



Sew Much Love

Spring 2023 Edition



A WakeMed Volunteer Group

CARY WAKEMED VOLUNTEER SERVICES SPOTLIGHT ! JENNIFER GIBBS AND SUZANNE REGAN



Hello from the Cary WakeMed Volunteer Services Office

Our office is located on the 1st floor of the hospital. We love seeing all the handmade items created for our patients and families.

We also receive such positive feedback about your beautiful donations. Here is a quote from a card we got- "I am in Cary, NC with my dad who is hospitalized due to chronic heart and lung disease. His biggest complaint is that he feels so cold. So you can imagine how happy he is to receive a soft, fleece blanket from an unknown hero.

Thank you for all you do! You make a difference." – family member from Chicago.

Feel free to reach out to Suzanne if you have any questions - suregan@wakemed.org or 919-350-2363. Thank you for all you do!

Would you like to join us?

BENEFITS OF BECOMING A COMMUNITY SEWING VOLUNTEER

Join more than 500 sewing volunteers who through their contributions allow our volunteers and nursing staff to provide patients and families with blankets, baby hats, huggables and more!

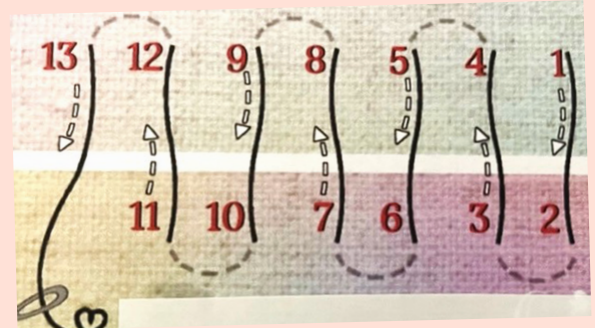
- Recognition of volunteer service hours.
- Receive the quarterly newsletter Heartbeat.
- Recognition during National Volunteer Week.
- Receive the quarterly newsletter Sew Much Love.
- Reimbursement of sewing items purchased.

(When funds are available.)

Are you currently donating but not registered as a volunteer? Visit our Website for more Sewing Information!

<https://www.wakemed.org/volunteer/community-sewing-volunteer>

FYI



The Ladder stitch is a great way to hide your stitches when closing your huggables and burp cloths!

It is so easy! First, hide your knot by sending your needle inside of the huggable and bringing it through the fabric a few stitches before the opening. Next align your edges and run steps two and three, continue pulling closed as you go along to the end. About 1/8th of an inch between each stitch. Knot off your thread by making another stitch opposite of where the edge emerges and send the needle through the fabric, double up for extra strength. Trim.




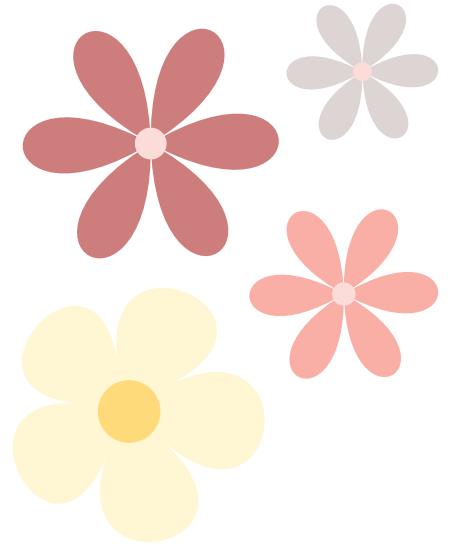
Sew Much Love

**WE ARE EXCITED TO SHOWCASE
OUR NEW SYSTEM-
WIDE DONATION FORM!**

VOLUNTEER SERVICES DONATION FORM

Raleigh : Pennie Graham- pegraham@wakemed.org (919) 350-8293
Cary : Suzanne Regan - suregan@wakemed.org (919) 350-2363

