learning from so many and sharing the knowledge I've gained throughout my career as we work together to ensure WakeMed achieves its goal of becoming one of the top 10 health care organizations in the nation," commented Dr. Nathan.

Dr. Nathan earned his medical degree from the Medical College of Georgia. He also holds a master's of science from the Industrial College of the Armed Forces and a bachelor's degree from the Georgia Institute of Technology. He is Board certified and holds Fellow status in the American College of Physicians and the American College of Healthcare Executives.

WakeMed Updates continued

UPDATE

Theo Hanna Named Manager

We are pleased to announce that Theo Hanna has accepted the role of Manager for Environmental Services at WakeMed Cary Hospital. Theo's responsibilities include overseeing the day-to-day management of the Environmental Services department and participating in numerous committees that include the Environment of Care Committee, the Infection Control Committee, the Patient and Family Experience Committee and the Space Planning Committee.

Theo has more than 18 years of experience in environmental services. He joins us from SAS Institute, Inc., where he served as a housekeeping manager.

Theo lives in Durham with his wife and college-aged son and in his free time enjoys listening to live music – any type of live music.

"I am excited to have Theo join our WakeMed Cary Hospital team and am enthused about the knowledge and experience he brings to our facility," said Tom Gough, senior vice president and administrator of WakeMed Cary Hospital.

Tobacco Free Policy

We would like to take this opportunity to remind all our volunteers that WakeMed supports a tobacco free environment. All persons are prohibited from using tobacco products and certain nicotine related products while on any WakeMed Health & Hospitals' property.

As volunteers we should not:

- Escort patients, family or guests outside to smoke. If you are asked to escort a patient, family or guest outside please politely decline and direct any questions or concern to you area contact person.
- Direct patients, family or guests to "known" smoking areas on campus.
- Volunteers should not smoke on WakeMed property

Should you have any questions or concerns, please reach out to Volunteer Services. We appreciate all that you do to promote the health of our patients and families.



2016 Influenza Vaccine Program

Flu season has begun, all volunteers must be vaccinated or receive exemption by November 1, 2016

This year's flu vaccine program will run from Friday, September 16, through Tuesday, November 1. In 2013, WakeMed instituted a policy requiring all employees, contractors and volunteers be immunized against influenza each year. Any volunteer who fails to receive a flu vaccine, renew a previously approved exemption or obtain a new exemption from Occupational Health & Safety by November 1 will be ineligible to volunteer at any WakeMed facility. Influenza vaccine will be available at no cost to all WakeMed staff, including physicians, advance practice providers and volunteers. The following types of vaccine will be available:

Preservative-free

Egg-free

Pork-free

Please note that flu-mist will not be available as part of our flu vaccine program this year.

If you are vaccinated through services other than WakeMed Occupational Health & Safety (private physician office, pharmacy, public clinic, etc.) you must provide proof of immunization to Occupational Health by 4 pm on November 1, 2016.

Exemptions

Limited exemptions for medical contraindication and bona fide religious belief will be considered. An exemption request form and exemption renewal forms must be completed and received (including all required supplemental information) by November 1, 2016. For documentation purposes, volunteers who received an exemption in past years must re-apply using the exemption renewal form.

Please note: egg allergies are not considered for medical exemptions; volunteer with egg allergies will receive the egg-free vaccine.

Vaccines will be offered throughout September and October at all Occupational Health & Safety offices during regular business hours.

Raleigh Campus: Monday – Friday

7 am to 4 pm; *dedicated flu clinics on Tuesdays until Nov. 1*

Cary Hospital: Monday, Wednesday, Friday

7 am to 3:30 pm (closed noon to 12:30 for lunch); Tuesday, Thursday, 7 am to 1 pm

WakeMed North: Tuesdays & Thursdays,

7:30 to 11:30 am



The President's Spotlight – Raleigh Campus



I hope this newsletter finds you well and your summer has been a great one. I love every season but must admit, I am finally ready for fall and some cooler temperatures.

