

MICROSCOPE



NOW OPEN! THE WAKEMED CENTER FOR COMMUNITY HEALTH

One more way WakeMed is helping to meet the needs of those who need us the most

A ribbon-cutting ceremony on October 26, marked the official opening of the new WakeMed Center for Community Health at 2600 New Bern Avenue.

The center is another milestone in WakeMed's efforts to engage the patients in our community who need our help the most. "WakeMed is the ultimate safety net for our community," says **Brian Klausner, MD**, executive medical director, Center for Community Health. "The focus of WakeMed's new center is to work to identify our sickest patients who lack community connections and resources, help empower them to improve both their physical and mental health, and connect them with community clinics and resources to maximize their long term health."

The center brings two of WakeMed's successful population health efforts, Transitional Health and Community Case Management, under one roof in an effort to provide more resources and support for their patients. Patients have access to integrated care teams which include primary care,

psychiatry, trauma therapy, case management and community services. "Every community has health inequities. Ours is no different," says Klausner. "We are fortunate to live in an area where both our health system and our community support our vision to care for our most vulnerable residents. Our programs are based on population health principles and trauma-informed care to meet the needs of the community's highest risk patients."

The newly renovated building just west of WakeMed Raleigh Campus is thoughtfully appointed with colorful walls and open spaces to soothe patients – many of whom live in constant trauma.

Patients are identified for the center based on internal Epic driver analytics as well as Transitional Health referrals from hospitalists that identify our most vulnerable patients at highest risk for poor outcomes.



Funding for the Center for Community Health has been provided in part by the WakeMed Foundation and the City of Raleigh through the ARPA Federal Grant program.



Reinvigorating our commitment to the mental health and well-being of the WakeMed Family

The WakeMed family has faced unbelievable challenges both inside and outside the workplace during recent years. For many of us, these challenges continue to impact our mental health.

With this in mind, WakeMed chose World Mental Health Day – October 10 – to commit to:

- > Improving access to mental health and well-being resources and therapy services for staff.
- > Reducing stigma surrounding mental health by better integrating best practices into our policies and culture.

On October 10, staff enjoyed relaxation activities such as in-unit and virtual Mindful Moments, coloring posters and sheets, relaxation messages on screensavers and TVs, resource tables and green ribbons, symbolizing our support for one another's mental health and well-being. Many thanks to Corporate & Community Health, Mental Health & Well-Being, Human Resources, Volunteer Services and Marketing & Communications for making the day a success. In addition, a big thank-you to staff who shared lots of positive feedback about the day's activities – several of them will now be offered throughout the year.



Therapy services for staff & family

WakeMed staff and members of their household enjoy the benefit of access to confidential, professional therapy and mental health crisis services through the Employee Assistance Program (EAP). Learn more about the resources that are available by entering "Mental Health Matters" in the search box on MyWakeMed.

Demand for mental health services is higher than ever, and it can be difficult to access them in a timely manner. Know there is a team committed to improving your access to the right care. We will share new instructions with you when they are available.



TiGer ALERT EARNS ITS STRIPES

A new protocol at Cary Hospital is helping decrease the time some Emergency Department patients wait for a CT scan. The Trauma in Geriatrics (TiGer) Alert helps expedite "door-to-CT" time for patients 65 and older who take blood thinners (anticoagulants) and come to the ED after hitting their head from a fall. "Older patients who take blood thinners are more likely to have co-morbidities and may have a greater likelihood of experiencing neurosurgical emergencies following a fall." While they may not meet the criteria as a trauma patient, we knew there was an opportunity to improve processes and ensure timely care for this population," explains **Kristi Blankenship, RN**, Trauma Coordinator, Cary Hospital.

Blankenship reviewed data, charts and best practices and then worked with Emergency Department and Imaging staff and providers to put the TiGer process in place. When a patient who meets the TiGer criteria is identified, the Emergency Department staff notifies the CT team who start working to fit the patient in as quickly as possible. After a brief evaluation from the provider – to ensure the patient is stable enough to be transported – the patient is taken for a CT.

The TiGer alert went live in early September and already is having a tremendous impact on the average door-to-CT time for the target population:

- > **With TiGer Alert:** 18 minutes
- > **Before TiGer Alert:** 50 minutes

"Not only are we able to get patients to CT sooner, but that also means we can connect our patients with the next steps in their care faster too – whether that means a transfer to Raleigh Campus, care at Cary Hospital or discharge to home," says Blankenship. The team will continue to monitor and optimize the process over the next few months and then look at opportunities to expand the protocol to other areas.

