



Procedure Date _____

Arrival Time| _____

Procedure Time _____

Pre-op Visit: Date _____

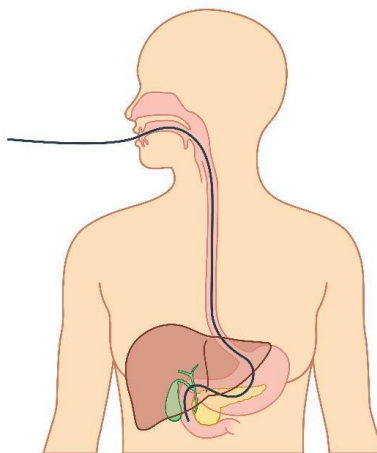
Pre-op Visit Time _____

-OR-

Pre-op Nurse Phone Call _____

Esophagogastroduodenoscopy (EGD) – Adult

An esophagogastroduodenoscopy (EGD) is a visual examination of your esophagus, stomach and duodenum, which is the first part of your small intestine. The procedure involves placing a lighted tube (endoscope) through your mouth into your digestive system (esophagus, stomach and duodenum) to inspect the digestive tract. If necessary, a tissue sample (biopsy) can be taken during the examination and sent for analysis.



- You may be required to have a pre-procedure visit, based on your health history. This will be scheduled at WakeMed Pre-anesthesia Assessment & Testing, Raleigh Medical Park, 23 Sunnybrook Road, Suite 110, Raleigh, NC 27610.
- If a pre-procedure visit is not needed, a nurse will call you to review your health history and medications.

Five days before your procedure

- Do not take any aspirin or aspirin-containing products (NSAIDs), or arthritis medications for 5 days before the procedure.
- If you take blood thinners (Coumadin, Plavix, Pradaxa, Eliquis, Effient, Brillinta, etc.) or aspirin that is prescribed by a physician, you will be advised if/when to stop these medications once you are cleared for your EGD.

The day before your procedure

- No food after midnight.
- **You can have these clear liquids up to 2 hours before your arrival at WakeMed:** water, juice (NO ORANGE JUICE), carbonated beverages, clear tea, coffee (no milk). Do not have alcohol, Jell-O or broth.

The day of your procedure

- You must have someone at least 18 years old to sign you out, drive you home and take care of you after your EGD.
- Please bring your photo ID, insurance card, list of medications and any required copay.
- If your procedure is scheduled at **WakeMed Raleigh Campus**, arrive for your procedure at the Andrews Center, Endoscopy office, Suite 101 (first floor) at 3024 New Bern Avenue.
- If your procedure is scheduled at **WakeMed North Hospital**, arrive for your procedure at the Day Surgery entrance of WakeMed North Hospital, 10000 Falls of Neuse Road.
- If your procedure is scheduled at **WakeMed Cary Hospital**, arrive 2 HOURS before your procedure at WakeMed Cary Hospital main entrance, 1900 Kildaire Farm Road and look for Patient Registration. They will direct you to Endoscopy, which is on the main floor.
- If your procedure is at **Triangle Endoscopy Center**, arrive for your procedure at Suite 100 at 2600 Atlantic Avenue.

The WakeMed App provides turn-by-turn directions to and inside our facilities. Text 'WakeMed' to 888111 or visit wakemed.org/allaccess to download it.

The best way to contact us is through MyChart if you have questions. If you do not have a home computer or cell phone to access MyChart, call us at 919-350-5318.

Thank you for choosing WakeMed Gastroenterology!