In thinking about what to share with you, I reflected on how much we have accomplished so far this year! I thought I would share just a few things that your efforts have rendered. The monies raised from our fundraisers have funded several projects this year. Here are just a few:

- 6C Surgery & Trauma presented a request for funding to supply patients with items that they don't have and can't necessarily get. Items such as reading glasses, hair accessories, and clothes to mention a few.
- Provided funding to the Energize program: This is an educational program provided at WakeMed to help families impacted by health problems caused by an unhealthy lifestyle.
- The Critical Care Waiting Room had some under-utilized space. You funded a project to convert this area to a glass enclosure, with tables and chairs. This project will allow families to stay closer to a family member that is in critical care.
- A respite room in 1A was provided for families to gather.

We are welcoming new board members in October as the new fiscal year begins. When I first started volunteering, I had no idea that we even had a board! I was just excited and focused on my area of placement and making sure that I was contributing to the WakeMed mission. After a time, I was asked about participating on the board and although I felt I would have very little to offer, I attended a board meeting. What I found was a new opportunity for learning, contributing and a different perspective of WakeMed. So if you didn't know we had such an opportunity and have interest in helping to direct the support we provide to WakeMed, reach out to one of the volunteer staff or current board members.

One final thought, although each of us contributes a small amount of time (compared to what we would love to give), as a team, we have contributed over 100,000 hours augmenting the WakeMed programs and services! Each sewing stitch, dog pet and smile to staff or patient within that amount of time is priceless to the recipients! Thank you for your presence and commitment!

Respectfully Yours,
Sharon LaRusch
President, Volunteer Board of Directors

The President's Spotlight – Cary Hospital



Hello all,

It continues to be an exciting time to serve on the Volunteer Board of Directors! We have a great group of volunteers currently serving on the board and are looking forward to new members joining us in October. The Board reviewed and approved updates to our bylaws in June. Brad Davis, executive director of the WakeMed Foundation, informed us at the July meeting that the funds previously approved by the Board for the Foundation use, would be targeted for a renovation of the Woman's Pavilion Labor and Delivery project. This renovation project has been driven by Mr. Tom Gough, senior VP administrator, Cary Hospital who informed the Board in August that the project would begin in January 2017 with a completion date targeted for September 2017. We are pleased to be a part of this improvement initiative.

Mr. Gough, also informed us that an expansion for the Emergency Department has been approved. We look forward to more details on this project as they become available.

Linda Mayo, RN from Cary Hospital submitted a funding request for IPADs to be used by the HELP volunteers which the board approved. Carol Weichel, RN from the Emergency Department presented a request for diversionary items to be used by pediatric patients to keep them occupied while with us. This request was also approved.

The board has had initial discussions for the upcoming 2017 budget and we will vote on this in our September board meeting.

The 25th anniversary of WakeMed Cary Hospital is to be celebrated this upcoming December. It is certainly a special time to be a part of the team that meets the needs of patients, families, and guests in our wonderful facility.

In closing, I would like to wish all volunteers a happy and healthy holiday season. I look forward to working with all of you in the coming year.



Respectfully Submitted
 Joe Esmond
 President, Cary Volunteer Board of Directors

Volunteer Spotlight WakeMed Raleigh Campus ~ Bud Coggins



My name is Bud Coggins (aka Coach Bud). I am a native of Charlotte, and after a 2-year service in the US Navy, I attended UNC-CH and graduated in 1960. In 1964, I

started a career in TV broadcasting at WBTV Charlotte. In 1977, I came to Raleigh to join WRAL-TV as General Sales Manager. In 1984, I followed my passion for independence and started Coggins Sales and Marketing, Inc. For the past 31 years, I have been an entrepreneur and have coached other entrepreneurs.

After my triple bypass in December 2012 at WakeMed, I realized there wasn't a way to help people understand the experience I just went through; they had not "been there, done that". At a follow up exam, I saw a poster regarding "Mended Hearts" which interested me. So, I learned that a chapter was being formed (Mended Hearts of the Triangle Chapter 394) which was affiliated with WakeMed. The main purpose of Mended Hearts is to visit heart related patients and give them hope, encouragement, and support and also be able to relate to them with what they are going through.