THE LATEST & GREATEST: WAKEMED FIRSTS

As Wake County grows, so do the needs of our patients and our community. WakeMed continues to expand services to better care for our patients and is always adding new and innovative procedures and treatments. We are committed to developing advanced procedures and technology to help our patients receive the care they need, closer to home. Here are highlights from some of the latest and greatest “WakeMed Firsts”:



➤ WakeMed Pulmonology enrolled their first participant in the **IMPALA-2 randomized controlled clinical trial**. This trial studies treatment for a rare lung condition called autoimmune pulmonary alveolar proteinosis (aPAP), which is a rare lung disease without an approved treatment. WakeMed is one of just 55 international sites offering this study. This trial investigates molgramostim nebulizer solution (molgramostim) for the potential treatment of aPAP.

➤ WakeMed Heart & Vascular recently enrolled the first patient in the nation in a new, groundbreaking clinical trial to reduce the size and potential irreversible damage of heart attacks. The purpose of the global trial, known as **AMIHOT III**, is to further validate the effectiveness of SuperSaturated Oxygen (SSO2) Therapy to improve the function of the heart by reducing damage to the heart muscle following a heart attack.

➤ WakeMed is now offering **Abbott’s Amplatzer Amulet Left Atrial Appendage (LAA) Occluder**, a minimally invasive therapy for patients with atrial fibrillation (AFib) who are at a risk for stroke. The WakeMed Heart & Vascular team, including **Ashish Patel, MD**, and **Frances Wood, MD**, have already completed several of these procedures, becoming the first hospital in Eastern North Carolina to utilize the technology.

➤ The Advanced Gastroenterology Center at WakeMed Cary Hospital, in association with providers Sanjay Jagannath, MD, and Raja Vadlamudi, MD, from RMG Gastroenterology and Wake Endoscopy, performed the first advanced endoscopic procedures using “**Trufreeze**” **cryotherapy technology** to prevent bleeding from stomach cancer. “Trufreeze” technology uses liquid nitrogen (LN2) at -196 degrees in treating the problem by trapping and flash freezing water in cells thus causing cell death while preserving the extracellular matrix, promoting a healing response.

WELL-BEING SURVEY



WakeMed’s annual employee survey is an opportunity for staff to offer feedback on our work environment, leadership and culture. To help us better understand how the challenges of the past three years have impacted our team, this year the survey had a specific focus on workplace well-being, which are the factors that impact a person’s fulfillment, joy and productivity at work.

As in years past, WakeMed engaged a third-party survey administrator – Success Profiles – to guarantee anonymity and help us benchmark our results against other health care organizations. Two surveys were offered: one for employed physicians and advanced practice providers and one for all other employees.

Because of the targeted focus, this year’s survey was shorter than in years past, but most of the questions have been asked in previous years, allowing us to see year-over-year changes and compare to national benchmarks. The survey included questions related to five index areas:

well-being, management (direct supervisor), leadership (system level), work culture and employee engagement

Of note, this year’s survey did *not* include questions related to patient focus – which is an area where we have typically scored among the top organizations in the nation.

Results at a Glance

The past three years have been very hard – and our survey results reflect that. Raw scores and how we compare to other health care organizations (percentile ranking) decreased on most questions since last year. Despite this, WakeMed still scored above the 75th percentile in 11 of the 24 questions on the employee survey and surpassed the health care industry average for the overall well-being score, all five index areas and the Grand Mean, which reflects all combined scores. The provider survey results were mixed, with the overall well-being score and engagement index higher than average, and the other areas slightly below.

These scores indicate that many of the concerns and opportunities identified by our employees and providers are also shared by health care teams across the country. In other words – our results aren’t what WakeMed is used to seeing, but we are not alone. WakeMed leaders will be looking to best practices across many industries as they work to implement new programs and opportunities with an emphasis on workplace well-being.

Some of the key takeaways from the survey include:

➤ Employees and providers reported feeling less emotionally exhausted by their work than they did in 2021. However, having enough energy to pursue non-work activities at the end of the day is an area of significant concern.

➤ Employees shared that they feel cared for and valued by their department management and are treated fairly within their departments. In fact, the management index raw score increased since 2021.

➤ Opportunities for professional and personal development were again identified as an area of strength and providers indicated that WakeMed has an environment where people with diverse backgrounds can succeed.

➤ Retention was the primary area of concern for staff. This has traditionally been our greatest area of opportunity – and recent staffing challenges have only made it more pronounced. Retention will continue to be an area of focus in the coming year.