Donated By:	Date:		
Location:			
ITEM TYPE	blanket sizes are guidelines	QUANTITY DONATED	OFFICE USE ONLY
BABY HATS			
Knitted	4.5" to 5" & 12" - 14" circumference		
Crocheted	4.5" to 5" & 12" - 14" circumference		
BABY BLANKETS			
Blanket (fleece or flannel with crochet edges)	36" x 36"		
Crocheted or knitted blankets	Various Sizes		
Receiving (nesting) blankets (flannel or soft cotton)	36" x 36 " / 36 x 40		
Incubator quilts (for NICU mattresses)	36" x 40"		
Incubator covers (CARY ONLY)	36" x 36"		
Incubator giraffe covers (RALEIGH ONLY)	48" x 53"		
MISCELLANEOUS BABY ITEMS			
Burps cloths or booties			
NICU hearts			
HUGGABLES			
Sewn Animals			
Small Crocheted (amigurumi)	< 12"		
Large Crocheted (amigurumi)	12" to 18"		
Machine Embroidered Animals			
CHILDREN'S BLANKETS / QUILTS			
Quilt - Small	30" x 30"		
Quilt - Medium	30" x 40"		
Quilt - Large	36" x 46"		
Taggie(tied) blanket - Small	30" x 30"		
Taggie (tied) blanket - Medium	30" x 40"		
Taggie (tied) blanket - Large	36" x 44"		
MISCELLANEOUS CHILDREN'S ITEMS			
Pillowcases(for Standard pillows)			
Children's surgical caps			
ADULT BLANKETS			
Afghans - Knitted / Crocheted - Medium	30" x 40"		
Afghans - Knitted / Crocheted - Large	40" x 60"		
Lap blankets (to fit on a patients lap while in a wheelchair)			
Quilts - Medium	36" x 40"		
Quilts - Large	40" x 60"		
Medium Taggie (tied) blanket	36" x 40"		
Large Taggie (tied) blanket	40 x 60"		
SHAWLS			
Shawl - Medium	5" midpoint x 50" width minimum		
Shawl - Large	40" midpoint max x 75" width max		
MISCELLANEOUS ADULT ITEMS			
Walker aprons			
Fidget sleeves	5" x 12"		
Port Pads			
Chemo Hats (Cary Only)			
Knitted Knockers (Cary Only)			



*These are the
most requested
items for our
patients by
hospital staff!*

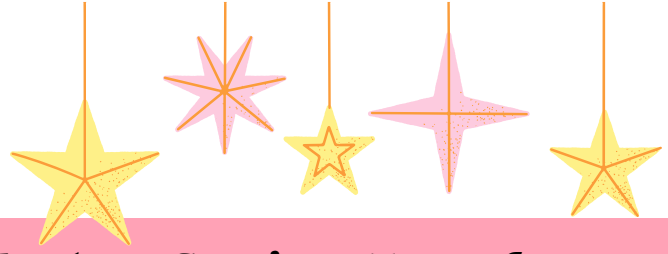


**THIS SYSTEM-WIDE FORM CAN BE FOUND ON THE
WAKEMED SEWING VOLUNTEER PAGE**



Sew
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Volunteer Appreciation Luncheon



Thank you to the wonderful Volunteer Services Team for a very special luncheon honoring the many volunteers including our dedicated COMMUNITY SEWERS!





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More Volunteer Recognition!



Volunteer Services Team
Lumar Bennett, Jennifer Gibbs, Chris Perry, Jackie Kennedy, Pennie Graham, and Suzanne Regan





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We are Grateful!

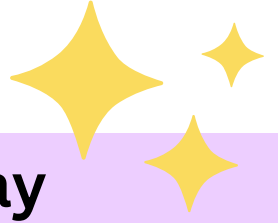
A Special Thank you to the talented Wakemed Sewing Community!





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WE TRULY ARE BLESSED WITH THE
MOST CREATIVE COMMUNITY
SEWERS



Project Linus Make A Blanket Day





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We Love our Sewers

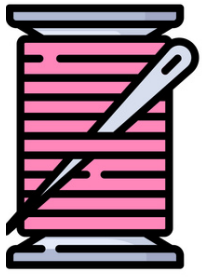
YOUR DONATIONS ARE WELCOME GIFTS!



Karen Gainey and Amy Krieger helped deliver Easter gifts to the Mother/Baby Unit. The gifts included a receiving blanket, a bunny rattle, a burp cloth and a baby hat. The patients were thrilled to receive these beautiful handmade gifts!



This sweet Children's ED patient was so excited to receive a comforting huggable and a warm blanket while she waited for treatment.



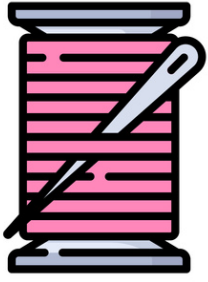
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Most Requested



- Small Crocheted or Hand-sewn Huggables
- Baby Burp Cloths - peanut shape 20.75" long x 6.75" across middle x 9.5" across widest. Please use absorbent terry cloth for the backing
- Veteran's Blankets
- Seasonal Blankets - Fourth of July and Summer themed
- Seasonal Amigurumi Huggables
- Seasonal Baby Hats 4-5" across x 4-5" in height (Please Use Baby Yarn Size 3 or 4)





Sew Much Love

LOOKING AHEAD



**Sew Much Love Group
Member Contact
Information:**

**Michele Boyce
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**Amy Krieger
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**Denise Rohr
dbrohr@gmail.com**

**Karen Gainey
klgainey458@gmail.com**

**WakeMed Staff Liaisons:
Volunteer Representatives**

**Raleigh:
Pennie Graham
pegraham@wakemed.org
919-350-8293**

**Cary:
Suzanne Regan
suregan@wakemed.org
919-350-2363**

We are looking for Summer themed comfort items, Fourth of July and Veteran's Day Quilts as well as Huggables and baby blankets!



WakeMed 

Department of Volunteer Services
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Raleigh, NC 27610-4465