Over my lifetime, I have participated in many volunteer organizations that does good things for the community. None have been as fulfilling as Mended Hearts.

My wife, Nancy and I live in Raleigh and are blessed with four children and nine grandchildren.

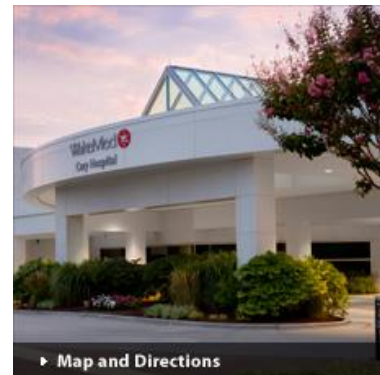
Volunteer Spotlight WakeMed Cary Hospital ~ Ruth Cornwell



I was born and raised in Bethlehem, Pennsylvania. After marrying my college

sweetheart, Bill, we moved to the Harrisburg, PA area where we lived for the next fourteen years. During those years, Bill and I became the parents to four sons - Charles, Jim, Don and Tom. In 1972 we relocated to Cary, courtesy of Bill's employer, IBM. In 1976, I became a preschool teacher, first at Greenwood Forest Baptist Church and later at Christ the King Lutheran Church.

In May 1993, my best friend Diane Boyer who is also my Information Desk partner, asked me to join her as a volunteer at the new hospital, then known as Western Wake Medical Center, and I have been here ever since. Some years later I also became a Tour Guide here at WakeMed Cary Hospital, introducing new volunteers to the facility and services that are offered.



► [Map and Directions](#)

Our Thoughts . . .

Our Sympathies to:

WakeMed Raleigh Campus

Linda Carroll – loss of a family member

WakeMed Cary Hospital

Zee Graham – loss of a family member

Thinking of you

WakeMed Raleigh Campus

Sally Perdue

WakeMed Cary Hospital

Amanda Magno
 Brae Buster
 Brenda Yarborough
 Budd Barrett
 Constance Bell
 Darrell Anderson
 Diane Boyer
 Drew Hegemen
 Ishita Pothiwala
 Janis Farnsworth
 Joe Esmond
 John Grau
 Judy Klotz
 Laura and Walter Zalph
 Mary Jo Cearcy
 Merylyn Mitchell
 Tina Seagraves
 Vivian Collins

In Memory of Our Volunteers

We express our deepest sympathy to their families. Those of us who had the privilege of knowing these individuals will greatly miss their presence. Thank you for sharing your loved ones with us.

Josephine Daversa was a community volunteer for the Cary Senior Center who donated many handcrafted items to WakeMed for patients and visitors. Josephine began her sewing career for WakeMed in 1990 and since then has contributed over 3,600 hours in volunteer work. She was loved by all and will be greatly missed.

Lilian Sauerwein was also a community volunteer for the Cary Senior Center who donated many handcrafted items to WakeMed for patients and visitors. Lilian began her sewing career for WakeMed in 1994 and has contributed almost 3,200 hours in volunteer work. She was loved by all and will be greatly missed.



If you would like for us to add your special remembrance, anniversary, births, etc., please call your Volunteer Services department.

WakeMed Raleigh Campus
 919-350-8293

WakeMed Cary Hospital
 919-350-2363

Our Thoughts . . .

Jack was a Golden Retriever and part of our Hospitality Pets Program. Jack and his owner, Susan Mitchell contributed over 600 hours to visiting our patients, families, staff and volunteers. He was loved by all and will be greatly missed.



Starbuck was an Austrian Shepard and part of our Hospitality Pets Program. Starbuck along with Andree' her owner contributed 118 hours to visiting our patients, families, staff and volunteers. Starbuck would always perform a special dance with at the anticipation of her doggie treat. She was greatly loved and will be missed by many.



Exit Comments

Vennela Avula – 2 East Med Patient Care. “Volunteering at WakeMed has been a wonderful experience. I loved getting to know the nurses and talking to the patients.”