➤ Staff reported decreases in overall job satisfaction and positive perception of their professions, which are common barriers to engagement in any industry and may lead to burnout.

“WakeMed is not perfect – but we are special. What sets us apart from others is our commitment: our commitment to our mission, to our community and to you – our WakeMed family. Our team has carried the weight of the world on their shoulders these past years. We are working hard to relieve that burden and rekindle the joy of serving a higher purpose that comes through improving health and relieving suffering in our community,” commented **Donald Gintzig**, president & CEO. “Thank you for sharing your feedback on the survey so that we know where to focus our efforts.”

Additional information about overall organization and department results have been shared with managers. If you have any questions, please speak with your manager or contact Susan McFarland, director, Employee Relations.

LEADERSHIP NEWS

Tracy Frisbee Named Executive Director, Nursing, Women’s & Children’s Services



Tracy Frisbee, MBA, MHA, BSN, joined WakeMed as executive director of Nursing, Women’s & Children’s services. Frisbee, who was a proud WakeMed nurse from 2007 through 2010, comes to us from UNC Health where she was the director of clinical nursing at the UNC Children’s Hospital since 2020. In her new role, Frisbee will work closely with **Jeff Langdon**, executive director of Women’s &

Children’s administration, as well as leaders and providers from all areas to advance and support the delivery of outstanding care and support our mission. She holds master’s degrees in business administration and hospital administration from Pfeiffer University and a bachelor’s of science in nursing from East Carolina University.

Chad Seastrunk Joins WakeMed as Executive Director, Oncology



WakeMed recently welcomed **Chad Seastrunk**, MS, MHA, as the executive director of Oncology. Seastrunk comes to WakeMed from Duke University Health System, where he has held numerous leadership positions over the past 13 years, most recently serving as Vice President of Emergency Services. In his new role, Seastrunk will work in dyad partnership with **Vijay Chaudhary**, MD, chief of

oncology, and provide administrative leadership in all clinical and administrative areas for oncology services, with responsibility for the strategic vision, operations and financial outcomes. Seastrunk holds both a bachelor’s degree and master’s degree in textile engineering from North Carolina State University and a master’s in healthcare administration from the University of North Carolina at Chapel Hill.

Katrina Schweisthal Promoted to Director, Mobile Critical Care Services



Katrina Schweisthal, MSN, RN, has been named director of Mobile Critical Care Services after serving in the interim role for several months. In this role, Schweisthal oversees WakeMed’s comprehensive medical transport program with system-wide accountability for Mobile Critical Care Services and Emergency Communications, as well as support for the Hospital @ Your

Home program, Campus Police dispatch and hospital system security alarms. Schweisthal began her nursing career in the Raleigh Campus NICU in 1990 and has been working in transport since 2001. In 2019, she stepped into the role of manager of Mobile Critical Care Services. She holds bachelor’s and master’s degrees in nursing from Chamberlain College of Nursing in St. Louis, Mo.



THREE CHEERS FOR WAKEMED!

Exceptional People.
Exceptional Care.



Catalyst Award

WakeMed is one of only six health systems nationwide to be named a 2022 Catalyst Award winner. The Catalyst Awards recognize health care organizations for exemplary efforts to transform health care through measurable, data-informed clinical, financial and operational improvements. WakeMed was honored with the Quality and Cost catalyst award for demonstrating the ability of our system-wide, data-driven analytics platform to evaluate outcomes for recovery after surgery programs (ERAS) and to reduce post-surgery opioid use for ureteroscopy/stent procedures.



Dr. Flynn Recognized by NC Pediatric Society

Theresa Flynn, MD, MPH, FAAP, (WakeMed Children's Pediatric Primary Care) recently received the James D. Bernstein Excellence in Public Service Award from the North Carolina Pediatric Society (NCPeds). The society's annual pediatric excellence awards recognize individuals who have helped meet the organization's goal of optimizing the health, well-being and futures of North Carolina's young people. The James D. Bernstein Excellence in Public Service Award is given in recognition of outstanding achievement to improve the health of children and adolescents.

WakeMed Recognized for Maternity Care

WakeMed Raleigh Campus, Cary Hospital and North Hospital received top recognition as being among the best maternity care hospitals in the U.S., according to a national ranking by *Money Magazine* and The Leapfrog Group. The distinction recognizes WakeMed as proven leaders in providing the highest level of quality care for expectant mothers and their babies. Congratulations to everyone involved and thank you for providing high quality, compassionate care for our patients and their families.



