

## Patient Instructions for Preoperative Diabetes Management

	Date	Date		
Circle the patient's medication	<b>Evening before Surgery</b>	<b>Morning of Surgery</b>	<b>When to check Blood Sugar</b>	<b>If you become hypoglycemic</b>
<b>ORAL Diabetes medications or Non-Insulin Injections</b> Adlyxin, Byetta, Bydureon, Tradjenta, Ozempic, Rybelsus, Symlin, Saxenda, Victoza Trulicity, or Wegovy	If daily dosing, take usual dose.  If weekly dosing, stop 1 week prior.	<i>If daily dosing, DO NOT</i> take morning dose.  If weekly dosing, stop 1 week prior.	Check glucose as usual  If glucose > 150 on morning of surgery, cover with usual correction insulin dose (sliding scale)	1. If glucose is less than 80 (hypoglycemia) <b>or</b>  2. If you are having symptoms  You may drink 4 ounces (1/2 cup) of clear liquids <ul style="list-style-type: none"> <li>• apple juice</li> <li>• fruit punch</li> <li>• soda</li> <li>• sweet tea</li> </ul> <p><b>DO NOT</b> drink fluids with pulp. <b>DO NOT</b> drink milk. <b>DO NOT</b> eat any food.</p> <p>► Recheck blood sugar every 20 minutes or sooner if symptoms persist. Continue to treat until you arrive at the hospital.</p>
<b>RAPID ACTING INSULINS:</b> Afrezza (inhaled insulin), Novolog, Regular, Apidra or Humalo	Take usual dose	<b>DO NOT</b> take morning dose		
<b>INTERMEDIATE AND INSULIN COMBINATIONS:</b> NPH 70/30, 75/25, or 50/50	Take 50% (half) of your usual dose.	<b>DO NOT</b> take morning dose		
<b>LONG ACTING INSULINS:</b> Basaglar, Lantus, Levemir, Toujeo, or Tresiba	Take 75% (3/4) of your usual dose.	<b>DO NOT</b> take morning dose		
<b>COMBINATION PRODUCTS with Long Acting Insulin &amp; GLP-I ANALOGS</b> Soliqua or Xultophy	Take 75% (3/4) of your usual dose.	<b>DO NOT</b> take morning dose		

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<b>SGLT2 Inhibitors</b> <b>Canagliflozin</b> (Invokana) <b>Dapagliflozin</b> (Farxgia) <b>Empagliflozin</b> (Jardiance) <b>Ertugliflozin</b> (Steglatro)	There are multiple combination drugs on the market. Consider the main ingredient, if it involves combination drugs follow directions for the SGLT-2 ingredient	<b>Hold 3 days prior to surgery</b> <b>Canagliflozin</b> (Invakana), <b>Dapagliflozin</b> (Farxgia), <b>Empagliflozin</b> (Jardiance)  <b>Hold 4 days prior to surgery</b> <b>Ertugliflozin</b> (Steglatro)  Have patient monitor glucose closely once medications are discontinued		<b>Instructions for monitoring glucose once SGLT-2 medication held:</b>  Stopping these medications for such a short time should not cause a dramatic change in glucose (blood sugar). <ul style="list-style-type: none"> <li>• Please check your glucose (blood sugar) a minimum of 2 times daily</li> <li>• If you see an increase of 50 points or greater contact your primary care provider (PCP) for treatment advice</li> <li>• If glucose is greater than 200 more than once, contact PCP</li> </ul>
<b>Insulin Pump</b>	Keep your insulin pump running at the usual rate <b>DO NOT ALLOW early morning higher rate.</b>			
<b>If your Surgery is after 1pm</b>	Check Blood glucose at 12:00pm: If >150, cover with usual sliding scale			
<b>Before Your Scheduled Procedure</b>	No Solid Food After Midnight Before Your Surgery. You may continue to drink clear liquids up to 1 hour before you arrive, or 3 hours before your procedure at WakeMed. Clear Liquids include water, juice without pulp, carbonated beverages, Gatorade/Powerade, clear tea, black coffee (NO MILK/CREAMER ) <ul style="list-style-type: none"> <li>• <b>DO NOT</b> drink fluids with pulp or milk.</li> <li>• <b>DO NOT</b> drink alcohol or broth or have gelatin.</li> </ul>			

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