Ezan Chaudhry – 2 East Med Patient Care. “WakeMed was a great experience. The nurses and doctors always treated me great and I learned a lot from them. I would love to continue but unfortunately I can not because of college.”

Sujay Kestur – Day Surgery. “Very helpful and informative staff. It was a great experience.”

Amy Fair – Energize Program. “I cannot thank Volunteer Services enough for the opportunities that were given to me. The experience will be very beneficial in my upcoming dietetic internship. Thank you.”

Charisse & Rudy Holmes – HPP. “I loved being a part of WakeMed's volunteer services. It was a very positive and rewarding experience.”

Danielle Jackson – Patient Registration. “I had such a great experience volunteering at Wake-Med! Everyone was so pleasant, helpful and professional. Rosie Pacheco has such a sweet spirit and a wonderful connection with the employees at WakeMed. She makes working at WakeMed feel like a family environment.”

If you would like for us to add your special remembrance, anniversary, births, etc., please call your Volunteer Services department.

WakeMed Raleigh Campus
919-350-8293

WakeMed Cary Hospital
919-350-2363

Fundraisers: Thank you to the following

WakeMed Raleigh Campus

Sarah Kirk
 Sarah Barrett
 Laura Miller
 Judie Jefferson
 Joyce Jones
 Marion Boissiere

Who assisted with The Volunteers at WakeMed Raleigh Campus for the First Uniform Sale on August 9, 2016.

170 employees visited the sale and we sold \$47,271.15 in merchandise and raised \$8,856.43 in profits.



WakeMed Cary Hospital

Denise Galloway
 Ellen Onofrio
 Ivy-Lynn Jackson
 Nancy Riefenhauser
 Susan Holbrook
 Tina Smith
 Tom McFadden

Who assisted with The Volunteers at WakeMed Cary Hospital for the First Uniform Sale on August 26, 2016 .

103 Employees visited the sale and we sold \$11,252.45 in merchandise and raised \$2,250.49 in profits.



Donations

WakeMed Raleigh Campus & WakeMed Cary Hospital

The Volunteer Services departments at Raleigh Campus & Cary Hospital offer magazines, word puzzles, books and other select reading material to our patients. Donations of gently used or new magazines, novels (romance, mystery, westerns) and word puzzle books will be greatly appreciated.

Criteria:

- **Magazines** – Must be current. Monthly publications published within the past 3 months are acceptable. Weekly publications or news related magazines should be no more than two months old. Gifts of a magazine subscription in English or Spanish are accepted. If you are donating magazines that have been delivered to your home, the mailing address or any other personal identifying information should be marked out or removed before delivering to the hospital.
- **Books** – Paperbacks are preferred. They must be clean and odor free (no musty or moldy smell). Books must fall into the category of light reading. Experience tells us when a person is sick they most often stick with materials that are easy to read that do not require intense concentration.
- Due to, and out of respect for, the diversity of our customer base, reading material of a religious nature cannot be distributed and therefore cannot be accepted.
- New or gently used children's books (6 months – 5 years of age) are requested.

There is an urgent need at the Raleigh Campus for Spanish, African American, and men's magazines. There is also a need for crayons (large or small) and coloring pencils.

Donations can be delivered to Volunteer Services during regular business hours
Monday - Friday, 8 am – 4:30 pm.



Jan Currin
Donations of toys



Steve Fouty
Donations of toys



Riley Houser and Sidney McIntyre
Donation of toys

Sewing Contributions

The efforts of our talented sewing volunteers benefit WakeMed Health & Hospitals by providing us with beautiful handmade items made especially for our patients – young, old, big and small. These gifts, made with such love and attention to detail, adds a dimension of care and comfort that is second to none.

Please help us keep your groups current. If there has been a change in membership of your particular group, please inform your respective offices. Thank you in advance.