North Hospital Receives Chest Pain Accreditation

North Hospital has received Chest Pain Center Accreditation from the American College of Cardiology. The accreditation, which recognizes the hospital's demonstrated expertise and commitment in treating patients with chest pain, is based on a rigorous onsite evaluation of the team's ability to evaluate, diagnose and treat patients who may be experiencing a heart attack.



According to the Centers for Disease Control and Prevention, more than 730,000 Americans suffer a heart attack each year. Hospitals that have earned ACC Chest Pain Center Accreditation have proven exceptional competency in treating patients with heart attack symptoms.

"This recognition is a credit to the hard work of our outstanding team of clinicians here at North Hospital," commented **Karen Bash, MD**, Chief Medical Officer, North Hospital.

"Our community is fortunate to have such a dedicated team of doctors, nurses, clinicians, and other staff who earnestly support the efforts leading to better patient education and improved patient outcomes."

Raleigh Campus and Cary Hospital also hold Chest Pain Accreditation from the ACC.

Kudos for Apex Healthplex

Apex Healthplex was the winner of the 2022 Large Business of the Year award from the Apex Chamber of Commerce. The Chamber recognized Apex Healthplex for dedicated service to others and the Apex community as a whole. Congratulations!



CHASING ZERO in print

Research describing WakeMed's successful protocol to reduce catheter-associated urinary tract infections (CAUTIs) has been published in the October issue of *Mayo Clinic Proceedings: Innovations, Quality & Outcomes*. Co-authors from the multidisciplinary WakeMed team include **Carmin Kalorin, MD** (Urology); **Jessica Dixon, RN** (Infection Prevention); **Neal Chawla, MD** (Information Services); **David Kirk, MD** (Pulmonary & Critical Care Medicine); and **Pat Woltz, RN** (Nursing Research).

The article, "Reducing Catheter-Associated Urinary Tract Infections Across a Hospital System Through Urine Culture Stewardship," details the team's multi-year, evidence-based research, which was conducted in conjunction with the CDC.

Provider adherence to the team's protocol resulted in a 79 percent decline in CAUTIs and a 20 percent drop in indwelling catheter utilization across the health system. On the financial side, improvement of CAUTI rates decreases the chance of penalties for hospital-acquired conditions (HAC Penalty) and boosts our value-based purchasing score, which is tied to future Medicare reimbursement.

"This level of CAUTI reduction is a major achievement for WakeMed," says Dr. Kalorin. "Urine culture stewardship helps us reach our goals of putting the patient at the top of the pyramid and improving safety outcomes across the system. WakeMed's continued success in reducing CAUTIs depends on each and every provider adhering to the protocol's Best Practice Advisory that pops up when ordering a urine culture on a catheterized patient."

WOW, WHAT AN EMPLOYEE!

Rebecca Coward (Pathology) represented WakeMed at an expert roundtable sponsored by the Department of Health and Human Services on blood availability and sickle cell issues. She also received the 2022 North Carolina Association of Blood Bankers Frances Widmann Service Award.

Duncan Phillips, MD, and **David Hoover, MD**, (both of Pediatric Surgery) published the article "Chest Wall Deformities and Congenital Lung Lesions: What the General/Thoracic Surgeon Should Know" in *Elsevier*.

Michelle Alvers, BSN, RN, (2 West Intermediate Care – Cary Hospital) has been promoted to supervisor/educator.

Renee Hoyle-Thacker's innovation, LabRunner, has been selected as a semi-finalist for a 50k NC IDEA grant.

Shelly Deifer, MSN, RN, (eICU) received a master's degree in nursing leadership and management.

Catina Campbell (Primary Care – Garner) received a bachelor's degree in health care administration.

Carlene Perry, RN, (Hematology & Medical Oncology) received a bachelor's degree in nursing.

Emily Medlin (Corporate & Community Health) obtained the American College of Lifestyle Medicine Coaching Certification.

Katina Hargroves, Christine Warwick, Nikki Johnson, and Ashley Gower, (all of Talent Acquisition) are now certified recruiters through the Recruiter Academy Certified Recruiter Program.

Tracy Rattanabandith (Imaging Services – North Hospital) earned mammography certification.

Katie Blatchley, RN; Natalie Goodwin, RN; Sara Greco, RN; Lauren Mathews, RN; and Meghan Roche, RN, (all of Mother-Baby – Raleigh Campus) earned national certification as Maternal Newborn Nurses.