WakeMed Raleigh Campus

Angela Luddy
 Billie Peoples
 Brookdale Needles Club
 From Ewe to You
 McCullers Baptist Church
 Janet Jennings
 Knightdale UMC
 Magnolia Glen
 Mildred Chavis
 NRCC Stitchers
 Pearl Fowler
 Project Linus

WakeMed Cary Hospital

Ann Erteschik for Woodland Terrace
 Ann Foster Group
 Aymadyia Women's Assoc.
 Carolina Preserve Yarn Spinners
 Cindy Larsen
 Colonial Baptist
 Cornerstone Presbyterian
 Garner "On the Mend"
 Grace Adams
 Holly Springs Comfort Circle
 Kathy Rembrandt
 Kraft Family YMCA
 Marilyn Mitchell
 Nancy Romano
 Pam Ayars
 Reeta Jaswal
 Spring Arbor
 Susan Tapp
 Vivian Collins
 Windsor Point



Calendar of Events

WakeMed Raleigh Campus

Volunteer Board Meetings

Tuesday, October 11, 2016
Conference Dining Room, 10 am - 12 pm

Tuesday, November 8, 2016
Conference Dining Room, 10 am - 12 pm

Tuesday, December 13, 2016
Conference Dining Room, 10 am - 12 pm

Dynamic Cookware Sale

Thursday, October 20, 2016
Andrews Center, 7 am - 4 pm

Masquerade Jewelry Sale

Monday, December 19, 2016
Andrews Center, 7 am - 4 pm

Volunteer help is needed
Please call 919-350-8066 to sign up.

WakeMed Raleigh Campus Tour Dates

Tuesday, October 18, 2016
Volunteers Services, 1 pm

Tuesday, November 15, 2016
Volunteers Services, 1 pm

Tuesday, December 20, 2016
Volunteer Services, 1 pm

To register, please call 919-350-8293

WakeMed Cary Hospital

Volunteer Board Meetings

Wednesday, October 26, 2016
Conference Center, 10 am - 12 pm

Wednesday, November 16, 2016
Conference Center, 10 am - 12 pm

No December Board meeting for Cary Hospital

Dynamic Cookware Sale

Monday, October 24, 2016
Conference Center, 7 am - 4 pm

Masquerade Jewelry Sale

Monday, December 12, 2016
Conference Center, 7 am - 4 pm

Volunteer help is needed
Please call 919-350-2363 to sign up.

WakeMed Cary Hospital Tour Dates

Thursday, October 6, 2016
Volunteer Services, 10 am

Monday, October 24, 2016
Volunteer Services, 6 pm

Monday, November 7, 2016
Volunteers Services, 10 am

Thursday, November 17, 2016
Volunteer Services, 6 pm

To register, please call 919-350-2363

Placement Opportunities

WakeMed Raleigh Campus

WPP - Pediatric Clinic

Diversiory Activities

Monday or Friday

9:30 am - 11:30 am

Tuesday, Wednesday or Thursday

9:30 am - 11:30 am or 1 pm - 3 pm

Volunteers are needed to entertain and play with the children while they are waiting for their appointments. Volunteers most successful in this position are those comfortable taking the initiative, able to interact with pediatric patients and their parents, and enjoy a slower paced volunteer opportunity.

Patient Relations

Bilingual Volunteers Needed!

Monday - Friday

8 am - 4 pm, 2 - 4 hour shifts available

Volunteers to enhance customer service and satisfaction by visiting patients and gathering feedback from them to assist in improving services and making a stressful visit less demanding. Ability to move freely about facility, excellent communication skills, with good problem solving abilities. Must be able to write legibly.

Friendly Face Cart

Monday - Friday, Flexible schedule

The purpose of the volunteer placement in the Friendly Face Cart area is to visit patient rooms and waiting areas to support the emotional and diversional needs of patients through visits and distribution of books, magazines, and other materials.

WakeMed Cary Hospital

Gift Shop

Tuesday 10 am - 1 pm, 3 pm - 5 pm

Saturday - 1 pm - 3 pm

Sunday - 1 pm - 3 pm

Volunteers assisting with the Gift Shop primarily assist customers with the checking out process. In addition, volunteers also put out new merchandise and light cleaning.

Women's Pavilion & Birthplace Tour Guides

Volunteer will be needed twice a month

Thursday Evenings

Date and Time - to be determined

Volunteers will lead tours in the Women's Pavilion & Birthplace for expecting parents and families. Volunteers should be comfortable with speaking in front of groups, answering questions and walking for 1-2 hours at times.





Happy Birthday!

WakeMed Volunteers

Raleigh Campus

July

Sruthi Valluru, 7/1
 Carol Weathersbee, 7/1
 Honora Toothman, 7/3
 Dale Clement, 7/6
 Michael Taylor, 7/6
 Walter Davis, 7/7
 Kristin Olson, 7/8
 Gina Young, 7/9
 Allison Tu, 7/10
 Margaret Huels, 7/11
 Reda Kabbany, 7/12
 Adebisi Oshikoya, 7/12
 William Bell, 7/13
 Mackenzie Patton, 7/13
 Krystal Smith, 7/13
 Cathtina Samuels, 7/14
 Carol Dahle, 7/15
 Shenee Jackson, 7/15
 Morgan Tyson, 7/15
 Marti Brookie, 7/16
 Alvin Hoffmann, 7/17
 Belinda Lassiter, 7/17
 Pamela Pittenger, 7/17
 Erica Tasman, 7/17
 Ann Brown, 7/18
 Erik Nicolaysen, 7/19
 Donna Ditomasso, 7/20
 Margaret Klug, 7/20
 Michael Mulvihill, 7/20
 Kimberly Paris, 7/22
 Alan Craft, 7/23
 Karson Turner, 7/23
 Louise Wurst, 7/23
 Eman Abdallah, 7/25
 Caitlin Pelliccia, 7/26
 James Miller, 7/27
 Matthew Torres, 7/27
 Brittany Winstead, 7/27
 Marcus Harrington, 7/29
 Arielle Jeffers, 7/30
 Henry Miller, 7/30
 Jeanette Rice, 7/30
 Laura Wilson, 7/30
 Samuel Collins, 7/31

Carolina Guerrero, 7/31
 Jean Mercer, 7/31

August

Rebecca Farrington, 8/2
 Suzanne Zeok, 8/2
 Alison Thompson, 8/4
 Erin Yarborough, 8/4
 Gary Braswell, 8/5
 Jackie Gugliotti, 8/5
 Wendy Lamm, 8/5
 Betty Sawicki, 8/5
 Trina Boyer, 8/6
 Allison Bunn, 8/7
 Florence Huebner, 8/7
 Nell Critcher, 8/8
 Artemisia Kelly, 8/8
 Josephine Daversa, 8/9
 James Davis, 8/9
 Yamina Tekil, 8/9
 Willa Wilkinson, 8/10
 Philip Joyner, 8/11
 Linda Carroll, 8/13
 Tabitha Marcum, 8/13
 Lynn Lashley, 8/14
 Janet Jennings, 8/15
 Sanford Pittenger, 8/15
 Michael Brady, 8/16
 Joyce Jones, 8/17
 Melissa Nausch, 8/17
 Alec Duncan, 8/18
 Candy Loding, 8/18
 Uche Ejituwu, 8/19
 Ed Goetz, 8/21
 Elsie Kesselman, 8/21
 Joan Vinson, 8/21
 Steve Yee, 8/21
 Jesse Murphrey, 8/22
 Shirley Preston, 8/22
 Adonna Simpson-Lewis, 8/22
 Betty Costello, 8/23
 J'net Kirkpatrick, 8/23
 Catherine Lahoud, 8/24
 Catherine McDonnell, 8/25
 Treva Thompson, 8/26
 Charisse Holmes, 8/28
 John Stelmack, 8/28

Mary Vanmeter, 8/28
 Jean Wall, 8/28
 Christine Ketner, 8/29
 Valerie Perry, 8/29
 Ashley You, 8/29
 Joyce Coleman, 8/30
 Kelly Newborn, 8/30
 Sona Salahuddin, 8/30