COMINGS & GOINGS

Mother-Baby – Raleigh Campus wishes a happy retirement to **Amy McCutchin, RN**, after 24 years of service to WakeMed. The team also welcomes **Amanda Miller, RN; Amy Losew, RN; Penninah Menezes, RN; Lindsay Redding, RN; and Casey Melina, RN; and Madeline Wells**.

Environmental Services at Cary Hospital wishes a happy retirement to **Charles Thomas**. Lucky for us, Charles will be returning as a supplemental employee!

1A Clinical Evaluation Area welcomes **Melissa George, RN; Felisher Ongera, Wei Wang, and Jimmy Bruce**.

6A CVIC welcomes **Taylor Booth and Danielle Queen** to their team.

NICU welcomes **Tenaya Edwards, RN; Jerwin Nobleza, BSN, RN; Beth Etheridge, RN; Amanda Joseph, BSN, RN; Savannah Wilson, BSN, RN; and Rachel Barnes, BSN, RN**.

Patient Financial Services welcomes **Tiffany Turner-Patterson, Rico Jones, Ana Acevedo, and Marsha Hawkins** to their team.

WakeMed Urgent Care — Kildaire welcomes **Trai Manning**, who transitioned from the Emergency Department — North Hospital, and **Debbie Gabriel**, who transitioned from Urgent Care — Forestville Crossing.

Angie Autry has transitioned from a Clinical Administrator to manager of Patient Relations.

ADDITIONS + ATTACHMENTS

Savannah Strickland (Emergency Department — North Hospital) married Aaron Dunn on September 17.

Elise Cournoyer (Marketing & Communications) married Davis Robinson on October 22.

IN MEMORIAM

This month we mourn the loss of three members of our WakeMed family. Our thoughts are with their family, loved ones, friends and colleagues during this incredibly difficult time.



Donald Richmond, RN, (3A CVIC) passed away peacefully on October 15 after a year-long battle with cancer. Don was a member of the 3A team for 22 years and was loved and cherished by everyone he worked with. He touched many lives and was a proud husband, father, nurse, friend, mentor, comedian, storyteller and hero.



June Onkundi, PMHNP, RN, (1C Clinical Evaluation Area) passed away on October 19. A WakeMed family member since 2018, June had a passion for working with those suffering from mental illness. She was well-loved by her colleagues and described as a "a modern-day Florence Nightingale."



Marlene Bisette, RN, (Staffing Resources) passed away on October 20. Marlene had worked at WakeMed for more than 17 years, caring for patients in the Emergency Departments at North Hospital and Brier Creek and, most recently, across the system through Staffing Resources. Marlene was known for her kind heart and unflinching compassion.



Fall is community event season and WakeMed was well-represented at a number of walks and other activities. Team WakeMed (left) was a top fundraising team for the LUNGe Forward walk, held on Saturday, September 24. WakeMed employees and supporters turned out in record numbers the annual Triangle Heart Walk (right), with over 600 participants this year!



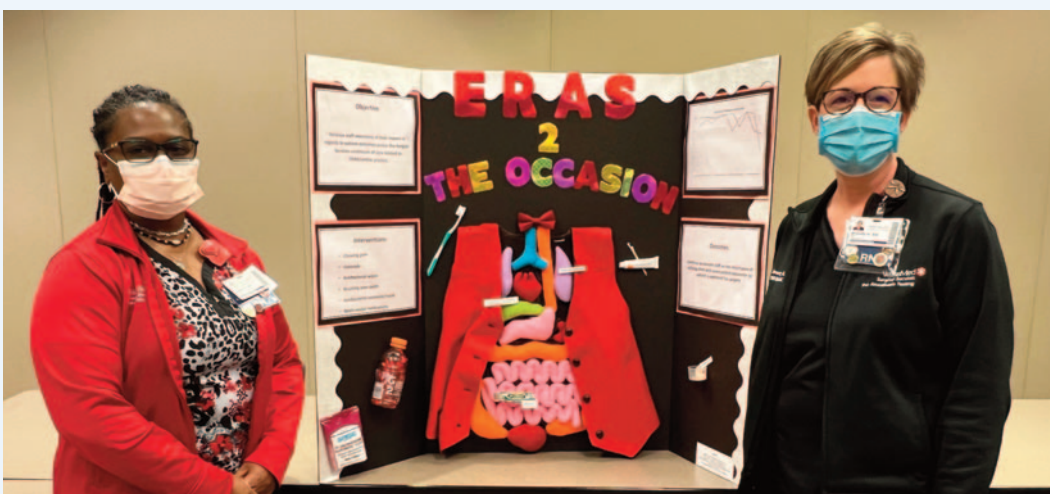
Integrity & Audit Services celebrated Hispanic Heritage Month by tasting some special food and beverages representative of different Hispanic cultures. Hispanic Heritage Month is recognized each year from September 15 to October 15.