September

Joanna Baitinger, 9/1
 Hedy Kronenwetter, 9/1
 Savannah Stallings, 9/1
 Lita Barr, 9/3
 Sherri Brammer, 9/6
 Dagmar Radun, 9/6
 Jean Holloway, 9/7
 Sarah Rasmussen, 9/7
 Tenisha Barnes, 9/8
 Sandra Calixto, 9/9
 Sara Cammie, 9/10
 Thomas Lankster, 9/10
 Carolyn Duncan, 9/12
 Lindsey Burnette, 9/13
 Caroline Coble, 9/14
 Hayley Thornton, 9/15
 Kitty Parker, 9/16
 Andrew Saad, 9/17
 Karin Beaty, 9/18
 Shirley Binkley, 9/18
 Zyon Devaughn, 9/18
 Sabrina Brown, 9/19
 Jonshea Edwards, 9/19
 Chae Bok Soon, 9/21
 Denise Feighery, 9/21
 Tyrone Allen, 9/22
 Sue Harrell, 9/23
 Karen Spivey, 9/23
 Danna Freeman, 9/24
 Jayne Legatowicz, 9/25
 Jeannie Smith, 9/25
 Josiah Whitehead, 9/25
 JoAnne Simpson, 9/26
 Sarah Afifi, 9/27
 Joseph Dittmar, 9/27
 Demetra Dixson, 9/29
 Barbara Brooks, 9/30



Happy Birthday!

WakeMed Volunteers

Cary Hospital

July

Deanna Lister, 7/1
 Rhetta Davis, 7/2
 William Lynch, 7/3
 Katherine Mis, 7/3
 Joyce Catherwood, 7/3
 Jocelyn Holt, 7/4
 Elizabeth Poe, 7/4
 Jan Hetner, 7/5
 Priyanka Mohanty, 7/6
 Helen Tsui, 7/6
 Christine Wallace, 7/7
 Suzanne Orebaugh, 7/7
 Timothy Shoriak, 7/8
 Margaret Castello, 7/9
 Joe Esmond, 7/10
 Gloria Mertz, 7/10
 Ronald Bostick, 7/10
 Kevin Wang, 7/11
 Laura Zalph, 7/13
 James Schultz, 7/14
 Larry Hemmings, 7/14
 Joseph Hegeman, 7/15
 Sonia Manocha, 7/15
 Fee (linda) Yue, 7/18
 Ann Erteschik, 7/18
 Kimberly Martin, 7/18
 Bill Ayars, 7/20
 Seema Singh, 7/21
 Joqietter Williams, 7/21
 Betty Peck, 7/22
 Vidya Venkataganesan, 7/22
 Audrey Addo, 7/23
 Brigitte Binda, 7/24
 Morgan Moore, 7/24
 Viki Johnson, 7/25
 Ishita Pothiwala, 7/26
 Annette Edeburn, 7/26
 Phyllis Siegel, 7/26
 Nisha Mehta, 7/28
 Brooke McNeeley, 7/28

Ponni Theetharappan, 7/30

Henry Dudek, 7/31

Janet Kretzschmar, 7/31

John Grau, 7/31

August

Deborah Saelens, 8/2
 Kammi Cox, 8/2
 Gerry James, 8/2
 Sandra Favro, 8/2
 Robert Lukaszewski, 8/3
 Luther Faircloth, 8/4
 Yvonne WashingtonGerman, 8/4
 Paul Geldston, 8/5
 Suzanna Magaldino, 8/7
 Saadia Syed, 8/8
 Anne Kaiser, 8/9
 Melody Mangum, 8/11
 Grace Adams, 8/11
 Harold Lenick, 8/12
 Linda Junk, 8/13
 Steven Jones, 8/13
 Deborah Thompson, 8/14
 Judy Millar, 8/14
 Betty Seidner, 8/15
 Susan Holbrook, 8/15
 Gretchen Best, 8/16
 Jean Poe, 8/16
 Charis Lowe, 8/17
 Vennela Avula, 8/18
 Tina Seagroves, 8/18
 Juanita Clegg, 8/18
 Shaina Richardson, 8/19
 Gerry Werner, 8/21
 Daniel Ma, 8/22
 Cathy Blonshine, 8/24
 Della Staub, 8/24
 Dania Farawi, 8/26
 Michael Schuler, 8/26
 Alicia Darnell, 8/26
 Jode Ritsema, 8/29
 Roberta Hellerman, 8/29
 Reece Bishop, 8/30

September

Deanna Leuenberger, 9/1
 Safa Khan, 9/3
 Cecilia Burgess, 9/3
 Amanda Magno, 9/4
 Aubrey Knier, 9/4
 Peggy Jones, 9/6
 Mafaaz White, 9/6
 Stewart Toms, 9/6
 Patricia Ugino, 9/7
 Joseph Abraham, 9/7
 Jasmine Braswell, 9/9
 Marie Austin, 9/9
 Betty Worley, 9/10
 Suha Ahmed, 9/11
 Gail Davis, 9/11
 Lucille Lambert, 9/11
 Catherine Dilts, 9/12
 Alix Peters, 9/12
 Evelyn Medina, 9/13
 Kathy Rembrandt, 9/13
 Chloe Blackington, 9/15
 Samantha Skavicus, 9/16
 Kalpana Nath, 9/17
 Brenda Kimble, 9/18
 Drew Smith, 9/18
 Karen Williams, 9/18
 Evelyn Lewis, 9/19
 Robert Gould, 9/21
 Gail Boyd, 9/21
 Mary Lynn Barnett, 9/22
 Chasity Jones, 9/24
 Christine Goldsworthy, 9/26
 Erika Denz, 9/28
 Kayleigh Jernigan, 9/28
 Susan Tucker, 9/29
 Donna Doherty, 9/29
 Nancy Cope, 9/29

Welcome New Volunteers

Raleigh Campus

Mary Bell
 Lily Bender
 Gary Braswell
 Natalie Brooks
 Jazzmyn Bryant
 Marcos Castro
 Isley Correia
 Emma Creech
 Sherri Curtin
 Nura Elhentaty
 Janette Gingue
 Brianna Glover
 Anthony Gorham
 Kimberly Gurkin
 Raleigh Gurkin
 Delois Hamm
 Emma Holmes
 Melissa Horton
 Faith James
 Bergen Johnson
 Elise Laffitte
 Chrysleyth Lopez
 Kathryn Lusk
 Finley McDonnell
 Chewie McGee
 Linda Nguyen
 Gloria Otero
 Brittney Panella
 Kendall Pena
 Jessica Potter
 Patrick Ralph
 Susan ReCorr
 Sonali Shah
 Allen Tate
 Gladys Walker
 Elly Wurts

Cary Hospital

Joseph Abraham
 Emily Akins
 Emmanuel Amu
 Beth Bauer
 Kaitlin Beekman
 Pallavi Bhujbal
 Jasmine Braswell
 Cassidy Brown
 Sarah Carlisle
 Edith Church
 Nancy Courtney
 Kammi Cox
 Lynda Dalton
 Bryan Dean
 Angela Fowler
 Maria Franco
 Kayla Fuller
 Paul Geldston
 Laurie Greene
 Angela Hamilton
 Allonia Holmes
 Mary Hull
 Ivy-Lynn Jackson
 Ashwin Jha
 Connie Johanns
 Chasity Jones
 Beverly Jorgenson
 Anne Kaiser
 Brenda Kimble
 Kelsey Leonard
 Suzanna Magaldino
 Aaliyah McCall
 Tamia McNeill
 Sue Metzger
 Priyanka Mohanty
 Morgan Moore
 Lydiah Mugo
 Sharon Mulgrew
 Gertrude Ochler
 Jaina Patel
 Naimi Pothiwala
 Madison Rhoades
 James Rigsbee

Eric Song
 Pei-Lin Su
 Ian Tribby
 Lauren Waskowicz
 Betty Worley
 Yves Zounli





Department of Volunteer Services
3000 New Bern Avenue
Raleigh, NC 27610-4465