WakeMed once again provided blood pressure and cholesterol checks as well as first aid support and health education at the annual SAS Championship at Prestonwood Country Club in October.



Apex Healthplex and WakeMed Rehab staff offered blood pressure checks and screenings at the Apex Senior Health Fair in September. The event was an opportunity to connect area seniors with the services available at WakeMed and, specifically, Apex Healthplex.



Selena Tate, RN, left, and Brandy Harrison, BSN, RN, (both from Pre-Anesthesia Assessment) recently presented at the Nursing Research and Evidence-Based Practice Council Think Tank. Their project focused on increasing staff awareness of their impact on patient outcomes related to the ERAS Cardiac process. Other recent presentations include: "Using PDSA Projects to Promote Nurse Engagement and Job Satisfaction" by Cynthia Roy, MSN, RN, (Nursing Education); "Paving a Way to Preeclampsia Education" by Caleigh Jordan, MSN, RN, (Labor & Delivery – North Hospital); "Implementation of Daily Rounding by Nurse Champions to Reduce Central Line Days" by Yvonne DeMuth, DNP, RN, (Nursing Education) and Cameron Moore, RN (STICU); and "Be a Code Blue S.T.A.R." by Kari Welt, MSN, RN, (3A CVIC).

To celebrate Falls Prevention Awareness Week, members of the Falls Prevention Task and Fall Champion Volunteers hosted educational tables at each hospital to increase awareness and test colleagues' Falls Prevention knowledge by spinning the "Wheel of Falls Prevention".



Have news to share?

Send it to microscope@wakemed.org

Cary Hospital staff had a spooky good time at their House of Hazards event on October 21. The event featured interactive educational opportunities about preventing errors and improving safety in the work environment. Stations focused on prevention of pressure injuries, falls, central line infections, urinary catheter infections as well as medication, emergency and environmental safety.





11 DAYS. 258 SCREENINGS.

October is Breast Cancer Awareness Month and to celebrate WakeMed and Siemens Healthineers teamed up to bring free mammography screenings to 258 uninsured women in Wake County.

From October 10 through October 21, women over the age of 40 (who had not had a mammogram in the last 12 months) were able to receive a 3D mammogram at no cost. The screenings took place in the Siemens Healthineers 54-foot-long, state-of-the-art mobile mammography unit parked at Raleigh Medical Park.


The mobile mammography partnership with Siemens Healthineers is part of WakeMed's **Value Partnership** with the imaging innovators – and illustrates WakeMed's ongoing commitment to provide the community with greater access to critical breast cancer screenings and diagnostic tools to support early detection and intervention. Cancer disproportionately affects the underserved, underinsured and uninsured. Socioeconomic barriers to vital health care needs like cancer screenings often result in a late-stage cancer diagnosis. "Early detection is so critical in the fight against breast cancer and routine mammograms are probably the best detection tool we have. Having regular mammograms is one of the most important things a woman can do to reduce breast cancer related risks." said **Kelly McFarland**, executive director, Imaging Services. "This event allowed us to provide potentially lifesaving screenings to uninsured women who have not had access to a mammogram in at least the last year."

Raleigh Radiology, a designated Breast Imaging Center of Excellence by the American College of Radiology and WakeMed's imaging partner, reviewed the scans taken during the mobile mammogram event and consulted with WakeMed doctors on any necessary next steps for patients. The event was also supported by the WakeMed Foundation.

Above: To kick off the event, WakeMed and Siemens Healthineers hosted Think Pink, with tours of the Mobile Mammography unit as well as the new Cancer Care – Hematology & Medical Oncology practice at Raleigh Medical Park. Our thanks and gratitude to all of those involved in bringing this incredible event to life!

Welcome

NORTH HOSPITAL ORTHOPAEDIC HOSPITALIST

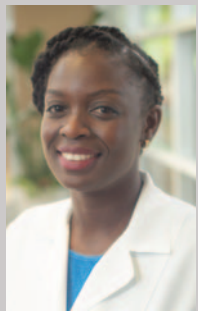


As we continue to expand the scope of services at North Hospital, we recently welcomed our first orthopaedic hospitalist. **Neil Vining, MD**, (Wake Orthopaedics) is an orthopaedic surgeon who focuses on acute orthopaedic presentations at North Hospital (inpatient, Emergency Department and outpatient settings). This new role will help expand the volume and type of surgeries available at North Hospital, reducing the need to transfer trauma and fracture patients to Raleigh Campus. Having a dedicated acute care orthopaedic surgeon will also help expedite surgical management at the facility and facilitate completing cases at the first appropriate opportunity. Patients will benefit from enhanced continuity of care and communication as Dr. Vining will round on those requiring an overnight stay and see follow-up visits for outpatient surgeries at the Wake Orthopaedics practice in the Physicians Office Pavilion.

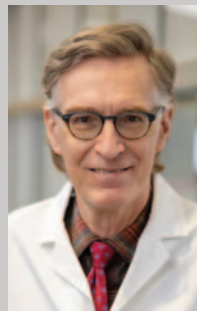
Welcome New Physicians



Mahesh Borhade, MD
Hospital Medicine – Cary Hospital



Victoria Fashakin, MD
OB-GYN



Mark Graham, MD
Cancer Care – Waverly Hematology & Medical Oncology



Thomas Golden, MD
Primary Care



Danielle Keyton, MD
Psychiatry



Saleen Khan, MD
Heart & Vascular



Pallavi Kopparchy, MD
Cancer Care – Hematology & Medical Oncology



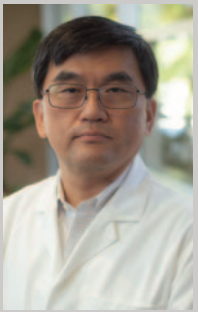
Annie Lahti, MD
OB-GYN



Rafat Mahmood, MD
Hospital Medicine – Raleigh Campus



Rebecca Manganello, MD
Bariatric Surgery & Medical Weight Loss



Paul Oh, MD
Gastroenterology



Deepti Sharma, MD
Urgent Care



Gjanje Smith-Mathus, MD
Urology



Leah Willis, MD
Hospital Medicine – Raleigh Campus



Melissa Wooten, MD
Hospital Medicine – Raleigh Campus

WakeMed Cancer Care Expands to Cary: Welcome Dr. Mark Graham and Team

On October 1, WakeMed Cancer Care – Hematology & Medical Oncology expanded its comprehensive outpatient cancer care services to Cary with the addition of Dr. Graham and his oncology team in the Medical Park of Cary (Suite 440). Furthering WakeMed's commitment to enhancing greater access of oncology services in the community, WakeMed Cancer Care – Waverly Hematology & Medical Oncology offers medical oncology, chemotherapy, infusion therapy, laboratory services and an on-site pharmacy. The practice also houses the oldest cancer genetics clinic in the county and is home to the area's first formal cancer survivor clinic, which serves over 2,000 breast cancer survivors and those at high risk for developing the disease.

We've Moved!

Surgery – North Raleigh; Bariatric Surgery & Medical Weight Loss – North Raleigh
WakeMed North Hospital Physicians Office Pavilion
10010 Falls of Neuse Road, Suite 013
Raleigh, NC 27614

Urology – North Raleigh

WakeMed North Hospital Physicians Office Pavilion
10010 Falls of Neuse Road, Suite 009
Raleigh, NC 27614

NEWS FROM WakeMed Physician Practices



Welcome New Advanced Practice Providers

Ariel Berry, PA
Urology

Susan Blumenthal, PA
Cancer Care – Waverly Hematology & Medical Oncology

Samantha Brown, PA
Plastic & Reconstructive Surgery

Amanda Centner, PA
Cancer Care – Waverly Hematology & Medical Oncology

Ryan Collins, PA
Cancer Care – Waverly Hematology & Medical Oncology

Sarah Hicks, PA
Cancer Care – Waverly Hematology & Medical Oncology

Brandon Kinneman, PA
Hospital Medicine

Kelly Wright, NP
Heart & Vascular

Madeline Bartauskay, PA
Heart & Vascular

Kellie Bowen, PA
Gastroenterology

Katelyn Crothers, PA
General Surgery

Julia Doyle, NP
Hospital Medicine – Raleigh Campus

Samantha Feldmeyer, PA
Heart & Vascular

Sarah Fernandez, PA
General Surgery

Allison Gordon, PA
General Surgery

Olivia Hodgson, NP
Primary Care

Taylor Jones, PA
Neonatology

Katherine Murphy, PA
Wake Orthopaedics

Emily Ryan, PA
Hospital Medicine – Raleigh Campus

Juliana Wulforst, PA
General Surgery

MICROSCOPE

Microscope is a monthly newsletter written by and for the employees of WakeMed. Our goal is to provide employees and friends of WakeMed with the most up-to-date news on all of the hospital system's activities. The Marketing & Communications department thanks all of the employees who contributed to this publication.

We welcome comments and suggestions on this publication and its content. Call (919) 350-8120, e-mail microscope@wakemed.org, or write Microscope, WakeMed Marketing & Communications, 3000 New Bern Avenue, Raleigh, NC 27610.

Kate Wilkes Editor
WakeMed Employees, Photos

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ADDRESS SERVICE REQUESTED

RING IN THE HOLIDAYS AT WAKEMED!

Tree Lighting

Enjoy live music, refreshments and spending time with colleagues as we kick off the holiday season.

Raleigh Campus

Thursday, December 1
4 to 5:30 pm

Cary Hospital

Wednesday, December 7
4:30 to 5:30 pm

North Hospital

Thursday, December 8
5:30 to 6:30 pm



Holiday Meals

Please join us for a holiday meal as we celebrate our many accomplishments from 2022! Holiday celebrations will be coordinated on a site-by-site basis for staff at outlying facilities (stand-alone physician offices, etc.). See MyWakeMed for details.

WakeMed Children's Holiday Drive

As we approach the holidays, the generous spirit of our community shines brightly in support of WakeMed Children's. From monetary donations to gifts of toys and books for children hospitalized during the holidays, your contributions ensure patients and families have the resources and services available that promote wellness, comfort and healing.

- > **Give Online:** Scan the QR code to get started; 100% of your donation goes directly to support our patients.
- > **Toy Donation Drop Off Day:** Saturday, December 10; visit www.wakemed.org for details.



FOLLOW US!

Want to learn more about what's happening at WakeMed? Follow us on social media or download the WakeMed App!



@WakeMedHospitals



@WakeMed



WakeMed & WakeMed Children's



WakeMed App

*Give a star * a wish * a light*

With the gift of a Light, a Wish or a Star, you can help make a difference for the patients of WakeMed Children's. For more than 30 years, members of our community have supported the programs and services at WakeMed with a Love Light Tree gift. Donations can be made online at wakemedfoundation.org.



Become a VOLUNTEER

Are Your Friends or Family Members Interested in Becoming a WakeMed Volunteer?

Do you know of someone who enjoys patient interaction, office support duties, guest services, sewing or just visiting with people? Our hospitality pet volunteer "Dr. Rusty" is looking for new volunteers to help bring smiles to patients and staff alike! We have opportunities available in patient care, women and children services, gift shop, guest ambassador, courtesy cart driver, pet therapy, sewing volunteers and more! Learn more at wakemed.org/volunteer.

CALENDAR OF EVENTS

WinterFest Sales

The annual WinterFest sales are right around the corner! Join in the holiday spirit as you shop for handmade crafts, foods, jewelry and all sorts of gift items!

- > **Cary Hospital:** November 16, 9 am to 1 pm
- > **North Hospital:** November 21, 10 am to 2 pm

Diabetes, Am I at Risk?

November 16: Join a Corporate & Community Health registered dietitian as they discuss prediabetes and diabetes, in addition to healthy lifestyle tips to help prevent and/or manage diabetes. Visit MyWakeMed Upcoming Events for details on how to join the session at noon.

Wake AHEC Events

- > **Dialectical Behavior Therapy (DBT) for Borderline Personality Disorder:** Intermediate Skill Training – November 30
- > **La Mesita Monthly Webinar:** December 9
- > **Liver Disease:** December 12
- > **Child Maltreatment Reporting and The Ethical Use of Professional Discretion:** December 15

For a complete list of events, please visit wakeahec.org/courses-and-events

Belk Shopping Events

Shop the Belk Crabtree Valley Mall location during WakeMed Pre-shop week and have your merchandise held and brought to their specific campus for pick-up. Payroll deduction is available and a portion of proceeds benefit the WakeMed Volunteers and all of the services they provide to employees, patients and visitors. Payroll deduction can only be used on orders that total \$1,000 or less.

- > **Raleigh Campus** – Pre-shop week: November 26-December 3, Pick-up: December 8 (Andrews Center)
- > **Cary Hospital** – Pre-shop week: November 26-December 3, Pick-up: December 6 (Conference Center)
- > **North Hospital** – Pre-shop week: December 3-10, Pick-up December 13 (Conference Center)